



MALAYSIAN MASTERS ATHLETIC ASSOCIATION (MMAA)

38th MIOMAC

**MALAYSIAN INTERNATIONAL MASTERS
ATHLETICS CHAMPIONSHIPS**

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**MALAYSIA
MADANI**

RESULTS BOOK

STADIUM UPM, SELANGOR | 5-7 JUNE 2026

SCHEDULE

38th MIOMAC COMPETITION SCHEDULE - 2026

1st DAY : 5th June 2026 (FRIDAY) - MORNING SESSION

NO.	TIME	EVENT	CATEGORY	AGE GROUP
101	800	2000m Walk	Women	35 – 44
102	820	Long Jump	Women	65 and above
103	820	Discus (1.0 kg)	Men	70 and above
104	820	2000m Walk	Women	45 – 54
105	840	2000m Walk	Women	55 – 64
106	910	2000m Walk	Women	65 and above
107	920	Long Jump	Women	55 - 64
108	920	Discus (1.5 kg) (1.0 kg)	Men	55 – 69
109	940	800m	Men	35 – 39
110	950	800m	Men	40 – 44
111	1000	800m	Men	45 – 49
112	1020	Long Jump	Women	45 - 54
113	1020	Discus (2.0 kg) (1.5 kg)	Men	40 – 54
114	1020	800m	Men	50 – 54
115	1030	800m	Men	55 – 59
116	1040	800m	Men	60 – 64
117	1050	800m	Men	65 and above
118	1100	Long Jump	Women	35 – 44
119	1110	200m	Women	70 and above
120	1120	Discus (2.0 kg)	Men	35 - 39
121	1120	200m	Women	65 – 69
122	1130	200m	Women	60 – 64
123	1140	200m	Women	55 – 59
124	1150	200m	Women	50 – 54
125	1200	200m	Women	45 – 49
126	1210	200m	Women	40 – 44
127	1220	200m	Women	35 – 39

AFTERNOON SESSION

NO.	TIME	EVENT	CATEGORY	AGE GROUP
128	1500	200m	Men	35 – 39
129	1510	200m	Men	40 – 44
130	1500	High Jump	Men	35 – 49
131	1500	Discus (1.0 kg)	Women	35 – 49
132	1520	200m	Men	45 – 49
133	1530	200m	Men	50 - 54
134	1540	200m	Men	55 – 59
135	1550	200m	Men	60 – 64
136	1600	200m	Men	65 – 69
137	1600	High Jump	Men	50 – 64
138	1610	200m	Men	70 and above
139	1600	Discus (1.0 kg)	Women	50 – 64
140	1620	800m	Women	35 – 39
141	1620	800m	Women	40 – 44
142	1640	800m	Women	45 – 49
143	1640	800m	Women	50 – 54
144	1640	800m	Women	55 – 59
145	1640	High Jump	Men	65 and above
146	1640	Discus (1.0 kg) (0.75 kg)	Women	65 and above
147	1700	800m	Women	60 – 64
148	1720	800m	Women	65 – 69
149	1740	800m	Women	70 and above

2nd DAY : 6th June 2026 (SATURDAY) - MORNING SESSION

NO.	TIME	EVENT	CATEGORY	AGE GROUP
201	1130	High Jump	Women	60 an above
202	1130	Javelin (600 gm)	Women	35 - 44
203	1130	Long Jump	Men	35 - 44
204	1130	400m	Women	35 - 44
205	1140	400m	Women	45 - 54
206	1150	400m	Women	55 - 64
207	1200	400m	Women	65 and above
208	1210	Javelin (600 gm)(500 gm)	Women	45 - 54
209	1210	High Jump	Women	45 - 59
210	1210	400m	Men	65 and above
211	1220	Long Jump	Men	45 - 54
212	1220	400m	Men	60 - 64
213	1230	400m	Men	55 - 59
214	1230	400m	Men	50 - 54
215	1240	400m	Men	45 - 49
216	1250	400m	Men	40 - 44
217	1300	400m	Men	35 - 39
218	1310	Javelin (500 gm)	Women	55 - 64
219	1310	Long Jump	Men	55 - 64
220	1310	High Jump	Women	35 - 44
221	1310	4 x 100m	Women	Open
222	1320	4 x 100m	Men	Open

AFTERNOON SESSION

NO.	TIME	EVENT	CATEGORY	AGE GROUP
223	1400	100m	Women	35 - 39
224	1400	Shot Put (4.0 kg)	Women	35 - 44
225	1410	100m	Women	40 - 44
226	1420	100m	Women	45 - 49
227	1430	100m	Women	50 - 54
228	1430	Long Jump	Men	65 and above
229	1430	Javelin (500 gm)(400 gm)	Women	65 and above
230	1440	100m	Women	55 - 59
231	1450	100m	Women	60 - 64
232	1500	Shot Put (4.0 kg)(3.00 kg)	Women	45 - 59
233	1500	100m	Women	65 and above
234	1510	1500m	Men	35 - 39
235	1525	1500m	Men	40 - 44
236	1530	Javelin (800 gm)	Men	35 - 49
237	1540	1500m	Men	45 - 49
238	1555	1500m	Men	50 - 54
239	1600	Shot Put (3.0 kg) (2.0 kg)	Women	60 and above
240	1610	1500m	Men	55 - 59
241	1625	1500m	Men	60 - 64
242	1630	Javelin (700 gm) 600 gm)	Men	50 - 64
243	1640	1500m	Men	65 and above
244	1655	2000m	Women	35 - 44
245	1715	2000m	Women	45 - 54
246	1730	2000m	Women	55 - 64
247	1730	Javelin (600gm) (500 gm)	Men	65 and above
248	1750	2000m	Women	65 and above

3rd DAY : 7th June 2026 (SUNDAY) - MORNING SESSION

NO.	TIME	EVENT	CATEGORY	AGE GROUP
301	800	3000m Walk	Men	35 - 49
302	800	Shot Put (7.26 kg)	Men	35 - 49
303	800	Triple Jump	Men	70 and above
304	830	3000m Walk	Men	50 - 59
305	900	3000m Walk	Men	60 - 69
306	900	Shot Put (6.0 kg)	Men	50 - 59
307	900	Triple Jump	Men	60 - 69
308	930	3000m Walk	Men	70 and above
309	945	1500m	Women	65 and above
310	945	1500m	Women	60 - 64
311	1000	1500m	Women	55 - 59
312	1000	Shot Put (5.0 kg) (4.0 kg)	Men	60 - 74
313	1015	1500m	Women	50 - 54
314	1015	Triple Jump	Men	50 - 59
315	1030	1500m	Women	45 - 49
316	1045	1500m	Women	40 - 44
317	1100	1500m	Women	35 - 39
318	1100	Shot Put (4.0 kg) (3.0 kg)	Men	75 and above
319	1100	Triple Jump	Men	35 - 49
320	1115	100m	Men	35 - 39
321	1125	100m	Men	40 - 44
322	1135	100m	Men	45 - 49
323	1145	100m	Men	50 - 54
324	1155	100m	Men	55 - 59
325	1205	100m	Men	60 - 64
326	1215	100m	Men	65 and above
327	1230	Medley Relay (200m, 200m, 400m, 800m)	Open	Open

AFTERNOON SESSION

NO.	TIME	EVENT	CATEGORY	AGE GROUP
328	1400	Triple Jump	Women	35 - 49
329	1400	80m H (.762)	Women	40 - 59
330	1415	100m H (.840)	Men	65 - 69
331	1425	100m H (.840)	Men	60 - 64
332	1435	100m H (.840)	Women	35 - 39
333	1450	100m H (.914)	Men	55 - 59
334	1500	Triple Jump	Women	50 - 64
335	1500	100m H (.914)	Men	50 - 54
336	1515	110m H (.991)	Men	45 - 49
337	1525	110m H (.991)	Men	40 - 44
338	1535	110m H (.991)	Men	35 - 39
339	1550	3000m	Men	70 and above
340	1600	Triple Jump	Women	65 and above
341	1620	3000m	Men	55 - 69
342	1645	3000m	Men	45 - 54
343	1705	3000m	Men	35 - 44
344	1725	4 x 400m	Women	Open
345	1735	4 x 400m	Men	Open
		VICTORY CEREMONY & CLOSING		



38TH MALAYSIAN INTERNATIONAL MASTERS ATHLETICS CHAMPIONSHIPS RESULTS
STADIUM UPM SERDANG
5 - 7 JUNE 2026

EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
100m	35-39	Men	1	M3523	MANIMARAN MALAIAPPASAMY	Team Mass India	11.99	GOLD
100m	35-39	Men	2	M3524	STEPHEN GEORGE	Team Mass India	12.05	SILVER
100m	35-39	Men	3	M3532	WU XIONGWEI	China	12.1	BRONZE
100m	35-39	Men	4	M3530	IBRAHIM FARISH	Maldives	12.58	
100m	35-39	Men	5	M3522	AHMAD SYAHMAN B RUSLI	SAMAS	12.8	
100m	35-39	Men	6	M3504	MUHAMMAD AFIQ B KODIRON	SAMAS	12.82	
100m	35-39	Men	7	M3508	MOHAMED HISHAM B MOHAMED HASHIM	Singapore Masters Athletics	13.65	
100m	35-39	Men	8	M3503	MOHD ZHAFRAN B MOHD ROSLI	SAMAS	13.76	
100m	35-39	Men	9	M3520	MOHD ARIF B AZMI	Kuala Lumpur Masters	14.99	
100m	35-39	Men	10	M3531	MOHAMMAD REYKAAL B ABDULLAH	Selangor	16.17	
100m	35-39	Men	11	M3521	SURESHKANNA A/L SELVAM	Kuala Lumpur Masters	19.09	
100m	35-39	Men	DNS	M3501	ADAM LIM CHEE HIONG	SAMAS		
100m	35-39	Men	DNS	M3507	ANDDY ATAK	SAMAS		



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100m	35-39	Women	1	W3510	DR HAIRUL NISHA ASHIKIN BT KHAIRUL	Perak Masters	15.83	GOLD
100m	35-39	Women	2	W3515	TAN MAN YIN	BA Sek Foon Yew	17.83	SILVER
100m	35-39	Women	DNS	W3507	SARA FORTIN MAILOK	SAMAS		
100m	40-44	Men	1	M4034	AHMED ABDULLA AZEEZ	Maldives	12.46	GOLD
100m	40-44	Men	2	M4005	NAZRUL B NOORDIN	Negeri Sembilan	12.75	SILVER
100m	40-44	Men	3	M4003	MUHAMMAD SHAMSUL MAT TAHIL	Selangor	13.13	BRONZE
100m	40-44	Men	4	M4019	SARIFFULNIZAN B NAZAN	Perak Masters	13.55	
100m	40-44	Men	5	M4009	MUHAMMAD EZRA B RUSLI	Kuala Lumpur	13.91	
100m	40-44	Men	6	M4008	REFLEY DIZUAN	SAMAS	14.02	
100m	40-44	Men	7	M4023	HARIPIRIATHARSIANAN A/L PARAMASIVAM	Negeri Sembilan Masters	14.87	
100m	40-44	Men	8	M4027	THANASILAN A/L NADARAJAH	Kuala Lumpur Masters	14.97	
100m	40-44	Men	DNS	M4021	KUMAR MURUGAN	FITMA		
100m	40-44	Men	DNS	M4001	ETHAN CHIN DID THIEN	SAMAS		
100m	40-44	Men	DNS	M4007	EDDIE CHIN DID SING	SAMAS		
100m	40-44	Men	DNS	M4029	HARIK FAUZI	Kuala Lumpur		



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100m	40-44	Women	1	W4005	CAROL AUGUSTINE	SAMAS	15.27	GOLD
100m	40-44	Women	2	W4007	ROZEY OJINKUN	SAMAS	16	SILVER
100m	40-44	Women	3	W4013	SANTARA KALA SUNDRARAJ	FITMA	16.64	BRONZE
100m	40-44	Women	4	W4011	MUHAINI BT ABD MANAN	Perak Masters	16.76	
100m	40-44	Women	5	W4012	PUSPAVATHY A/P KANNIAPPAN	Perak Masters	16.94	
100m	40-44	Women	6	W4003	KALYANI NYAMATHI GOWDRU	South India Masters	18.52	
100m	40-44	Women	7	W4019	NUR AIMI BT NGAH	Selangor	19.04	
100m	40-44	Women	DNS	W4009	ZATA AMNI BT CHE ZAKARIA	SAMAS		
100m	45-49	Men	1	M4507	LOW NAN SONG	Joh Masters Team	12.33	GOLD
100m	45-49	Men	2	M4502	AHMAD SHAH WAHID	SAMAS	12.53	SILVER
100m	45-49	Men	3	M4519	NASARUDIN B SUPIAN	Perak Masters	12.76	BRONZE
100m	45-49	Men	4	M4509	CYRIL MISONG	SAMAS	12.86	
100m	45-49	Men	5	M4501	WONG TZE YUNG	Kawan Athletics	12.96	
100m	45-49	Men	6	M4510	STEVE @ NAPOL JAMES	SAMAS	13.1	
100m	45-49	Men	7	M4513	ADI WIRA B MOHD ZIN	Perak Masters	13.89	
100m	45-49	Men	8	M4529	MOHD SHAHRIN B JAHARI	Selangor	15.58	



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100m	45-49	Men	9	M4508	NG TEE CHUAN	Lion Masters Penang	15.62	
100m	45-49	Men	DNF	M4532	SHIV DAYALAN	Team Mass India		
100m	45-49	Men	DNS	M4534	GOH KEAN LAI	Penang Masters		
100m	45-49	Men	DNS	M4525	HAIRUL B ABU SHAH	Melaka Masters		
100m	45-49	Men	DNS	M4514	AHMAD EZMAN B PUDIL @ FADZIL	Perak Masters		
100m	45-49	Women	1	W4510	DR LAILATUL MOHAINY BT MOHD	Perak Masters	15.99	GOLD
100m	45-49	Women	2	W4520	HUSNA MOHAMED	Maldives	16.27	SILVER
100m	45-49	Women	3	W4507	RUZINA BT ELUK	SAMAS	16.52	BRONZE
100m	45-49	Women	4	W4516	KULWINDER KAUR	India	17.46	
100m	45-49	Women	DNS	W4509	MEREILLE MERINEE MAUN	SAMAS		
100m	50-54	Men	1	M5010	CLARENCE TAMI	SAMAS	12.57	GOLD
100m	50-54	Men	2	M5007	SURESH KASINATHAN	MAF India	12.62	SILVER
100m	50-54	Men	3	M5004	SREENIVASA BYRAPPA	South India Masters	13.82	BRONZE
100m	50-54	Men	4	M5029	YEOH GUAN AUN	Kuala Lumpur Masters	14.00	
100m	50-54	Men	5	M5031	LAI YAU YUNG	BA Sek Foon Yew	14.32	



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100m	50-54	Men	6	M5028	THANABALAN A/L SUBRAMANIAM	Kuala Lumpur Masters	14.54	
100m	50-54	Men	7	M5006	SANJAY SARKAR	South India Masters	14.87	
100m	50-54	Men	8	M5005	GANAPATI JAKATI	South India Masters	15.15	
100m	50-54	Men	9	M5032	LIM CHOON SENG	BA Sek Foon Yew	15.52	
100m	50-54	Men	10	M5014	MOHD KHAIRI B ABDUL RAHMAN SAHIB	Perak Masters	15.74	
100m	50-54	Men	11	M5034	TEOH HAI POH	BA Sek Foon Yew	15.52	
100m	50-54	Men	DNS	M5035	ZULKANAIN B JOHARI	PDRM		
100m	50-54	Women	1	W5008	ALMAWATI KASSIM	Perak Masters	15.76	GOLD
100m	50-54	Women	2	W5007	PUSHPA KUPPUSAMY	Selangor Masters	22.47	SILVER
100m	55-59	Men	1	M5531	MOHAMED AMIR	Maldives	13.31	GOLD
100m	55-59	Men	2	M5514	HAMZAH B ABDUL KARIM	Perak Masters	13.87	SILVER
100m	55-59	Men	3	M5521	ZULKIFLY B YEOP	Perak Masters	13.93	BRONZE
100m	55-59	Men	4	M5530	SELVARAJ A/L PERUMAL	PDRM	15.34	
100m	55-59	Men	DNF	M5515	HAZLI B MOHD ZIN	Perak Masters		
100m	55-59	Men	DNS	M5528	OCKBEN SAOR SINAGA	Indonesia		



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100m	55-59	Women	1	W5512	ERINE SINUEL	SAMAS	15.31	GOLD
100m	55-59	Women	2	W5504	NOORAILEYSHAH @ MAITEH SADIMAN	SAMAS	17.32	SILVER
100m	55-59	Women	3	W5508	ROSECY LEE ONONG	SAMAS	17.41	BRONZE
100m	55-59	Women	4	W5509	JOMYTA BT ELON	SAMAS	18.01	
100m	60-64	Men	1	M6023	ARIFFIN B HARUN	Perak Masters	14.4	GOLD
100m	60-64	Men	2	M6018	SUHAILI B SANEH	SAMAS	15.28	SILVER
100m	60-64	Men	3	M6003	KUNASEGARAN A/L MANIVELOO	Selangor Masters	17.36	BRONZE
100m	60-64	Men	DNS	M6001	RATTAN SINGH A/L PRITAM SINGH	Perak		
100m	60-64	Men	DNS	M6038	MANIRAJ MAYAN	Selangor		
100m	60-64	Men	DNS	M6037	MAULANI DIMAN	Unisel		
100m	60-64	Women	1	W6006	JULIANA GUMPIL	SAMAS	15.69	GOLD
100m	60-64	Women	2	W6009	RAINEH @ TAMBISAWAN	SAMAS	16.55	SILVER
100m	60-64	Women	3	W6004	PADMAVATHI AVARADAL VENKATEGOWDA	South India Masters	18.78	BRONZE
100m	60-64	Women	4	W6002	BELINDA TING YEW KING	Selangor Masters	18.83	



