

37th MIOMAC 2025
23 MAY 2025 (FRIDAY) - RESULTS
DAY 1

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TIME 0800	EVENT NO 101	EVENT / AGE GROUP 2000m Walk (W35-44)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W35-39			
1	W3509	Noor Suzaineh Binti Samirin	SAMAS	1	15:35.5
2	W3506	Suzanirihwati Binti Abd Ghani	SAMAS	2	18:12.3
3	W3514	Liana Binti Ramli	S'gor Masters	3	21:50.7

TIME 0800	EVENT NO 101	EVENT / AGE GROUP 2000m Walk (W35-44)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W40-44			
1	W4017	Chan Choon Hwa	S'gor	1	14:24.8
2	W4006	Amutha Arumugam	Perak Masters	2	16:33.3

TIME 0820	EVENT NO 102	EVENT / AGE GROUP Long Jump (W65 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W70-74			
1	W7004	Jentunis @ Christina Labanjing	SAMAS	1	1.45

TIME 0820	EVENT NO 102	EVENT / AGE GROUP Long Jump (W65 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W75-79			
1	W7501	Lee Ngit Yung	SAMAS	1	1.52
2	W7502	Margaretha Aritonang	PAMI	2	1.50

TIME 0820	EVENT NO 103	EVENT / AGE GROUP Discus (M70-and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M70-74			
1	M7003	Nadarajah M. Periyah	FITMA	1	30.39
2	M7007	Tarmizi Sandhu	SAMAS	2	29.76
3	M7008	Edwin Goh	SAMAS	3	23.22

TIME 0820	EVENT NO 103	EVENT / AGE GROUP Discus (M70-and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M75-79			
1	M7503	Ramalingam Verasamy	FITMA	1	24.15
2	M7505	Vimalasingam V. Saranamuthu	FITMA	2	13.03

TIME 0820	EVENT NO 103	EVENT / AGE GROUP Discus (M70-and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M80-84			
1	M8003	Purushothaman Anantham	KL	1	20.04
2	M8002	Eduah Totimoh @ Bonaventure	SAMAS	2	13.97

TIME 0820	EVENT NO 104	EVENT / AGE GROUP 2000m Walk (W45-54)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W45-49			
1	W4501	Legah Meyyappan	FITMA	1	14:31.42
2	W4508	Nurul Azwa Binti Ahmad	Perak Masters	2	18:06.46

TIME 0840	EVENT NO 105	EVENT / AGE GROUP 2000m Walk (W55-64)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W55-59			
1	W5504	Amalia Marquez Barcoma	FITMA	1	18:59.60

TIME 0840	EVENT NO 105	EVENT / AGE GROUP 2000m Walk (W55-64)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W60-64			
1	W6010	Goh Kim Hong Maggie	S'gor Masters	1	14:49.59
2	W6003	Raineh @ Tambi Binti Sawan	SAMAS	2	15:48.11
3	W6008	Sesly Asirvatham	S'gor Masters	3	16:04.41
4	W6007	Belinda Ting Yew King	S'gor Masters	4	16:34.03
5	W6002	Zhila Shakerian	IRAN	5	18:54.24

TIME 0910	EVENT NO 106	EVENT / AGE GROUP 2000m Walk (W65 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W65-69			
1	W6505	Jouti @ Vironica Binti Elau	SAMAS	1	14:23.70
2	W6509	Nur Aishah Abdullah	S'gor Masters	2	17:12.74
3	W6503	Zainah Binti Jaafar	Perak Masters	3	17:29.98
4	W6507	Banumathy Sundaram	S'gor Masters	4	21:40.04

TIME 0910	EVENT NO 106	EVENT / AGE GROUP 2000m Walk (W65 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W70-74			
1	W7003	Kimih Binti Monjitol @ Florence	SAMAS	1	16:39.91
2	W7002	Hiew Nyuk Kyau @ Susanna	SAMAS	2	18:22.17
3	W7006	Tan Teck See	S'gor Masters	3	24:59.28

TIME 0910	EVENT NO 106	EVENT / AGE GROUP 2000m Walk (W65 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W75-79			
1	W7503	Satwant Kaur Sidhu	NMAA India	1	19:37.01

TIME 0920	EVENT NO 107	EVENT / AGE GROUP Long Jump (W55-64)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W55-59			
1	W5511	Jomyta Binti Elon	SAMAS	1	2.98
2	W5507	Suzyla Binti Jaffar	Perak Masters	2	2.79
3	W5510	Mariani Binti Manan	SAMAS	3	2.69

TIME 0920	EVENT NO 107	EVENT / AGE GROUP Long Jump (W55-64)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W60-64			
1	W6004	Theresa Sidau	SAMAS	1	3.19
2	W6001	Roselina Bakar	S'gor Masters	2	2.94

TIME 0920	EVENT NO 108	EVENT / AGE GROUP Discus (M55-69)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M55-59			
1	M5530	Maulani Bin Diman	SAMAS	1	27.65
2	M5531	Reza Fotohi A	S'pore/SMTFA	2	27.42
3	M5505	Abdul Rahim B. Abdul Hamid	Perak Masters	3	25.72
4	M5529	Ibrahim bin Ab Wahab	M'ca Masters	4	25.55
5	M5517	Ronny Justine	SAMAS	5	23.60

TIME 0920	EVENT NO 108	EVENT / AGE GROUP Discus (M55-69)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M60-64			
1	M6007	Gunasaegaran Narasapan	FITMA	1	32.90
2	M6008	Jayaraman Nagamuthu	FITMA	2	22.08
3	M6034	Bhupinder Singh	NMAA India	3	20.90
4	M6023	Juintin Bin Allap	SAMAS	4	20.03
5	M6027	Kolanda Kavandan a/l Ramasamy	NS Masters	5	16.43
6	M6025	Tamil Kodi a/l Kaneson	NS Masters	6	15.36
7	M6004	Hj Sirrajudin bin Hj Ghani	PDRM (R)	7	15.00

TIME 0920	EVENT NO 108	EVENT / AGE GROUP Discus (M55-69)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M65-69			
1	M6513	Krishnasamy Karuppiah	FITMA	1	28.03
2	M6529	Mohd Mansharar B Abd Jalil	S'gor Masters	2	27.03
3	M6528	Thamilarasu a/l Rathinam	S'gor Masters	3	26.27
4	M6523	Dr.Tajul Ariffin B.Awang Mohd	SAMAS	4	18.75

TIME 0940	EVENT NO 109	EVENT / AGE GROUP 800m (M35-39)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M3505	R Manjunatha	India Mast Ath	1	02:12.38
2	M3515	Murali Subramaniam	S'gor Masters	2	03:21.02

TIME 0950	EVENT NO 110	EVENT / AGE GROUP 800m (M40-44)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M4022	Visvenathan Tangavello	P'ng Masters	1	02:19.47
2	M4026	Zulkarnain bin Zakaria	KL Masters	2	02:25.86
3	M4029	Vipin Kumar Singh	NMAA India	3	02:26.82
4	M4012	Amirruddin Bin Ishak	Perak Masters	4	02:43.40
5	M4024	Yaakob Bin Idris	P'ng Masters	5	03:30.92

TIME 1000	EVENT NO 111	EVENT / AGE GROUP 800m (M45-49)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M4505	Reza Sheykhi	IRAN	1	02:18.45
2	M4516	Preemadesa Peyadesa	P'ng Masters	2	02:25.11
3	M4509	Dr Kesavan Nallaluthan	Perak Masters	3	02:28.02
4	M4513	Yusri Bin Yusuf	SAMAS	4	02:36.19
5	M4517	Ragurama a/l Raganathan	P'ng Masters	5	02:39.83
6	M4515	Yeap Cheng Hock	P'ng	6	02:45.21
7	M4512	Zaizul Anuwar Bin Zainudin	Perak Masters	7	03:30.66

TIME 1020	EVENT NO 112	EVENT / AGE GROUP Long Jump (W45-54)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W45-49			
1	W4505	Almawati Kassim	Perak Masters	1	3.94
2	W4513	Parameswari Sellaparma	P'ng Masters	2	3.81
3	W4512	Laura Binti Dosui	SAMAS	3	3.67
4	W4501	Legah Meyyappan	FITMA	4	2.94

TIME 1020	EVENT NO 112	EVENT / AGE GROUP Long Jump (W45-54)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W50-54			
1	W5004	Marta Basa Lokman	Labuan Masters	1	3.92
2	W5010	Savita Devi	NMAA India	2	2.56

TIME 1020	EVENT NO 113	EVENT / AGE GROUP Discus (M40-54)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M40-44			
1	M4005	Pezhman Rouhani Janbehsaraei	IRAN	1	34.72
2	M4006	Ali Bigleri	IRAN	2	30.96
3	M4003	Firdauz Mura bin Mura	S'wak	3	27.01
4	M4008	Mousa Rezaeizadeh Siboni	IRAN	4	21.47
5	M4004	KVBM Krishna Prasad	India Mast Ath	5	19.64
6	M4033	Thinagaran a/l Kanayaran	KL	6	14.79
7	M4034	Ragunathan a/l Gonasaagara	KL	7	14.28
8	M4030	Daljit Singh	NMAA India	8	12.97

TIME 1020	EVENT NO 113	EVENT / AGE GROUP Discus (M40-54)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M45-49			
1	M4504	Mehdi Kazemi Nopashian	IRAN	1	27.09
2	M4502	Mahyar Maleki Roudposht	IRAN	2	19.68
3	M4507	Ahmad Ezman Bin Pudil @ Fadzil	Perak Masters	3	19.24

TIME 1020	EVENT NO 113	EVENT / AGE GROUP Discus (M40-54)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M50-54			
1	M5023	PG Azizul Akbar B PG HJ Baadaruddin	Brunei	1	27.94
2	M5004	Ravinder Singh Poonia	NMAA India	2	26.35
3	M5010	Ong Boon Kok	Perak Masters	3	20.46

