



Sarawak/Negeri Stadium Athletics

**Men's 5000M Track Walk - M95
(301) Final**

WED 04 Dec 2019
Start Time: 07:00



Results

CR

Rank	Bib	Name	Country	Lane	Result
1	M95001	SRIRAMULU VALLABHAJOSYULA	IND		49:27.25

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 5000M Track Walk - M90
(302) Final**

WED 04 Dec 2019
Start Time: 07:00



Results

CR	43:16.15	SRIRAMULU VALLABHAJOSYULA	IND	SINGAPORE,SIN	2016
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Rank	Bib	Name	Country	Lane	Result
1	M90003	DATTATREYA N.S.R.	IND		51:33.15

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 5000M Track Walk - M80
(303) Final**

WED 04 Dec 2019
Start Time: 07:00



Results

CR	35:46.00	SRIRAMULU VALLABHAJOSYULA	IND	BANGKOK,THA	2004
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Rank	Bib	Name	Country	Lane	Result
1	M80039	NG NGOH HENG	SIN		42:22.82
2	M80031	TERUO YAEGASHI	JPN		42:24.34
3	M80014	NARAYAN SAHU	IND		43:51.95
4	M80022	MARSAM	INA		45:14.74
	M80009	GANGADHARA RAO K.	IND	0.00	DNS
	M80012	JAI DEV SHARMA	IND	0.00	DNS
	M80020	VENKATESHWARA ROA KOLLI	IND	0.00	DNS
	M80026	KIYOHICO YONEZAWA	JPN	0.00	DNF
	M80033	SHANMUGAM RATNAM	MAS	0.00	DNS
	M80040	SELVARAJAH NAVARATNA S.	SIN	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 5000M Track Walk - M75
(304) Final**

WED 04 Dec 2019
Start Time: 07:00



Results

CR	31:22.38	YONEZAWA KIYOHICO	JPN	KITAKAMI,JPN	2014
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Rank	Bib	Name	Country	Lane	Result
1	M75007	BILL PURVES	HKG		37:15.61
2	M75008	FRANK PILKINGTON	HKG		37:16.93
3	M75044	WANG JUNLI	CHN		38:30.34
4	M75048	NADAISON POOKAYS	SIN		38:32.01
5	M75023	SATYAM MALLEM PATI	IND		40:35.48
6	M75025	SURESH KUMAR GOGOI	IND		42:25.04
7	M75051	MOHOMED ISMAIL M.H	SRI		44:42.03
8	M75047	FOO DUN HEEN	SIN		46:24.36
9	M75019	NIRANJAN CHAKRABARTY	IND		46:41.00

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 5000M Track Walk - M70
(305) Final**



WED 04 Dec 2019
Start Time: 07:00

Results

CR	30:42.80	YONEZAWA KIYOHICO	JPN	TAIPEI,TPE	2012
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Rank	Bib	Name	Country	Lane	Result
1	M70035	MITSUO KOGANEYAMA	JPN		32:02.46
2	M70056	THOMAS KOK	MAS		32:26.72
3	M70079	YEO CHONG LAY	SIN		32:49.10
4	M70072	FOO CHEE JIN	SIN		33:17.16
5	M70031	CHUGI MOTO	JPN		34:03.63
6	M70076	RAMASAMY LOGANADAN	SIN		34:30.82
7	M70029	TUKARAM GUNDA ANUGADE	IND		34:49.84
8	M70086	SUDERUKKU HENNEDIGE A.	SRI		36:07.15

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 5000M Track Walk - W90
(306) Final**

WED 04 Dec 2019
Start Time: 07:00



Results

CR

Rank	Bib	Name	Country	Lane	Result
1	W90001	DAN LAN ENG	THA		1:01:48.97

Legend			
CR: Championships Record	Q : Qualify q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 5000M Track Walk - W80
(307) Final**

WED 04 Dec 2019
Start Time: 07:00



Results

CR

Rank	Bib	Name	Country	Lane	Result
1	W80008	CHEN ZONGYU	CHN		44:19.10
2	W80002	ROSNI ABDULLAH	INA		44:59.70
3	W80006	ADELINE JOHN UMBUL	MAS		47:30.10
4	W80010	MALLIKA SATCHITHANANDA	SRI		54:03.20

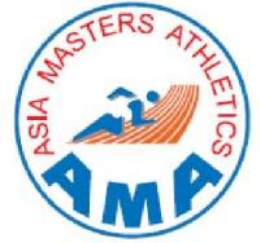
Legend			
CR: Championships Record	Q : Qualify q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 5000M Track Walk - W75
(308) Final**

WED 04 Dec 2019
Start Time: 07:00



Results

CR	39:20:09	Gurmiresmi Micky	INA	KITAKAMI,JPN	2014
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Rank	Bib	Name	Country	Lane	Result	
1	W75020	SARJEET KAUR	MAS		44:24.90	
2	W75006	BHANUMATI KANJI PATEL	IND		47:18.70	
3	W75013	DIANA ROSALINA P.O.	INA		49:53.60	
4	W75023	LEM SEE TIAM	SIN		52:30.60	
	W75009	LILY MANECK KHAN	IND		0.00	DNS

Legend			
CR: Championships Record	Q : Qualify q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 5000M Track Walk - W70
(309) Final**

WED 04 Dec 2019
Start Time: 07:00



Results

CR	26:19:27.00	M.Matsuda	JPN	RUGAO,CHN	2017
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Rank	Bib	Name	Country	Lane	Result
1	W70021	MICHIKO SAITO	JPN		35:49.80
2	W70039	RABIAB TEWSRAKEAW	THA		39:26.10
3	W70001	REBECCA LAU	HKG		39:56.70
4	W70030	H M S MALINIE B.	SRI		40:05.20
5	W70029	H M MURIEL SILVA T.	SRI		41:15.00
6	W70026	LI NAIFEN	CHN		41:23.90
7	W70010	SHEFALI BARDHAN	IND		43:15.20
8	W70037	AO PANPHUM	THA		46:20.50
9	W70004	LALITHA NATESA IYER	IND		46:50.70
10	W70024	CHOY YOW HOON	MAS		49:35.00
11	W70009	SARASWATHI PERUMAL	IND		52:45.30

Legend			
CR: Championships Record	Q : Qualify q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 07:30