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100m	60-64	Women	DNS	W6001	ROSELINA BAKAR	Selangor Masters		
100m	65-69	Men	1	M6501	CHARLIE LEE	SAMAS	14.56	GOLD
100m	65-69	Men	2	M6511	THAM SIEW YEN	Selangor Masters	14.86	SILVER
100m	65-69	Men	3	M6508	MOHAMAD FAUZI B AHMAD SHAFRI	PDRM (V)	16.63	BRONZE
100m	65-69	Men	DNS	M6517	LEE SOI KENG (DENIEL)	Singapore Masters Athletics		
100m	65-69	Women	1	W6506	LUCY YONG	SAMAS	17.23	GOLD
100m	65-69	Women	2	W6507	OPINDER KAUR	India	20.37	SILVER
100m	65-69	Women	3	W6504	NUR ERNIE ANGKAS BT ABDULLAH	SAMAS	23.26	BRONZE
100m	70-74	Men	1	M7005	DATUK ABDOL MULO K AWANG DAMIT	SAMAS	15.77	GOLD
100m	70-74	Men	2	M7026	DATUK DAHLAN A H TENGAH	SAMAS	16.82	SILVER
100m	70-74	Men	3	M7006	TARMIZI SHANDU	SAMAS	17.71	BRONZE
100m	70-74	Men	4	M7002	MOKHTARUDDIN B TAJUDDIN	Selangor Masters	18.38	
100m	70-74	Women	1	W7008	SAMSIAH @ SHAMSIAH BT MOHD YASSIN	SAMAS	25.11	GOLD



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100m	70-74	Women	2	W7001	PRATIBHA PARKASH PARNERKAR	South India Masters	25.15	SILVER
100m	70-74	Women	3	W7004	JENTUNIS @ CHRISTINA LABANJING	SAMAS	29.07	BRONZE
100m	70-74	Women	4	W7003	TAN TECK SEE	Selangor Masters	43.63	
100m	75-79	Men	1	M7505	UMAN @ YUMAN B SIKIN	SAMAS	16.1	GOLD
100m	75-79	Men	2	M7504	SUING @ SYLVESTER KUIL	SAMAS	16.69	SILVER
100m	75-79	Men	3	M7511	CHEW PHAK HENG	Singapore Masters Athletics	18.51	BRONZE
100m	75-79	Men	4	M7517	MURUGAN MANIAM	FITMA	21.92	
100m	75-79	Men	DNS	M7518	RAGAVAN KANNAN	FITMA		
100m	75-79	Women	1	W7503	PETCHAY KANDASAMY	Singapore Masters Athletics	32.38	GOLD
100m	75-79	Women	DNS	W7504	AISHAH N. ABU BAKAR	Melaka Masters		
100m	80-84	Men	1	M8003	SOH CHIN KOON	Singapore Masters Athletics	19.2	GOLD
100m Hurdle	35-39	Women	DNS	W3507	SARA FORTIN MAILOK	SAMAS		



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100m Hurdle	50-54	Men	1	M5012	ASNI B TAHIR	Perak Masters	22.5	GOLD
100m Hurdle	50-54	Men	2	M5002	SUBRAMANIAM R.SANTHANAM	Selangor Masters	29.43	SILVER
100m Hurdle	55-59	Men	1	M5502	SHAMRY MOHD ALI	SAMAS	27.98	GOLD
100m Hurdle	60-64	Men	1	M6023	ARIFFIN B HARUN	Perak Masters	20.02	GOLD
100m Hurdle	60-64	Men	2	M6033	GUNASAEGERAN NARASAPAN	FITMA	22.44	SILVER
100m Hurdle	60-64	Men	3	M6003	KUNASEGARAN A/L MANIVELOO	Selangor Masters	23.36	BRONZE
100m Hurdle	60-64	Men	DNS	M6011	MUSTAFA B IBRAHIM	Singapore Masters		
110m Hurdle	40-44	Men	1	M4001	ETHAN CHIN DID THIEN	SAMAS	21.5	GOLD
110m Hurdle	40-44	Men	2	M4021	KUMAR MURUGAN	FITMA	23.38	SILVER
110m Hurdle	45-49	Men	1	M4510	STEVE @ NAPOL JAMES	SAMAS	21.84	GOLD
110m Hurdle	45-49	Men	2	M4506	RAJESH SHETTY	South India Masters	28.56	SILVER



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1500m	35-39	Men	1	M3528	MOHAMED RASHEED	Maldives	04:47.3	GOLD
1500m	35-39	Men	2	M3519	MOHAMAD FURQAN B	Melaka Masters	05:09.9	SILVER
1500m	35-39	Men	3	M3516	MOHD FAHMI B BHRIN	Negeri Sembilan Masters	05:15.1	BRONZE
1500m	35-39	Men	DNS	M3529	SHAU KEAN WOOL	PDRM		
1500m	35-39	Women	1	W3511	DR NALIHNI A/P MANOHARAN	Perak Masters	07:26.0	GOLD
1500m	40-44	Men	1	M4006	GOH JING JING	SAMAS	04:50.4	GOLD
1500m	40-44	Men	2	M4018	SARAVANAN A/L ELAGAMUROM	Perak Masters	04:52.8	SILVER
1500m	40-44	Men	3	M4016	MOHD SHAHRIL B MAT SAAD	Perak Masters	05:09.4	BRONZE
1500m	40-44	Men	4	M4015	KHAIRULNIZAM B GHAZALI	Perak Masters	05:22.6	
1500m	40-44	Men	5	M4022	VIJAYAN DEVANDRAN	FITMA	05:54.8	
1500m	40-44	Men	6	M4004	RAVAIN KUMAR SUPRAMANIAM	Selangor	06:35.9	
1500m	40-44	Men	7	M4020	ESWARAN GOVINDASAMY	FITMA	08:42.8	
1500m	40-44	Men	DNS	M4031	GANESHWARAN A/P KARUNA KARAN	Selangor		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
1500m	40-44	Women	1	W4014	VALLY MICHAEL	FITMA	06:10.1	GOLD
1500m	40-44	Women	2	W4016	MICHELE TAN BEE KIANG	Selangor Masters	06:23.6	SILVER
1500m	45-49	Men	1	M4504	CHAN CHEE KIAN	Kuala Lumpur	05:08.9	GOLD
1500m	45-49	Men	2	M4527	KRISHNA KUMAR A/L JAYARAM	Kuala Lumpur Masters	05:37.5	SILVER
1500m	45-49	Men	3	M4526	KUMARESAN A/L ANTHONYSAMY	Kuala Lumpur Masters	05:41.1	BRONZE
1500m	45-49	Men	DNS	M4518	MOHD HAZRI B MOHD HAMBALI	Perak Masters		
1500m	45-49	Women	1	W4521	FATHIMATH SHAMHA	Maldives	06:13.5	GOLD
1500m	45-49	Women	2	W4502	LOOI MEI YAN, MICHELLE	Selangor Masters	06:15.0	SILVER
1500m	45-49	Women	3	W4501	LIM SUOK FUNG	Selangor Masters	06:58.8	BRONZE
1500m	45-49	Women	4	W4512	MAZLINA SHAFURA BT ABDUL MANAP	Perak Masters	07:22.3	
1500m	45-49	Women	5	W4503	RATHNA RAJEESH KALAVAR	South India Masters	08:01.2	
1500m	45-49	Women	6	W4515	LEGAH MEYYAPPAN	FITMA	08:05.6	



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
1500m	50-54	Men	1	M5025	JIMMY LIEU (LIEU CHEE MING)	Selangor	05:32.1	GOLD
1500m	50-54	Men	2	M5018	THANARAJ SHANMUGAM	Perak Masters	06:04.3	SILVER
1500m	50-54	Men	DNF	M5027	S DIVAGARAN A/L SUBRAMANIAM	Kuala Lumpur Masters		
1500m	50-54	Men	DNS	M5019	ZAINAL B ISMAIL	Perak Masters		
1500m	50-54	Men	DNS	M5020	ZAINURI B ABD AZIZ	Perak Masters		
1500m	50-54	Women	1	W5009	ZUHARLINA BT ABU BAHARIN	Perak Masters	07:23.1	GOLD
1500m	50-54	Women	2	W5010	TAMILSLVE PERIASAMY	FITMA	07:56.2	SILVER
1500m	50-54	Women	DNS	W5002	JOANNE PL GRANGE	Selangor Masters		
1500m	55-59	Men	1	M5516	MOHAMAD ARUMUGAM B ABDULLAH	Perak Masters	05:22.5	GOLD
1500m	55-59	Men	2	M5519	SHANMUGANATHAN A/L RATANAM	Perak Masters	05:51.1	SILVER
1500m	55-59	Men	3	M5501	TERENCE ONG	Selangor Masters	05:59.6	BRONZE
1500m	55-59	Men	4	M5518	SANTHERAN VELOO	Perak Masters	06:20.8	
1500m	55-59	Men	DNS	M5505	SUBRAMANIAM KUMARASAMY	Johor Masters		
1500m	55-59	Men	DNS	M5504	MUHAMMAD YASSIR B ABDULLAH	Johor Masters		



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1500m	55-59	Women	1	W5501	CHUAH GUAT NA	Lion Masters Penang	07:04.7	GOLD
1500m	55-59	Women	2	W5518	NAFIZA AHMED	Maldives	07:19.5	SILVER
1500m	55-59	Women	3	W5514	LETCHUMY A/P RAJU	Negeri Sembilan Masters	07:25.1	BRONZE
1500m	60-64	Men	1	M6006	BOOPATHY RAMASAMY	Johor Masters	05:37.0	GOLD
1500m	60-64	Men	2	M6010	LEONG BEE VOON	PDRM (V)	05:57.4	SILVER
1500m	60-64	Men	3	M6027	KHOR KIM EN	Perak Masters	06:20.7	BRONZE
1500m	60-64	Men	4	M6021	SUBRAMANIAM A/L KRISHNAN	Selangor Masters	06:24.6	
1500m	60-64	Men	5	M6024	ARUMUGAM SUBRAMANIAN	Perak Masters	06:34.7	
1500m	60-64	Men	6	M6022	V JOTHEE A/L KOBAL VEERIAH	Jets	10:25.7	
1500m	60-64	Men	DNS	M6004	NOORUL ARIFFIN B ABDUL MAJEED	Selangor Masters		
1500m	60-64	Women	1	W6022	MOOMINA MOHAMED	Maldives	07:57.2	GOLD
1500m	60-64	Women	2	W6007	ADENAH LOJUHUN	SAMAS	08:00.7	SILVER
1500m	60-64	Women	3	W6021	VANITHA A/P MUNUSAMY	Selangor Masters	12:59.3	BRONZE
1500m	60-64	Women	DNS	W6017	GOH KIM HONG (MAGGIE)	Selangor Masters		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
1500m	65-69	Men	1	M6520	GUNALAN A/L KOOTHIAH	Perak Masters	06:50.6	GOLD
1500m	65-69	Men	2	M6536	ALI AHMED	Maldives	07:15.7	SILVER
1500m	65-69	Men	3	M6515	AT LINGAM AYARU	Singapore Masters Athletics	07:23.5	BRONZE
1500m	65-69	Men	4	M6521	KANESAN A/L SUNNAMUTHU	Perak Masters	07:43.4	
1500m	65-69	Men	5	M6528	RAJASEGARAN A/L KANNEN	Negeri Sembilan Masters	08:36.3	
1500m	65-69	Men	DNS	M6526	SUNDARARAJU SUPPAN	FITMA		
1500m	65-69	Men	DNS	M6512	DATUK SERI (DR) V. PULAINTHIRAN	Jets		
1500m	65-69	Men	DNS	M6522	KRISHNASAMY A/L CHAPPANIMUTHU	Perak Masters		
1500m	65-69	Women	1	W6502	LINDA HO MENG LEE	PDRM (V)	07:09.1	GOLD
1500m	65-69	Women	2	W6503	JOUTI @ VIRONICA BT ELAU	SAMAS	08:00.9	SILVER
1500m	70-74	Men	1	M7019	RAMAKRISHNAN A/L MANIKAM	Negeri Sembilan Masters	06:55.3	GOLD
1500m	70-74	Men	2	M7010	MARTIN CHENG	Singapore Masters Athletics	07:48.9	SILVER
1500m	70-74	Men	3	M7014	SAMUTHARAPANDIAN A/L S. PERIASAMY	Perak Masters	08:08.9	BRONZE
1500m	70-74	Men	4	M7020	RAJAH ARUMUGAM A/L M ARUMUGAM	Negeri Sembilan Masters	08:31.8	
1500m	70-74	Men	DNS	M7007	YUSOFF KHAN B ISMAIL KHAN	Singapore Masters Athletics		



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1500m	70-74	Women	1	W7005	KIMIH @ FLORENCE MONJITOL	SAMAS	11:21.9	GOLD
1500m	70-74	Women	2	W7011	KOMATHI V.KRISHNASAMY	FITMA	11:40.1	SILVER
1500m	75-79	Men	1	M7525	ANNANTHAKRISHNAN A/L MARIAPPEN	Penang Masters	08:00.7	GOLD
1500m	75-79	Men	2	M7512	KARAM SINGH BHOAI	India	08:02.0	SILVER
1500m	75-79	Men	3	M7515	AHMAD SHAMSUDDIN B MUHIYUDDIN	FITMA	08:28.9	BRONZE
1500m	75-79	Men	DNS	M7526	ABDUL HAMID B ARIS	Pahang Masters		
1500m	75-79	Men	DNS	M7514	MURUGESU A/L SINNATHEVAR	Perak Masters		
1500m	75-79	Women	1	W7502	CHOO MUI KHENG (KATHERINE)	Singapore Masters Athletics	11:26.7	GOLD
1500m	80-84	Men	1	M8009	CHEAH SWEE HWA	Penang Masters	08:53.7	GOLD
1500m	80-84	Men	2	M8008	LOKE KUAN SOW	Penang Masters	09:24.2	SILVER
1500m	80-84	Men	3	M8006	OOI HEAN HENG	FITMA	14:43.7	BRONZE
1500m	80-84	Men	DNS	M8007	NALLIAH A/L RAMASAMY	Negeri Sembilan Masters		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
2000m	40-44	Women	1	W4016	MICHELE TAN BEE KIANG	Selangor Masters	08:45.3	GOLD
2000m	40-44	Women	2	W4014	VALLY MICHAEL	FITMA	08:56.2	SILVER
2000m	40-44	Women	3	W4004	UMA SOMANNA MYSORE	South India Masters	10:43.5	BRONZE
2000m	45-49	Women	1	W4521	FATHIMATH SHAMHA	Maldives	08:45.7	GOLD
2000m	45-49	Women	2	W4501	LIM SUOK FUNG	Selangor Masters	09:37.2	SILVER
2000m	45-49	Women	3	W4512	MAZLINA SHAFURA BT ABDUL MANAP	Perak Masters	10:08.9	BRONZE
2000m	45-49	Women	4	W4515	LEGAH MEYYAPPAN	FITMA	11:26.9	
2000m	45-49	Women	5	W4503	RATHNA RAJEESH KALAVAR	South India Masters	11:42.1	
2000m	45-49	Women	6	W4511	FAZEELA BT M HAIRI	Perak Masters	13:10.1	
2000m	50-54	Women	1	W5001	SAMANTHA RICHARDS	Selangor Masters	12:23.1	GOLD
2000m	55-59	Women	1	W5501	CHUAH GUAT NA	Lion Masters Penang	09:45.1	GOLD
2000m	55-59	Women	2	W5514	LETCHUMY A/P RAJU	Negeri Sembilan Masters	10:06.4	SILVER
2000m	55-59	Women	3	W5518	NAFIZA AHMED	Maldives	10:10.9	BRONZE



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2000m	60-64	Women	1	W6010	THERESA BT SIDAU	SAMAS	10:49.6	GOLD
2000m	60-64	Women	2	W6022	MOOMINA MOHAMED	Maldives	10:49.7	SILVER
2000m	60-64	Women	3	W6014	HONG GUAT SHIAN	FITMA	11:48.7	BRONZE
2000m	60-64	Women	4	W6005	TAN TECK BEE	Selangor Masters	13:11.4	
2000m	60-64	Women	DNS	W6017	GOH KIM HONG (MAGGIE)	Selangor Masters		
2000m	65-69	Women	1	W6503	JOUTI @ VIRONICA BT ELAU	SAMAS	11:02.0	GOLD
2000m	70-74	Women	1	W7005	KIMIH @ FLORENCE MONJITOL	SAMAS	16:03.7	GOLD
2000m	70-74	Women	2	W7011	KOMATHI V.KRISHNASAMY	FITMA	16:30.7	SILVER
2000m Walk	35-39	Women	1	W3513	JOYCIE BUDIMAN	Lion Masters Penang	17:17.5	GOLD
2000m Walk	35-39	Women	2	W3508	LIANA BT RAMLI	Selangor Masters	21:15.3	SILVER