TIME 1020	EVENT NO 114	EVENT / AGE GROUP 800m (M50-54)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5015	S Divagaran a/l Subramaniam	KL Masters	1	02:35.39
2	M5002	Keramat Saadatkhogh	IRAN	2	02:36.08
3	M5022	Rosidi Bin Omar	Perlis	3	02:43.70

TIME 1030	EVENT NO 115	EVENT / AGE GROUP 800m (M55-59)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5512	Shanmuganathan A/L Ratanam	Perak Masters	1	02:41.40
2	M5525	Rathakrishnan a/l Ramakrishnan	P'ng Masters	2	02:44.16
3	M5503	Naser Sheibani	IRAN	3	03:02.28
4	M5522	Soo Hoe Hin Tak	FITMA	4	03:14.65
5	M5526	Subbaramaniam a/l V Poominathan	KL Masters	5	03:35.05

TIME 1040	EVENT NO 116/1 & 116/2	EVENT / AGE GROUP 800m (M60-64)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M6003	Boobathy Ramasamy	Johor Masters	1	02:34.50
2	M6014	Dr J.Thamotharan S.Jeyaraman	Perak Masters	2	02:43.79
3	M6007	Gunasaegaran Narasapan	FITMA	3	02:55.81
4	M6031	Subramaniam Krishnan	S'gor Masters	4	03:03.88
5	M6035	Kulwant Singh	NMAA India	5	03:07.47
6	M6033	Jasril	PAMI	6	03:11.67
7	M6026	Padmanathasivan a/l Kailasam	NS Masters	7	03:14.97

TIME 1050	EVENT NO 117	EVENT / AGE GROUP 800m (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M65-69			
1	M6511	Marznimurney Bin Abdullah	Brunei	1	03:03.16
2	M6518	Krishnan a/l Andy	Kedah	2	03:17.80
3	M6519	Krishnasamy A/L Chappanimuthu	Perak Masters	3	03:23.51
4	M6516	Sundararaju Suppan	FITMA	4	03:36.69
5	M6525	Rajah Arumugam a/l M Arumugam	NS Masters	5	04:03.38
6	M6515	Rajasegaran Kannen	FITMA	6	04:24.29

TIME 1050	EVENT NO 117	EVENT / AGE GROUP 800m (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70-74			
1	M7013	Rama Krishnan a/l Manikam	NS Masters	1	03:32.77
2	M7006	Samutharapandian A/L S. Periasamy	Perak Masters	2	03:46.57
3	M7015	Annathakrishnan a/l Mariappen	P'ng Masters	3	03:49.69

TIME 1050	EVENT NO 117	EVENT / AGE GROUP 800m (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M75-79			
1	M7502	Ahmad Shamsuddin Bin Muhiyuddin	FITMA	1	03:47.69
2	M7506	Murugesu A/L Sinnathevar	Perak Masters	2	04:20.34

TIME 1050	EVENT NO 117	EVENT / AGE GROUP 800m (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M80-84			
1	M8005	Cheah Swee Hwa, Jack	P'ng Masters	1	03:55.58
2	M8006	Loke Kuan Sow	P'ng Masters	2	07:35.45
3	M8004	Nalliah a/l Ramasamy	NS Masters	3	

TIME 1100	EVENT NO 118	EVENT / AGE GROUP Long Jump (W35-44)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W35-39			
1	W3510	Grace Aloysius	SAMAS	1	3.85
2	W3502	Samereh Sadeghi	IRAN	2	3.85
3	W3506	Suzanirihwati Binti Abd Ghani	SAMAS	3	2.64

TIME 1100	EVENT NO 118	EVENT / AGE GROUP Long Jump (W35-44)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W40-44			
1	W4011	Liew Mei Ping @ Jessy	SAMAS	1	4.28
2	W4012	Ruzina Binti Eluk	SAMAS	2	3.86
3	W4007	Dr Lailatul Mohainy Binti Mohd	Perak Masters	3	3.84
4	W4016	Rohainah Bt Wahab	M'ca Masters	4	3.62
5	W4002	Santra Kala a/p Sundraraj	IRC NS	5	3.41
6	W4003	Jelinih Motibi	P Olahraga Labuan	6	3.16
7	W4006	Amutha Arumugam	Perak Masters	7	2.64
8	W4004	K Purnima	India Mast Ath	8	2.33

TIME 1110	EVENT NO 119	EVENT / AGE GROUP 200m (W70 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W70-74			
1	W7004	Jentunis @ Christina Labanjing	SAMAS	1	61.7
2	W7006	Tan Teck See	S'gor Masters	2	68.3

TIME 1110	EVENT NO 119	EVENT / AGE GROUP 200m (W70 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W75-79			
1	W7502	Margaretha Aritonang	PAMI	1	107.2

TIME 1120	EVENT NO 121	EVENT / AGE GROUP 200m (W65-69)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W65-69			
1	W6502	Maryam Heidari	IRAN	1	42.5
2	W6506	Samsiah @ Shamsiah Md Yassin	SAMAS	2	50.6

TIME 1130	EVENT NO 122	EVENT / AGE GROUP 200m (W60-64)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W60-64			
1	W6003	Raineh @ Tambi Binti Sawan	SAMAS	1	35.7
2	W6001	Roselina Bakar	S'gor Masters	2	37.5
3	W6007	Belinda Ting Yew King	S'gor Masters	3	38.9

TIME 1140	EVENT NO 123	EVENT / AGE GROUP 200m (W55-59)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W55-59			
1	W5513	Erine Sinuel	SAMAS	1	29.8
2	W5511	Jomyta Binti Elon	SAMAS	2	40.8

TIME 1150	EVENT NO 124	EVENT / AGE GROUP 200m (W50-54)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W50-54			
1	W5004	Marta Basa Lokman	Labuan Masters	1	34.1
2	W5006	Nokalmah Sanasee	Perak Masters	2	34.5
3	W5001	Tamilslve Periasamy	FITMA	3	38.2

TIME 1200	EVENT NO 125	EVENT / AGE GROUP 200m (W45-49)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W45-49			
1	W4502	Mitra Jafarpour Zideh Saraei	IRAN	1	29.4
2	W4514	Jeyanthi a/p Sintrasakaren	P'ng Masters	2	31.9
3	W4509	Parida Binti Usman	SAMAS	3	33.3
4	W4511	Linah Bt Ikun	SAMAS	4	34.5
5	W4507	Nalina Devi A/P Applanaidu	Perak Masters	5	35.5
6	W4513	Parameswari Sellaparma	P'ng Masters	6	35.6
7	W4510	Judith Tami Richard	SAMAS	7	36.7

TIME 1210	EVENT NO 126	EVENT / AGE GROUP 200m (W40-44)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W40-44			
1	W4007	Dr Lailatul Mohainy Binti Mohd	Perak Masters	1	32.9
2	W4008	Hanu Radha A/P Nadarajan	Perak Masters	2	33.3
3	W4012	Ruzina Binti Eluk	SAMAS	3	34.2
4	W4002	Santra Kala a/p Sundraraj	IRC NS	4	36.5
5	W4003	Jelinih Motibi	P Olahraga Labuan	5	37.7

TIME 1220	EVENT NO 127	EVENT / AGE GROUP 200m (W35-39)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W35-39			
1	W3513	Ana Binti Mohzan	S'gor Masters	1	30.7
2	W3510	Grace Aloysius	SAMAS	2	30.9
3	W3508	Raida Binti Bajil	SAMAS	3	31.6
4	W3501	Marjan Mahdavi	IRAN	4	32.3
5	W3504	Muhaini Binti Abd Manan	Perak Masters	5	37.0

TIME 1500	EVENT NO 128	EVENT / AGE GROUP 200M (M35-39)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M3506	Abdolreza Zarei Karyani	IRAN	1	23.5
2	M3511	Mohd Zhafran Bin Mohd Rosli	Perak Masters	2	24.2
3	M3504	Blorden Anak Ben @ Ahie	S'wak	3	28.3
4	M3513	Mohd Arif B Azmi	KL Masters	4	32.7

TIME 1510	EVENT NO 129	EVENT / AGE GROUP 200M (M40-44)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M4021	Cyril Misong	SAMAS	1	25.9
2	M4018	Sariffulnizan Bin Nazan	Perak Masters	2	27.4
3	M4011	Ahmad Shah Wahid	Perak Masters	3	28.1
4	M4020	Ahmad Bulkiah Bin Jamaluddin	SAMAS	4	34.0
5	M4019	Tilainathan A/L Munisamy	Perak Masters	5	34.2

TIME 1500	EVENT NO 130	EVENT / AGE GROUP High Jump (M35-49)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M40-44			
1	M4009	Seyed Mohsen Palar	IRAN	1	1.48
2	M4014	Dr Zulezwan Ab Malik	Perak Masters	2	1.40
3	M4028	Mohd Azmeer B Amarullah	S'gor Masters	3	1.25
4	M4015	Muhammad Iskandar Bin Ibrahim	Perak Masters	4	1.20

TIME 1500	EVENT NO 130	EVENT / AGE GROUP High Jump (M35-49)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M45-49			
1	M4505	Reza Sheykhi	IRAN	1	1.28
2	M4520	Vignesparan Veera Ragavan	KL Masters	2	1.20

TIME 1500	EVENT NO 131	EVENT / AGE GROUP Discus (W35-49)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W35-39			
1	W3507	Ernie Nazarius	SAMAS	1	21.03
2	W3503	Zahra Kheirandishsarabi	IRAN	2	17.46
3	W3504	Muhaini Binti Abd Manan	Perak Masters	3	17.38

TIME 1500	EVENT NO 131	EVENT / AGE GROUP Discus (W35-49)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W40-44			
1	W4015	Angeline Jumbo	SAMAS	1	21.09
2	W4004	K Purnima	India Mast Ath	2	15.68
3	W4010	Magdalini Anak Hillary Panggau	SAMAS	3	15.40

TIME 1500	EVENT NO 131	EVENT / AGE GROUP Discus (W35-49)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W45-49			
1	W4504	Shailja Beniwal	NMAA India	1	12.51