Athletics

Men's Discus Throw - M35
(310) Final



Results

CR	45.00	PAKINDER SINGH	IND	KUALALUMPUR,MAS	2010
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M35081	NEKLYUDOV VYACHESLAV	KAZ	33.17	34.45	30.39	34.42	x	x	34.45
2	M35011	MATTHEW CHAN	HKG	32.70	32.01	34.13	32.93	x	x	34.13
3	M35039	RAJENDRA SAHU	IND	x	31.99	33.36	32.84	31.29	32.86	33.36
4	M35038	RAJA MUTHUKANNAN	IND	30.64	33.19	x	x	x	33.15	33.19
5	M35008	LIN ZONG KAI	TPE	26.31	29.74	x	24.78	30.35	27.50	30.35
6	M35091	FIRDAUZ MURA BIN MURA	MAS	28.37	29.15	x	x	x	x	29.15
7	M35105	TAN DAN NY	MAS	x	21.09	26.39	25.66	23.38	25.49	26.39
8	M35006	LEE TSUNG YEN	TPE	21.02	25.66	25.19	24.60	23.75	x	25.66
9	M35128	A ASHOKA SANJEEWA	SRI	22.55	24.82	23.38				24.82
10	M35118	ARVIND LALWANI	SIN	22.90	19.69	21.41				22.90
11	M35154	HITHTHETIYA LIYANAGE I.S.K.	SRI	x	20.91	21.30				21.30
	M35130	A M MOHAMMED RIFAS	SRI	DNS						
	M35160	WARNAKULASOORIYA J.B.F.	SRI	DNS						
	M35155	KARIYAWASAM MANAGE S.N.	SRI	DNS						
	M35036	PARVESH TOMAR	IND	DNS						
	M35058	VIPENDRA SINGH	IND	DNS						
	M35033	NAVPREET SINGH	IND	DNS						
	M35051	SHIVA JEET SINGH	IND	DNS						

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 07:30

Athletics

Men's Discus Throw - M40
(311) Final



Results

CR	44.06	Kong Fancheng	CHN	RUGAO,CHN	2017
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M40014	LU MING CHUNG	TPE	37.97	x	38.52	x	x	36.38	38.52
2	M40073	MEHDI KAZEMI NOPASHIAN	IRI	36.65	36.90	x	x	36.84	37.99	37.99
3	M40166	NGU KIT MING	MAS	35.56	x	35.48	34.38	37.86	x	37.86
4	M40100	JUNAI DI BIN SULAIMAN	MAS	37.75	x	x	x	34.79	35.72	37.75
5	M40044	PRADEEPKUMAR N.A.	IND	34.15	35.15	x	x	34.04	x	35.15
6	M40101	LEE KIAN FEI	MAS	32.54	33.00	28.08	32.66	x	32.27	33.00
7	M40137	M SUSANTHA P.	SRI	31.23	26.47	27.04	31.17	29.05	32.71	32.71
8	M40009	LIANG KUO HSING	TPE	24.90	26.80	x	27.12	22.90	22.95	27.12
9	M40106	NAVIN MOHAN RAJES	MAS	x	24.16	24.53				24.53
10	M40002	CHANG YAU YIN	TPE	21.83	23.68	x				23.68
11	M40134	G R BANDAR LANKA SILVA	SRI	22.97	23.58	x				23.58
12	M40090	JEONG WAN JUN	KOR	13.70	14.15	15.72				15.72
13	M40091	JEONG WAN KI	KOR	12.16	14.99	15.10				15.10

Legend	No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ : Disqualified
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Sarawak/Negeri Stadium

WED 04 Dec 2019
Start Time: 07:30

Athletics

Men's Long Jump - M35
(312) Final



Results

CR	6.97	HONG,WEN CHIEN	TPE	TAIPEI,TPE	2012
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M35003	CHEN KUAN MING	TPE	5.92 0.7	5.88 -0.4	6.00 0.1	5.82 -0.7	5.85	5.72 -0.1	6.00 0.1
2	M35113	CAO KUN	CHN	x 0.2	5.46 0.1	5.49 0.1	x -0.1	5.73 0.1	x 0.1	5.73 0.1
3	M35055	VIJAYA SHANKAR MALLESHA	IND	5.32 0.1	5.45 0.2	5.40 -0.4	5.48 -0.1	5.33 -0.5	5.51 0.1	5.51 0.1
4	M35028	NAGARAJ KRISHNASAMY	IND	x 0.3	5.44 0.1	x -0.6	x -0.1	5.33 -0.2	5.48 -0.4	5.48 -0.4
5	M35012	ADOOR VIJAYAN	IND	x -0.2	x 0.4	5.39 -0.1	5.30 -0.3	5.34 -0.3	5.28 -0.2	5.39 -0.1
6	M35088	EDNASIUS JAMES GHANI	MAS	x 0.7	5.19 0.1	4.03 -0.6	4.86 1.0	- 0.1	- 0.1	5.19 0.1
7	M35023	INDERJEET	IND	x 0.1	5.01 1.0	x -0.5	4.97	x -0.2	x -0.3	5.01 1.0
8	M35041	RAMACHANDRA T.K.S.	IND	4.71 0.7	4.99 1.0	4.51 -0.7	4.90 -0.4	4.89 -0.7	4.98 -0.4	4.99 1.0
9	M35063	YOHANES MUSIURAN NEMA	INA	4.73 0.1	4.90 0.1	4.73 -0.5				4.90 0.1
10	M35129	A D KALUM KUMARA	SRI	4.76 1.2	4.71 0.7	4.70 -0.2				4.76 1.2
11	M35106	ZULEZWAN BIN AB MALIK	MAS	x 0.3	4.73 1.2	x -0.2				4.73 1.2
12	M35152	DURAISAMY VIJINTH	SRI	4.69 0.1	4.60 0.3	x -0.3				4.69 0.1
13	M35021	HARDEEP SINGH	IND	x 0.5	4.56 -0.1	4.34 -0.2				4.56 -0.1

Legend				
No: Bib No	GR: Championships Record	Q : Qualify By Right q : Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 07:30

Athletics

Men's Long Jump - M35 (312) Final



Results

CR	6.97	HONG,WEN CHIEN	TPE	TAIPEI,	2012
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
14	M35092	HASLAN BIN HAMDAN	MAS	x	x	3.71				3.71
				-0.1		-0.3				-0.3
	M35100	MURUGAN AL PERUMAL	MAS	DNS						
	M35149	S P CHAMINDA	SRI	DNS						
	M35150	T DUMINDA SANATH KUMARA	SRI	DNS						

Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right
q : Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 07:30

Athletics

Men's Long Jump - M40
(313) Final



Results

CR	6.67	HIRAIWA MASASHI	JPN	KITAKAMI, JPN	2014
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M40005	HONG WEN CHIN	TPE	5.97 -1.0	6.24 0.2	x 0.6	x 0.7	x 1.7	6.58 0.9	6.58 0.9
2	M40083	SHINICHI YAMADA	JPN	x -0.5	5.84 -0.3	x 0.8	x 1.6	6.14 1.4	x 0.6	6.14 1.4
3	M40018	CARL TSE	HKG	5.34 -0.3	5.42 -0.3	5.65 0.9	5.68 0.5	5.95 0.6	5.98 0.5	5.98 0.5
4	M40157	SENARATH J.K.S.	SRI	5.43 -0.3	5.50 -0.2	5.81 1.6	5.73 0.3	5.68 1.3	5.90 0.7	5.90 0.7
5	M40121	WANG SHIJUN	CHN	x -1.0	5.89 -0.3	x 0.9	x 0.3	x 1.5	5.90 1.1	5.90 1.1
6	M40154	KITHALAWA A.N.D.S	SRI	5.57 -0.4	5.63 0.6	5.84 1.2	5.68 0.6	x 0.9	5.73 1.0	5.84 1.2
7	M40161	NUTTAPONG MUKDASANIT	THA	x -0.2	5.47 1.1	5.63 0.8	-	5.35 1.1	5.68 0.7	5.68 0.7
8	M40109	SAIDI BIN KAILU	MAS	5.31 -0.7	5.43 0.6	5.39 0.9	5.32 1.0	5.34 1.3	5.37 1.6	5.43 0.6
9	M40068	VELU MURUGESAN	IND	x -0.6	5.36 0.2	x -0.6				5.36 0.2
10	M40144	W P MANOJ MENDIS A.	SRI	x -1.0	5.36 0.2	4.87 0.2				5.36 0.2
11	M40155	LATHWAHANDI S.D.D.S	SRI	x -0.9	5.33 -0.5	-				5.33 -0.5
12	M40048	RAJESH BALAN	IND	5.20 -0.8	4.99 -0.6	5.12 1.0				5.20 -0.8
13	M40003	CHAO WEI MING	TPE	x -0.9	5.13 -0.3	x 1.1				5.13 -0.3
14	M40047	RAFEEQ MEMANA	IND	4.34 -1.0	1.60 -0.4	5.07 1.0				5.07 1.0