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2000m Walk	40-44	Women	1	W4016	MICHELE TAN BEE KIANG	Selangor Masters	15:34.9	GOLD
2000m Walk	40-44	Women	2	W4004	UMA SOMANNA MYSORE	South India Masters	15:54.0	SILVER
2000m Walk	40-44	Women	3	W4003	KALYANI NYAMATHI GOWDRU	South India Masters	16:14.1	BRONZE
2000m Walk	40-44	Women	4	W4015	FATIN FARAH IZZATI BT MASAAT	Wilayah Persekutuan	16:14.3	
2000m Walk	45-49	Women	1	W4503	RATHNA RAJEESH KALAVAR	South India Masters	13:56.3	GOLD
2000m Walk	45-49	Women	2	W4519	KALIAMAH A/P MANIAN	Kuala Lumpur Masters	14:08.6	SILVER
2000m Walk	45-49	Women	3	W4515	LEGAH MEYYAPPAN	FITMA	14:26.0	BRONZE
2000m Walk	45-49	Women	4	W4516	KULWINDER KAUR	India	15:36.0	
2000m Walk	45-49	Women	5	W4504	TEOH TIENG TIENG	Lion Masters Penang	15:52.7	
2000m Walk	45-49	Women	6	W4514	NURUL AZWA BT AHMAD	Perak Masters	18:20.3	
2000m Walk	50-54	Women	1	W5003	TIFFANY SOH BENG CHU	Selangor Masters	13:42.8	GOLD
2000m Walk	50-54	Women	2	W5004	SUJATA SAKAR	South India Masters	19:25.8	SILVER
2000m Walk	50-54	Women	DNS	W5015	VICKNESWARY TAUMAN	Selangor		



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2000m Walk	55-59	Women	1	W5503	CHAN YEN CHING	PDRM (V)	14:16.5	GOLD
2000m Walk	55-59	Women	2	W5502	TAN GEOK HONG	Lion Masters Penang	15:51.9	SILVER
2000m Walk	60-64	Women	1	W6012	YOGESWARI A/P S KATHIRVELOO	Jets	13:06.1	GOLD
2000m Walk	60-64	Women	2	W6009	RAINEH @ TAMBISAWAN	SAMAS	15:03.4	SILVER
2000m Walk	60-64	Women	3	W6015	SINNAMAH GOLLABANGARU	FITMA	15:07.0	BRONZE
2000m Walk	60-64	Women	4	W6019	TAN CHEOW YUM	Selangor Masters	15:50.3	
2000m Walk	60-64	Women	5	W6002	BELINDA TING YEW KING	Selangor Masters	17:01.86	
2000m Walk	60-64	Women	DNS	W6013	AMALIA MARQUEZ BARCOMA	FITMA		
2000m Walk	60-64	Women	DQ	W6017	GOH KIM HONG (MAGGIE)	Selangor Masters		
2000m Walk	65-69	Women	1	W6503	JOUTI @ VIRONICA BT ELAU	SAMAS	14:29.3	GOLD
2000m Walk	65-69	Women	2	W6501	NUR' AISHAH BT ABDULLAH	Selangor Masters	16:17.8	SILVER
2000m Walk	65-69	Women	3	W6508	JOANNE FOO	Perak Masters	17:09.8	BRONZE
2000m Walk	65-69	Women	4	W6509	WENDY SOO YUET PING	FITMA	19:43.4	
2000m Walk	65-69	Women	DNS	W6512	VEMALA THEVY AP PERIASAMY	Selangor Masters		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
2000m Walk	70-74	Women	1	W7005	KIMIH @ FLORENCE MONJITOL	SAMAS	16:25.3	GOLD
2000m Walk	70-74	Women	2	W7013	SOUNTHARI A/P. MG RAJAGOPAL	Selangor Masters	16:31.5	SILVER
2000m Walk	70-74	Women	3	W7007	HIEW NYUK KYAU @ SUSANNA	SAMAS	17:54.4	BRONZE
2000m Walk	70-74	Women	4	W7001	PRATIBHA PARKASH PARNERKAR	South India Masters	20:43.3	
2000m Walk	70-74	Women	5	W7010	BANUMATHY SUNDARAM	Selangor Masters	23:53.4	
2000m Walk	75-79	Women	1	W7502	CHOO MUI KHENG (KATHERINE)	Singapore Masters Athletics	16:14.8	GOLD
2000m Walk	75-79	Women	2	W7503	PETCHAY KANDASAMY	Singapore Masters Athletics	21:52.6	SILVER
200m	35-39	Men	1	M3501	ADAM LIM CHEE HIONG	SAMAS	24.39	GOLD
200m	35-39	Men	2	M3524	STEPHEN GEORGE	Team Mass India	24.45	SILVER
200m	35-39	Men	3	M3530	IBRAHIM FARISH	Maldives	25.88	BRONZE
200m	35-39	Men	4	M3503	MOHD ZHAFRAN B MOHD ROSLI	SAMAS	26.36	
200m	35-39	Men	5	M3504	MUHAMMAD AFIQ B KODIRON	SAMAS	26.58	
200m	35-39	Men	6	M3514	MUHAMAD JAFNI B SARIKIN	Perak Masters	26.71	
200m	35-39	Men	7	M3508	MOHAMED HISHAM B MOHAMED HASHIM	Singapore Masters Athletics	27.92	
200m	35-39	Men	8	M3520	MOHD ARIF B AZMI	Kuala Lumpur Masters	34.82	



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200m	35-39	Men	DNS	M3510	WAN KAR LEONG	Kuala Lumpur		
200m	35-39	Women	DNS	W3507	SARA FORTIN MAILOK	SAMAS		
200m	35-39	Women	DNS	W3503	ANA BT MOHZAN	Selangor Masters		
200m	40-44	Men	1	M4034	AHMED ABDULLA AZEEZ	Maldives	25.64	GOLD
200m	40-44	Men	2	M4006	GOH JING JING	SAMAS	26.85	SILVER
200m	40-44	Men	3	M4013	AMIRRUDDIN B ISHAK	Perak Masters	26.92	BRONZE
200m	40-44	Men	4	M4019	SARIFFULNIZAN B NAZAN	Perak Masters	27.56	
200m	40-44	Men	5	M4035	ZULKARNAIN B ZAKARIA	Kuala Lumpur Masters	28.13	
200m	40-44	Men	6	M4033	HUSSAIN AHMED	Maldives	29.05	
200m	40-44	Men	7	M4021	KUMAR MURUGAN	FITMA	30.74	
200m	40-44	Men	8	M4027	THANASILAN A/L NADARAJAH	Kuala Lumpur Masters	31.85	
200m	40-44	Men	DNS	M4029	HARIK FAUZI	Kuala Lumpur		
200m	40-44	Men	DNS	M4023	HARIPIRIATHARSIANAN A/L PARAMASIVAM	Negeri Sembilan Masters		
200m	40-44	Men	DNS	M4001	ETHAN CHIN DID THIEN	SAMAS		



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200m	40-44	Women	1	W4002	ALISON CHEW	SAMAS	29.4	GOLD
200m	40-44	Women	2	W4007	ROZEY OJINKUN	SAMAS	33.91	SILVER
200m	40-44	Women	3	W4013	SANTARA KALA SUNDRARAJ	FITMA	35.64	BRONZE
200m	40-44	Women	4	W4012	PUSPAVATHY A/P KANNIAPPAN	Perak Masters	35.75	
200m	40-44	Women	5	W4019	NUR AIMI BT NGAH	Selangor	39.93	
200m	45-49	Men	1	M4519	NASARUDIN B SUPIAN	Perak Masters	25.68	GOLD
200m	45-49	Men	2	M4502	AHMAD SHAH WAHID	SAMAS	26.33	SILVER
200m	45-49	Men	3	M4501	WONG TZE YUNG	Kawan Athletics	26.6	BRONZE
200m	45-49	Men	4	M4509	CYRIL MISONG	SAMAS	26.65	
200m	45-49	Men	5	M4525	HAIRUL B ABU SHAH	Melaka Masters	28.78	
200m	45-49	Men	6	M4511	WOO CHEE MENG	Kuala Lumpur	30.32	
200m	45-49	Men	7	M4503	ZUL FAKAR B MOHD	Selangor	31.16	
200m	45-49	Men	8	M4508	NG TEE CHUAN	Lion Masters Penang	32.86	
200m	45-49	Men	DNS	M4534	GOH KEAN LAI	Penang Masters		



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200m	45-49	Women	1	W4520	HUSNA MOHAMED	Maldives	33.58	GOLD
200m	45-49	Women	2	W4510	DR LAILATUL MOHAINY BT MOHD	Perak Masters	34.8	SILVER
200m	45-49	Women	3	W4507	RUZINA BT ELUK	SAMAS	35.22	BRONZE
200m	45-49	Women	4	W4504	TEOH TIENG TIENG	Lion Masters Penang	42.02	
200m	50-54	Men	1	M5010	CLARENCE TAMI	SAMAS	25.3	GOLD
200m	50-54	Men	2	M5007	SURESH KASINATHAN	MAF India	26.06	SILVER
200m	50-54	Men	3	M5004	SREENIVASA BYRAPPA	South India Masters	27.92	BRONZE
200m	50-54	Men	4	M5003	SATHEESH KUMAR UMAPATHI	South India Masters	28.77	
200m	50-54	Men	5	M5029	YEOH GUAN AUN	Kuala Lumpur Masters	28.94	
200m	50-54	Men	6	M5006	SANJAY SARKAR	South India Masters	30.88	
200m	50-54	Men	7	M5016	NG WAI KIT	Perak Masters	32.86	
200m	50-54	Men	DNF	M5035	ZULKANAIN B JOHARI	PDRM		
200m	50-54	Women	1	W5010	TAMILSLVE PERIASAMY	FITMA	39.09	GOLD
200m	50-54	Women	2	W5005	THANUJAKSHI KIDOOR	South India Masters	41.74	SILVER



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200m	55-59	Men	1	M5531	MOHAMED AMIR	Maldives	27.52	GOLD
200m	55-59	Men	2	M5515	HAZLI B MOHD ZIN	Perak Masters	30.72	SILVER
200m	55-59	Men	3	M5530	SELVARAJ A/L PERUMAL	PDRM	31.18	BRONZE
200m	55-59	Men	4	M5507	SUPPARAMANIYAM RAMASAMY	Selangor Masters	31.11	
200m	55-59	Men	5	M5522	AZUAN B OTHMAN	Negeri Sembilan Masters	38.29	
200m	55-59	Men	DNS	M5528	OCKBEN SAOR SINAGA	Indonesia		
200m	55-59	Men	DNS	M5517	NAGARAJAN A/L RAMASAMY	Perak Masters		
200m	55-59	Women	1	W5512	ERINE SINUEL	SAMAS	31.96	GOLD
200m	55-59	Women	2	W5509	JOMYTA BT ELON	SAMAS	39.18	SILVER
200m	55-59	Women	3	W5518	NAFIZA AHMED	Maldives	39.97	BRONZE
200m	55-59	Women	DNS	W5506	MARGARET PETRUS	SAMAS		
200m	60-64	Men	1	M6023	ARIFFIN B HARUN	Perak Masters	29.67	GOLD
200m	60-64	Men	2	M6003	KUNASEGARAN A/L MANIVELOO	Selangor Masters	32.751	SILVER
200m	60-64	Men	3	M6017	JAMES WONG THIEN YIN	SAMAS	32.758	BRONZE
200m	60-64	Men	4	M6028	MOHD FOAZI B MD NOR	Perak Masters	42.38	



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200m	60-64	Men	DNS	M6014	RICHARD TIMBANGAN	SAMAS		
200m	60-64	Men	DNS	M6013	JAMALUDDIN B LANI	SAMAS		
200m	60-64	Men	DNS	M6038	MANIRAJ MAYAN	Selangor		
200m	60-64	Men	DNS	M6030	NAGARAJAN A/L KARUPPIA	Perak Masters		
200m	60-64	Men	DNS	M6037	MAULANI DIMAN	Unisel		
200m	60-64	Women	1	W6009	RAINEH @ TAMBI SAWAN	SAMAS	35.5	GOLD
200m	60-64	Women	2	W6022	MOOMINA MOHAMED	Maldives	38.53	SILVER
200m	60-64	Women	3	W6002	BELINDA TING YEW KING	Selangor Masters	41.08	BRONZE
200m	60-64	Women	4	W6004	PADMAVATHI AVARADAL VENKATEGOWDA	South India Masters	42.32	
200m	60-64	Women	DNS	W6008	MORDIANA ABDULLAH	SAMAS		
200m	60-64	Women	DNS	W6001	ROSELINA BAKAR	Selangor Masters		
200m	65-69	Men	1	M6501	CHARLIE LEE	SAMAS	30.13	GOLD
200m	65-69	Men	2	M6513	JOLLY B MAJALAP @ LUCUNDUS HARRY	SAMAS	38.38	SILVER
200m	65-69	Men	DNS	M6517	LEE SOI KENG (DENIEL)	Singapore Masters Athletics		
200m	65-69	Men	DNS	M6516	MUSA AMIN	Singapore Masters Athletics		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
200m	65-69	Women	1	W6506	LUCY YONG	SAMAS	35.2	GOLD
200m	65-69	Women	2	W6507	OPINDER KAUR	India	42.59	SILVER
200m	65-69	Women	3	W6509	WENDY SOO YUET PING	FITMA	52.69	BRONZE
200m	70-74	Men	1	M7012	HJ. MOHAMAD ZAMRI B HJ. MOHD NIN	Perak Masters	33.84	GOLD
200m	70-74	Men	2	M7026	DATUK DAHLAN A H TENGAH	SAMAS	35.19	SILVER
200m	70-74	Women	1	W7008	SAMSIAH @ SHAMSIAH BT MOHD YASSIN	SAMAS	53.57	GOLD
200m	75-79	Men	1	M7505	UMAN @ YUMAN B SIKIN	SAMAS	34.47	GOLD
200m	75-79	Men	2	M7504	SUING @ SYLVESTER KUIL	SAMAS	37.12	SILVER
200m	75-79	Men	3	M7525	ANNANTHAKRISHNAN A/L MARIAPPEN	Penang Masters	38.6	BRONZE
200m	75-79	Men	4	M7511	CHEW PHAK HENG	Singapore Masters Athletics	39.92	
200m	75-79	Men	DNS	M7521	SELVARAJAH CHELLIAH	FITMA		
200m	75-79	Men	DNS	M7517	MURUGAN MANIAM	FITMA		



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200m	75-79	Women	1	W7503	PETCHAY KANDASAMY	Singapore Masters Athletics	78.16	GOLD
200m	80-84	Men	1	M8009	CHEAH SWEE HWA	Penang Masters	48.61	GOLD
3000m	35-39	Men	1	M3515	MOHD SYAHIDAN B ALIAS	FITMA	10:25.3	GOLD
3000m	35-39	Men	2	M3528	MOHAMED RASHEED	Maldives	10:34.4	SILVER
3000m	35-39	Men	3	M3516	MOHD FAHMI B BAHRIN	Negeri Sembilan Masters	11:53.4	BRONZE
3000m	35-39	Men	DNS	M3529	SHAU KEAN WOOL	PDRM		
3000m	35-39	Men	DNS	M3513	AMIRUL SYAZWAN B SAMAD	Perak Masters		
3000m	40-44	Men	1	M4016	MOHD SHAHRIL B MAT SAAD	Perak Masters	11:13.3	GOLD
3000m	40-44	Men	2	M4015	KHAIRULNIZAM B GHAZALI	Perak Masters	11:59.8	SILVER
3000m	40-44	Men	3	M4022	VIJAYAN DEVANDRAN	FITMA	14:23.8	BRONZE
3000m	40-44	Men	4	M4010	THILEN PARAMASIVAM	Selangor	14:47.6	
3000m	40-44	Men	DNF	M4024	YAAKOB B IDRIS	Penang Masters		
3000m	40-44	Men	DNS	M4020	ESWARAN GOVINDASAMY	FITMA		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
3000m	45-49	Men	1	M4504	CHAN CHEE KIAN	Kuala Lumpur	11:16.0	GOLD
3000m	45-49	Men	2	M4517	HEO WAI KIEN	Perak Masters	11:40.9	SILVER
3000m	45-49	Men	3	M4527	KRISHNA KUMAR A/L JAYARAM	Kuala Lumpur Masters	12:35.9	BRONZE
3000m	45-49	Men	DNS	M4526	KUMARESAN A/L ANTHONYSAMY	Kuala Lumpur Masters		
3000m	50-54	Men	1	M5025	JIMMY LIEU (LIEU CHEE MING)	Selangor	12:18.2	GOLD
3000m	50-54	Men	2	M5018	THANARAJ SHANMUGAM	Perak Masters	13:27.1	SILVER
3000m	50-54	Men	DNS	M5027	S DIVAGARAN A/L SUBRAMANIAM	Kuala Lumpur Masters		
3000m	50-54	Men	DNS	M5036	ZULKERNAIN B MOHAMED ZAWAWI	PDRM		
3000m	50-54	Men	DNS	M5020	ZAINURI B ABD AZIZ	Perak Masters		
3000m	55-59	Men	1	M5516	MOHAMAD ARUMUGAM B ABDULLAH	Perak Masters	11:27.7	GOLD
3000m	55-59	Men	2	M5519	SHANMUGANATHAN A/L RATANAM	Perak Masters	13:07.0	SILVER
3000m	55-59	Men	3	M5532	HAZRUL ANUAR ABDULL HAMID	Selangor	13:45.2	BRONZE
3000m	55-59	Men	DNS	M5508	RAJAN A/L SUPPIAH	Jets		
3000m	55-59	Men	DNS	M5504	MUHAMMAD YASSIR B ABDULLAH	Johor Masters		
3000m	55-59	Men	DNS	M5518	SANTHERAN VELOO	Perak Masters		