TIME 1520	EVENT NO 132	EVENT / AGE GROUP 200M (M45-49)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M4510	Nasarudin Bin Supian	Perak Masters	1	26.8
2	M4501	Wong Tze Yung	Kawan Athletics	2	26.4
3	M4514	Steve @ Napol James	SAMAS	3	27.2
4	M4503	Jalil Ghorbanian	IRAN	4	27.6

TIME 1530	EVENT NO 133	EVENT / AGE GROUP 200M (M50-54)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5013	K Suresh	MAFI	1	26.2
2	M5016	Thanabalan a/l Subramaniam	KL Masters	2	30.7

TIME 1540	EVENT NO 134	EVENT / AGE GROUP 200M (M55-59)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5530	Maulani Bin Diman	SAMAS	1	28.4
2	M5504	Saeid Heshmat Ghahdrijani	IRAN	2	28.9
3	M5507	Hazli Bin Mohd Zin	Perak Masters	3	30.8
4	M5528	Supparamaniyam a/l Ramasamy	S'gor Masters	4	31.4
5	M5503	Naser Sheibani	IRAN	5	33.6
6	M5509	Nagarajan A/L Ramasamy	Perak Masters	6	40.3

TIME 1550	EVENT NO 135	EVENT / AGE GROUP 200M (M60-64)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M6013	Ariffin Bin Harun	Perak Masters	1	29.8
2	M6029	Kunasegaran a/l Maniveloo	S'gor Masters	2	31.9
3	M6010	Syedhossein Salehighafarokhi	IRAN	3	32.0
4	M6009	Alireza Mohammadi Bandari	IRAN	4	34.7

TIME 1600	EVENT NO 136	EVENT / AGE GROUP 200M (M65-69)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M6517	Shokrollah Jahantigh	IRAN	1	29.7
2	M6533	Samil Draman	Brunei Masters	2	30.8
3	M6532	Budin Anak Meringgai	Brunei Masters	3	32.6
4	M6520	Mohamad Zamri Bin Hj Mohd Nin	Perak Masters	4	33.4
5	M6535	M Shenbagamoorthy	India	5	33.9
6	M6522	Daim Gayam	SAMAS	6	39.3

TIME 1600	EVENT NO 137	EVENT / AGE GROUP High Jump (M50-64)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M50-54			
1	M5012	Pratik Murwatno Sardjono	PAMI	1	1.46
2	M5005	Asni Bin Tahir	Perak Masters	2	1.42
3	M5003	Mahdi Eghbalee Mahdiabadi	IRAN	3	1.15
4	M5004	Ravinder Singh Poonia	NMAA India	4	1.15

TIME 1600	EVENT NO 137	EVENT / AGE GROUP High Jump (M50-64)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M55-59			
1	M5516	Mohd Salehen Bin Mohd Noor	SAMAS	1	1.44
2	M5529	Ibrahim bin Ab Wahab	M'ca Masters	2	1.33
3	M5520	Jamaluddin Lani	SAMAS	3	1.30

TIME 1600	EVENT NO 137	EVENT / AGE GROUP High Jump (M50-64)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M60-64			
1	M6001	Mustafa bin Ibrahim	S'pore/SMTFA	1	1.20
2	M6002	P. Mohan a/l Ponniah	Johor Masters	2	

TIME 1610	EVENT NO 138	EVENT / AGE GROUP 200M (M70 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70-74			
1	M7009	Uman @ Yuman Bin Sikin	SAMAS	1	33.8
2	M7018	Haji Safri / Tiang Bin Hj Mudin	Brunei Masters	2	33.9
3	M7010	Suing @ Sylvester Kuil	SAMAS	3	34.2
4	M7011	Fung Kong @ Anthony Paul Fung Ah Kong	SAMAS	4	34.6

TIME 1610	EVENT NO 138	EVENT / AGE GROUP 200M (M70 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M8007	Kapt (B) Hj Osman bin Hj Lahab	Brunei	1	42.7
2	M8005	Cheah Swee Hwa, Jack	P'ng Masters	2	44.6

TIME 1600	EVENT NO 139	EVENT / AGE GROUP Discus (W50-64)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W50-54			
1	W5007	Noral Azian Binti Zainal	Perak Masters	1	20.19

TIME 1600	EVENT NO 139	EVENT / AGE GROUP Discus (W50-64)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W55-59			
1	W5510	Mariani Binti Manan	SAMAS	1	17.76
2	W5509	Jessie Manjin	SAMAS	2	17.32
3	W5501	Jessee Tsen Chew Moi	P Olahraga Labuan	3	16.51
4	W5507	Suzyla Binti Jaffar	Perak Masters	4	15.42
5	W5503	K Matsya Konda	India Mast Ath	5	14.29
6	W5511	Jomyta Binti Elon	SAMAS	6	13.77
7	W5504	Amalia Marquez Barcoma	FITMA	7	9.75

TIME 1600	EVENT NO 139	EVENT / AGE GROUP Discus (W50-64)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W60-64			
1	W6009	Theresline a/p Asirvatham	S'gor Masters	1	16.53
2	W6011	Letchumiprabah Ramachandran	S'gor Masters	2	15.02
3	W6013	Herni Sosiana Indrapranaya	PAMI	3	13.54
4	W6005	Mariana W Molijuh	SAMAS	4	11.07

TIME 1620	EVENT NO 140	EVENT / AGE GROUP 800M (W35-39)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W3513	Ana Binti Mohzan	S'gor Masters	1	03:10.28
2	W3505	Nurul Aini Binti Abdul Rahman	Perak Masters	2	03:11.87
3	W3511	Warohin A/P Rosli	SAMAS	3	05:38.65

TIME 1620	EVENT NO 141	EVENT / AGE GROUP 800M (W40-44)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W4005	Vally Michael	FITMA	1	03:03.45
2	W4014	Ahadijah Magdalina Joseph Gidik	SAMAS	2	03:36.08
3	W4006	Amutha Arumugam	Perak Masters	3	04:26.13

TIME 1640	EVENT NO 142	EVENT / AGE GROUP 800M (W45-49)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W4503	Klaris Kaprelian Hadani	IRAN	1	03:15.09
2	W4501	Legah Meyyappan	FITMA	2	03:34.42
3	W4510	Judith Tami Richard	SAMAS	3	03:41.73

TIME 1640	EVENT NO 143	EVENT / AGE GROUP 800M (W50-54)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W5002	Wong Choy Lan	FITMA	1	03:33.57
2	W5006	Nokalmah Sanasee	Perak Masters	2	03:35.03
3	W5001	Tamilslve Periasamy	FITMA	3	03:38.16

TIME 1640	EVENT NO 144	EVENT / AGE GROUP 800M (W55-59)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W5502	Husna Binti Abdullah	Brunei	1	03:44.20
2	W5512	Rose Sidau	SAMAS	2	04:02.73

TIME 1640	EVENT NO 145	EVENT / AGE GROUP High Jump (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M65-69			
1	M6529	Mohd Mansharar B Abd Jalil	S'gor Masters	1	1.05
2	M6526	AB Malek B Taib	NS Masters	2	0.80

TIME 1640	EVENT NO 145	EVENT / AGE GROUP High Jump (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M70-74			
1	M7013	Rama Krishnan a/l Manikam	NS Masters	1	1.10
2	M7020	Eddy Choo Wai Kin	KL Masters	2	1.05
3	M7012	Mohd Radir Bin Kasbi	NS Masters	3	0.80

TIME 1640	EVENT NO 146	EVENT / AGE GROUP Discus (W65 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W65-69			
1	W6501	H M Sujatha	India Mast Ath	1	14.67
2	W6508	Dr Pushfa a/p Ramasamy	KL Masters	2	12.74
3	W6511	Hajah Mariah Hj Metussin	Brunei Masters	3	9.73
4	W6509	Nur Aishah Abdullah	S'gor Masters	4	DQ

TIME 1640	EVENT NO 146	EVENT / AGE GROUP Discus (W65 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W70-74			
1	W7005	Helena Majalang	SAMAS	1	14.16
2	W7001	Anny Michael Nanak	SAMAS	2	11.18
3	W7007	Saroj Bala	NMAA India	3	5.81

TIME 1640	EVENT NO 146	EVENT / AGE GROUP Discus (W65 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W75-79			
1	W7501	Lee Ngit Yung	SAMAS	1	12.88
2	W7504	Wirnayati Aibar	PAMI	2	7.69

TIME 1640	EVENT NO 146	EVENT / AGE GROUP Discus (W65 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W90-94			
1	W9001	Marietje Elizabeth Rorek	PAMI	1	4.70

TIME 1700	EVENT NO 147	EVENT / AGE GROUP 800M (W60-64)	CATEGORY WOMEN	FINAL	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W6010	Goh Kim Hong Maggie	S'gor Masters	1	03:35.61
2	W6012	Sinnamah a/p Golla Bangaru	S'gor Masters	2	04:50.81
3	W6006	Salvarani a/p Krishnan	P'ng Masters	3	05:01.11

TIME 1720	EVENT NO 148	EVENT / AGE GROUP 800M (W65-69)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W6505	Jouti @ Vironica Binti Elau	SAMAS	1	04:04.82
2	W6512	Komathi V Krishnasamy	FITMA	2	05:39.47

TIME 1740	EVENT NO 149	EVENT / AGE GROUP 800M (W70 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W70-74			
1	W7003	Kimih Binti Monjitol @ Florence	SAMAS	1	05:15.19
4	W7006	Tan Teck See	S'gor Masters	2	09:12.50

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TIME		EVENT NO		EVENT / AGE GROUP		CATEGORY		FINAL			
0800		201		3000M WALK (M35-49)		MEN					
NO / LANE		BIB NO		NAME		TEAM		STATUS		TIME	
				M35-39							
1		M3515		Murali Subramaniam		S'gor Masters		1		27:23.43	

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0800	201	3000M WALK (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M40-44			
1	M4028	Mohd Azmeer B Amarullah	S'gor Masters	1	20:04.70
2	M4016	Nasrulhairin Bin Mohammad Nasir	Perak Masters	2	21:07.45
3	M4024	Yaakob Bin Idris	P'ng Masters	3	24:30.72
4	M4030	Daljit Singh	NMAA India	4	26:26.12
5	M4025	Yoganathan a/l Raman	P'ng Masters	5	26:32.57
6	M4020	Ahmad Bulkiah Bin Jamaluddin	SAMAS	6	29:19.86