Legend

No: Bib No GR: Championships Record Q : Qualify By Right DNS: Did Not Start DNF : Did Not Finish
q : Qualify SB: Season Best DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 07:30

Athletics

Men's Long Jump - M40
(313) Final



Results

CR	6.67	HIRAIWA MASASHI	JPN	KITAKAMI,JPN	2014
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
15	M40160	WITHARANAGE VAJIRA P.P.	SRI	4.90 -0.7	x 0.2	-				4.90 -0.7
16	M40054	SAJI ANTONY	IND	4.86 -0.7	x 0.2	4.84 0.6				4.86 -0.7
17	M40075	MOHAMMAD TORABI	IRI	x -1.2	4.77 -0.2	x 1.2				4.77 -0.2
18	M40095	FARANDO WEE HIAN HUI	MAS	4.53 -1.1	x -0.3	x 0.5				4.53 -1.1
	M40017	ALDO KRIEL	HKG	DNS						
	M40041	PADARTHI SIVA SANKARA RAO	IND	DNS						
	M40042	PARAG UTTAM PATIL	IND	DNS						
	M40057	SHEIK MOHIDEEN O.S.M.	IND	DNS						
	M40062	SURENDER SINGH	IND	DNS						
	M40085	TATSURO EDA	JPN	DNS						

Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right
q : Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 07:30

Athletics

Women's Shot Put - W40
(314) Final



Results

CR	13.96	Lu Cheng	CHN	SEOUL,KOR	1996
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W40081	P A PRIYANGIKA KUMARI	SRI	10.06	11.30	11.72	11.03	x	11.09	11.72
2	W40004	KUO CHIA MI	TPE	8.85	9.87	11.06	10.42	9.60	10.43	11.06
3	W40054	LIONG SAU LAI	MAS	8.68	8.84	8.90	9.54	9.20	8.50	9.54
4	W40012	ANAMIKA CHAUHAN	IND	8.34	8.77	8.98	8.68	8.98	8.98	8.98
5	W40031	MANINDERJEET KAUR	IND	7.85	8.62	8.05	8.16	x	7.85	8.62
6	W40093	WATCHALUG RUJIWONG	THA	7.60	7.10	6.90	6.75	7.13	7.39	7.60
7	W40023	INDUBALA DEVI HEIGRUJAM	IND	6.74	6.96	6.34	7.50	6.19	7.07	7.50
8	W40061	SYLVIA LYNE ANAK KAIS	MAS	x	6.56	x	5.14	6.07	5.78	6.56
9	W40020	DURGA CHAREL	IND	x	6.28	6.00				6.28
10	W40009	ALTHEA VIRGINIA BENSAM	IND	x	6.27	5.82				6.27
11	W40068	GRACE CACHUELA	PHI	x	6.25	6.04				6.25
12	W40036	REKHA VERAPPA	IND	6.23	6.01	5.66				6.23
13	W40087	Y M PATHMA KUMARIHAMI	SRI	x	x	6.06				6.06
14	W40022	INDERJIT KAUR	IND	x	5.20	5.28				5.28

Legend	No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ : Disqualified
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Sarawak/Negeri
Stadium

Athletics

Women's Shot Put - W35

(315) Final

WED 04 Dec 2019

Start Time: 07:30



Results

CR	12.03	JOSEPHINE MAHUSE	INA	SINGAPORE,SIN	1992
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W35051	WANG DAN	CHN	10.48	10.21	11.35	11.72	x	-	11.72
2	W35013	NASKAR RATNA	IND	9.25	8.55	9.07	9.73	9.65	8.48	9.73
3	W35044	NANCY BINTI F MICHAEL	MAS	8.17	8.52	8.86	8.48	8.89	x	8.89
4	W35028	ROSE HERLINDA I.	INA	7.60	8.03	x	8.55	8.29	8.55	8.55
5	W35011	KUSUMA KAMBIRANDA K.	IND	7.57	7.88	8.21	8.19	7.97	8.20	8.21
6	W35040	CHUA SWEE MEI	MAS	-	6.79	7.50	7.34	-	7.83	7.83
7	W35056	D D SHIROMALI W.	SRI	6.94	7.19	7.35	7.26	6.10	7.05	7.35
8	W35071	MADDUMAGE LANKA C.F.	SRI	6.73	6.87	6.54	6.52	6.83	x	6.87
9	W35063	P A RUPA WARNA KUMARI	SRI	6.83	6.41	6.50				6.83
10	W35005	AMBIKA VINOTH KUMAR	IND	5.89	6.06	5.92				6.06
11	W35070	LIYANAGE MANEL CHANDRANI	SRI	5.96	6.03	5.59				6.03
12	W35019	SAHANA PRAKASH	IND	5.90	5.23	5.98				5.98
13	W35030	MASOUMEH SALARI NAHAND	IRI	DNS						
13	W35062	MANEL CHANDARANI L.	SRI	DNS						

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri Stadium

Athletics

Women's Pole Vault - W50

(316) Final



WED 04 Dec 2019

Start Time: 08:00

Results

CR	2.40	IZUMI KEIKO	JPN	KITAKAMI, JPN	2014
----	------	-------------	-----	---------------	------

Rank	Bib	Name	Country								Result
1	W50057	MARGARET BT P. @ N.E.A.	MAS								1.50

1.00	1.10	1.20	1.30	1.40	1.50	1.60
o	o	o	o	o	o	x x x

Legend				
No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Women's Pole Vault - W55

(317) Final



WED 04 Dec 2019

Start Time: 08:00

Results

CR	1.3	IZUMI KEIKO	JPN	KUALALUMPUR,MAS	2010
----	-----	-------------	-----	-----------------	------

Rank	Bib	Name	Country								Result
------	-----	------	---------	--	--	--	--	--	--	--	--------

1 W55055 JULIANA GUMPIL MAS 1.60 CR

1.00	1.10	1.20	1.30	1.40	1.50	1.60
o	-	o	o	o	-	x o

2 W55035 SHANTHI KUGALUR PALANISAMI IND 1.00

1.00	1.10					
o	x x x					

W55036 SUMITRA SOLANKI IND

DNS						

Legend

No: Bib No CR: Championships Record Q : Qualify By Right DNS: Did Not Start DNF : Did Not Finish
 q: Qualify SB: Season Best DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Women's Pole Vault - W60