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3000m	55-59	Men	DNS	M5501	TERENCE ONG	Selangor Masters		
3000m	60-64	Men	1	M6006	BOOPATHY RAMASAMY	Johor Masters	12:21.8	GOLD
3000m	60-64	Men	2	M6004	NOORUL ARIFFIN B ABDUL MAJEED	Selangor Masters	12:28.9	SILVER
3000m	60-64	Men	3	M6021	SUBRAMANIAM A/L KRISHNAN	Selangor Masters	13:03.5	BRONZE
3000m	60-64	Men	4	M6027	KHOR KIM EN	Perak Masters	13:18.7	
3000m	60-64	Men	5	M6024	ARUMUGAM SUBRAMANIAN	Perak Masters	14:05.7	
3000m	60-64	Men	6	M6022	V JOTHEE A/L KOBAL VEERIAH	Jets	23:58.6	
3000m	60-64	Men	DNS	M6025	BASKARAN FRANCIS	Perak Masters		
3000m	60-64	Men	DNS	M6029	MOHD ZAINI HARUN	Perak Masters		
3000m	65-69	Men	1	M6520	GUNALAN A/L KOOTHIAH	Perak Masters	14:14.2	GOLD
3000m	65-69	Men	2	M6536	ALI AHMED	Maldives	14:54.2	SILVER
3000m	65-69	Men	3	M6518	FRANCIS AROKIASAMY	Negeri Sembilan	15:24.5	BRONZE
3000m	65-69	Men	4	M6526	SUNDARARAJU SUPPAN	FITMA	17:48.0	
3000m	65-69	Men	5	M6528	RAJASEGARAN A/L KANNEN	Negeri Sembilan Masters	18:59.6	
3000m	65-69	Men	DNF	M6535	POOPATHY A/L RATANAM	Pahang		



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3000m	65-69	Men	DNS	M6512	DATUK SERI (DR) V. PULAINTHIRAN	Jets		
3000m	65-69	Men	DNS	M6522	KRISHNASAMY A/L CHAPPANIMUTHU	Perak Masters		
3000m	70-74	Men	1	M7046	GHANA SEGARAN S/O KARUPAYA PONNUSAMY	Singapore Masters Athletics	18:06.0	GOLD
3000m	70-74	Men	2	M7014	SAMUTHARAPANDIAN A/L S. PERIASAMY	Perak Masters	18:33.7	SILVER
3000m	70-74	Men	3	M7020	RAJAH ARUMUGAM A/L M ARUMUGAM	Negeri Sembilan Masters	19:39.3	BRONZE
3000m	70-74	Men	DNF	M7007	YUSOFF KHAN B ISMAIL KHAN	Singapore Masters Athletics		
3000m	75-79	Men	1	M7525	ANNANTHAKRISHNAN A/L MARIAPPEN	Penang Masters	17:32.0	GOLD
3000m	75-79	Men	2	M7512	KARAM SINGH BHOAI	India	17:33.4	SILVER
3000m	75-79	Men	3	M7515	AHMAD SHAMSUDDIN B MUHIYUDDIN	FITMA	19:40.0	BRONZE
3000m	80-84	Men	1	M8008	LOKE KUAN SOW	Penang Masters	20:59.6	GOLD
3000m	80-84	Men	2	M8006	OOI HEAN HENG	FITMA	30:40.9	SILVER



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
3000m Walk	35-39	Men	1	M3527	AUGUS ANAK MESIA	PDRM	19:35.0	GOLD
3000m Walk	35-39	Men	2	M3521	SURESHKANNA A/L SELVAM	Kuala Lumpur Masters	23:39.9	SILVER
3000m Walk	35-39	Men	DQ	M3505	CHEONG SENG CHIEW	Lion Masters Penang		
3000m Walk	40-44	Men	1	M4011	MOHD AZMEER B AMARULLAH	Selangor Masters	19:45.6	GOLD
3000m Walk	40-44	Men	2	M4017	NASRULHAIRIN B MOHAMMAD NASIR	Perak Masters	19:49.2	SILVER
3000m Walk	40-44	Men	3	M4028	MURALI SUBRAMANIAM	Selangor Masters	23:57.7	BRONZE
3000m Walk	40-44	Men	4	M4024	YAAKOB B IDRIS	Penang Masters	24:08.0	
3000m Walk	45-49	Men	1	M4521	TAN CHEE LEONG	Penang Masters	16:54.8	GOLD
3000m Walk	45-49	Men	2	M4516	DR KESAVAN NALLALUTHAN	Perak Masters	18:15.6	SILVER
3000m Walk	50-54	Men	1	M5022	SURESH KUMAR GOOBINNAAN	FITMA	18:35.1	GOLD
3000m Walk	50-54	Men	2	M5041	HAN WAH TENG	Singapore	20:47.4	SILVER
3000m Walk	50-54	Men	3	M5036	ZULKERNAIN B MOHAMED ZAWAWI	PDRM	20:55.6	BRONZE
3000m Walk	50-54	Men	4	M5026	VIGNESPARAN A/L VEERA RAGAVAN	Kuala Lumpur Masters	26:43.9	
3000m Walk	50-54	Men	5	M5040	YM.DATO SRI (DR) MUHAMMAD ADAM PRAKASH B ARDAE	Map Sports Ctr	27:08.3	



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
3000m Walk	55-59	Men	1	M5506	JAYAPAL A/L KUPPUSAMY	PDRM (V)	20:16.6	GOLD
3000m Walk	55-59	Men	2	M5503	LAURENCE SEBASTIAN	Selangor Masters	22:13.7	SILVER
3000m Walk	55-59	Men	3	M5524	SUKHRAJ SINGH DHILLON	Penang Masters	22:58.0	BRONZE
3000m Walk	55-59	Men	4	M5517	NAGARAJAN A/L RAMASAMY	Perak Masters	23:09.0	
3000m Walk	55-59	Men	DNS	M5523	CHANDRAN A/L RAMALU	Negeri Sembilan Masters		
3000m Walk	60-64	Men	1	M6005	K VIKNESWARAN A/L KUPPUSAMY	Selangor Masters	18:52.1	GOLD
3000m Walk	60-64	Men	2	M6012	R SUBRAMANIAM	Singapore	20:11.5	SILVER
3000m Walk	60-64	Men	3	M6031	VALAITHAM A/L VEDANAYAGAM	Perak Masters	20:52.0	BRONZE
3000m Walk	60-64	Men	4	M6036	SUBRAMANIAM A/L VPOOMINATHAN	Kuala Lumpur Masters	22:56.4	
3000m Walk	60-64	Men	5	M6002	KERUNA NITHI A/L CHOCKALINGAM	Selangor Masters	26:58.1	
3000m Walk	60-64	Men	DNS	M6032	ACHUTHAN C. BALAKRISHNAN	FITMA		
3000m Walk	60-64	Men	DNS	M6029	MOHD ZAINI HARUN	Perak Masters		



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3000m Walk	65-69	Men	1	M6530	GOVI A/P RAMOO	Penang Masters	21:38.8	GOLD
3000m Walk	65-69	Men	2	M6523	APLAIDOO RAMA NAYADOO	FITMA	22:13.2	SILVER
3000m Walk	65-69	Men	3	M6509	NAGARAJA A/L D.MARIA	PDRM (V)	22:21.4	BRONZE
3000m Walk	65-69	Men	4	M6534	R NANCHANPPAN A/L RAJAGOPAL	Pahang Masters	22:39.0	
3000m Walk	65-69	Men	5	M6503	SARAMAN SINGH A/L NOCK SINGH	Selangor	23:38.3	
3000m Walk	65-69	Men	6	M6527	THAMILARASU RATHINAM	FITMA	23:48.3	
3000m Walk	65-69	Men	7	M6502	KALAI CHALVAN A SUBRAMANIAM	Selangor Masters	25:52.2	
3000m Walk	65-69	Men	8	M6519	ANSARI B ABDUL RAHMAN	Perak Masters	26:12.9	
3000m Walk	65-69	Men	9	M6505	PRAKASH VINAYAKA PARNERKAR	South India Masters	28:18.1	
3000m Walk	65-69	Men	DNS	M6529	TAMIL KODI A/L KANESON	Negeri Sembilan Masters		
3000m Walk	65-69	Men	DNS	M6516	MUSA AMIN	Singapore Masters Athletics		
3000m Walk	70-74	Men	1	M7008	R KRISHNA	Singapore Masters Athletics	21:14.2	GOLD
3000m Walk	70-74	Men	2	M7015	ELANGO VAN SITHIRAM SUPPIAH	FITMA	22:18.9	SILVER
3000m Walk	70-74	Men	3	M7009	S. SATHIYANESAN	Singapore Masters Athletics	22:37.4	BRONZE
3000m Walk	70-74	Men	4	M7013	MANIAN A/L APPALASAMY	Perak Masters	23:56.2	
3000m Walk	70-74	Men	5	M7003	GOURI SANKAR GEDELA	South India Masters	24:19.1	



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
3000m Walk	70-74	Men	6	M7023	SANGARAN KUTTY A/L K.RAMAN KUTTY	Selangor Masters	28:16.6	
3000m Walk	70-74	Men	DNS	M7017	MAHALINGAM KUPPUSAMY	FITMA		
3000m Walk	70-74	Men	DNS	M7004	TANI CLACE A/L SEBASTIAN	PDRM (V)		
3000m Walk	75-79	Men	1	M7520	RATANAVELU GOVINDASAMY	FITMA	22:53.2	GOLD
3000m Walk	75-79	Men	2	M7516	MANICKAM THAMBAIAH	FITMA	23:15.7	SILVER
3000m Walk	75-79	Men	3	M7513	THANESVARAN MALAVARAYAR	Kuala Lumpur	23:22.0	BRONZE
3000m Walk	75-79	Men	4	M7517	MURUGAN MANIAM	FITMA	23:50.5	
3000m Walk	75-79	Men	5	M7510	KANNAN ARUMUGAM	Singapore Masters Athletics	27:47.3	
3000m Walk	75-79	Men	6	M7508	JOHN KUTTY STANSILAS	Singapore Masters Athletics	30:06.2	
3000m Walk	75-79	Men	DNS	M7518	RAGAVAN KANNAN	FITMA		
3000m Walk	75-79	Men	DNS	M7515	AHMAD SHAMSUDDIN B MUHIYUDDIN	FITMA		
3000m Walk	75-79	Men	DNS	M7522	VENBATARAMAN RAMALOO	FITMA		
3000m Walk	75-79	Men	DNS	M7502	ADANAN B MOHAMMAD	Kuala Lumpur Masters		
3000m Walk	80-84	Men	1	M8005	THOMAS KOK	Perak Masters	23:25.4	GOLD
3000m Walk	80-84	Men	2	M8004	AFFANDI B BUANG	Singapore Masters Athletics	25:56.9	SILVER



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3000m Walk	85-89	Men	1	M8501	FOO DUN HEEN	Singapore Masters Athletics	33:04.6	GOLD
3000m Walk	85-89	Men	DNS	M8502	LEOW YIK CHEONG	Singapore Masters Athletics		
400m	35-39	Men	1	M3502	JACOB OLIVER FEHILY	United Kingdom	52.07	GOLD
400m	35-39	Men	2	M3528	MOHAMED RASHEED	Maldives	55.88	SILVER
400m	35-39	Men	3	M3504	MUHAMMAD AFIQ B KODIRON	SAMAS	58.91	BRONZE
400m	35-39	Men	4	M3525	FOONG TZE YUEH	BA Sek Foon Yew	59.5	
400m	35-39	Men	5	M3514	MUHAMAD JAFNI B SARIKIN	Perak Masters	59.76	
400m	35-39	Men	6	M3507	ANDDY ATAK	SAMAS	63.28	
400m	35-39	Men	DNS	M3519	MOHAMAD FURQAN B	Melaka Masters		
400m	35-39	Men	DNS	M3503	MOHD ZHAFRAN B MOHD ROSLI	SAMAS		
400m	35-39	Women	1	W3513	JOYCIE BUDIMAN	Lion Masters Penang	89.3	GOLD
400m	35-39	Women	DNS	W3509	ALYA ALJAFRI	Perak Masters		
400m	35-39	Women	DNS	W3507	SARA FORTIN MAILOK	SAMAS		
400m	35-39	Women	DNS	W3503	ANA BT MOHZAN	Selangor Masters		



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400m	40-44	Men	1	M4006	GOH JING JING	SAMAS	57.38	GOLD
400m	40-44	Men	2	M4034	AHMED ABDULLA AZEEZ	Maldives	59.49	SILVER
400m	40-44	Men	3	M4013	AMIRRUDDIN B ISHAK	Perak Masters	60.09	BRONZE
400m	40-44	Men	4	M4035	ZULKARNAIN B ZAKARIA	Kuala Lumpur Masters	61.78	
400m	40-44	Men	5	M4033	HUSSAIN AHMED	Maldives	68.4	
400m	40-44	Men	6	M4019	SARIFFULNIZAN B NAZAN	Perak Masters	69.93	
400m	40-44	Men	7	M4023	HARIPIRIATHARSIANAN A/L PARAMASIVAM	Negeri Sembilan Masters	82.44	
400m	40-44	Men	8	M4030	KEN WONG KAH KEAN	Selangor	02:02.7	
400m	40-44	Men	DNS	M4029	HARIK FAUZI	Kuala Lumpur		
400m	40-44	Women	1	W4002	ALISON CHEW	SAMAS	69.2	GOLD
400m	40-44	Women	2	W4014	VALLY MICHAEL	FITMA	76.69	SILVER
400m	40-44	Women	3	W4012	PUSPAVATHY A/P KANNIAPPAN	Perak Masters	80.82	BRONZE
400m	40-44	Women	4	W4008	AHADIJAH MAGDALINA JOSEPH GIDIK	SAMAS	85.7	



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
400m	45-49	Men	1	M4509	CYRIL MISONG	SAMAS	61.54	GOLD
400m	45-49	Men	2	M4534	GOH KEAN LAI	Penang Masters	64.27	SILVER
400m	45-49	Men	3	M4528	ABDUL AZIZ B MAHAMOUD	Kuala Lumpur Masters	64.66	BRONZE
400m	45-49	Men	4	M4511	WOO CHEE MENG	Kuala Lumpur	68.23	
400m	45-49	Men	5	M4508	NG TEE CHUAN	Lion Masters Penang	71.23	
400m	45-49	Men	DNS	M4524	ONN CHIANG HAI	Melaka Masters		
400m	45-49	Men	DNS	M4502	AHMAD SHAH WAHID	SAMAS		
400m	45-49	Women	1	W4520	HUSNA MOHAMED	Maldives	84.63	GOLD
400m	45-49	Women	2	W4504	TEOH TIENG TIENG	Lion Masters Penang	01:46.9	SILVER
400m	45-49	Women	DNS	W4509	MEREILLE MERINEE MAUN	SAMAS		
400m	50-54	Men	1	M5029	YEOH GUAN AUN	Kuala Lumpur Masters	63.84	GOLD
400m	50-54	Men	2	M5003	SATHEESH KUMAR UMAPATHI	South India Masters	66.04	SILVER
400m	50-54	Men	3	M5004	SREENIVASA BYRAPPA	South India Masters	67.47	BRONZE
400m	50-54	Men	4	M5015	MUHAMMAD SUHAIMI B IDRIS	Perak Masters	77.98	
400m	50-54	Men	5	M5002	SUBRAMANIAM R.SANTHANAM	Selangor Masters	96.07	