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0800	201	3000M WALK (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M45-49			
1	M4518	Tan Chee Leong	P'ng Masters	1	16:43.69
2	M4509	Dr Kesavan Nallaluthan	Perak Masters	2	19:03.76
3	M4512	Zaizul Anuwar Bin Zainudin	Perak Masters	3	22:51.61
4	M4525	Halid B Nurmin	PDRM	4	23:34.99

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0800	202	JAVELIN (W35-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W35-39			
1	W3506	Suzanirihwati Binti Abd Ghani	SAMAS	1	14.99
2	W3504	Muhaini Binti Abd Manan	Perak Masters	2	14.16
3	W3514	Liana Binti Ramli	S'gor Masters	3	12.04

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0800	202	JAVELIN (W35-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W40-44			
1	W4015	Angeline Jumbo	SAMAS	1	26.25
2	W4010	Magdalini Anak Hillary Panggau	SAMAS	2	21.45
3	W4004	K Purnima	India Mast Ath	3	12.4

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0800	203	Long Jump (M35-44)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M35-39			
1	M3508	Mohammad Mahdi Shakoori Dizaji	IRAN	1	5.07
2	M3505	R Manjunatha	India Mast Ath	2	4.77

TIME 0800	EVENT NO 203	EVENT / AGE GROUP Long Jump (M35-44)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M40-44			
1	M4007	Mohsen Haghihatnezhad	IRAN	1	5.12
2	M4026	Zulkarnain bin Zakaria	KL Masters	2	4.92
3	M4018	Sariffulnizan Bin Nazan	Perak Masters	3	4.48
4	M4011	Ahmad Shah Wahid	Perak Masters	4	4.45
5	M4015	Muhammad Iskandar Bin Ibrahim	Perak Masters	5	3.76

TIME 0830	EVENT NO 204	EVENT / AGE GROUP 3000M WALK (M50-59)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M50-55			
1	M5021	Suresh Kumar Goobinnaan	FITMA	1	17:33.97
2	M5011	Zawawi Bin Abidin	Perak Masters	2	26:46.14

TIME 0830	EVENT NO 204	EVENT / AGE GROUP 3000M WALK (M50-59)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M55-59			
1	M5508	Mohd Zaini Harun	Perak Masters	1	18:11.43
2	M5502	Jayapal a/l Kuppusamy	PDRM (R)	2	19:41.38
3	M5521	Careca Yong Loi Huat	Johor Masters	3	20:44.42
4	M5509	Nagarajan A/L Ramasamy	Perak Masters	4	23:35.40

TIME 0900	EVENT NO 205	EVENT / AGE GROUP 3000M WALK (M60-69)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M60-64			
1	M6036	K Vikneswaran a/l Kuppusamy	Hasil	1	19:07.92
2	M6037	R Subramanniam	S'pore	2	19:29.42
3	M6019	Valaitham A/L Vedanayagam	Perak Masters	3	20:19.96
4	M6012	Ansari Bin Abdul Rahman	Perak Masters	4	24:55.21
5	M6030	Vijiandran a/l Muniayandy	S'gor Masters	5	26:43.86
6	M6025	Tamil Kodi a/l Kaneson	NS Masters	6	26:53.17

TIME 0900	EVENT NO 205	EVENT / AGE GROUP 3000M WALK (M60-69)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M65-69			
1	M6514	Mahalingam Kuppusamy	FITMA	1	20:19.50
2	M6512	Elangovan Sithiram Suppiah	FITMA	2	20:51.68
3	M6508	Nagaraja a/l D Maria Savari	PDRM (R)	3	21:49.43
4	M6531	R Nanchappan a/l Rajagopal	Pahang Vet	4	22:12.60
5	M6527	Govi a/l A. Ramoo	P'ng Masters	5	22:17.49
6	M6528	Thamilarasu a/l Rathinam	S'gor Masters	6	23:12.80
7	M6502	Kalai Chalvan a/l A Subramaniam	S'gor Masters	7	26:17.09
8	M6501	Viswanathan a/l B K Nayar	S'gor Masters	8	27:26.37

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0910	206	Long Jump (M45-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M45-49			
1	M4510	Nasarudin Bin Supian	Perak Masters	1	5.34
2	M4508	Amnat Perat	Perak Masters	2	5.24
3	M4505	Reza Sheykhi	IRAN	3	5.03
4	M4506	Adi Wira Bin Mohd Zin	Perak Masters	4	4.83

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0910	206	Long Jump (M45-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M50-54			
1	M5001	Kuang Tiek Dang	S'wak	1	4.89
2	M5012	Pratik Murwatno Sardjono	PAMI	2	4.81
3	M5022	Rosidi Bin Omar	Perlis	3	3.96
4	M5003	Mahdi Eghbalee Mahdiabadi	IRAN	4	3.71

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0910	207	JAVELIN (W45-54)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W45-49			
1	W4504	Shailja Beniwal	NMAA India	1	5.31

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0910	207	JAVELIN (W45-54)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W50-54			
1	W5011	Alinawati Aliakbar	Brunei	1	23.80
2	W5007	Noral Azian Binti Zainal	Perak Masters	2	17.56
3	W5002	Wong Choy Lan	FITMA	3	16.08

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0930	208	3000M WALK (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70 -74			
1	M7005	Manian A/L Appalasamy	Perak Masters	1	22:12.25
2	M7001	Tani Clace a/l Sebastian	PDRM (R)	2	22:14.06
3	M7002	Murugan Maniam	FITMA	3	22:50.56
4	M7004	Venbataraman Ramaloo	FITMA	4	25:35.47

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TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0930	208	3000M WALK (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M75-79			
1	M7502	Ahmad Shamsuddin Bin Muhiyuddin	FITMA	1	23:00.17
2	M7504	Ratanavelu Govindasamy	FITMA	2	23:41.25
3	M7512	Omar Bin Kahar	Brunei Masters	3	24:59.72
4	M7513	Phillip Lim	KL Masters	4	25:37.35
5	M7510	Kannan Arumugam	S'pore Mast	5	26:02.79

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0930	208	3000M WALK (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M80-84			
1	M8007	Kapt (B) Hj Osman bin Hj Lahab	Brunei	1	26:45.03
2	M8001	Indran a/l Vithilingam	S'gor	2	43:43.85

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1010	209	JAVELIN (W55-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W55-59			
1	W5503	K Matsya Konda	India Mast Ath	1	18.15
2	W5509	Jessie Manjin	SAMAS	2	14.93
3	W5501	Jessee Tsen Chew Moi	P Olahraga Labuan	3	13.59
4	W5504	Amalia Marquez Barcoma	FITMA	4	10.03

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1010	209	JAVELIN (W55-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W60-64			
1	W6004	Theresa Sidau	SAMAS	1	13.33
2	W6014	Siti Diah Binti Jani	Brunei Masters	2	12.86
3	W6005	Mariana W Molijuh	SAMAS	3	10.49

TIME 1010	EVENT NO 210	EVENT / AGE GROUP Long Jump (M55-64)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M55-59			
1	M5517	Ronny Justine	SAMAS	1	4.88
2	M5506	Hamzah Bin Abdul Karim	Perak Masters	2	4.87
3	M5514	Zulkifly Bin Yeop	Perak Masters	3	4.78

TIME 1010	EVENT NO 210	EVENT / AGE GROUP Long Jump (M55-64)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M60-64			
1	M6020	Jaafar Bin Timbang	SAMAS	1	4.49
2	M6022	Suhaili Bin Saneh	SAMAS	2	4.31
3	M6010	Syedhossein Salehighafarokhi	IRAN	3	4.00
4	M6038	Wan Nadris B Wan Mohamad	T'gnu	4	3.93
5	M6001	Mustafa bin Ibrahim	S'pore/SMTFA	5	3.80
6	M6023	Juintin Bin Allap	SAMAS	6	2.47

TIME 1010	EVENT NO 211	EVENT / AGE GROUP 400M (W35-39)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W3513	Ana Binti Mohzan	S'gor Masters	1	71.6
2	W3515	Alya Aljafri	KL	2	77.2

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1020	212	400M (W40-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W4005	Vally Michael	FITMA	1	75.0
2	W4014	Ahadijah Magdalina Joseph Gidik	SAMAS	2	82.06

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1030	213	400M (W45-49)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W4502	Mitra Jafarpour Zideh Saraei	IRAN	1	65.7
2	W4514	Jeyanthi a/p Sintrasakaren	P'ng Masters	2	74.7
3	W4509	Parida Binti Usman	SAMAS	3	79.75
4	W4511	Linah Bt Ikun	SAMAS	4	83.13

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1030	214	High Jump (W60 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W60-64			
1	W6009	Theresline a/p Asirvatham	S'gor Masters	1	1.05
2	W6001	Roselina Bakar	S'gor Masters	2	1.00

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1040	215	400M (W50-54)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W5001	Tamilslve Periasamy	FITMA	1	85.9
2	W5006	Nokalmah Sanasee	Perak Masters	2	104.42

TIME 1050	EVENT NO 216	EVENT / AGE GROUP 400M (W55-59)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W5513	Erine Sinuel	SAMAS	1	74.3
2	W5502	Husna Binti Abdullah	Brunei	2	97.3
3	W5505	Ziba Khorramian	IRAN	3	102.4

TIME 1100	EVENT NO 217	EVENT / AGE GROUP JAVELIN (W65 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W65-69			
1	W6508	Dr Pushfa a/p Ramasamy	KL Masters	1	14.43
2	W6504	Maryem Joinol	SAMAS	2	13.02
3	W6509	Nur Aishah Abdullah	S'gor Masters	3	12.76
4	W6510	Hajah Aminah Hj Awg. Damit	Brunei Masters	4	10.40
5	W6501	H M Sujatha	India Mast Ath	5	9.76

