



# INVITATION

MMAA CORDIALLY INVITE  
ALL MALAYSIAN MEDAL WINNERS  
IN THE  
22<sup>ND</sup> AMA CHAMPIONSHIPS 2023  
CLARK CITY, PHILIPPINES  
to

## MMAA 40<sup>TH</sup> ANNIVERSARY DINNER

Date:

25<sup>TH</sup> MAY 2024

Time:

7.00 PM

Venue:

KRISTAL BALLROOM 1  
HILTON HOTEL , PETALING JAYA  
Selangor

***Please confirm your attendance by 21<sup>st</sup> April 2024***

RSVP : 013 3418516 (Mr. S. Sivapragasam)  
013 3331020 (Mr. N. Rajasvaran)

**22<sup>ND</sup> AMA CHAMPIONSHIPS 2023**  
**CLARK CITY, PHILIPPINES**  
**MEDAL WINNERS**

**Gold Medal Winners**

1. SAROJEET KAUR	1500M, 800M
2. MURALI SUBRAMAIAM	5000M WALK
3. JULIANA GUMPIL	LONG JUMP, 100M, POLE VAULT, TRIPLE JUMP, 4 X 100 M, 4 X 400 M
4. JOYCE LIM CHUEN SHIN	HIGH JUMP
5. TARMIZI SANDHU	DISCUS, 4 X 100 M
6. ERINE SINUEL	300M H, 100M, 400M, 200M, 4 X 100 M, 4 X 400 M
7. ALISON CHEW SUK LING	400M H, 400M
8. LUCY YONG	100M, POLE VAULT, 4 X 100 M, 4 X 400 M
9. ALFRED LAJAWA	100M
10. ROSECY LEE ONONG	POLE VAULT
11. KAM AH BOAY	JAVELIN
12. SOH BENG CHU	POLE VAULT
13. ABDOL MULOK B AWANG DAMIT	POLE VAULT, 4 X 100 M
14. LOKE KUAN SOW	10K Road Race
15. YUSOP TUNGKOB	10K Road Race
16. JOSEPHEN MARIA JOB	4 X 100 M
17. MARTA BASA LUKAS	4 X 100 M, 4 X 400 M
18. PARIDA BT USMAN	4 X 100 M, 4 X 400 M
19. VITALIS HERMAN	4 X 100 M
20. USMAN BIN SIJIN	4 X 100 M
21. MORDIANA BT ABDULLAH	4 X 100 M, 4 X 400 M
22. ADENAH BT LOJUHUN	4 X 100 M, 4 X 400 M
23. ZUHARLINA BT ABU BAHARIN	4 X 400 M

**(29 GOLD MEDALS)**

**Silver Medal Winners**

1. KIMIH BT MONJITOL	1500M, 800M
2. YUSOP TUNGKOP	1500M
3. CHARLIE LEE	100M H, 200M
4. SIDIN BIN KORONGOT	1500M, 800M
5. SHAMRY MOHD ALI	100M H
6. LUCY YONG	LONG JUMP, TRIPLE JUMP
7. ABDOL MULOK AWANG DAMIT	LONG JUMP
8. TARMIZI SANDHU	SHOT PUT, JAVELIN
9. JARED AMADIS ABDUL RAHMAN	HIGH JUMP
10. PATRICIA DOSUI	HIGH JUMP
11. MARGARET BT PETRUS	300M H, POLE VAULT
12. ADENAH BT LOJUHUN	2000M SC, 400M
13. ANNATHAKRISHNAN M.	2000M SC
14. KAM AH BOAY	DISCUS, HAMMER THROW
15. AISHAH BT N. ABU BAKAR	2000M SC
16. CJUA SWEE MEI	DISCUS
17. ADELINE JOHN UMBUL	100M, 400M, 200M
18. MAGDALINI ANAK HILLARY P.	JAVELIN
19. TAJUL ARIFFIN AWANG MOHD	POLE VAULT
20. HELENA MAJALANG	JAVELIN
21. LOKE KUAN SOW	400M
22. CHAN NYET FUI	JAVELIN, HAMMER THROW

23. YUSOP TUNGKOB	5000M
24. SOH BENG CHU	HAMMER THROW
25. MORDIANA BT ABDULLAH	200M
26. JOSICANTIE BT PAULUS	80M H, TRIPLE JUMP
27. SIEW HANN WEN	HAMMER THROW
28. ALISON CHEW SUK LING	200M
29. MARIANI BT MANAN	TRIPLE JUMP
30. PHILLIP LIM	10k Road Race

**(42 SILVER MEDALS)**

### **Bronze Medal Winners**

1. MAGDALINI ANAK HILLARY P.	SHOT PUT
2. MAHALINGAM KUPPUSAMY	5000M WALK
3. NANCY BT F. MICHAEL	SHOT PUT
4. MARTA BASA BT LUKAS	LONG JUMP, TRIPLE JUMP
5. SUZANIRIHWATI BT ABD GHANI	5000M WALK, JAVELIN
6. MAULANI BIN DIMAN	LONG JUMP, HIGH JUMP
7. KIMIHI BT MONJITOL	5000M WALK
8. LOKE KUAN SOW	800M
9. CHAN NYET FUI	DISCUS
10. CHUAH GUAT NA	800M
11. SOH BENG CHU	5000M WALK, 2000M SC
12. SAIDI BIN KAILU	HIGH JUMP
13. TEO CHEN LUNG	400M H
14. SHAMRY MOHD ALI	400M H
15. THERESA BT SIDAU	2000M SC
16. CHARLIE LEE	100M
17. SAROJEET KAUR	5000M
18. LEE NGIT YUNG	JAVELIN
19. CHOO WAI KIN	TRIPLE JUMP
20. MARIANI BT MANAN	80M H
21. ABDOL MULOK AWANG DAMIT	80M H
22. JOYCE LIM CHUEN SHIN	TRIPLE JUMP
23. THERESA BT SIDAU	TRIPLE JUMP
24. MAZLINA SHAFURA ABD MANAP	10 K Road Race

**(28 BRONZE MEDAL)**

**S. Sivapragasam**  
**President MMAA**

**22 March 2024**