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
400m	50-54	Men	DNF	M5024	SURESH A/L RAGAVAN	Negeri Sembilan Masters		
400m	50-54	Men	DNS	M5013	HUSNUL KAHAR HAJI ABDUL GHANI	Perak Masters		
400m	50-54	Men	DNS	M5030	PARABAGARAN A/L VYTHILINGAM	Selangor Masters		
400m	50-54	Women	1	W5010	TAMILSLVE PERIASAMY	FITMA	90.23	GOLD
400m	55-59	Men	1	M5502	SHAMRY MOHD ALI	SAMAS	69.31	GOLD
400m	55-59	Men	2	M5519	SHANMUGANATHAN A/L RATANAM	Perak Masters	72.06	SILVER
400m	55-59	Men	3	M5510	YAZID B MAHADI	SAMAS	75.89	BRONZE
400m	55-59	Men	4	M5507	SUPPARAMANIYAM RAMASAMY	Selangor Masters	76.43	
400m	55-59	Men	5	M5530	SELVARAJ A/L PERUMAL	PDRM	01:40.9	
400m	55-59	Men	DNS	M5505	SUBRAMANIAM KUMARASAMY	Johor Masters		
400m	55-59	Women	1	W5501	CHUAH GUAT NA	Lion Masters Penang	88.86	GOLD
400m	55-59	Women	2	W5518	NAFIZA AHMED	Maldives	96.51	SILVER
400m	55-59	Women	DNS	W5512	ERINE SINUEL	SAMAS		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
400m	60-64	Men	1	M6039	THANABALAN SUBRAMANIAM	Jets	65.13	GOLD
400m	60-64	Men	2	M6026	DR J.THAMOTHARAN S.JEYARAMAN	Perak Masters	67.35	SILVER
400m	60-64	Men	3	M6006	BOOPATHY RAMASAMY	Johor Masters	68.75	BRONZE
400m	60-64	Men	4	M6017	JAMES WONG THIEN YIN	SAMAS	78.34	
400m	60-64	Men	DNS	M6034	PADMANATHASIVAN A/L KAILASAM	Negeri Sembilan Masters		
400m	60-64	Men	DNS	M6001	RATTAN SINGH A/L PRITAM SINGH	Perak		
400m	60-64	Men	DNS	M6030	NAGARAJAN A/L KARUPPIA	Perak Masters		
400m	60-64	Men	DNS	M6028	MOHD FOAZI B MD NOR	Perak Masters		
400m	60-64	Women	1	W6010	THERESA BT SIDAU	SAMAS	85.7	GOLD
400m	60-64	Women	2	W6007	ADENAH LOJUHUN	SAMAS	88.63	SILVER
400m	60-64	Women	3	W6002	BELINDA TING YEW KING	Selangor Masters	01:54.0	BRONZE
400m	65-69	Men	1	M6536	ALI AHMED	Maldives	86.56	GOLD
400m	65-69	Men	2	M6528	RAJASEGARAN A/L KANNEN	Negeri Sembilan Masters	01:49.6	SILVER
400m	65-69	Men	DNS	M6526	SUNDARARAJU SUPPAN	FITMA		
400m	65-69	Men	DNS	M6516	MUSA AMIN	Singapore Masters Athletics		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
400m	65-69	Women	1	W6507	OPINDER KAUR	India	01:42.4	GOLD
400m	65-69	Women	2	W6511	DILIP KAUR A/P AMAR SINGH	Kuala Lumpur Masters	01:54.3	SILVER
400m	65-69	Women	3	W6509	WENDY SOO YUET PING	FITMA	02:16.2	BRONZE
400m	70-74	Men	1	M7011	ZAINAL ABIDIN B HASHIM	Selangor Masters	82.71	GOLD
400m	70-74	Men	2	M7012	HJ. MOHAMAD ZAMRI B HJ. MOHD NIN	Perak Masters	85.76	SILVER
400m	70-74	Men	3	M7010	MARTIN CHENG	Singapore Masters Athletics	86.7	BRONZE
400m	70-74	Men	4	M7026	DATUK DAHLAN A H TENGAH	SAMAS	90.73	
400m	70-74	Men	5	M7020	RAJAH ARUMUGAM A/L M ARUMUGAM	Negeri Sembilan Masters	01:45.5	
400m	70-74	Men	DNS	M7004	TANI CLACE A/L SEBASTIAN	PDRM (V)		
400m	70-74	Women	1	W7008	SAMSIAH @ SHAMSIAH BT MOHD YASSIN	SAMAS	02:22.7	GOLD
400m	70-74	Women	DNS	W7002	TAN TECK SOON	Selangor Masters		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
400m	75-79	Men	1	M7512	KARAM SINGH BHOAI	India	01:43.8	GOLD
400m	75-79	Men	2	M7509	AP NADAN	Singapore Masters Athletics	01:52.8	SILVER
400m	75-79	Men	3	M7517	MURUGAN MANIAM	FITMA	01:56.5	BRONZE
400m	75-79	Men	4	M7521	SELVARAJAH CHELLIAH	FITMA	02:43.7	
400m	75-79	Women	1	W7502	CHOO MUI KHENG (KATHERINE)	Singapore Masters Athletics	02:32.1	GOLD
400m	80-84	Men	1	M8008	LOKE KUAN SOW	Penang Masters	01:44.2	GOLD
400m	80-84	Men	2	M8009	CHEAH SWEE HWA	Penang Masters	01:45.0	SILVER
400m	80-84	Men	3	M8004	AFFANDI B BUANG	Singapore Masters Athletics	02:18.4	BRONZE
400m	80-84	Men	4	M8006	OOI HEAN HENG	FITMA	02:37.8	
4x100m	Open	Men	1	L	SAMAS A	SAMAS	46.94	GOLD
4x100m	Open	Men	2	G	TEAM MASS INDIA	Team Mass India	48.47	SILVER
4x100m	Open	Men	3	W	PERAK MASTERS A	Perak Masters	50.34	BRONZE
4x100m	Open	Men	4	B	JOHOR MASTERS TEAM	Johor Masters Team	50.92	
4x100m	Open	Men	5	F	TEAM MALDIVES	Maldives	51.1	



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
4x100m	Open	Men	6	P	SAMAS C	SAMAS	52.28	
4x100m	Open	Men	7	J	SOUTH INDIA MASTERS ATHLETICS	South India Masters	55.02	
4x100m	Open	Men	8	Z	PERAK MASTERS B	Perak Masters	56.68	
4x100m	Open	Men	9	A	BA SEK FOON YEW	BA Sek Foon Yew	60.6	
4x100m	Open	Men	10	S	SAMAS SUPER SENIOR	SAMAS	62.45	
4x100m	Open	Men	11	X	PERAK MASTERS C	Perak Masters	61.25	
4x100m	Open	Men	DNS	M	SAMAS B	SAMAS		
4x100m	Open	Women	1	T	SAMAS A	SAMAS	57.9	GOLD
4x100m	Open	Women	2	Y	PERAK MASTERS	Perak Masters	61.44	SILVER
4x100m	Open	Women	3	R	SAMAS B	SAMAS	65.01	BRONZE
4x100m	Open	Women	4	V	SAMAS C	SAMAS	65.04	
4x100m	Open	Women	5	K	FITMA ATHLETIC CLUB	FITMA	67.23	
4x100m	Open	Women	6	E	TEAM MALDIVES	Maldives	71.23	
4x100m	Open	Women	7	C	LION MASTERS PENANG	Lion Masters Penang	74.66	
4x100m	Open	Women	8	H	SOUTH INDIA MASTERS ATHLETICS	South India Masters	75.87	



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
4x400m	Open	Men	1	M	SAMAS A	SAMAS	04:02.0	GOLD
4x400m	Open	Men	2	F	TEAM MALDIVES	Maldives	04:07.4	SILVER
4x400m	Open	Men	3	W	PERAK MASTERS	Perak Masters	04:29.0	BRONZE
4x400m	Open	Women	1	V	SAMAS A	SAMAS	05:26.1	GOLD
4x400m	Open	Women	2	K	FITMA ATHLETIC CLUB	FITMA	05:42.2	SILVER
4x400m	Open	Women	3	E	TEAM MALDIVES	Maldives	05:44.8	BRONZE
4x400m	Open	Women	4	X	PERAK MASTERS	Perak Masters	05:51.2	
4x400m	Open	Women	5	P	SAMAS B	SAMAS	06:32.7	
800M	35-39	Men	1	M3502	JACOB OLIVER FEHILY	United Kingdom	01:59.0	GOLD
800M	35-39	Men	2	M3528	MOHAMED RASHEED	Maldives	02:06.5	SILVER
800M	35-39	Men	3	M3519	MOHAMAD FURQAN B	Melaka Masters	02:26.1	BRONZE
800M	35-39	Men	4	M3525	FOONG TZE YUEH	BA Sek Foon Yew	2.33.83	
800M	35-39	Men	5	M3516	MOHD FAHMI B BAHRIN	Negeri Sembilan Masters	02:36.6	
800M	35-39	Men	DNF	M3512	BALJEET SINGH	India		
800M	35-39	Men	DNS	M3510	WAN KAR LEONG	Kuala Lumpur		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
800M	40-44	Men	1	M4006	GOH JING JING	SAMAS	02:14.1	GOLD
800M	40-44	Men	2	M4018	SARAVANAN A/L ELAGAMUROM	Perak Masters	02:19.2	SILVER
800M	40-44	Men	3	M4035	ZULKARNAIN B ZAKARIA	Kuala Lumpur Masters	02:33.9	BRONZE
800M	40-44	Men	4	M4030	KEN WONG KAH KEAN	Selangor	03:11.2	
800M	40-44	Men	5	M4024	YAAKOB B IDRIS	Penang Masters	03:40.8	
800m	40-44	Women	1	W4014	VALLY MICHAEL	FITMA	03:02.6	GOLD
800m	40-44	Women	2	W4012	PUSPAVATHY A/P KANNIAPPAN	Perak Masters	03:13.4	SILVER
800m	40-44	Women	3	W4008	AHADIJAH MAGDALINA JOSEPH GIDIK	SAMAS	03:28.4	BRONZE
800m	40-44	Women	4	W4010	MASLINA BT ROSLI	Perak Masters	03:30.8	
800m	40-44	Women	5	W4015	FATIN FARAH IZZATI BT MASAAT	Wilayah Persekutuan	04:32.3	
800m	40-44	Women	DNS	W4016	MICHELE TAN BEE KIANG	Selangor Masters		



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800M	45-49	Men	1	M4528	ABDUL AZIZ B MAHAMOUD	Kuala Lumpur Masters	02:36.2	GOLD
800M	45-49	Men	2	M4527	KRISHNA KUMAR A/L JAYARAM	Kuala Lumpur Masters	02:38.6	SILVER
800M	45-49	Men	3	M4508	NG TEE CHUAN	Lion Masters Penang	02:53.9	BRONZE
800M	45-49	Men	4	M4524	ONN CHIANG HAI	Melaka Masters	04:47.6	
800m	45-49	Women	1	W4502	LOOI MEI YAN, MICHELLE	Selangor Masters	03:00.4	GOLD
800m	45-49	Women	2	W4520	HUSNA MOHAMED	Maldives	03:01.6	SILVER
800m	45-49	Women	3	W4521	FATHIMATH SHAMHA	Maldives	03:02.6	BRONZE
800m	45-49	Women	4	W4512	MAZLINA SHAFURA BT ABDUL MANAP	Perak Masters	03:32.5	
800m	45-49	Women	5	W4503	RATHNA RAJEESH KALAVAR	South India Masters	03:47.9	
800m	45-49	Women	6	W4515	LEGAH MEYYAPPAN	FITMA	03:58.4	
800M	50-54	Men	1	M5018	THANARAJ SHANMUGAM	Perak Masters	02:47.7	GOLD
800M	50-54	Men	2	M5027	S DIVAGARAN A/L SUBRAMANIAM	Kuala Lumpur Masters	02:56.7	SILVER
800M	50-54	Men	3	M5019	ZAINAL B ISMAIL	Perak Masters	03:00.7	BRONZE
800M	50-54	Men	4	M5015	MUHAMMAD SUHAIMI B IDRIS	Perak Masters	03:30.5	
800M	50-54	Men	DNS	M5020	ZAINURI B ABD AZIZ	Perak Masters		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
800m	50-54	Women	1	W5009	ZUHARLINA BT ABU BAHARIN	Perak Masters	03:27.9	GOLD
800m	50-54	Women	2	W5010	TAMILSLVE PERIASAMY	FITMA	03:42.5	SILVER
800m	50-54	Women	DNS	W5002	JOANNE PL GRANGE	Selangor Masters		
800M	55-59	Men	1	M5519	SHANMUGANATHAN A/L RATANAM	Perak Masters	02:43.2	GOLD
800M	55-59	Men	2	M5518	SANTHERAN VELOO	Perak Masters	02:51.7	SILVER
800M	55-59	Men	3	M5501	TERENCE ONG	Selangor Masters	02:53.6	BRONZE
800M	55-59	Men	4	M5503	LAURENCE SEBASTIAN	Selangor Masters	02:58.7	
800M	55-59	Men	5	M5529	SIVAN A/L RATNASAMY	Kuala Lumpur Masters	03:20.0	
800M	55-59	Men	DNS	M5508	RAJAN A/L SUPPIAH	Jets		
800M	55-59	Men	DNS	M5505	SUBRAMANIAM KUMARASAMY	Johor Masters		
800M	55-59	Men	DNS	M5532	MUHAMMAD YASSIR B ABDULLAH	Johor Masters		
800M	55-59	Men	DNS	M5520	THANARAJ A/L KRISHNAN PERUMAL AMN	Perak Masters		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
800m	55-59	Women	1	W5501	CHUAH GUAT NA	Lion Masters Penang	03:20.9	GOLD
800m	55-59	Women	2	W5514	LETCHUMY A/P RAJU	Negeri Sembilan Masters	03:34.5	SILVER
800m	55-59	Women	3	W5513	NOKALMAH SANASEE	Perak Masters	03:45.2	BRONZE
800M	60-64	Men	1	M6006	BOOPATHY RAMASAMY	Johor Masters	02:38.7	GOLD
800M	60-64	Men	2	M6026	DR J.THAMOTHARAN S.JEYARAMAN	Perak Masters	02:42.3	SILVER
800M	60-64	Men	3	M6010	LEONG BEE VOON	PDRM (V)	02:55.7	BRONZE
800M	60-64	Men	4	M6027	KHOR KIM EN	Perak Masters	03:06.9	
800M	60-64	Men	5	M6021	SUBRAMANIAM A/L KRISHNAN	Selangor Masters	03:08.1	
800M	60-64	Men	6	M6024	ARUMUGAM SUBRAMANIAN	Perak Masters	03:09.3	
800M	60-64	Men	7	M6040	ARJUNAN A/L MARIMUTHU	Pahang Masters	03:14.5	
800M	60-64	Men	DNF	M6036	SUBRAMANIAM A/L VPOOMINATHAN	Kuala Lumpur Masters		
800M	60-64	Men	DNS	M6034	PADMANATHASIVAN A/L KAILASAM	Negeri Sembilan Masters		
800m	60-64	Women	1	W6010	THERESA BT SIDAU	SAMAS	03:32.7	GOLD
800m	60-64	Women	2	W6007	ADENAH LOJUHUN	SAMAS	03:33.2	SILVER
800m	60-64	Women	3	W6022	MOOMINA MOHAMED	Maldives	03:57.8	BRONZE



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800m	60-64	Women	DNS	W6015	SINNAMAH GOLLABANGARU	FITMA		
800m	60-64	Women	DNS	W6017	GOH KIM HONG (MAGGIE)	Selangor Masters		
800M	65-69	Men	1	M6518	FRANCIS AROKIASAMY	Negeri Sembilan	03:07.1	GOLD
800M	65-69	Men	2	M6536	ALI AHMED	Maldives	03:08.2	SILVER
800M	65-69	Men	3	M6515	AT LINGAM AYARU	Singapore Masters Athletics	03:28.2	BRONZE
800M	65-69	Men	4	M6522	KRISHNASAMY A/L CHAPPANIMUTHU	Perak Masters	03:39.5	
800M	65-69	Men	5	M6521	KANESAN A/L SUNNAMUTHU	Perak Masters	03:42.6	
800M	65-69	Men	6	M6528	RAJASEGARAN A/L KANNEN	Negeri Sembilan Masters	04:12.8	
800M	65-69	Men	DNS	M6526	SUNDARARAJU SUPPAN	FITMA		
800m	65-69	Women	1	W6503	JOUTI @ VIRONICA BT ELAU	SAMAS	04:00.5	GOLD
800M	70-74	Men	1	M7019	RAMAKRISHNAN A/L MANIKAM	Negeri Sembilan Masters	03:12.3	GOLD
800M	70-74	Men	2	M7016	LIM KIAN HUAT	FITMA	03:15.6	SILVER
800M	70-74	Men	3	M7011	ZAINAL ABIDIN B HASHIM	Selangor Masters	03:23.2	BRONZE
800M	70-74	Men	4	M7010	MARTIN CHENG	Singapore Masters Athletics	3.:34.10	



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800M	70-74	Men	5	M7012	HJ. MOHAMAD ZAMRI B HJ. MOHD NIN	Perak Masters	03:37.5	
800M	70-74	Men	6	M7020	RAJAH ARUMUGAM A/L M ARUMUGAM	Negeri Sembilan Masters	04:04.1	
800M	70-74	Men	DNF	M7014	SAMUTHARAPANDIAN A/L S. PERIASAMY	Perak Masters		
800M	70-74	Men	DNS	M7001	CHUA SOON HUAT (VINCENT)	Singapore Masters Athletics		
800M	70-74	Men	DNS	M7007	YUSOFF KHAN B ISMAIL KHAN	Singapore Masters Athletics		
800m	70-74	Women	1	W7005	KIMIH @ FLORENCE MONJITOL	SAMAS	05:16.1	GOLD
800m	70-74	Women	2	W7011	KOMATHI V.KRISHNASAMY	FITMA	05:39.0	SILVER
800m	70-74	Women	3	W7008	SAMSAH @ SHAMSAH BT MOHD YASSIN	SAMAS	05:46.5	BRONZE
800M	75-79	Men	1	M7512	KARAM SINGH BHOAI	India	03:50.6	GOLD
800M	75-79	Men	2	M7515	AHMAD SHAMSUDDIN B MUHIYUDDIN	FITMA	03:52.5	SILVER
800M	75-79	Men	3	M7514	MURUGESU A/L SINNATHEVAR	Perak Masters	04:15.7	BRONZE
800M	75-79	Men	4	M7526	ABDUL HAMID B ARIS	Pahang Masters	06:17.0	