TIME 1100	EVENT NO 217	EVENT / AGE GROUP JAVELIN (W65 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W70-74			
1	W7005	Helena Majalang	SAMAS	1	15.28
2	W7001	Anny Michael Nanak	SAMAS	2	12.41
3	W7007	Saroj Bala	NMAA India	3	5.84

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1100	217	JAVELIN (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W75-79			
1	W7501	Lee Ngit Yung	SAMAS	1	10.53
2	W7504	Wirnayati Aibar	PAMI	2	7.34

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1100	217	JAVELIN (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W90-94			
1	W9001	Marietje Elizabeth Rorek	PAMI	1	4.45

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1100	218	Long Jump (M65 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M65-69			
1	M6517	Shokrollah Jahantigh	IRAN	1	4.20
2	M6526	AB Malek B Taib	NS Masters	2	3.16
3	M6529	Mohd Mansharar B Abd Jalil	S'gor Masters	3	3.05
4	M6507	Md Nazri bin Kassim	PDRM (R)	4	2.97

TIME 1100	EVENT NO 218	EVENT / AGE GROUP Long Jump (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M70-74			
1	M7018	Haji Safri / Tiang Bin Hj Mudin	Brunei Masters	1	3.29
2	M7020	Eddy Choo Wai Kin	KL Masters	2	1.97

TIME 1100	EVENT NO 218	EVENT / AGE GROUP Long Jump (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M80-84			
1	M8007	Kapt (B) Hj Osman bin Hj Lahab	Brunei	1	3.10

TIME 1100	EVENT NO 219	EVENT / AGE GROUP 400M (W60 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W60-64			
1	W6004	Theresa Sidau	SAMAS	1	93.2
2	W6007	Belinda Ting Yew King	S'gor Masters	2	108.9
3	W6012	Sinnamah a/p Golla Bangaru	S'gor Masters	3	128.0

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1100	219	400M (W60 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W65-69			
1	W6506	Samsiah @ Shamsiah Md Yassin	SAMAS	1	133.3

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1100	220	High Jump (W45-59)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W45-49			
1	W4512	Laura Binti Dosui	SAMAS	1	1.05

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1100	220	High Jump (W45-59)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W50-54			
1	W5002	Wong Choy Lan	FITMA	1	1.00

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1100	220	High Jump (W45-59)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W55-59			
1	W5506	Mozhgan Manouchehri	IRAN	1	1.00
2	W5510	Mariani Binti Manan	SAMAS	2	0.95

TIME 1110	EVENT NO 221	EVENT / AGE GROUP 400M (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M65-69			
1	M6511	Marznimurney Bin Abdullah	Brunei	1	80.0
2	M6520	Mohamad Zamri Bin Hj Mohd Nin	Perak Masters	2	83.1
3	M6522	Daim Gayam	SAMAS	3	87.9
4	M6516	Sundararaju Suppan	FITMA	4	95.7
5	M6515	Rajasegaran Kannen	FITMA	5	113.6

TIME 1110	EVENT NO 221	EVENT / AGE GROUP 400M (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70-74			
1	M7013	Rama Krishnan a/l Manikam	NS Masters	1	88.1
2	M7001	Tani Clace a/l Sebastian	PDRM (R)	2	102.5
3	M7016	AP Nadan	S'pore Mast	3	137.0

TIME 1110	EVENT NO 221	EVENT / AGE GROUP 400M (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M80-84			
1	M8005	Cheah Swee Hwa, Jack	P'ng Masters	1	102.8
2	M8006	Loke Kuan Sow	P'ng Masters	2	104.3

TIME 1120	EVENT NO 222/1	EVENT / AGE GROUP 400M (M60-64)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M6003	Boobathy Ramasamy	Johor Masters	1	67.2
2	M6014	Dr J.Thamotharan S.Jeyaraman	Perak Masters	2	68.2
3	M6024	Thanabalan Subramaniam	JETS	3	68.5
4	M6010	Seyedhossein Salehighafarokhi	IRAN	4	73.0
5	M6028	Paramanantham a/l G Subramaniam	P'ng Masters	5	75.9
6	M6035	Kulwant Singh	NMAA India	6	76.3
7	M6029	Kunasegaran a/l Maniveloo	S'gor Masters	7	78.3
8	M6018	Nagarajan A/L Karuppia	Perak Masters	8	83.6

TIME 1130	EVENT NO 223	EVENT / AGE GROUP 400M (M55-59)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5504	Saeid Heshmat Ghahdrijani	IRAN	1	65.0
2	M5528	Supparamaniyam a/l Ramasamy	S'gor Masters	2	69.7
3	M5512	Shanmuganathan A/L Ratanam	Perak Masters	3	70.3
4	M5503	Naser Sheibani	IRAN	4	72.7
5	M5523	Azuan B Othman	NS Masters	5	108.8

TIME 1140	EVENT NO 224	EVENT / AGE GROUP 400M (M50-54)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5006	Husnul Kahar Haji Abdul Ghani	Perak Masters	1	70.4
2	M5016	Thanabalan a/l Subramaniam	KL Masters	2	71.8
3	M5018	Zulkafili Shamsuddin	Pahang Vet	3	77.5

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1150	225	High Jump (W35-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W35-39			
1	W3508	Raida Binti Bajil	SAMAS	1	1.07
	W3511	Warohin A/P Rosli	SAMAS	-	

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1150	225	High Jump (W35-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W40-44			
1	W4016	Rohainah Bt Wahab	M'ca Masters	1	1.23
2	W4001	Umi Ilyana Bt Kamaludin	Johor Masters	2	1.20
3	W4015	Angeline Jumbo	SAMAS	3	1.15

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1150	226	400M (M45-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M4516	Preemadesa Peyadesa	P'ng Masters	1	62.1
2	M4513	Yusri Bin Yusuf	SAMAS	2	69.7
3	M4520	Vignesparan Veera Ragavan	KL Masters	3	80.6

TIME 1200	EVENT NO 227/1	EVENT / AGE GROUP 400M (M40-44)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M4022	Visvenathan Tangavello	P'ng Masters	1	58.5
2	M4021	Cyril Misong	SAMAS	2	58.8
3	M4012	Amirruddin Bin Ishak	Perak Masters	3	59.6
4	M4028	Mohd Azmeer B Amarullah	S'gor Masters	4	77.5
5	M4013	Chin Did Thien	Perak Masters	5	80.5
6	M4020	Ahmad Bulkiah Bin Jamaluddin	SAMAS	6	89.4

TIME 1210	EVENT NO 228	EVENT / AGE GROUP 400M (M35-39)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M3511	Mohd Zhafran Bin Mohd Rosli	Perak Masters	1	58.1
2	M3504	Blorden Anak Ben @ Ahie	S'wak	2	69.3

TIME 1220	EVENT NO 229	EVENT / AGE GROUP 4 X 100M	CATEGORY WOMEN	OPEN	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M	Samas Team A	SAMAS	1	57.6
2	D	Perak Masters	Perak Masters	2	61.2
3	H	Iran	IRAN	3	63.1
4	L	Samas Team B	SAMAS	4	63.7
5	E	Fitma	FITMA	5	63.8
6	K	Samas Team C	SAMAS	6	72.0

TIME 1230	EVENT NO 230	EVENT / AGE GROUP 4 X 100M	CATEGORY MEN	OPEN	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	A	Perak Masters A	Perak Masters	1	48.2
2	G	Iran A	IRAN	2	51.0
3	B	Perak Masters B	Perak Masters	3	52.5
4	F	Iran B	IRAN	4	55.7
5	C	Perak Masters C	Perak Masters	5	57.1

TIME 1400	EVENT NO 231	EVENT / AGE GROUP 100M (W35-39)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W3510	Grace Aloysius	SAMAS	1	14.1
2	W3513	Ana Binti Mohzan	S'gor Masters	2	14.2
3	W3508	Raida Binti Bajil	SAMAS	3	14.5
4	W3501	Marjan Mahdavi	IRAN	4	15.3

TIME 1400	EVENT NO 232	EVENT / AGE GROUP Javelin (M35-49)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M35-39			
1	M3514	Kenneth Fan Chun Keat	Sabah	1	1.44

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1400	232	Javelin (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M40-44			
1	M4006	Ali Bigleri	IRAN	1	41.49
2	M4005	Pezhman Rouhani Janbehsaraei	IRAN	2	37.73
3	M4004	KBVM Krishna Prasad	India Mast Ath	3	30.98

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1400	232	Javelin (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M45-49			
1	M4521	Ashley Yeo Hee Choon	S'pore Mast	1	35.33
2	M4524	Muhammad Asri B Mohamed Arof	Hasil	2	32.88
3	M4502	Mahyar Maleki Roudposht	IRAN	-	NM

TIME 1400	EVENT NO 233	EVENT / AGE GROUP Shot Put (W35-44)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W35-39			
1	W3502	Samereh Sadeghi	IRAN	1	9.25
2	W3507	Ernie Nazarius	SAMAS	2	7.46
3	W3503	Zahra Kheirandishsarabi	IRAN	3	7.04
4	W3512	Priyalakshimi a/p Mahenthiran Rayer	P'ng Masters	4	5.97
5	W3514	Liana Binti Ramli	S'gor Masters	5	5.30

TIME 1400	EVENT NO 233	EVENT / AGE GROUP Shot Put (W35-44)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W40-44			
1	W4018	Masoumeh Salarinahand	IRAN	1	6.67
2	W4010	Magdalini Anak Hillary Panggau	SAMAS	2	6.63

TIME 1410	EVENT NO 234	EVENT / AGE GROUP 100M (W40-44)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W4007	Dr Lailatul Mohainy Binti Mohd	Perak Masters	1	14.8
2	W4012	Ruzina Binti Eluk	SAMAS	2	15.7
3	W4002	Santra Kala a/p Sundraraj	IRC NS	3	15.8
4	W4003	Jelinih Motibi	P Olahraga Labuan	4	16.7

