



To:

President / Hon. Secretary
State Masters Athletic Association,
And
All master athletes.

Dear All,

MERRY CHRISTMAS AND HAPPY NEW YEAR !

Greetings from MMAA!

I on behalf of Malaysian Masters Athletic Association (MMAA) would like to wish **MERRY CHRISTMAS** and a very **HAPPY and PROSEPEROUS NEW YEAR** to all Malaysian master athletes.

Thank you very much to all State Masters Athletic Associations and all individual master athletes for your support, contribution and participation in all MMAA activities throughout the year 2017.

Congratulations and Syabas to those who took part in masters' championships in Malaysia and in foreign countries, and to those won medals in the championships.

We are glad to note that Malaysian master athletes are performing very well at the Asian and International levels. Many more athletes are showing keen interest to take part in masters' championships. This is a good sign because this keep us fit and healthy - physically, mentally, socially, intellectually and emotionally!

21ST ASIA MASTERS ATHLETICS CHAMPIONSHIPS, 2019 (21ST AMAC) - MALAYSIA

We are pleased to inform that Malaysia has won the bidding to host the 21st AMAC in Kuching, Sarawak, in 2019. We hope to organise a very systematic and memorable championships in our country.

ASIA MASTERS ATHLETICS (AMA) HONORARY PRESIDENT

We also take pleasure in announcing that MMAA Patron, YBhg Datuk Seri (Dr) V. Pulainthiran has been officially appointed as the **HONORARY PRESIDENT of AMA**, during the AMA General Assembly in Rugao City, China, on 26th September 2017. On behalf of all Malaysian master athletes we wish Datuk Seri all the best.

MMAA take this opportunity to convey our sincere thanks and appreciation to Datuk Seri for all his financial aid and moral support for all master athletes and masters activities at national and Asian level.

YEAR 2018

The year 2017 has been a very fruitful year for MMAA, and we hope the coming new year **2018** will be even better for all master athletes in general and specifically for all Malaysian master athletes.

We hope to achieve better performance and be at par with international master athletes. We also will try our best to assist our master athletes to achieve their goals to become good athletes and compete in as many championships as possible.

We must also try to realise our motto "**MOTIVATION BEFORE PARTICIPATION**" by motivating, guiding and helping younger generation to get involve in sports for their bright future. Master athletes must be the **AMBASSADOR** of sports and Excellent **ROLE MODEL** in all aspects for the younger athletes!

Finally, I on behalf of MMAA Patron, and MMAA Council Members wish you have a wonderful and prosperous new year

Thank you.

S. SIVAPRAGASAM, A.M.W.
Hon Secretary MMAA
24 December 2017