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
800M	80-84	Men	1	M8009	CHEAH SWEE HWA	Penang Masters	04:11.9	GOLD
800M	80-84	Men	2	M8008	LOKE KUAN SOW	Penang Masters	04:20.3	SILVER
800M	80-84	Men	3	M8006	OUI HEAN HENG	FITMA	06:39.7	BRONZE
800M	80-84	Men	DNF	M8007	NALLIAH A/L RAMASAMY	Negeri Sembilan Masters		
80m Hurdle	40-44	Women	1	W4005	CAROL AUGUSTINE	SAMAS	16.89	GOLD
80m Hurdle	40-44	Women	2	W4008	AHADIJAH MAGDALINA JOSEPH GIDIK	SAMAS	17.39	SILVER
80m Hurdle	40-44	Women	3	W4011	MUHAINI BT ABD MANAN	Perak Masters	19.33	BRONZE
80m Hurdle	45-49	Women	1	W4516	KULWINDER KAUR	India	18.71	GOLD
80m Hurdle	45-49	Women	2	W4513	NALINA DEVI A/P APPLANAIDU	Perak Masters	20.05	SILVER
80m Hurdle	50-54	Women	1	W5008	ALMAWATI KASSIM	Perak Masters	16.14	GOLD
80m Hurdle	55-59	Women	1	W5512	ERINE SINUEL	SAMAS	16.11	GOLD
80m Hurdle	55-59	Women	2	W5508	ROSECY LEE ONONG	SAMAS	19.09	SILVER
80m Hurdle	55-59	Women	3	W5505	MARIANI MANAN	SAMAS	19.47	BRONZE



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Discus	35-39	Men	1	M3526	KHAIRUL AZRUN B SHAARI	PDRM	24.79M	GOLD
Discus	35-39	Men	2	M3517	KIEW SIENG EIK	Melaka Masters	18.94M	SILVER
Discus	35-39	Women	1	W3501	YAP JENG TZAN	Selangor Masters	39.28M	GOLD
Discus	35-39	Women	2	W3514	GAGANDEEP KAUR	Team Mass India	27.34M	SILVER
Discus	35-39	Women	3	W3504	HENG SHU XIA	SAMAS	22.10M	BRONZE
Discus	35-39	Women	4	W3516	MOK HUI LIN	BA Sek Foon Yew	21.65M	
Discus	40-44	Men	1	M4026	MUVIN B ABD WAHAB	Melaka Masters	29.32M	GOLD
Discus	40-44	Men	2	M4002	DANNYZ TAN	Selangor Masters	24.64M	SILVER
Discus	40-44	Men	3	M4032	HASSAN SHAMOOM	Maldives	23.89M	BRONZE
Discus	40-44	Men	4	M4025	UPINDERBIR SINGH	India	16.13M	
Discus	40-44	Women	1	W4011	MUHAINI BT ABD MANAN	Perak Masters	18.72	GOLD



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Discus	45-49	Men	1	M4512	NAVIN MOHAN RAJES	Selangor Masters	29.41M	GOLD
Discus	45-49	Men	2	M4520	KANG SENG YIAK	Penang Masters	25.68M	SILVER
Discus	45-49	Men	3	M4506	RAJESH SHETTY	South India Masters	23.86M	BRONZE
Discus	45-49	Men	4	M4505	MULLUR DASAI AH NAGENDRA	South India Masters	23.63M	
Discus	45-49	Men	DNS	M4502	AHMAD SHAH WAHID	SAMAS		
Discus	45-49	Women	1	W4517	CHUA SWEE MEI	Melaka Masters	24.48M	GOLD
Discus	45-49	Women	2	W4518	YONG CHAU YANN	Melaka Masters	19.32M	SILVER
Discus	45-49	Women	3	W4505	FELECIA LIJAWA	SAMAS	17.80M	BRONZE
Discus	45-49	Women	4	W4523	AMUTHA ARUMUGAM	Kuala Lumpur Masters	12.64M	
Discus	50-54	Men	1	M5005	GANAPATI JAKATI	South India Masters	28.60M	GOLD
Discus	50-54	Men	2	M5001	SIEW HANN WEN	Selangor Masters	28.36M	SILVER
Discus	50-54	Men	3	M5033	KOK SHEY HONG	BA Sek Foon Yew	23.14M	BRONZE
Discus	50-54	Men	4	M5038	ABDUL GHANI B YAHAYA	PDRM	22.43M	
Discus	50-54	Men	5	M5037	ABDUL AZIZ B MOHAMED ZULKIFLI	PDRM	20.44M	
Discus	50-54	Men	6	M5023	NORZAMSHURI B RAMLI	Negeri Sembilan Masters	17.58M	



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Discus	50-54	Men	7	M5011	MOHAMAD EDIR B DIN	Singapore Masters Athletics	17.46M	
Discus	50-54	Women	1	W5003	TIFFANY SOH BENG CHU	Selangor Masters	24.41M	GOLD
Discus	50-54	Women	2	W5011	CHAN NYET FUI	Melaka Masters	21.54M	SILVER
Discus	50-54	Women	3	W5012	CHUA CHEONG LIAN	Melaka Masters	15.55M	BRONZE
Discus	50-54	Women	DNS	W5013	NORAZIAH Bt ABU ZARIN	Melaka Masters		
Discus	55-59	Men	1	M5527	LIAW FUN MIN	Melaka Masters	27.41M	GOLD
Discus	55-59	Men	2	M5509	RONNY JUSTINE	SAMAS	24.86M	SILVER
Discus	55-59	Men	3	M5526	IBRAHIM B AB WAHAB	Melaka Masters	23.59M	BRONZE
Discus	55-59	Men	4	M5513	ABDUL RAHIM B. ABDUL HAMID	Perak Masters	22.98M	
Discus	55-59	Men	5	M5517	NAGARAJAN A/L RAMASAMY	Perak Masters	12.53M	
Discus	55-59	Men	DNS	M5504	MUHAMMAD YASSIR B ABDULLAH	Johor Masters		
Discus	55-59	Women	1	W5505	MARIANI MANAN	SAMAS	21.50M	GOLD
Discus	55-59	Women	2	W5507	JESSIE MANJIN	SAMAS	19.08M	SILVER
Discus	55-59	Women	3	W5511	MARTINA ANDIKAL	SAMAS	16.86M	BRONZE



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Discus	55-59	Women	4	W5517	SHEELA SREEDHARAN	Team Mass India	15.96M	
Discus	55-59	Women	5	W5510	TSEN CHEW MOI	SAMAS	15.59M	
Discus	55-59	Women	6	W5516	VASKEE A/P R.VASUTHEVAN	Kuala Lumpur Masters	15.15M	
Discus	55-59	Women	7	W5509	JOMYTA BT ELON	SAMAS	14.47M	
Discus	60-64	Men	1	M6033	GUNASAEGARAN NARASAPAN	FITMA	35.24M	GOLD
Discus	60-64	Men	2	M6016	LEONARD GEORGE WILLON	SAMAS	26.65M	SILVER
Discus	60-64	Men	3	M6035	KOLANDA KAVANDAN A/L RAMASAMY	Negeri Sembilan Masters	16.06M	BRONZE
Discus	60-64	Men	4	M6022	V JOTHEE A/L KOBAL VEERIAH	Jets	15.19M	
Discus	60-64	Men	DNS	M6009	HJ SIRRAJUDIN B HJ GHANI	PDRM (V)		
Discus	60-64	Men	DNS	M6014	RICHARD TIMBANGAN	SAMAS		
Discus	60-64	Men	DNS	M6037	MAULANI DIMAN	Unisel		
Discus	60-64	Women	1	W6003	THERESLINE ASIRVATHAM	Selangor Masters	15.82M	GOLD
Discus	60-64	Women	2	W6016	LETCHUMIPRABAH A/P RAMACHANDRAN	Selangor Masters	12.76M	SILVER
Discus	60-64	Women	3	W6011	JUSTINA BT PINSIN	SAMAS	11.28M	BRONZE
Discus	60-64	Women	4	W6013	AMALIA MARQUEZ BARCOMA	FITMA	9.36M	



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Discus	65-69	Men	1	M6506	JUAN VILLA	Philippines	31.52M	GOLD
Discus	65-69	Men	2	M6513	JOLLY B MAJALAP @ LUCUNDUS HARRY	SAMAS	28.79M	SILVER
Discus	65-69	Men	3	M6525	KRISHNASAMY KARUPPIAH	FITMA	27.02M	BRONZE
Discus	65-69	Men	4	M6527	THAMILARASU RATHINAM	FITMA	26.06M	
Discus	65-69	Men	5	M6524	JAYARAMAN NAGAMUTHU	FITMA	19.83M	
Discus	65-69	Men	DNS	M6529	TAMIL KODI A/L KANESON	Negeri Sembilan Masters		
Discus	65-69	Men	DNS	M6504	MOHD MANSHAHAR B ABD JALIL	Selangor Masters		
Discus	65-69	Women	1	W6507	OPINDER KAUR	India	14.75M	GOLD
Discus	65-69	Women	2	W6501	NUR' AISHAH BT ABDULLAH	Selangor Masters	14.71M	SILVER
Discus	65-69	Women	3	W6510	DR.PUSHFA A/P RAMASAMY	Kuala Lumpur Masters	13.90M	BRONZE
Discus	70-74	Men	1	M7006	TARMIZI SHANDU	SAMAS	31.05M	GOLD
Discus	70-74	Men	2	M7018	NADARAJAH M. PERIAYAH	FITMA	27.55M	SILVER
Discus	70-74	Men	3	M7003	GOURI SANKAR GEDELA	South India Masters	19.27M	BRONZE
Discus	70-74	Men	4	M7022	NARAYANAN NAIR A/L SUNGONI NAIR	Negeri Sembilan Masters	18.20M	



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Discus	70-74	Women	1	W7006	ANNY MICHAEL NANAK	SAMAS	11.92M	GOLD
Discus	70-74	Women	2	W7014	CHEONG LENG NEO	Melaka Masters	7.29M	SILVER
Discus	70-74	Women	DNS	W7009	EVELYN ANJIM @ NIWIN	SAMAS		
Discus	75-79	Men	1	M7507	CHAN KENG LIN	Singapore Masters Athletics	23.08M	GOLD
Discus	75-79	Men	2	M7519	RAMALINGAM VERASAMY	FITMA	22.35M	SILVER
Discus	75-79	Men	3	M7503	JAMES LEE FOOK MUN	Negeri Sembilan	21.73M	BRONZE
Discus	75-79	Men	4	M7501	MARK ALEXANDER POWELL	New Zealand	21.16M	
Discus	75-79	Men	5	M7504	SUING @ SYLVESTER KUIL	SAMAS	20.11M	
Discus	75-79	Men	DNS	M7523	VIMALASINGAM V. SARANAMUTHU	FITMA		
Discus	75-79	Men	DNS	M7506	PILAH @ ONDOG B KISANG	SAMAS		
Discus	75-79	Women	1	W7505	KAM AH BOAY @ KAM YUEH ENG	Melaka Masters	15.50M	GOLD
Discus	75-79	Women	2	W7501	HELENA MAJALANG	SAMAS	13.91M	SILVER



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Discus	80-84	Men	1	M8001	DR PURUSHOTHAMAN ANANTHAM	Kuala Lumpur	18.04M	GOLD
Discus	80-84	Men	2	M8002	EDUEH TOTIMOH @ BONAVENTURE	SAMAS	17.30M	SILVER
Discus	80-84	Men	3	M8007	NALLIAH A/L RAMASAMY	Negeri Sembilan Masters	9.34M	BRONZE
Discus	80-84	Women	1	W8001	LEE NGIT YUNG	SAMAS	11.61M	GOLD
High Jump	35-39	Men	1	M3507	ANDDY ATAK	SAMAS	1.55M	GOLD
High Jump	35-39	Women	1	W3506	NORLIYANA BT KAMARUDDIN	SAMAS	1.60M	GOLD
High Jump	35-39	Women	2	W3504	HENG SHU XIA	SAMAS	1.00M	SILVER
High Jump	40-44	Men	1	M4052	MUAMAR GHADAFI BIN ZAINI	PDRM	1.45M	GOLD
High Jump	40-44	Men	2	M4025	UPINDERBIR SINGH	India	1.25M	SILVER
High Jump	40-44	Men	DNS	M4014	DR ZULEZWAN AB MALIK	Perak Masters		
High Jump	40-44	Men	DNS	M4033	HUSSAIN AHMED	Maldives		
High Jump	40-44	Women	DNS	W4017	ROHAINAH BT WAHAB	Melaka Masters		
High Jump	40-44	Women	DNS	W4018	AZLINA BT MAHAMAD	Melaka Masters		



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High Jump	45-49	Men	1	M4530	JACKY LEE BUN LONG	Selangor	1.60M	GOLD
High Jump	45-49	Men	2	M4531	FERNANDO BEUKKEE	Namibia	1.50M	SILVER
High Jump	45-49	Men	3	M4506	RAJESH SHETTY	South India Masters	1.30M	BRONZE
High Jump	45-49	Women	1	W4506	LIEW MEI PING @ JESSY	SAMAS	1.25M	GOLD
High Jump	45-49	Women	2	W4516	KULWINDER KAUR	India	1.05M	SILVER
High Jump	50-54	Men	DNS	M5012	ASNI B TAHIR	Perak Masters		
High Jump	50-54	Women	1	W5003	TIFFANY SOH BENG CHU	Selangor Masters	1.15M	GOLD
High Jump	50-54	Women	DNS	W5006	LAURA BT DOSUI	SAMAS		
High Jump	55-59	Men	1	M5526	IBRAHIM B AB WAHAB	Melaka Masters	1.23M	GOLD
High Jump	55-59	Men	2	M5507	SUPPARAMANIYAM RAMASAMY	Selangor Masters	1.20M	SILVER
High Jump	55-59	Men	3	M5529	SIVAN A/L RATNASAMY	Kuala Lumpur Masters	1.15M	BRONZE
High Jump	55-59	Men	4	M5527	LIAW FUN MIN	Melaka Masters	1M	



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High Jump	55-59	Men	DNS	M5505	SUBRAMANIAM KUMARASAMY	Johor Masters		
High Jump	55-59	Men	DNS	M5511	MOHD SALEHEN B MOHD NOOR	SAMAS		
High Jump	55-59	Women	1	W5508	ROSECY LEE ONONG	SAMAS	1.00M	GOLD
High Jump	55-59	Women	2	W5505	MARIANI MANAN	SAMAS	0.95M	SILVER
High Jump	55-59	Women	3	W5506	MARGARET PETRUS	SAMAS	0.95M	BRONZE
High Jump	55-59	Women	DNS	W5515	NOR RIZAH BT ISHAK	Melaka Masters		
High Jump	60-64	Men	1	M6003	KUNASEGARAN A/L MANIVELOO	Selangor Masters	1.00M	GOLD
High Jump	60-64	Men	2	M6007	P. MOHAN A/L PONNAIH	Johor Masters	0.80M	SILVER
High Jump	60-64	Men	DNS	M6013	JAMALUDDIN B LANI	SAMAS		
High Jump	60-64	Men	DNS	M6011	MUSTAFA B IBRAHIM	Singapore Masters		
High Jump	60-64	Women	1	W6006	JULIANA GUMPIL	SAMAS	1.10M	GOLD
High Jump	60-64	Women	2	W6003	THERESLINE ASIRVATHAM	Selangor Masters	1.03M	SILVER
High Jump	60-64	Women	3	W6001	ROSELINA BAKAR	Selangor Masters	0.85M	BRONZE



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High Jump	65-69	Men	1	M6532	HOO YOON WAH	Kuala Lumpur Masters	1.35M	GOLD
High Jump	65-69	Men	2	M6501	CHARLIE LEE	SAMAS	1.30M	SILVER
High Jump	65-69	Men	DNS	M6504	MOHD MANSHAHAR B ABD JALIL	Selangor Masters		
High Jump	70-74	Men	1	M7005	DATUK ABDOL MULOK AWANG DAMIT	SAMAS	1.10M	GOLD
High Jump	70-74	Men	2	M7021	AB MALEK B TAIB	Negeri Sembilan Masters	1.05M	SILVER
High Jump	70-74	Men	3	M7024	BALAKRISHNAN VELLASAMY	Johor Masters	1.00M	BRONZE
High Jump	70-74	Women	1	W7004	JENTUNIS @ CHRISTINA LABANJING	SAMAS	0.73M	GOLD
High Jump	80-84	Women	1	W8001	LEE NGIT YUNG	SAMAS	0.79M	GOLD
Javelin	35-39	Men	1	M3518	SOH CHANG FENG	Melaka Masters	29.33M	GOLD
Javelin	35-39	Men	2	M3517	KIEW SIENG EIK	Melaka Masters	27.10M	SILVER



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Javelin	35-39	Women	1	W3502	NUR HIDAYU BT ALI	Johor	24.90M	GOLD
Javelin	35-39	Women	2	W3504	HENG SHU XIA	SAMAS	18.52M	SILVER
Javelin	35-39	Women	3	W3505	WAROHIN A/P ROSLI	SAMAS	8.39M	BRONZE
Javelin	40-44	Men	1	M4032	HASSAN SHAMOOM	Maldives	34.40M	GOLD
Javelin	40-44	Men	2	M4026	MUVIN B ABD WAHAB	Melaka Masters	33.96M	SILVER
Javelin	40-44	Men	3	M4012	RAGUNATHAN AL GONASAAGARA	Selangor	32.71M	BRONZE
Javelin	40-44	Men	4	M4028	MURALI SUBRAMANIAM	Selangor Masters	11.83M	
Javelin	40-44	Men	DNS	M4002	DANNYZ TAN	Selangor Masters		
Javelin	40-44	Women	1	W4006	MAGDALINI ANAK HILLARY PANGGAU	SAMAS	21.71M	GOLD
Javelin	40-44	Women	2	W4011	MUHAINI BT ABD MANAN	Perak Masters	15.61M	SILVER
Javelin	40-44	Women	3	W4001	SITI NORAINI MISKAN	Johor	14.18M	BRONZE
Javelin	45-49	Men	1	M4520	KANG SENG YIAK	Penang Masters	31.61M	GOLD
Javelin	45-49	Men	2	M4505	MULLUR DASAIAH NAGENDRA	South India Masters	24.95M	SILVER