(318) Final



WED 04 Dec 2019

Start Time: 08:00

Results

CR	2.15	NAKAMURA KIMIKO	JPN	OKINAWA,JPN	1998
----	------	-----------------	-----	-------------	------

Rank	Bib	Name	Country								Result
------	-----	------	---------	--	--	--	--	--	--	--	--------

1 W60042 LUCY YONG MAS 1.50

1.00	1.10	1.20	1.30	1.40	1.50	1.60
o	o	o	x o	o	o	x x x

2 W60022 RUKMANIDEVI TALLURI IND 1.50

1.00	1.10	1.20	1.30	1.40	1.50	1.60
o	o	o	x o	o	x o	x x x

W60017 INDU KAUSHIK IND

DNS						

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Women's Pole Vault - W65

(319) Final



WED 04 Dec 2019

Start Time: 08:00

Results

CR	2.1	KAKO FUMIKO	JPN	KITAKAMI,IND	2014
----	-----	-------------	-----	--------------	------

Rank	Bib	Name	Country								Result
------	-----	------	---------	--	--	--	--	--	--	--	--------

1 W65035 TAY YU ENG MAS 1.50

1.00	1.10	1.20	1.30	1.40	1.50	1.60
o	o	o	o	o	x x o	x x x

2 W65026 YUMIKO TAMADA JPN 1.40

1.00	1.10	1.20	1.30	1.40	1.50	
x o	o	o	x o	x o	x x x	

3 W65037 WANG GUIHUA CHN 1.30

1.00	1.10	1.20	1.30	1.40		
o	o	o	o	x x x		

Legend

No: Bib No CR: Championships Record Q : Qualify By Right DNS: Did Not Start DNF : Did Not Finish
 q: Qualify SB: Season Best DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 5000M Track Walk - M65
(320) Final**

WED 04 Dec 2019
Start Time: 08:05



Results

CR	28:13.09	KOMORI ISAO	JPN	KITAKAMI,JPN	2014
----	----------	-------------	-----	--------------	------

Rank	Bib	Name	Country	Lane	Result
1	M65089	WAN QILIANG	CHN		30:50.60
2	M65098	RENGASAMY KRISHNA	SIN		31:11.99
3	M65074	NG TAT TCHE	MAS		33:21.91
4	M65090	ZHANG ZHENLIN	CHN		34:40.78
5	M65099	SATHIYANESAN	SIN		35:26.36
6	M65032	MOHAMMED ASRAF V.P.	IND		35:30.25
7	M65079	TANI CLACE AL SEBASTIAN	MAS		36:16.19
8	M65110	DIAS SUBASINGHE N.J.	SRI		36:50.68

Legend	Q : Qualify	DNS: Did Not Start	DNF : Did Not Finish
CR: Championships Record	q: Qualify	SB: Season Best	DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Men's 5000M Track Walk - M60

(321) Final

WED 04 Dec 2019
Start Time: 08:05



Results

CR	26:37.03	SASAKI SHIGERU	JPN	KITAKAMI,JPN	2014
----	----------	----------------	-----	--------------	------

Rank	Bib	Name	Country	Lane	Result	
1	M60091	K MAHALINGAM AL R K.	MAS		30:58.20	
2	M60043	MOHINDER SINGH VIRK	IND		31:01.88	
3	M60029	ASWINI KUMAR PANJA	IND		31:08.52	
4	M60128	A S YAPA ABEYWARDENA	SRI		31:25.14	
5	M60122	KRISHNASAMY RAJENDIAN	SIN		32:28.26	
6	M60077	APLAIDOO AL RAMA NAYADOO	MAS		33:32.44	
7	M60069	TAKAO MINEURA	JPN		33:51.13	
8	M60021	LAM MAN BIU	HKG		34:11.08	
9	M60086	GURUSAMY AL SUBRAMANIAM	MAS		34:36.26	
10	M60060	KAFSON SIANIPAR	INA		35:00.30	
11	M60080	CHANG MONG SENG	MAS		35:03.25	
12	M60020	KENNY CHAN	HKG		37:41.30	
13	M60012	YEH MING CHAO	TPE		37:50.41	
14	M60092	KALAI CHALVAN AL A S.	MAS		42:31.48	
15	M60079	ATHNAN BIN ABU SAMAH	MAS		43:39.50	
16	M60036	JAYARAMAREDDY V.	IND		49:58.84	
17	M60044	NAGENDRA NATH MISRA	IND		1:02:46.60	
	M60045	NARENDER REDDY POLICE	IND		0.00	DNS
	M60046	PAKKATH BHASKARAN	IND		0.00	DNS
	M60048	PUNETHA KAILASH CHANDRA	IND		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Men's 5000M Track Walk - M60

(321) Final

WED 04 Dec 2019

Start Time: 08:05



Results

CR	26:37.03	SASAKI SHIGERU	JPN	KITAKAMI,	2014
----	----------	----------------	-----	-----------	------

Rank	Bib	Name	Country	Lane	Result
	M60085	ELANGO VAN AL SITHIRAM S.	MAS	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Women's 5000M Track Walk - W65

(322) Final

WED 04 Dec 2019
Start Time: 08:10



Results

CR	32:25.00	Matsumoto Hatsue	JPN	CHIANGMAI,THA	2008
----	----------	------------------	-----	---------------	------

Rank	Bib	Name	Country	Lane	Result	
1	W65025	MIYOKO YAZAWA	JPN		32:14.65	CR
2	W65005	WENDY CHOI	HKG		33:43.44	
3	W65033	LEE SHEW KENG	MAS		34:57.15	
4	W65042	KATHERINE CHOO MUI KHENG	SIN		38:32.69	
5	W65059	USAPRAPHAWAT WIHOK	THA		38:59.06	
6	W65010	HIMANI SAIKIA	IND		39:39.55	
7	W65032	KIMIH @ FLORENCE BINTI M.	MAS		40:51.70	
8	W65030	HIEW NYUK KYAU @ S.	MAS		43:01.33	
9	W65008	DURGA MALLEM PATI	IND		43:12.43	
10	W65051	SANGLA HUEKKHUNTHOD	THA		43:29.06	
11	W65053	YANUMAT WANGSAENKAE0	THA		45:19.45	
12	W65034	SELAMAH BINTI ABAS	MAS		46:12.17	
13	W65038	YANG HUILAN	CHN		46:50.02	
14	W65011	INDIRA DEVI VELU	IND		48:58.23	
15	W65024	WINDIARTI SUWARNO	INA		49:02.81	
16	W65006	ANANTHAVALLI VELAYUDHAN	IND		49:11.97	
17	W65023	SULIMAHWATI	INA		50:47.10	
18	W65022	ROSINTA MEIANNA N.	INA		50:59.62	
	W65027	KOPTEVA NINA	KAZ		0.00	DNS
	W65029	EU BENG CHIEW	MAS		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Women's 5000M Track Walk - W65
(322) Final