TIME 1420	EVENT NO 235	EVENT / AGE GROUP 100M (W45-49)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W4502	Mitra Jafarpour Zideh Saraei	IRAN	1	14.4
2	W4505	Almawati Kassim	Perak Masters	2	15.3
3	W4509	Parida Binti Usman	SAMAS	3	15.3
4	W4511	Linah Bt Ikun	SAMAS	4	15.4
5	W4513	Parameswari Sellaparma	P'ng Masters	5	15.4

TIME 1430	EVENT NO 236	EVENT / AGE GROUP 100M (W50-54)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W5004	Marta Basa Lokman	Labuan Masters	1	16.1
2	W5010	Savita Devi	NMAA India	2	19.3

TIME 1440	EVENT NO 237	EVENT / AGE GROUP 100M (W55-59)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W5513	Erine Sinuel	SAMAS	1	14.1
2	W5511	Jomyta Binti Elon	SAMAS	2	18.2

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1450	238	100M (W60-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W6003	Raineh @ Tambi Binti Sawan	SAMAS	1	16.0
2	W6001	Roselina Bakar	S'gor Masters	2	17.2
3	W6007	Belinda Ting Yew King	S'gor Masters	3	17.8

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1450	239	Shot Put (W45-59)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W45-49			
1	W4507	Nalina Devi A/P Applanaidu	Perak Masters	1	6.83
2	W4504	Shailja Beniwal	NMAA India	2	4.66

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1450	239	Shot Put (W45-59)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W50-54			
1	W5011	Alinawati Aliakbar	Brunei	1	8.09
2	W5010	Savita Devi	NMAA India	2	6.56

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1450	239	Shot Put (W45-59)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W55-59			
1	W5513	Erine Sinuel	SAMAS	1	7.42
2	W5501	Jessee Tsen Chew Moi	P Olahraga Labuan	2	7.25
3	W5509	Jessie Manjin	SAMAS	3	6.69
4	W5503	K Matsya Konda	India Mast Ath	4	6.39
5	W5507	Suzyla Binti Jaffar	Perak Masters	5	6.23

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1500	240	Javelin (M50-64)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M50-54			
1	M5010	Ong Boon Kok	Perak Masters	1	28.14
2	M5014	Nor Zamshuri B Ramli	NS Masters	2	26.29
3	M5003	Mahdi Eghbalee Mahdiabadi	IRAN	3	6.97

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1500	240	Javelin (M50-64)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M55-59			
1	M5518	Robert Bin Silati	SAMAS	1	29.62
2	M5531	Reza Fotohi A	S'pore/SMTFA	2	28.99
3	M5519	James Patrick	SAMAS	3	27.97
4	M5517	Ronny Justine	SAMAS	4	26.26

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1500	240	Javelin (M50-64)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M60-64			
1	M6007	Gunasaegaran Narasapan	FITMA	1	33.41
2	M6028	Paramanantham a/l G Subramaniam	P'ng Masters	2	19.44
3	M6023	Juintin Bin Allap	SAMAS	3	17.57
4	M6008	Jayaraman Nagamuthu	FITMA	4	14.26

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1500	241	100M (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W65-69			
1	W6506	Samsiah @ Shamsiah Md Yassin	SAMAS	1	23.3

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1500	241	100M (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W70-74			
1	W7004	Jentunis @ Christina Labanjing	SAMAS	1	28.4

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1500	241	100M (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W75-79			
1	W7502	Margaretha Aritonang	PAMI	1	25.2
2	W7503	Satwant Kaur Sidhu	NMAA India	2	28.8

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1510	242	1500M (M35-39)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M3505	R Manjunatha	India Mast Ath	1	04:57.95
2	M3507	Jamshid Rigi	IRAN	2	05:00.51

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1525	243	1500M (M40-44)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M4029	Vipin Kumar Singh	NMAA India	1	05:08.66
2	M4026	Zulkarnain bin Zakaria	KL Masters	2	05:41.04
3	M4024	Yaakob Bin Idris	P'ng Masters	3	08:02.34

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1540	244	Shot Put (W60 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W60-65			
1	W6009	Theresline a/p Asirvatham	S'gor Masters	1	6.06
2	W6014	Siti Diah Binti Jani	Brunei Masters	2	5.58
3	W6011	Letchumiprabah Ramachandran	S'gor Masters	3	5.25

TIME 1540	EVENT NO 244	EVENT / AGE GROUP Shot Put (W60 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W65-69			
1	W6501	H M Sujatha	India Mast Ath	1	6.35
2	W6509	Nur Aishah Abdullah	S'gor Masters	2	6.10
3	W6508	Dr Pushfa a/p Ramasamy	KL Masters	3	5.76
4	W6504	Maryem Joinol	SAMAS	4	5.33
5	W6511	Hajah Mariah Hj Metussin	Brunei Masters	5	3.76

TIME 1540	EVENT NO 244	EVENT / AGE GROUP Shot Put (W60 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W70-74			
1	W7005	Helena Majalang	SAMAS	1	6.08
2	W7001	Anny Michael Nanak	SAMAS	2	4.89
3	W7007	Saroj Bala	NMAA India	3	4.53

TIME 1540	EVENT NO 244	EVENT / AGE GROUP Shot Put (W60 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W75-79			
1	W7501	Lee Ngit Yung	SAMAS	1	6.25
2	W7503	Satwant Kaur Sidhu	NMAA India	2	5.44

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1540	244	Shot Put (2 Kg) (W60 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W90-94			
1	W9001	Marietje Elizabeth Rorek	PAMI	1	2.59

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1540	245	1500M (M45-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M4509	Dr Kesavan Nallaluthan	Perak Masters	1	05:37.14
2	M4513	Yusri Bin Yusuf	SAMAS	2	05:39.84

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1555	246	1500M (M50-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5002	Keramat Saadatkhogh	IRAN	1	05:30.40
2	M5015	S Divagaran a/l Subramaniam	KL Masters	2	05:38.45

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1600	247	Javelin (M65 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M65-69			
1	M6513	Krishnasamy Karupppiah	FITMA	1	35.31
2	M6529	Mohd Mansharar B Abd Jalil	S'gor Masters	2	29.58
3	M6523	Dr.Tajul Ariffin B.Awang Mohd	SAMAS	3	22.39
4	M6534	Farhad Mohammadalizadeh Darzi	IRAN	4	16.44

TIME 1600	EVENT NO 247	EVENT / AGE GROUP Javelin (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M70-74			
1	M7007	Tarmizi Sandhu	SAMAS	1	33.92
2	M7008	Edwin Goh	SAMAS	2	25.55
3	M7003	Nadarajah M. Periyah	FITMA	3	23.93
4	M7010	Suing @ Sylvester Kuil	SAMAS	4	19.68

TIME 1600	EVENT NO 247	EVENT / AGE GROUP Javelin (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M75-79			
1	M7505	Vimalasingam V. Saranamuthu	FITMA	1	10.48

TIME 1600	EVENT NO 247	EVENT / AGE GROUP Javelin (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M80-84			
1	M8002	Eduh Totimoh @ Bonaventure	SAMAS	1	12.02
2	M8003	Purushothaman Anantham	KL	-	NM

TIME 1610	EVENT NO 248	EVENT / AGE GROUP 1500M (M55-59)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5525	Rathakrishnan a/l Ramakrishnan	P'ng Masters	1	05:54.68
2	M5512	Shanmuganathan A/L Ratanam	Perak Masters	2	06:02.19
3	M5522	Soo Hoe Hin Tak	FITMA	3	06:18.55

TIME 1625	EVENT NO 249	EVENT / AGE GROUP 1500M (M60-64)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M6003	Boobathy Ramasamy	Johor Masters	1	05:51.76
2	M6031	Subramaniam Krishnan	S'gor Masters	2	06:15.46
3	M6017	Khor Kim En	Perak Masters	3	06:18.55
4	M6035	Kulwant Singh	NMAA India	4	06:40.88
5	M6015	Gnanasegaran A/L Chappanimuthu	Perak Masters	5	06:46.76
6	M6038	Wan Nadris B Wan Mohamad	T'gnu	6	07:24.71
7	M6034	Bhupinder Singh	NMAA India	7	07:47.60

TIME 1640	EVENT NO 250	EVENT / AGE GROUP 1500M (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M65-69			
1	M6524	Lim Kian Huat	FITMA	1	06:20.46
2	M6511	Marznimurney Bin Abdullah	Brunei	2	06:21.45
3	M6519	Krishnasamy A/L Chappanimuthu	Perak Masters	3	06:56.04
4	M6518	Krishnan a/l Andy	Kedah	4	06:56.21
5	M6516	Sundararaju Suppan	FITMA	5	07:53.35
6	M6525	Rajah Arumugam a/l M Arumugam	NS Masters	6	08:08.61

TIME 1640	EVENT NO 250	EVENT / AGE GROUP 1500M (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70-74			
1	M7013	Rama Krishnan a/l Manikam	NS Masters	1	06:55.47
2	M7006	Samutharapandian A/L S. Periasamy	Perak Masters	2	07:29.56
3	M7015	Annathakrishnan a/l Mariappen	P'ng Masters	3	08:28.70

TIME 1640	EVENT NO 250	EVENT / AGE GROUP 1500M (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M75-79			
1	M7506	Murugesu A/L Sinnathevar	Perak Masters	1	08:10.34
2	M7502	Ahmad Shamsuddin Bin Muhiyuddin	FITMA	2	08:20.98
3	M7513	Phillip Lim	KL Masters	3	09:26.20

TIME 1640	EVENT NO 250	EVENT / AGE GROUP 1500M (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M80-84			
1	M8005	Cheah Swee Hwa, Jack	P'ng Masters	1	08:47.37
2	M8006	Loke Kuan Sow	P'ng Masters	2	09:30.32
3	M8004	Nalliah a/l Ramasamy	NS Masters	3	15:10.77

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1655	251	2000M (W35-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W35-39			
1	W3505	Nurul Aini Binti Abdul Rahman	Perak Masters	1	09:26.65
2	W3509	Noor Suzaineh Binti Samirin	SAMAS	2	12:16.35