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Javelin	45-49	Women	1	W4517	CHUA SWEE MEI	Melaka Masters	27.01M	GOLD
Javelin	45-49	Women	2	W4518	YONG CHAU YANN	Melaka Masters	14.21M	SILVER
Javelin	45-49	Women	3	W4505	FELECIA LIJAWA	SAMAS	12.49M	BRONZE
Javelin	50-54	Men	1	M5001	SIEW HANN WEN	Selangor Masters	36.52M	GOLD
Javelin	50-54	Men	2	M5037	ABDUL AZIZ B MOHAMED ZULKIFLI	PDRM	29.34M	SILVER
Javelin	50-54	Men	3	M5015	MUHAMMAD SUHAIMI B IDRIS	Perak Masters	25.89M	BRONZE
Javelin	50-54	Men	4	M5021	NETHIANATHAN KRISHNA KUTTY	FITMA	25.60M	
Javelin	50-54	Men	5	M5023	NORZAMSHURI B RAMLI	Negeri Sembilan Masters	21.79M	
Javelin	50-54	Men	DNS	M5038	ABDUL GHANI B YAHAYA	PDRM		
Javelin	50-54	Men	DNS	M5017	ONG BOON KOK	Perak Masters		
Javelin	50-54	Men	DNS	M5011	MOHAMAD EDIR B DIN	Singapore Masters Athletics		
Javelin	50-54	Women	1	W5011	CHAN NYET FUI	Melaka Masters	21.10M	GOLD
Javelin	50-54	Women	2	W5012	CHUA CHEONG LIAN	Melaka Masters	11.31M	SILVER
Javelin	50-54	Women	DNS	W5013	NORAZIAH BT ABU ZARIN	Melaka Masters		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Javelin	55-59	Men	1	M5509	RONNY JUSTINE	SAMAS	31.04M	GOLD
Javelin	55-59	Men	2	M5512	JAMES B PATRICK	SAMAS	28.70M	SILVER
Javelin	55-59	Women	1	W5511	MARTINA ANDIKAL	SAMAS	18.88M	GOLD
Javelin	55-59	Women	2	W5510	TSEN CHEW MOI	SAMAS	17.82M	SILVER
Javelin	55-59	Women	3	W5507	JESSIE MANJIN	SAMAS	13.47M	BRONZE
Javelin	60-64	Men	1	M6020	ZAINAL B ARIFIN	PDRM (V)	38.60M	GOLD
Javelin	60-64	Men	2	M6033	GUNASAEGARAN NARASAPAN	FITMA	33.42M	SILVER
Javelin	60-64	Men	3	M6008	PRABHAKARA SURYANARAYANA CHAR	South India Masters	24.91M	BRONZE
Javelin	60-64	Men	DNS	M6019	LAMAN @ NORBOT B LONTOU	SAMAS		
Javelin	60-64	Women	1	W6008	MORDIANA ABDULLAH	SAMAS	17.62M	GOLD
Javelin	60-64	Women	2	W6019	TAN CHEOW YUM	Selangor Masters	13.59M	SILVER
Javelin	60-64	Women	3	W6011	JUSTINA BT PINSIN	SAMAS	10.01M	BRONZE
Javelin	60-64	Women	4	W6016	LETCHUMIPRAH A/P RAMACHANDRAN	Selangor Masters	9.45M	
Javelin	60-64	Women	5	W6013	AMALIA MARQUEZ BARCOMA	FITMA	8.51M	



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Javelin	60-64	Women	6	W6020	NG SWEE FONG	Kuala Lumpur	7.47M	
Javelin	65-69	Men	1	M6525	KRISHNASAMY KARUPPIAH	FITMA	33.71M	GOLD
Javelin	65-69	Men	2	M6513	JOLLY B MAJALAP @ LUCUNDUS HARRY	SAMAS	23.40M	SILVER
Javelin	65-69	Men	3	M6527	THAMILARASU RATHINAM	FITMA	21.17M	BRONZE
Javelin	65-69	Men	4	M6531	CHANDRAN A/L THANGAYAH	Selangor Masters	18.74M	
Javelin	65-69	Men	5	M6514	JUINTIN B ALLAP	SAMAS	18.39M	
Javelin	65-69	Men	6	M6524	JAYARAMAN NAGAMUTHU	FITMA	16.94M	
Javelin	65-69	Men	DNS	M6507	DR VASU A/L APPU	PDRM (V)		
Javelin	65-69	Men	DNS	M6504	MOHD MANSHAHAR B ABD JALIL	Selangor Masters		
Javelin	65-69	Women	1	W6510	DR.PUSHFA A/P RAMASAMY	Kuala Lumpur Masters	14.38M	GOLD
Javelin	65-69	Women	2	W6501	NUR' AISHAH BT ABDULLAH	Selangor Masters	12.26M	SILVER
Javelin	65-69	Women	DNS	W6505	MARYEM JOINOL	SAMAS		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Javelin	70-74	Men	1	M7006	TARMIZI SHANDU	SAMAS	32.97M	GOLD
Javelin	70-74	Men	2	M7018	NADARAJAH M. PERIAYAH	FITMA	23.90M	SILVER
Javelin	70-74	Men	3	M7022	NARAYANAN NAIR A/L SUNGONI NAIR	Negeri Sembilan	14.22M	BRONZE
Javelin	70-74	Women	1	W7006	ANNY MICHAEL NANAK	SAMAS	11.46M	GOLD
Javelin	70-74	Women	2	W7012	VITHYAWATHY NAMADEVAN	FITMA	9.04M	SILVER
Javelin	75-79	Men	1	M7507	CHAN KENG LIN	Singapore Masters Athletics	22.90M	GOLD
Javelin	75-79	Men	2	M7501	MARK ALEXANDER POWELL	New Zealand	14.40M	SILVER
Javelin	75-79	Men	3	M7523	VIMALASINGAM V. SARANAMUTHU	FITMA	11.72M	BRONZE
Javelin	75-79	Men	DNS	M7519	RAMALINGAM VERASAMY	FITMA		
Javelin	75-79	Men	DNS	M7503	JAMES LEE FOOK MUN	Negeri Sembilan		
Javelin	75-79	Men	DNS	M7506	PILAH @ ONDOG B KISANG	SAMAS		
Javelin	75-79	Women	1	W7501	HELENA MAJALANG	SAMAS	16.06M	GOLD
Javelin	75-79	Women	2	W7505	KAM AH BOAY @ KAM YUEH ENG	Melaka Masters	11.63M	SILVER



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Javelin	80-84	Men	1	M8002	EDUEH TOTIMOH @ BONAVENTURE	SAMAS	18.39M	GOLD
Javelin	80-84	Men	2	M8001	DR PURUSHOTHAMAN ANANTHAM	Kuala Lumpur	14.81M	SILVER
Javelin	80-84	Women	1	W8001	LEE NGIT YUNG	SAMAS	10.98M	GOLD
Long Jump	35-39	Men	1	M3506	TONG CHIN MOK	Melaka Masters	6.11M	GOLD
Long Jump	35-39	Men	2	M3523	MANIMARAN MALAIAPPASAMY	Team Mass India	5.81M	SILVER
Long Jump	35-39	Men	3	M3532	WU XIONGWEI	China	5.65M	BRONZE
Long Jump	35-39	Men	4	M3509	KELVIN CHAI KAI SHENG	Johor	5.45M	
Long Jump	35-39	Men	5	M3522	AHMAD SYAHMAN B RUSLI	SAMAS	5.11M	
Long Jump	35-39	Men	6	M3507	ANDDY ATAK	SAMAS	5.08M	
Long Jump	35-39	Men	7	M3530	IBRAHIM FARISH	Maldives	4.82M	
Long Jump	35-39	Men	8	M3511	JOTHI JHEN HAO AL GUNABALAN	Lion Masters Penang	3.60M	
Long Jump	35-39	Women	1	W3503	ANA BT MOHZAN	Selangor Masters	3.98M	GOLD



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Long Jump	40-44	Men	1	M4035	ZULKARNAIN B ZAKARIA	Kuala Lumpur Masters	4.80M	GOLD
Long Jump	40-44	Men	2	M4019	SARIFFULNIZAN B NAZAN	Perak Masters	4.64M	SILVER
Long Jump	40-44	Men	3	M4033	HUSSAIN AHMED	Maldives	4.40M	BRONZE
Long Jump	40-44	Women	1	W4005	CAROL AUGUSTINE	SAMAS	3.65M	GOLD
Long Jump	40-44	Women	2	W4013	SANTARA KALA SUNDRARAJ	FITMA	3.62M	SILVER
Long Jump	40-44	Women	3	W4003	KALYANI NYAMATHI GOWDRU	South India Masters	2.65M	BRONZE
Long Jump	40-44	Women	4	W4009	ZATA AMNI BT CHE ZAKARIA	SAMAS	2.34M	
Long Jump	40-44	Women	DNS	W4018	AZLINA BT MAHAMAD	Melaka Masters		
Long Jump	40-44	Women	DNS	W4017	ROHAINAH BT WAHAB	Melaka Masters		
Long Jump	45-49	Men	1	M4530	JACKY LEE BUN LONG	Selangor	5.30M	GOLD
Long Jump	45-49	Men	2	M4519	NASARUDIN B SUPIAN	Perak Masters	5.24M	SILVER
Long Jump	45-49	Men	3	M4510	STEVE @ NAPOL JAMES	SAMAS	5.23M	BRONZE
Long Jump	45-49	Men	4	M4515	AMNAT PERAT	Perak Masters	4.79M	
Long Jump	45-49	Men	5	M4532	SHIV DAYALAN	Team Mass India	4.58M	
Long Jump	45-49	Men	6	M4513	ADI WIRA B MOHD ZIN	Perak Masters	4.48M	



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Long Jump	45-49	Men	7	M4514	AHMAD EZMAN B PUDIL @ FADZIL	Perak Masters	4.27M	
Long Jump	45-49	Men	8	M4506	RAJESH SHETTY	South India Masters	4.08M	
Long Jump	45-49	Men	DNS	M4523	MOHD FAIZAL MAZLY B ZULKIFLI	Melaka Masters		
Long Jump	45-49	Men	DNS	M4534	GOH KEAN LAI	Penang Masters		
Long Jump	45-49	Women	1	W4510	DR LAILATUL MOHAINY BT MOHD	Perak Masters	3.95M	GOLD
Long Jump	45-49	Women	2	W4506	LIEW MEI PING @ JESSY	SAMAS	3.94M	SILVER
Long Jump	45-49	Women	3	W4507	RUZINA BT ELUK	SAMAS	3.79M	BRONZE
Long Jump	45-49	Women	4	W4508	NELLY BT MAIKAL	SAMAS	3.47M	
Long Jump	45-49	Women	5	W4521	FATHIMATH SHAMHA	Maldives	3.30M	
Long Jump	50-54	Men	1	M5010	CLARENCE TAMI	SAMAS	5.39M	GOLD
Long Jump	50-54	Men	2	M5009	LARRY ANDANG	SAMAS	4.89M	SILVER
Long Jump	50-54	Men	3	M5001	SIEW HANN WEN	Selangor Masters	4.42M	BRONZE
Long Jump	50-54	Men	4	M5014	MOHD KHAIRI B ABDUL RAHMAN SAHIB	Perak Masters	3.67M	
Long Jump	50-54	Men	5	M5015	MUHAMMAD SUHAIMI B IDRIS	Perak Masters	3.48M	



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Long Jump	50-54	Women	1	W5008	ALMAWATI KASSIM	Perak Masters	4.10M	GOLD
Long Jump	50-54	Women	2	W5005	THANUJAKSHI KIDDOOR	South India Masters	2.86M	SILVER
Long Jump	50-54	Women		W5006	LAURA BT DOSUI	SAMAS		
Long Jump	55-59	Men	1	M5521	ZULKIFLY B YEOP	Perak Masters	4.55M	GOLD
Long Jump	55-59	Men	2	M5509	RONNY JUSTINE	SAMAS	4.55M	SILVER
Long Jump	55-59	Men	3	M5514	HAMZAH B ABDUL KARIM	Perak Masters	4.47M	BRONZE
Long Jump	55-59	Men	DNS	M5528	OCKBEN SAOR SINAGA	Indonesia		
Long Jump	55-59	Women	1	W5509	JOMYTA BT ELON	SAMAS	3.30M	GOLD
Long Jump	55-59	Women	2	W5508	ROSECY LEE ONONG	SAMAS	3.22M	SILVER
Long Jump	55-59	Women	3	W5506	MARGARET PETRUS	SAMAS	2.98M	BRONZE
Long Jump	55-59	Women	4	W5504	NOORAILEYSHAH @ MAITEH SADIMAN	SAMAS	2.93M	
Long Jump	55-59	Women		W5515	NOR RIZAH BT ISHAK	Melaka Masters		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Long Jump	60-64	Men	1	M6015	JAAFAR B TIMBANG	SAMAS	4.58M	GOLD
Long Jump	60-64	Men	2	M6018	SUHAILI B SANEH	SAMAS	4.26M	SILVER
Long Jump	60-64	Men	3	M6008	PRABHAKARA SURYANARAYANA CHAR	South India Masters	3.59M	BRONZE
Long Jump	60-64	Men	DNS	M6007	P. MOHAN A/L PONNAIH	Johor Masters		
Long Jump	60-64	Men	DNS	M6028	MOHD FOAZI B MD NOR	Perak Masters		
Long Jump	60-64	Men	DNS	M6013	JAMALUDDIN B LANI	SAMAS		
Long Jump	60-64	Men	DNS	M6014	RICHARD TIMBANGAN	SAMAS		
Long Jump	60-64	Men	DNS	M6011	MUSTAFA B IBRAHIM	Singapore Masters		
Long Jump	60-64	Women	1	W6006	JULIANA GUMPIL	SAMAS	3.51M	GOLD
Long Jump	60-64	Women	2	W6001	ROSELINA BAKAR	Selangor Masters	2.91M	SILVER
Long Jump	65-69	Men	1	M6511	THAM SIEW YEN	Selangor Masters	3.82M	GOLD
Long Jump	65-69	Men	2	M6510	MD NAZRI B KASSIM	PDRM (V)	2.92M	SILVER
Long Jump	65-69	Men	3	M6514	JUJINTIN B ALLAP	SAMAS	2.57M	BRONZE
Long Jump	65-69	Women	1	W6506	LUCY YONG	SAMAS	3.24M	GOLD



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Long Jump	70-74	Men	1	M7005	DATUK ABDOL MULO K AWANG DAMIT	SAMAS	3.70M	GOLD
Long Jump	70-74	Men	2	M7021	AB MALEK B TAIB	Negeri Sembilan Masters	3.16M	SILVER
Long Jump	70-74	Men	3	M7024	BALAKRISHNAN VELLASAMY	Johor Masters	2.77M	BRONZE
Long Jump	70-74	Women	1	W7004	JENTUNIS @ CHRISTINA LABANJING	SAMAS	1.54M	GOLD
Long Jump	70-74	Women	2	W7001	PRATIBHA PARKASH PARNERKAR	South India Masters	1.30M	SILVER
Long Jump	75-79	Men	1	M7524	MOHD RADIR B KASBI	Negeri Sembilan Masters	1.38M	GOLD
Long Jump	80-84	Men	1	M8003	SOH CHIN KOON	Singapore Masters Athletics	2.61M	GOLD
Long Jump	80-84	Men	2	M8004	AFFANDI B BUANG	Singapore Masters Athletics	2.30M	SILVER
Medley Relay	Open	Men + Women	1	D	TEAM MALDIVES	Maldives	04:38.6	GOLD
Medley Relay	Open	Men + Women	2	T	SAMAS	SAMAS	04:45.3	SILVER
Medley Relay	Open	Men + Women	3	K	FITMA ATHLETIC CLUB	FITMA	04:52.3	BRONZE
Medley Relay	Open	Men + Women	4	W	PERAK MASTERS	Perak Masters	05:07.7	
Medley Relay	Open	Men + Women	5	C	LION MASTER PENANG	Lion Masters Penang	05:58.6	



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Shot Put	35-39	Men	1	M3517	KIEW SIENG EIK	Melaka Masters	7.47M	GOLD
Shot Put	35-39	Men	2	M3511	JOTHI JHEN HAO AL GUNABALAN	Lion Masters Penang	6.36M	SILVER
Shot Put	35-39	Men	3	M3521	SURESHKANNA A/L SELVAM	Kuala Lumpur Masters	4.91M	BRONZE
Shot Put	35-39	Women	1	W3504	HENG SHU XIA	SAMAS	9.17M	GOLD
Shot Put	35-39	Women	2	W3512	FONG HSU WEN	Melaka Masters	6.73M	SILVER
Shot Put	35-39	Women	3	W3502	NUR HIDAYU BT ALI	Johor	6.43M	BRONZE
Shot Put	35-39	Women	4	W3508	LIANA BT RAMLI	Selangor Masters	5.16M	
Shot Put	40-44	Men	1	M4026	MUVIN B ABD WAHAB	Melaka Masters	10.33M	GOLD
Shot Put	40-44	Men	2	M4032	HASSAN SHAMOOM	Maldives	9.67M	SILVER
Shot Put	40-44	Men	3	M4002	DANNYZ TAN	Selangor Masters	8.88M	BRONZE
Shot Put	40-44	Women	1	W4006	MAGDALINI ANAK HILLARY PANGGAU	SAMAS	6.16M	GOLD
Shot Put	40-44	Women	2	W4009	ZATA AMNI BT CHE ZAKARIA	SAMAS	5.03M	SILVER