WED 04 Dec 2019
Start Time: 08:10

Results

CR	32:25.00	Matsumoto Hatsue	JPN	CHIANGMAI,CHN	2008
----	----------	------------------	-----	---------------	------

Rank	Bib	Name	Country	Lane	Result
	W65057	SUREEPORN SRISUEB	THA		0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 5000M Track Walk - M55
(323) Final**

WED 04 Dec 2019
Start Time: 09:00



Results

CR	25:43.68	SHAMSHER SINGH	IND	KUALALUMPUR,MAS	2010
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Rank	Bib	Name	Country	Lane	Result	
1	M55156	K A A PUSHPAKUMAR ALWIS	SRI		28:04.84	
2	M55152	H A D CHAMINDA PREMALAR	SRI		28:10.16	
3	M55020	WALKER WONG	HKG		28:34.93	
4	M55079	SAMAY MIKHAIL	KAZ		28:50.19	
5	M55076	ARKHIPOV YEVGENIY	KAZ		30:34.11	
6	M55038	NALINI SUDHAKAR SANJEEVI	IND		31:20.75	
7	M55098	JEKEP JUMI	MAS		32:02.92	
8	M55058	RAHMAT SUMARSONO SAMIN	INA		32:56.96	
9	M55052	TAPAS KUMAR PARIA	IND		32:59.21	
10	M55025	BALWINDER SINGH S.	IND		33:17.57	
11	M55166	LALITH RANJAN LIYANAGE	SRI		33:29.13	
12	M55028	DR TARUN KUMAR D.	IND		36:47.08	
13	M55101	KADIR BIN AHMAD	MAS		37:51.46	
14	M55033	KRISHNA RAO R.S.	IND		38:59.68	
15	M55036	MOHAMMED S.T.M.K.	IND		39:43.67	
	M55059	SANUSIH	INA		0.00	DNS
	M55136	MUSA AMIN	SIN		0.00	DNS
	M55139	R SUBRAMANIAM	SIN		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 5000M Track Walk - M55
(323) Final**

WED 04 Dec 2019
Start Time: 09:00



Results

CR	25:43.68	SHAMSHER SINGH	IND	KUALALUMPUR,	2010
----	----------	----------------	-----	--------------	------

Rank	Bib	Name	Country	Lane	Result
	M55160	AGALAWATTAGE RANJITH V.	SRI		0.00 DNS
	M55168	WICKRAMASEKARA PRIYANTHA	SRI		0.00 DNS
	M55172	ALAN SCOTT	GBR		0.00 DNS

Legend	CR: Championships Record	Q : Qualify q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified
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Sarawak/Negeri Stadium Athletics

**Men's 5000M Track Walk - M50
(324) Final**

WED 04 Dec 2019
Start Time: 09:00



Results

CR	23:47.28	OMORI KENICHI	JPN	KITAKAMI,JPN	2014
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Rank	Bib	Name	Country	Lane	Result	
1	M50085	MOHAMMAD REZA BANAEI	IRI		27:57.70	
2	M50076	DJANUAR	INA		28:44.32	
3	M50018	JOHNNY TSE	HKG		29:52.96	
4	M50005	CHANG YAO JEN	TPE		32:04.05	
5	M50102	JAYAPAL AL KUPPUSAMY	MAS		33:26.23	
6	M50097	AIMAN CHEAH TIONG CHAP	MAS		34:52.36	
7	M50112	SUKHRAJ SINGH DHILLON	MAS		35:31.16	
8	M50165	WICKRAMA ARACHCHIGE P.	SRI		36:28.35	
9	M50047	MURALI DATTATREYA	IND		40:32.37	
	M50056	PREM SHANKAR UPADHYAY	IND		0.00	DQ
	M50117	HUSSAIN HALEEM	MDV		0.00	DNS
	M50160	W W CHANDRASIRI PERERA	SRI		0.00	DNS
	M50164	WEERASURIYA G.A.J.W.	SRI		0.00	DNS
	M50035	GURINDER SINGH	IND		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium

WED 04 Dec 2019
Start Time: 09:00

Athletics

Men's Long Jump - M50
(325) Final



Results

CR	6.42	NAKAZAWA MANABU	JPN	KITAKAMI,JPN	2014
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M50092	TADASHI NOMURA	JPN	x 0.7	5.17 0.6	5.63 0.5	5.74 0.8	5.53 0.3	5.69 1.4	5.74 0.8
2	M50008	HUANG CHANG YI	TPE	4.50 0.9	5.04 -0.1	5.06 0.4	5.36 1.4	5.60 1.1	5.15 0.9	5.60 1.1
3	M50028	BENEDY VINCENT	IND	5.35 -0.3	5.31 0.7	4.06 0.3	x -0.3	5.40 1.3	5.17 1.3	5.40 1.3
4	M50088	KENJI KOCHOU	JPN	5.11 0.8	5.11 0.6	x 1.4	5.00 1.4	x 2.4	5.24 1.4	5.24 1.4
5	M50043	MANI MARICKAL K.	IND	x 0.7	4.93 0.9	4.85 0.8	4.98 0.4	5.07 0.9	4.99 1.2	5.07 0.9
6	M50150	K A P NIROSHANA W.	SRI	4.89 1.4	4.68 0.4	4.45 0.9	x 0.8	x	4.63 0.5	4.89 1.4
7	M50025	TONY CHUI	HKG	4.77 0.9	4.81 0.8	4.75 0.7	4.77 1.2	- 0.1	- 0.1	4.81 0.8
8	M50015	DEREK AU	HKG	4.66 1.4	4.72 0.7	- 0.1	4.58 0.6	- 1.0	- 1.0	4.72 0.7
9	M50021	MOSES LUI	HKG	4.70 1.4	4.64 0.6	- 0.1				4.70 1.4
10	M50060	RAMADAS RAMAN	IND	x 0.2	x 0.3	4.67 1.4				4.67 1.4
11	M50023	TAIDY WONG	HKG	4.20 -0.1	x 0.5	4.32 0.3				4.32 0.3
12	M50099	CHOO THIAM CHOY	MAS	4.18 0.7	4.09 0.8	4.10 0.3				4.18 0.7
13	M50100	JAMALUDDIN BIN LANI	MAS	4.05 -0.2	3.86 0.2	- 0.1				4.05 -0.2
14	M50079	OCKBEN SAOR SINAGA	INA	3.12 1.0	- 0.1	- 0.1				3.12 1.0

Legend

No: Bib No GR: Championships Record Q : Qualify By Right DNS: Did Not Start DNF : Did Not Finish
q : Qualify SB: Season Best DQ: Disqualified



Sarawak/Negeri Stadium

WED 04 Dec 2019
Start Time: 09:00

Athletics

**Men's Long Jump - M50
(325) Final**



Results

CR	6.42	NAKAZAWA MANABU	JPN	KITAKAMI,	2014
----	------	-----------------	-----	-----------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
15	M50118	BHAUKAURALLY IBRAHIM	MRI	x 0.3	2.91 0.6	- 0.1				2.91 0.6
	M50111	SUHAILI BIN SANEH	MAS	x 1.4	x 0.8	x 0.8				
	M50030	BIRENDRA PRASAD SAHU	IND	DNS						
	M50032	DILIP PHUKAN	IND	DNS						
	M50063	ROY KIZHAKKETHALACKAL M.	IND	DNS						
	M50136	GOPINATHAN GOPAKUMAR	SIN	DNS						