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1655	251	2000M (W35-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W40-44			
1	W4005	Vally Michael	FITMA	1	08:32.15

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1715	252	2000M (W45-54)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W45-49			
1	W4506	Fazeela Binti M Hairi	Perak Masters	1	12:03.61

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1715	252	2000M (W45-54)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W50-54			
1	W5002	Wong Choy Lan	FITMA	1	10:54.95

TIME 1730	EVENT NO 253	EVENT / AGE GROUP 2000M (W55-64)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W55-59			
1	W5502	Husna Binti Abdullah	Brunei	1	09:59.16
2	W5512	Rose Sidau	SAMAS	2	11:47.89
3	W5507	Suzyla Binti Jaffar	Perak Masters	3	11:57.73

TIME 1730	EVENT NO 253	EVENT / AGE GROUP 2000M (W55-64)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W60-64			
1	W6010	Goh Kim Hong Maggie	S'gor Masters	1	10:15.62
2	W6006	Salvarani a/p Krishnan	P'ng Masters	2	15:27.59

TIME 1750	EVENT NO 254	EVENT / AGE GROUP 2000M (W65 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W65-69			
1	W6505	Jouti @ Vironica Binti Elau	SAMAS	1	11:08.32
2	W6512	Komathi V Krishnasamy	FITMA	2	14:54.22

TIME 1750	EVENT NO 254	EVENT / AGE GROUP 2000M (W65 and above)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W70-74			
1	W7003	Kimih Binti Monjitol @ Florence	SAMAS	1	15:26.86

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TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0800	301	1500M (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W65-69			
1	W6505	Jouti @ Vironica Binti Elau	SAMAS	1	08:12.27

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0800	301	1500M (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W70-74			
1	W7003	Kimih Binti Monjitol @ Florence	SAMAS	1	11:24.56

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0800	302	Shot Put (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M40-44			
1	M4005	Pezhman Rouhani Janbehsaraei	IRAN	1	10.46
2	M4003	Firdauz Mura bin Mura	S'wak	2	9.75
3	M4008	Mousa Rezaeizadeh Siboni	IRAN	3	9.31
4	M4006	Ali Bigleri	IRAN	4	8.83
5	M4015	Muhammad Iskandar Bin Ibrahim	Perak Masters	5	8.26
6	M4004	KVBM Krishna Prasad	India Mast Ath	6	7.20

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0800	302	Shot Put (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M45-49			
1	M4504	Mehdi Kazemi Nopashian	IRAN	1	11.89
2	M4502	Mahyar Maleki Roudposht	IRAN	2	7.89
3	M4507	Ahmad Ezman Bin Pudil @ Fadzil	Perak Masters	3	7.62
4	M4520	Vignesparan Veera Ragavan	KL Masters	4	7.31
5	M4521	Ashley Yeo Hee Choon	S'pore Mast	5	7.29

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0800	303	Triple Jump (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70-74			
1	M7020	Eddy Choo Wai Kin	KL Masters	1	5.39
2	M7012	Mohd Radir Bin Kasbi	NS Masters	2	4.42

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0815	304	1500M (W60-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W60-64			
1	W6010	Goh Kim Hong Maggie	S'gor Masters	1	07:32.02
2	W6006	Salvarani a/p Krishnan	P'ng Masters	2	10:17.40

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0830	305	1500M (W55-59)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W5506	Mozhgan Manouchehri	IRAN	1	07:02.76
2	W5502	Husna Binti Abdullah	Brunei	2	07:07.96
3	W5505	Ziba Khorramian	IRAN	3	08:10.01
4	W5512	Rose Sidau	SAMAS	4	08:37.32

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0845	306	1500M (W50-54)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W5001	Tamilslve Periasamy	FITMA	1	07:40.29
2	W5003	Pushpa a/p Kuppusamy	S'gor Masters	2	10:30.89

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0900	307	1500M (W45-49)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W4503	Klaris Kaprelian Hadani	IRAN	1	06:45.18
2	W4501	Legah Meyyappan	FITMA	2	07:31.91

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0900	308	Shot Put (M50-59)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M50-54			
1	M5023	PG Azizul Akbar B PG HJ Baadaruddin	Brunei	1	8.94
2	M5005	Asni Bin Tahir	Perak Masters	2	8.87
3	M5004	Ravinder Singh Poonia	NMAA India	3	8.08
4	M5014	Nor Zamshuri B Ramli	NS Masters	4	6.45

TIME 0900	EVENT NO 308	EVENT / AGE GROUP Shot Put (M50-59)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M55-59			
1	M5505	Abdul Rahim B. Abdul Hamid	Perak Masters	1	9.73
2	M5530	Maulani Bin Diman	SAMAS	2	9.64
3	M5524	Sukhraj Singh Dhillon	P'ng Masters	3	5.26

TIME 0900	EVENT NO 309	EVENT / AGE GROUP Triple Jump (M60-69)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M60-64			
1	M6020	Jaafar Bin Timbang	SAMAS	1	9.70
2	M6022	Suhaili Bin Saneh	SAMAS	2	9.60
3	M6010	Seyedhossein Salehighafarokhi	IRAN	3	8.61
4	M6038	Wan Nadris B Wan Mohamad	T'gnu	4	8.12
5	M6001	Mustafa bin Ibrahim	S'pore/SMTFA	5	7.13
6	M6023	Juintin Bin Allap	SAMAS	6	5.14

TIME 0900	EVENT NO 309	EVENT / AGE GROUP Triple Jump (M60-69)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M65-69			
1	M6532	Budin Anak Meringgai	Brunei Masters	1	5.74
2	M6523	Dr.Tajul Ariffin B.Awang Mohd	SAMAS	2	5.64

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0915	310	1500M (W40-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W4005	Vally Michael	FITMA	1	06:09.46
2	W4014	Ahadijah Magdalina Joseph Gidik	SAMAS	2	07:34.47

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0930	311	1500M (W35-39)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W3505	Nurul Aini Binti Abdul Rahman	Perak Masters	1	06:40.37

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
0945	312	100M (M35-39)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M3506	Abdolreza Zarei Karyani	IRAN	1	11.4
2	M3511	Mohd Zhafran Bin Mohd Rosli	Perak Masters	2	11.5
3	M3508	Mohammad Mahdi Shakoori Dizaji	IRAN	3	12.6
4	M3510	Ahmad Syahman Bin Rusli	Perak Masters	4	12.7
5	M3516	Prakash Manikkavasagam	India	5	14.4
6	M3513	Mohd Arif B Azmi	KL Masters	6	15.4

TIME 0955	EVENT NO 313	EVENT / AGE GROUP 100M (M40-44)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M4009	Seyed Mohsen Palar	IRAN	1	11.7
2	M4021	Cyril Misong	SAMAS	2	12.3
3	M4013	Chin Did Thien	Perak Masters	3	12.4
4	M4018	Sariffulnizan Bin Nazan	Perak Masters	4	12.9
5	M4011	Ahmad Shah Wahid	Perak Masters	5	13.3

TIME 1000	EVENT NO 314	EVENT / AGE GROUP Shot Put (M60-74)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M60-64			
1	M6007	Gunasaegaran Narasapan	FITMA	1	11.28
2	M6008	Jayaraman Nagamuthu	FITMA	2	7.72
3	M6027	Kolanda Kavandan a/l Ramasamy	NS Masters	3	5.06

TIME 1000	EVENT NO 314	EVENT / AGE GROUP Shot Put (M60-74)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M65-69			
1	M6534	Farhad Mohammadalizadeh Darzi	IRAN	1	9.67
2	M6513	Krishnasamy Karuppiah	FITMA	2	8.29
3	M6528	Thamilarasu a/l Rathinam	S'gor Masters	3	7.07
4	M6535	M Shenbagamoorthy	India	4	6.76

TIME 1000	EVENT NO 314	EVENT / AGE GROUP Shot Put (M60-74)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M70-74			
1	M7007	Tarmizi Sandhu	SAMAS	1	10.21
2	M7003	Nadarajah M. Periyah	FITMA	2	9.16
3	M7008	Edwin Goh	SAMAS	3	8.87
4	M7010	Suing @ Sylvester Kuil	SAMAS	4	8.32
5	M7014	Dato Samuel D Joan	NS Masters	5	-

TIME 1010	EVENT NO 315	EVENT / AGE GROUP 100M (M45-49)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M4510	Nasarudin Bin Supian	Perak Masters	1	12.3
2	M4501	Wong Tze Yung	Kawan Athletics	2	12.7
3	M4503	Jalil Ghorbanian	IRAN	3	13.3
4	M4514	Steve @ Napol James	SAMAS	4	13.4
5	M4511	Nitthiyavanan A/L Vadivelu	Perak Masters	5	15.7

TIME 1015	EVENT NO 316	EVENT / AGE GROUP Triple Jump (M50-59)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M50-54			
1	M5012	Pratik Murwatno Sardjono	PAMI	1	9.80
2	M5001	Kuang Tiek Dang	S'wak	2	9.29
3	M5020	Mariappan a/l Chanachayai	S'gor	3	8.29
4	M5003	Mahdi Eghbalee Mahdiabadi	IRAN	4	7.14

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1015	316	Triple Jump (M50-59)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M55-59			
1	M5514	Zulkify Bin Yeop	Perak Masters	1	9.87
2	M5520	Jamaluddin Lani	SAMAS	2	8.74
3	M5524	Sukhraj Singh Dhillon	P'ng Masters	3	4.50

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1025	317	100M (M50-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5013	K Suresh	MAFI	1	12.3
2	M5012	Pratik Murwatno Sardjono	PAMI	2	15.7

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1040	318	100M (M55-59)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5530	Maulani Bin Diman	SAMAS	1	12.9
2	M5514	Zulkify Bin Yeop	Perak Masters	2	13.4
3	M5506	Hamzah Bin Abdul Karim	Perak Masters	3	13.4
4	M5517	Ronny Justine	SAMAS	4	23.4