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Shot Put	45-49	Men	1	M4512	NAVIN MOHAN RAJES	Selangor Masters	9.55M	GOLD
Shot Put	45-49	Men	2	M4532	SHIV DAYALAN	Team Mass India	9.43M	SILVER
Shot Put	45-49	Men	3	M4520	KANG SENG YIAK	Penang Masters	8.52M	BRONZE
Shot Put	45-49	Men	4	M4505	MULLUR DASAI AH NAGENDRA	South India Masters	8.05M	
Shot Put	45-49	Men	5	M4522	SREEDHARAN A/L KUTTY KRISHNAN	Selangor Masters	6.06M	
Shot Put	45-49	Women	1	W4517	CHUA SWEE MEI	Melaka Masters	7.09M	GOLD
Shot Put	45-49	Women	2	W4518	YONG CHAU YANN	Melaka Masters	6.30M	SILVER
Shot Put	45-49	Women	3	W4523	AMUTHA ARUMUGAM	Kuala Lumpur Masters	6.01M	BRONZE
Shot Put	45-49	Women	4	W4505	FELECIA LIJAWA	SAMAS	5.74M	
Shot Put	45-49	Women	DNS	W4509	MEREILLE MERINEE MAUN	SAMAS		
Shot Put	50-54	Men	1	M5001	SIEW HANN WEN	Selangor Masters	9.11M	GOLD
Shot Put	50-54	Men	2	M5012	ASNI B TAHIR	Perak Masters	8.81M	SILVER
Shot Put	50-54	Men	3	M5011	MOHAMAD EDIR B DIN	Singapore Masters Athletics	8.14M	BRONZE
Shot Put	50-54	Men	4	M5026	VIGNESPARAN A/L VEERA RAGAVAN	Kuala Lumpur Masters	8.08M	
Shot Put	50-54	Men	5	M5023	NORZAMSHURI B RAMLI	Negeri Sembilan Masters	6.86M	



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Shot Put	50-54	Women	1	W5003	TIFFANY SOH BENG CHU	Selangor Masters	8.34M	GOLD
Shot Put	50-54	Women	2	W5011	CHAN NYET FUI	Melaka Masters	8.03M	SILVER
Shot Put	50-54	Women	3	W5005	THANUJAKSHI KIDOOR	South India Masters	6.92M	BRONZE
Shot Put	50-54	Women	4	W5001	SAMANTHA RICHARDS	Selangor Masters	6.42M	
Shot Put	50-54	Women	5	W5012	CHUA CHEONG LIAN	Melaka Masters	5.76M	
Shot Put	50-54	Women	DNS	W5014	KUGANESWARI A/P PALANIAPPAN	Kuala Lumpur Masters		
Shot Put	50-54	Women	DNS	W5013	NORAZIAH Bt ABU ZARIN	Melaka Masters		
Shot Put	55-59	Men	1	M5513	ABDUL RAHIM B. ABDUL HAMID	Perak Masters	9.99M	GOLD
Shot Put	55-59	Men	2	M5515	HAZLI B MOHD ZIN	Perak Masters	7.25M	SILVER
Shot Put	55-59	Men	3	M5525	TEOW HAI THENG	Lion Masters Penang	5.66M	BRONZE
Shot Put	55-59	Men	DNS	M5527	LIAW FUN MIN	Melaka Masters		
Shot Put	55-59	Men	DNS	M5524	SUKHRAJ SINGH DHILLON	Penang Masters		
Shot Put	55-59	Men	DNS	M5509	RONNY JUSTINE	SAMAS		



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Shot Put	55-59	Women	1	W5511	MARTINA ANDIKAL	SAMAS	7.46M	GOLD
Shot Put	55-59	Women	2	W5510	TSEN CHEW MOI	SAMAS	7.08M	SILVER
Shot Put	55-59	Women	3	W5507	JESSIE MANJIN	SAMAS	6.63M	BRONZE
Shot Put	60-64	Men	1	M6033	GUNASAEGERAN NARASAPAN	FITMA	10.29M	GOLD
Shot Put	60-64	Men	2	M6016	LEONARD GEORGE WILLON	SAMAS	9.22M	SILVER
Shot Put	60-64	Men	3	M6025	BASKARAN FRANCIS	Perak Masters	6.84M	BRONZE
Shot Put	60-64	Men	4	M6035	KOLANDA KAVANDAN A/L RAMASAMY	Negeri Sembilan Masters	5.19M	
Shot Put	60-64	Men	DNS	M6014	RICHARD TIMBANGAN	SAMAS		
Shot Put	60-64	Men	DNS	M6019	LAMAN @ NORBOT B LONTOU	SAMAS		
Shot Put	60-64	Men	DNS	M6037	MAULANI DIMAN	Unisel		
Shot Put	60-64	Women	1	W6003	THERESLINE ASIRVATHAM	Selangor Masters	6.02M	GOLD
Shot Put	60-64	Women	2	W6018	JAYANTHI A/P THAMBY DURAI	Kuala Lumpur Masters	5.95M	SILVER
Shot Put	60-64	Women	3	W6008	MORDIANA ABDULLAH	SAMAS	5.50M	BRONZE
Shot Put	60-64	Women	4	W6011	JUSTINA BT PINSIN	SAMAS	5.30M	
Shot Put	60-64	Women	5	W6016	LETCHUMIPRAHAH A/P RAMACHANDRAN	Selangor Masters	5.15M	



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Shot Put	65-69	Men	1	M6506	JUAN VILLA	Philippines	8.95M	GOLD
Shot Put	65-69	Men	2	M6525	KRISHNASAMY KARUPPIAH	FITMA	8.66M	SILVER
Shot Put	65-69	Men	3	M6513	JOLLY B MAJALAP @ LUCUNDUS HARRY	SAMAS	8.52M	BRONZE
Shot Put	65-69	Men	4	M6524	JAYARAMAN NAGAMUTHU	FITMA	7.73M	
Shot Put	65-69	Men	5	M6527	THAMILARASU RATHINAM	FITMA	7.62M	
Shot Put	65-69	Men	6	M6514	JUINTIN B ALLAP	SAMAS	5.97M	
Shot Put	65-69	Men	7	M6505	PRAKASH VINAYAKA PARNERKAR	South India Masters	5.16M	
Shot Put	65-69	Women	1	W6501	NUR' AISHAH BT ABDULLAH	Selangor Masters	5.86M	GOLD
Shot Put	65-69	Women	2	W6510	DR.PUSHFA A/P RAMASAMY	Kuala Lumpur Masters	5.76M	SILVER
Shot Put	65-69	Women	DNS	W6505	MARYEM JOINOL	SAMAS		
Shot Put	70-74	Men	1	M7006	TARMIZI SHANDU	SAMAS	9.76M	GOLD
Shot Put	70-74	Men	2	M7018	NADARAJAH M. PERIAYAH	FITMA	8.33M	SILVER
Shot Put	70-74	Men	3	M7022	NARAYANAN NAIR A/L SUNGONI NAIR	Negeri Sembilan Masters	6.67M	BRONZE



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Shot Put	70-74	Women	1	W7012	VITHYAWATHY NAMADEVAN	FITMA	5.37M	GOLD
Shot Put	70-74	Women	2	W7006	ANNY MICHAEL NANAK	SAMAS	5.35M	SILVER
Shot Put	75-79	Men	1	M7507	CHAN KENG LIN	Singapore Masters Athletics	8.14M	GOLD
Shot Put	75-79	Men	2	M7504	SUING @ SYLVESTER KUIL	SAMAS	7.85M	SILVER
Shot Put	75-79	Men	3	M7519	RAMALINGAM VERASAMY	FITMA	7.77M	BRONZE
Shot Put	75-79	Men	4	M7501	MARK ALEXANDER POWELL	New Zealand	7.28M	
Shot Put	75-79	Men	5	M7525	ANNANTHAKRISHNAN A/L MARIAPPEN	Penang Masters	5.22M	
Shot Put	75-79	Men	DNS	M7522	VENBATARAMAN RAMALOO	FITMA		
Shot Put	75-79	Men	DNS	M7503	JAMES LEE FOOK MUN	Negeri Sembilan		
Shot Put	75-79	Men	DNS	M7506	PILAH @ ONDOG B KISANG	SAMAS		
Shot Put	75-79	Women	1	W7501	HELENA MAJALANG	SAMAS	7.27M	GOLD
Shot Put	75-79	Women	2	W7505	KAM AH BOAY @ KAM YUEH ENG	Melaka Masters	6.06M	SILVER
Shot Put	75-79	Women	3	W7503	PETCHAY KANDASAMY	Singapore Masters Athletics	4.07M	BRONZE
Shot Put	75-79	Women	DNS	W7504	AISHAH N. ABU BAKAR	Melaka Masters		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Shot Put	80-84	Men	1	M8001	DR PURUSHOTHAMAN ANANTHAM	Kuala Lumpur	7.24M	GOLD
Shot Put	80-84	Men	2	M8002	EDUEH TOTIMOH @ BONAVENTURE	SAMAS	6.81M	SILVER
Shot Put	80-84	Women	1	W8001	LEE NGIT YUNG	SAMAS	5.94M	GOLD
Triple Jump	35-39	Men	1	M3509	KELVIN CHAI KAI SHENG	Johor	9.91M	GOLD
Triple Jump	35-39	Men	2	M3522	AHMAD SYAHMAN B RUSLI	SAMAS	9.04M	SILVER
Triple Jump	40-44	Women	1	W4005	CAROL AUGUSTINE	SAMAS	8.14M	GOLD
Triple Jump	40-44	Women	DNS	W4017	ROHAINAH BT WAHAB	Melaka Masters		
Triple Jump	45-49	Men	1	M4532	SHIV DAYALAN	Team Mass India	9.18M	GOLD
Triple Jump	45-49	Men	2	M4513	ADI WIRA B MOHD ZIN	Perak Masters	8.92M	SILVER
Triple Jump	45-49	Men	3	M4514	AHMAD EZMAN B PUDIL @ FADZIL	Perak Masters	8.83M	BRONZE
Triple Jump	45-49	Men	4	M4533	LOW TECK HUA	BA Sek Foon Yew	8.54M	
Triple Jump	45-49	Men	DNS	M4523	MOHD FAIZAL MAZLY B ZULKIFLI	Melaka Masters		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Triple Jump	45-49	Women	1	W4510	DR LAILATUL MOHAINY BT MOHD	Perak Masters	8.23M	GOLD
Triple Jump	45-49	Women	2	W4506	LIEW MEI PING @ JESSY	SAMAS	8.03M	SILVER
Triple Jump	45-49	Women	3	W4507	RUZINA BT ELUK	SAMAS	7.13M	BRONZE
Triple Jump	50-54	Men	1	M5009	LARRY ANDANG	SAMAS	10.19M	GOLD
Triple Jump	50-54	Men	2	M5014	MOHD KHAIRI B ABDUL RAHMAN SAHIB	Perak Masters	8.58M	SILVER
Triple Jump	50-54	Men	3	M5004	SREENIVASA BYRAPPA	South India Masters	8.19M	BRONZE
Triple Jump	50-54	Men	4	M5039	MARIAPPAN A/L CHANACHAYAI	Selangor	7.66M	
Triple Jump	50-54	Men	DNS	M5008	WONG CHOUN SENG	Joh Masters Team		
Triple Jump	50-54	Women	1	W5008	ALMAWATI KASSIM	Perak Masters	8.03M	GOLD
Triple Jump	50-54	Women	2	W5005	THANUJAKSHI KIDOOR	South India Masters	6.32M	SILVER
Triple Jump	50-54	Women		W5006	LAURA BT DOSUI	SAMAS		
Triple Jump	55-59	Men	1	M5514	HAMZAH B ABDUL KARIM	Perak Masters	9.62M	GOLD
Triple Jump	55-59	Men	2	M5521	ZULKIFLY B YEOP	Perak Masters	9.50M	SILVER
Triple Jump	55-59	Men	DNS	M5528	OCKBEN SAOR SINAGA	Indonesia		



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EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Triple Jump	55-59	Men	DNS	M5524	SUKHRAJ SINGH DHILLON	Penang Masters		
Triple Jump	55-59	Women	1	W5504	NOORAILEYSHAH @ MAITEH SADIMAN	SAMAS	6.52M	GOLD
Triple Jump	55-59	Women	2	W5505	MARIANI MANAN	SAMAS	6.14M	SILVER
Triple Jump	55-59	Women	3	W5506	MARGARET PETRUS	SAMAS	5.23M	BRONZE
Triple Jump	55-59	Women	4	W5510	TSEN CHEW MOI	SAMAS	3.98M	
Triple Jump	60-64	Men	1	M6015	JAAFAR B TIMBANG	SAMAS	9.36M	GOLD
Triple Jump	60-64	Men	2	M6018	SUHAILI B SANEH	SAMAS	9.16M	SILVER
Triple Jump	60-64	Men	3	M6008	PRABHAKARA SURYANARAYANA CHAR	South India Masters	7.53M	BRONZE
Triple Jump	60-64	Men	DNS	M6011	MUSTAFA B IBRAHIM	Singapore Masters		
Triple Jump	60-64	Women	1	W6006	JULIANA GUMPIL	SAMAS	7.32M	GOLD
Triple Jump	60-64	Women	2	W6010	THERESA BT SIDAU	SAMAS	6.82M	SILVER
Triple Jump	65-69	Men	1	M6511	THAM SIEW YEN	Selangor Masters	7.80M	GOLD
Triple Jump	65-69	Men	2	M6514	JUINTIN B ALLAP	SAMAS	6.24M	SILVER



38TH MALAYSIAN INTERNATIONAL MASTERS ATHLETICS CHAMPIONSHIPS RESULTS
STADIUM UPM SERDANG
5 - 7 JUNE 2026

EVENT	GROUP	GENDER	POSITION	BIB NO	NAME	TEAM	TIME / DISTANCE	MEDAL
Triple Jump	65-69	Women	1	W6506	LUCY YONG	SAMAS	6.36M	GOLD
Triple Jump	70-74	Men	1	M7005	DATUK ABDOL MULO K AWANG DAMIT	SAMAS	7.1	GOLD
Triple Jump	70-74	Men	2	M7024	BALAKRISHNAN VELLASAMY	Johor Masters	5.32	SILVER
Triple Jump	70-74	Women	1	W7004	JENTUNIS @ CHRISTINA LABANJING	SAMAS	4.09M	GOLD
Triple Jump	75-79	Men		M7524	MOHD RADIR B KASBI	Negeri Sembilan Masters	X	
Triple Jump	80-84	Men	1	M8003	SOH CHIN KOON	Singapore Masters Athletics	5.75	GOLD



38TH MALAYSIAN INTERNATIONAL MASTERS ATHLETICS CHAMPIONSHIPS
STADIUM UPM SERDANG
5 - 7 JUNE 2026

MEDAL TALLY

RANK	TEAM	GOLD	SILVER	BRONZE	TOTAL MEDALS
1	SAMAS	87	52	32	171
2	Perak Masters	29	30	21	80
3	Selangor Masters	23	21	14	58
4	Singapore Masters Athletics	14	5	8	27
5	Maldives	13	15	8	36
6	Melaka Masters	12	14	3	29
7	FITMA	11	24	18	53
8	Penang Masters	10	5	3	18
9	Lion Masters Penang	6	3	2	11
10	Kuala Lumpur Masters	5	8	8	21
11	India	5	6	0	11
12	PDRM (V)	4	2	3	9
13	Kuala Lumpur	4	1	1	6
14	Selangor	4	0	3	7
15	Negeri Sembilan Masters	3	5	7	15
16	Johor Masters	3	2	3	8
17	PDRM	3	1	2	6
18	South India Masters	2	10	15	27
19	Team Mass India	2	6	0	8
20	Johor	2	0	2	4
21	United Kingdom	2	0	0	2
22	Philippines	2	0	0	2
23	Jets	2	0	0	2
24	Negeri Sembilan	1	1	3	5
25	Joh Masters Team	1	0	0	1



38TH MALAYSIAN INTERNATIONAL MASTERS ATHLETICS CHAMPIONSHIPS
STADIUM UPM SERDANG
5 - 7 JUNE 2026

MEDAL TALLY

RANK	TEAM	GOLD	SILVER	BRONZE	TOTAL MEDALS
26	MAF India	0	2	0	2
27	Singapore	0	2	0	2
28	BA Sek Foon Yew	0	1	1	2
29	New Zealand	0	1	0	1
30	Namibia	0	1	0	1
31	China	0	0	2	2
32	Kawan Athletics	0	0	1	1
33	Singapore Masters	0	0	0	0
34	Johor Masters Team	0	0	0	0
35	Pahang	0	0	0	0
36	Map Sports Ctr	0	0	0	0
37	Perak	0	0	0	0
38	Wilayah Persekutuan	0	0	0	0
39	Indonesia	0	0	0	0
40	Pahang Masters	0	0	0	0
41	Unisel	0	0	0	0