Legend

No: Bib No GR: Championships Record Q : Qualify By Right DNS: Did Not Start DNF : Did Not Finish
 q : Qualify SB: Season Best DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 5000M Track Walk - W60
(326) Final**

WED 04 Dec 2019
Start Time: 09:10



Results

CR	29:56:20.00	Yazawa Miyoko	JPN	TAIPEI,TPE	2012
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Rank	Bib	Name	Country	Lane	Result	
1	W60076	WASSANA JUINUM	THA		33:51.77	
2	W60040	JOUTI @ VIRONICA BINTI ELAU	MAS		34:30.26	
3	W60032	WIWIT RATNA DJUWITA	INA		36:11.74	
4	W60075	SUDKAMON ATTASET	THA		36:16.75	
5	W60071	JINTARAT KERDDEE	THA		37:33.65	
6	W60043	NUR AISHAH BINTI ABDULLAH	MAS		39:17.73	
7	W60065	W M CHANDRAKANTHI R.	SRI		39:44.29	
8	W60005	CECILIA LEE	HKG		40:56.06	
	W60021	RAJAM GOPI	IND		0.00	DNS

Legend			
CR: Championships Record	Q : Qualify q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 5000M Track Walk - W55
(327) Final**



WED 04 Dec 2019
Start Time: 09:10

Results

CR	27:31.41	Pan Jingjie	CHN	RUGAO,CHN	2017
----	----------	-------------	-----	-----------	------

Rank	Bib	Name	Country	Lane	Result	
1	W55046	MARZIYEH TANGESTANI	IRI		32:34.95	
2	W55068	KOMATHI JAYARAMAN R.	SIN		34:07.08	
3	W55082	W K M EKANAYAKE	SRI		36:42.77	
4	W55054	JOANNE FOO KEE MEE	MAS		36:43.06	
5	W55077	S A G BEATRIS AMARASINGHE	SRI		38:14.13	
6	W55062	TAN TECK HO	MAS		38:25.56	
7	W55006	ADA TSE	HKG		43:06.15	
8	W55027	MALA KARMAKAR SIL	IND		43:25.88	
9	W55037	USHA RANI VULLI	IND		46:03.34	
10	W55053	GAMASIN BINTI GUNTING	MAS		49:46.74	
11	W55022	KALAVATHI ANUMULA	IND		54:34.66	
	W55057	MARIA BINTI GASAM	MAS		0.00	DNS
	W55059	MARYEM JOINOL	MAS		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 5000M Track Walk - W50
(328) Final**

WED 04 Dec 2019
Start Time: 09:10



Results

CR	30:17.00	Sawada Etsuyo	JPN	KITAKAMI,JPN	2014
----	----------	---------------	-----	--------------	------

Rank	Bib	Name	Country	Lane	Result	
1	W50041	HASIATI LAWOLE	INA		32:20.40	
2	W50092	T G VINITHA WINIFRED P.	SRI		33:54.39	
3	W50033	SARBJIT KAUR	IND		34:24.96	
4	W50038	SUNDARAMBAL V.K.M.K.R.	IND		35:48.77	
5	W50032	SANTHA SUNDAR	IND		39:08.97	
6	W50086	H M MANEL KARUNASINGHE	SRI		44:54.81	
7	W50011	CHARANJIT KAUR	IND		54:35.11	
	W50009	ANITHA KUMARI R.S.	IND		0.00	DNS
	W50031	SAMESWARI BASUMATARY	IND		0.00	DNS
	W50053	AMALIA MARQUEZ BARCOMA	MAS		0.00	DNF
	W50076	KOWSULA KAUR	SIN		0.00	DNS

Legend			
CR: Championships Record	Q : Qualify q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 09:30

Athletics

Men's Discus Throw - M50
(329) Final



Results

CR	45.58	YAMASAKI YUJI	JPN	KUALALUMPUR,MAS	2010
----	-------	---------------	-----	-----------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M50071	SURENDRA SINGH RATHORE	IND	35.42	36.68	35.06	37.74	37.52	37.93	37.93
2	M50052	NIMESH DINESHCHANDRA D.	IND	35.68	37.79	x	x	33.31	x	37.79
3	M50055	PRAMOD HARI NAIK	IND	31.75	34.34	31.22	34.46	37.23	36.02	37.23
4	M50002	CHANG CHING HO	TPE	36.72	33.70	x	35.73	36.05	x	36.72
5	M50154	M L MERIL PERERA	SRI	31.80	31.83	32.55	32.04	30.12	32.88	32.88
6	M50168	BHEESHAM SINGH	IND	31.96	30.73	x	x	25.90	x	31.96
7	M50128	EDWARD OBIENA	PHI	31.72	x	x	31.38	x	30.94	31.72
8	M50040	KANAIAH MANYALA	IND	27.89	30.19	x	x	30.01	28.32	30.19
9	M50053	NIMINDRA BRAHMA	IND	26.15	29.95	x				29.95
10	M50072	UMESH MADIVALA P.	IND	28.32	29.74	x				29.74
11	M50139	REZA FOTHOHI ARDEKANI	SIN	x	28.19	28.72				28.72
12	M50120	KHUUKENDUU ADIYA	MGL	27.29	24.82	x				27.29
13	M50083	ALIREZA MAZAERI	IRI	22.37	25.44	26.58				26.58
14	M50153	M K MOHOMED NISTHAR	SRI	18.65	26.04	24.04				26.04
15	M50007	HSU LIEH DER	TPE	23.43	24.34	22.99				24.34
16	M50155	M S DHAMMIKA PERERA	SRI	x	x	24.32				24.32
17	M50026	ASHOK KUMAR B.	IND	20.77	21.94	22.28				22.28
18	M50131	RAUL MAUNA	PHI	16.94	17.27	19.10				19.10
	M50126	CAI CHENG SUI	CHN	x	x	x				
	M50119	BATTULGA SHOVDOR	MGL	DNS						
	M50068	SATINDER PAL SINGH	IND	DNS						
	M50037	HARBARINDER SINGH	IND	DNS						
	M50105	MAULANI BIN DIMAN	MAS	DNS						
	M50169	MUHAMMAD AKRAM KHAN	PAK	DNS						
	M50152	M D LAKSHMAN G.	SRI	DNS						

Legend	No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ : Disqualified
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Sarawak/Negeri
Stadium

Athletics

Men's Discus Throw - M50

(329) Final



WED 04 Dec 2019

Start Time: 09:30

Results

CR	45.58	YAMASAKI YUJI	JPN	KUALALUMPUR,	2010
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
	M50051	NEERAJ SHARMA	IND	DNS						
	M50044	MANJUNATHA SEETHARAM	IND	DNS						