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1055	319	100M (M60-64)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M6013	Ariffin Bin Harun	Perak Masters	1	13.9
2	M6029	Kunasegaran a/l Maniveloo	S'gor Masters	2	14.7
3	M6009	Alireza Mohammadi Bandari	IRAN	3	15.0
4	M6028	Paramanantham a/l G Subramaniam	P'ng Masters	4	16.0

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1100	320	Shot Put (M75 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M75-79			
1	M7503	Ramalingam Verasamy	FITMA	1	7.86
2	M7508	Supraipillay a/l Sinappo	NS Masters	2	5.84

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1100	320	Shot Put (M75 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		M80-84			
1	M8003	Purushothaman Anantham	KL	1	7.28

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1100	321	Triple Jump (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METERS
		M35-39			
1	M3510	Ahmad Syahman Bin Rusli	Perak Masters	1	9.59

TIME 1100	EVENT NO 321	EVENT / AGE GROUP Triple Jump (M35-49)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METERS
		M40-44			
1	M4028	Mohd Azmeer B Amarullah	S'gor Masters	1	8.11
2	M4015	Muhammad Iskandar Bin Ibrahim	Perak Masters	2	6.92
3	M4004	KVBM Krishna Prasad	India Mast Ath	3	6.39

TIME 1100	EVENT NO 321	EVENT / AGE GROUP Triple Jump (M35-49)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METERS
		M45-49			
1	M4505	Reza Sheykhi	IRAN	1	10.31
2	M4506	Adi Wira Bin Mohd Zin	Perak Masters	2	9.40
3	M4507	Ahmad Ezman Bin Pudil @ Fadzil	Perak Masters	3	8.56

TIME 1110	EVENT NO 322	EVENT / AGE GROUP 100M (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M65-69			
1	M6517	Shokrollah Jahantigh	IRAN	1	14.5
2	M6532	Budin Anak Meringgai	Brunei Masters	2	15.5
3	M6522	Daim Gayam	SAMAS	3	16.8

TIME 1110	EVENT NO 322	EVENT / AGE GROUP 100M (M65 and above)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70-74			
1	M7010	Suing @ Sylvester Kuil	SAMAS	1	15.2
2	M7011	Fung Kong @ Anthony Paul Fung Ah Kong	SAMAS	2	15.6
3	M7009	Uman @ Yuman Bin Sikin	SAMAS	3	15.7
4	M7018	Haji Safri / Tiang Bin Hj Mudin	Brunei Masters	4	16.6
5	M7004	Venbataraman Ramaloo	FITMA	5	21.4

TIME 1130	EVENT NO 323	EVENT / AGE GROUP Medley Relay (200M.200M.400M.800M)	CATEGORY OPEN	FINAL	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	F4	Iran	IRAN	1	04:53.40
2	A1	Perak Masters	Perak Masters	2	05:11.69
3					
4					

TIME 1400	EVENT NO 324	EVENT / AGE GROUP Triple Jump (W35-49)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METERS
		W40-44			
1	W4011	Liew Mei Ping @ Jessy	SAMAS	1	8.81
2	W4007	Dr Lailatul Mohainy Binti Mohd	Perak Masters	2	7.62
3	W4016	Rohainah Bt Wahab	M'ca Masters	3	7.40
4	W4004	K Purnima	India Mast Ath	4	5.78

TIME 1400	EVENT NO 324	EVENT / AGE GROUP Triple Jump (W35-49)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METERS
		W45-49			
1	W4505	Almawati Kassim	Perak Masters	1	7.98
2	W4512	Laura Binti Dosui	SAMAS	2	7.03
3	W4504	Shailja Beniwal	NMAA India	3	4.55

TIME 1400	EVENT NO 325	EVENT / AGE GROUP 80M H (W40-49)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W40-44			
1	W4001	Umi Ilyana Bt Kamaludin	Johor Masters	1	15.4
2	W4015	Angeline Jumbo	SAMAS	2	15.4
3	W4014	Ahadijah Magdalena Joseph Gidik	SAMAS	3	17.1

TIME 1400	EVENT NO 325	EVENT / AGE GROUP 80M H (W40-49)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W45-49			
1	W4505	Almawati Kassim	Perak Masters	1	16.5
2	W4510	Judith Tami Richard	SAMAS	2	19.1
3	W4511	Linah Bt Ikun	SAMAS	3	23.4

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1415	327	100m H (M65-69)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M6526	AB Malek B Taib	NS Masters	1	26.2

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1425	328	100m H (M60-64)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M6013	Ariffin Bin Harun	Perak Masters	1	19.9
2	M6029	Kunasegaran a/l Maniveloo	S'gor Masters	2	22.2
3	M6001	Mustafa bin Ibrahim	S'pore/SMTFA	3	23.9

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1435	326	100m H (.840) (W35-39)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W3504	Muhaini Binti Abd Manan	Perak Masters	1	26.1

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1500	330	Triple Jump (W50-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METERS
		W50-54			
1	W5004	Marta Basa Lokman	Labuan Masters	1	7.86

TIME 1500	EVENT NO 330	EVENT / AGE GROUP Triple Jump (W50-64)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METERS
		W55-59			
1	W5510	Mariani Binti Manan	SAMAS	1	6.33
2	W5514	Sri Murni Hasyim	PAMI	2	5.05

TIME 1500	EVENT NO 330	EVENT / AGE GROUP Triple Jump (W50-64)	CATEGORY WOMEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	METERS
		W60-64			
1	W6004	Theresa Sidau	SAMAS	1	6.71

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TIME 1500	EVENT NO 331	EVENT / AGE GROUP 100m H (M50-54)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5005	Asni Bin Tahir	Perak Masters	1	22.9

TIME 1515	EVENT NO 332	EVENT / AGE GROUP 110m H (M45-49)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M4510	Nasarudin Bin Supian	Perak Masters	1	21.1
2	M4514	Steve @ Napol James	SAMAS	2	23.1
3	M4524	Muhammad Asri B Mohamed Arof	Hasil	3	24.2

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1525	333	110m H (M40-44)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M4013	Chin Did Thien	Perak Masters	1	20.5

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1535	334	110m H (M35-39)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M3511	Mohd Zhafran Bin Mohd Rosli	Perak Masters	1	17.3

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1550	335	3000M (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70-74			
1	M7006	Samutharapandian A/L S. Periasamy	Perak Masters	1	16:09.75
2	M7015	Annathakrishnan a/l Mariappen	P'ng Masters	2	17:57.69

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1550	335	3000M (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M75-79			
1	M7506	Murugesu A/L Sinnathevar	Perak Masters	1	18:33.06
2	M7513	Phillip Lim	KL Masters	2	18:51.52
3	M7508	Supraipillay a/l Sinappo	NS Masters	3	22:17.96

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1550	335	3000M (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M80-84			
1	M8006	Loke Kuan Sow	P'ng Masters	1	20:13.62

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1600	336	Triple Jump (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W70-74			
1	W7004	Jentunis @ Christina Labanjing	SAMAS	1	3.08

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1600	336	Triple Jump (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	METER
		W75-79			
1	W7502	Margaretha Aritonang	PAMI	1	3.77

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1620	337	3000M (M55-69)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M55-59			
1	M5525	Rathakrishnan a/l Ramakrishnan	P'ng Masters	1	12:30.34
2	M5512	Shanmuganathan A/L Ratanam	Perak Masters	2	12:54.85
3	M5528	Supparamaniyam a/l Ramasamy	S'gor Masters	3	17:11.97

TIME 1620	EVENT NO 337	EVENT / AGE GROUP 3000M (M55-69)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M60-64			
1	M6003	Boobathy Ramasamy	Johor Masters	1	12:16.32
2	M6031	Subramaniam Krishnan	S'gor Masters	2	13:06.19
3	M6017	Khor Kim En	Perak Masters	3	13:38.41
4	M6015	Gnanasegaran A/L Chappanimuthu	Perak Masters	4	15:01.97
5	M6034	Bhupinder Singh	NMAA India	5	15:30.61

TIME 1620	EVENT NO 337	EVENT / AGE GROUP 3000M (M55-69)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M65-69			
1	M6524	Lim Kian Huat	FITMA	1	13:30.38
2	M6511	Marznmurney Bin Abdullah	Brunei	2	14:02.40
3	M6518	Krishnan a/l Andy	Kedah	3	15:44.98
4	M6519	Krishnasamy A/L Chappanimuthu	Perak Masters	4	17:12.25
5	M6525	Rajah Arumugam a/l M Arumugam	NS Masters	5	17:12.36

TIME 1645	EVENT NO 338	EVENT / AGE GROUP 3000M (M45-54)	CATEGORY MEN	FINAL	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M45-49			
1	M4513	Yusri Bin Yusuf	SAMAS	1	12:21.39
2	M4519	Ooi Eng Kok	P'ng Masters	2	13:26.35

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1645	338	3000M (M45-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M50-54			
1	M5002	Keramat Saadatkhogh	IRAN	1	11:40.67
2	M5022	Rosidi Bin Omar	Perlis	2	12:20.40
3	M5010	Ong Boon Kok	Perak Masters	3	14:10.15

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1705	339	3000M (M35-44)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M35-39			
1	M3505	R Manjunatha	India Mast Ath	1	10:45.49
2	M3507	Jamshid Rigi	IRAN	2	10:51.47

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	
1705	339	3000M (M35-44)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M40-44			
1	M4010	Andri Dauni	KL	1	10:40.57
2	M4029	Vipin Kumar Singh	NMAA India	2	10:59.57
3	M4026	Zulkarnain bin Zakaria	KL Masters	3	12:53.29

TIME 1725	EVENT NO 340	EVENT / AGE GROUP 4 X 400M	CATEGORY WOMEN	OPEN	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	L	SAMAS A	SAMAS	1	05:41.30
2	Q	SAMAS B	SAMAS	2	07:17.74
3					
4					

TIME 1735	EVENT NO 341	EVENT / AGE GROUP 4 X 400M	CATEGORY MEN	OPEN	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1		Perak Masters	Perak Masters	1	04:10.66
2		Iran	IRAN	2	04:15.35
3		SAMAS		3	04:30.29

26-May-25

S. SIVAPRAGASAM
PRESIDENT
MMAA