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 09:30

Athletics

Men's Discus Throw - M45
(330) Final



Results

CR	43.36	Joginder Singh	IND	SINGAPORE, SIN	1981
----	-------	----------------	-----	----------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M45005	CHOU SEN CHI	TPE	x	32.61	35.20	38.81	x	x	38.81
2	M45140	WANG HONG	CHN	32.70	34.55	34.77	35.08	35.96	x	35.96
3	M45075	SANJEEV KUMAR TOMER	IND	30.18	x	x	34.33	34.09	33.78	34.33
4	M45084	GHOLAMREZA GHAFARI	IRI	31.54	x	30.78	x	33.38	x	33.38
5	M45010	LEE KUN CHOU	TPE	30.70	x	27.01	31.03	30.55	x	31.03
6	M45068	RAJESH KUMAR SINGH	IND	29.20	x	x	x	30.11	x	30.11
7	M45156	A G KAMAL MADURAPRIYA	SRI	26.30	25.30	23.86	23.90	20.58	x	26.30
8	M45159	CHANDANA BOPAGODA	SRI	x	23.00	24.28	24.46	23.93	x	24.46
9	M45129	SIEW HANN WEN	MAS	x	x	23.75				23.75
10	M45112	LIAW FUN MIN	MAS	22.62	22.71	23.20				23.20
11	M45173	M G P PEIRIS MALALANAYAKE	SRI	21.91	22.20	23.00				23.00
12	M45192	GUMPANAT BORIBOON	THA	x	22.30	21.91				22.30
13	M45181	W PRABASH MALINDU SILVA	SRI	22.19	x	x				22.19
14	M45056	LAXMAN RAM	IND	20.55	x	x				20.55
15	M45130	SOLBASTEN ANAK INA	MAS	17.88	18.40	17.46				18.40
16	M45117	MELEK ANAK WASAM	MAS	16.50	17.90	16.68				17.90
	M45044	DHONDGE SATISH B.	IND	x	-	-				

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 09:30

Athletics

Men's Long Jump - M45 (331) Final



Results

CR	6.39	KAWAHARA NORIHIKO	JPN	BANGKOK,THA	2004
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M45058	MAMMU KALLUM PARAYAN	IND	x 0.1	5.67 0.1	5.95 -0.3	6.29 -0.1	x -0.1	6.31 -0.2	6.31 -0.2
2	M45017	YUAN KUO AN	TPE	5.61 -1.0	5.99 0.2	- 1.0	x -0.4	5.61 -1.1	5.77 -1.5	5.99 0.2
3	M45009	KUNG CHUN WEN	TPE	x -0.2	5.91 -0.2	- 1.0	x -0.3	5.71 -0.3	5.49 -1.1	5.91 -0.2
4	M45193	NATTAPOL NAMKUNHA	THA	x 0.4	x 0.1	5.82 1.0				5.82 1.0
5	M45016	YANG CHEN CHUNG	TPE	x -0.4	x -0.1	5.35 -0.7	x -0.1	x -1.0	5.77 -0.3	5.77 -0.3
6	M45106	CLARENCE BIN TAMI	MAS	x 0.1	5.41 1.2	x 1.0	5.37 0.1	x 1.0	x 1.3	5.41 1.2
7	M45111	LARRY ANDANG	MAS	4.96 -0.5	5.17 -0.1	5.07 0.1	5.24 0.7	4.95 -0.1	5.29 1.6	5.29 1.6
8	M45082	PRATIK MURWATNO SARDJONO	INA	x 0.1	4.26 -0.2	5.07 -0.6	5.08 1.6	5.10 -0.6	4.88 -0.8	5.10 -0.6
9	M45108	FAUZI BIN ABU	MAS	4.80 0.1	x 0.2	5.05 -0.4				5.05 -0.4
10	M45125	ROMMY ANAK RIJUN	MAS	4.86 0.2	5.00 0.4	- 0.2				5.00 0.4
11	M45014	LIU CHIA FU	TPE	4.93 -0.1	4.83 0.7	4.97 1.0				4.97 1.0
12	M45062	NAZIR KARAKKUNNUMMAL	IND	4.66 0.6	4.97 -0.8	4.91 -0.4				4.97 -0.8
13	M45060	MOHAN KUMAR	IND	4.84 -0.3	4.76 -0.1	4.58 -0.3				4.84 -0.3
14	M45008	KO MING SHU	TPE	4.80 -0.1	x 0.3	4.58 -0.6				4.80 -0.1

Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right
q : Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium

WED 04 Dec 2019
Start Time: 09:30

Athletics

Men's Long Jump - M45
(331) Final



Results

CR	6.39	KAWAHARA NORIHIKO	JPN	BANGKOK,THA	2004
----	------	-------------------	-----	-------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
15	M45019	AUGUSTIN LAY	HKG	4.45 -0.5	4.56 0.3	4.79 0.4				4.79 0.4
16	M45174	M NILANTHA KUMARA F.	SRI	4.68 -0.3	x -0.5	x -0.7				4.68 -0.3
	M45102	AUGUSTINE DONNEO	MAS	x 1.0	x -0.2	- 0.1				
	M45103	AZRI BIN USOP	MAS	x 1.0	x 0.3	- 0.3				
	M45051	JATA SHANKER MISHRA	IND	DNS						
	M45068	RAJESH KUMAR SINGH	IND	DNS						
	M45093	NOBUHARU ASAHARA	JPN	DNS						
	M45095	SO TAKEI	JPN	DNS						
	M45142	ZHAO ZHIDAN	CHN	DNS						
	M45164	H J S D ZOYSA SIRIWARDENA	SRI	DNS						
	M45169	K A SUGATH CHAMIKARA	SRI	DNS						
	M45185	HANDAPANAGODAGE H.D.P.	SRI	DNS						
	M45196	RIPUDAMAN KAUSHIK	IND	DNS						

Legend

No: Bib No GR: Championships Record Q : Qualify By Right DNS: Did Not Start DNF : Did Not Finish
q : Qualify SB: Season Best DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 09:30

Athletics

Women's Shot Put - W50
(332) Final



Results

CR	12.29	Lee Huei	TPE	CHIANGMAI,THA	2008
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W50010	BANDODKAR AVITA GURUDAS	IND	9.60	9.21	9.38	9.24	9.53	9.90	9.90
2	W50003	LIN HUI CHEN	TPE	9.52	x	9.55	9.77	9.73	9.69	9.77
3	W50077	POON PUI FUN	SIN	7.98	8.76	8.55	8.14	9.08	9.21	9.21
4	W50021	NAGAJOTHI RADHAKRISHNAN	IND	7.82	8.47	x	8.25	8.33	8.83	8.83
5	W50097	MALWATTAGE DAYANI PEIRIS	SRI	8.77	8.36	8.03	8.42	8.57	8.45	8.77
6	W50026	RANEESA RAWOOF AISHA M.	IND	7.51	7.59	7.94	7.55	7.80	7.46	7.94
7	W50073	MARIA JUDITH STAPLES	PHI	7.05	6.74	7.59	6.75	7.26	7.29	7.59
8	W50098	NETHITHIKUMARAGE P.P.D.	SRI	6.97	6.64	7.05	6.93	6.97	6.60	7.05
9	W50055	ERINE SINUEL	MAS	6.72	6.97	-				6.97
10	W50068	TERBISH CHOIJGAVAA	MGL	5.93	6.69	6.79				6.79
11	W50029	ROOPA VIKRAM SHETTY	IND	6.62	6.78	6.65				6.78
12	W50056	JESSIE BINTI MANJIN	MAS	6.01	4.94	6.63				6.63
13	W50024	PADMA DAS	IND	6.59	6.47	6.44				6.59
14	W50063	YUGESWARI AP M S.	MAS	x	x	5.30				5.30
15	W50064	ZURAI DAH BINTI RASHID	MAS	5.28	x	5.10				5.28
16	W50088	K YASALATHA PADMASEELI	SRI	5.27	4.58	5.27				5.27
17	W50009	ANITHA KUMARI R.S.	IND	DNS						

Legend				
No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ : Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 09:30

Athletics

Women's Shot Put - W45
(333) Final



Results

CR	11.18	OIWA KIYOMI	JPN	SEOUL,KOR	1996
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W45112	SAINET SRISOMPHONG	THA	10.53	10.49	10.54	10.30	10.82	9.79	10.82
2	W45022	DEVI BABU GAONKAR	IND	9.16	8.98	x	9.75	9.01	9.38	9.75
3	W45071	LIEW SZE KIUUK	MAS	8.14	8.17	8.60	7.67	x	-	8.60
4	W45047	SARKAR RITA	IND	7.82	7.71	8.38	8.28	8.27	7.80	8.38
5	W45042	RAJWINDER KAUR	IND	7.35	7.90	8.03	8.10	8.22	7.99	8.22
6	W45020	ANITHA DSOUZA	IND	7.64	7.55	8.08	7.56	8.12	7.30	8.12
7	W45092	G ANUSHA DILRUKSHI	SRI	7.65	7.29	7.73	7.41	7.98	7.35	7.98
8	W45066	CHAN NYET FUI	MAS	7.40	7.39	7.35	6.97	6.93	x	7.40
9	W45074	NORAL AZIAN BINTI ZAINAL	MAS	6.51	6.98	6.42				6.98
10	W45010	LIN YUEH MEI	TPE	6.31	6.84	x				6.84
11	W45082	DROLLY CLARAVALL	PHI	6.78	6.65	6.35				6.78
12	W45088	D H NILANTHI NETHRAMALEE	SRI	6.60	6.59	6.66				6.66
13	W45080	VANITHA AP K PALANIAPPAN	MAS	6.11	6.50	6.56				6.56
14	W45058	RINI DWI ARIYANTI	INA	6.07	6.47	6.00				6.47
15	W45057	MULYANI SUSANA	INA	5.54	5.30	5.42				5.54
16	W45055	ANITA AMBARSARI R.	INA	5.37	4.77	x				5.37
17	W45062	AMUTHA AP ARUMUGAM	MAS	3.66	3.31	3.58				3.66
	W45011	ANNIE KWOK	HKG	DNS						
	W45111	PIMPITCHANOK PHANCHON	THA	DNS						
	W45043	REKHA SUNILKUMAR	IND	DNS						
	W45108	JAYALATH YAPA YAMUNA	SRI	DNS						
	W45025	GEETA YADAV	IND	DNS						
	W45027	INDU BALA	IND	DNS						

Legend	No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ : Disqualified
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Sarawak/Negeri Stadium Athletics

**Men's 5000M Track Walk - M45
(334) Final**

WED 04 Dec 2019
Start Time: 09:55



Results

CR	23:35.77	Mohammad Ebrahim	IRN	KL,MAS	2010
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Rank	Bib	Name	Country	Lane	Result	
1	M45035	BIJU PUDUSSERY SANI	IND		24:36.34	
2	M45086	SOLEIMAN SHEIBANI	IRI		26:49.61	
3	M45078	SURESH NADAKKAVU P.	IND		28:04.75	
4	M45004	CHIU CHIEN CHIH	TPE		28:07.93	
5	M45176	P A P PRIYANTHA T.	SRI		29:17.16	
6	M45132	SURESH KUMAR AL G.	MAS		29:18.16	
7	M45050	JADAB MILI	IND		29:47.60	
8	M45042	DALJIT SINGH	IND		30:14.16	
9	M45157	A L ALAWDEEN BABU	SRI		30:36.08	
10	M45105	CHOY TUCK WAI	MAS		35:57.70	
11	M45107	DAUD BIN MOHD JENI	MAS		41:06.65	
	M45031	BABU RAO MOKKALA	IND		0.00	DNS
	M45167	J W SAMANTHA	SRI		0.00	DNS
	M45183	BIYANWILAGE ANTOINE K.P.	SRI		0.00	DNS
	M45187	RAJAMUNI D.S.K.R.	SRI		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 5000M Track Walk - M40
(335) Final**

WED 04 Dec 2019
Start Time: 09:55



Results

CR	22:15.99	SAKCHAI SAMUTKAO	THA	BANGKOK,THA	2004
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Rank	Bib	Name	Country	Lane	Result	
1	M40112	TAN CHEE LEONG	MAS		24:55.33	
2	M40084	SHINICHIRO MAKINO	JPN		25:03.29	
3	M40066	UNNIKRISHNAN A.O.	IND		28:07.93	
4	M40053	ROOPESH ALAYIL VEETIL	IND		32:06.79	
5	M40086	TOSHINORI HATANAKA	JPN		34:12.75	
6	M40031	KUNCHU MUTTIYIL T.	IND		35:07.98	
7	M40153	KIRIPPENGE ANJANA K.S	SRI		35:52.71	
8	M40090	JEONG WAN JUN	KOR		38:25.83	
9	M40091	JEONG WAN KI	KOR		45:30.02	
	M40056	SHAJI MOOLAYILVEEDU	IND		0.00	DNS
	M40158	SINHALA ARCHILAGHE J.S.	SRI		0.00	DNS
	M40159	WIJESINGHE UDAYANTHA P.	SRI		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 5000M Track Walk - M35
(336) Final**

WED 04 Dec 2019
Start Time: 09:55



Results

CR	23:41.10	KAWAI HIRONORI	JPN	TAIPEI,TPE	2012
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Rank	Bib	Name	Country	Lane	Result	
1	M35060	INDRA ABDUL KADIR	INA		25:08.48	
2	M35141	M R CHANDANA JAGATH R.	SRI		25:22.79	
3	M35075	SHOTA HIRAHARA	JPN		25:29.26	
4	M35142	MANIVELU SATHEYASEELAN	SRI		26:12.56	
5	M35165	SOMCHOK JANGWANG	THA		26:24.88	
6	M35167	SYAHRIZAL BIN DRUS A ADRUS	MAS		26:50.24	
7	M35094	LAM SUI HENG	MAS		27:28.52	
8	M35045	SARBJEET SINGH	IND		31:35.90	
9	M35095	MAHINDRAN AL GUNASEGRAN	MAS		32:01.23	
10	M35151	ASANKA DISSANAYAKA	SRI		33:03.53	
11	M35098	MOHD AZMEER BIN AMARULLAH	MAS		33:08.87	
12	M35152	DURAISAMY VIJINTH	SRI		34:14.42	
13	M35021	HARDEEP SINGH	IND		41:06.31	
	M35031	NANDRAJ SINGH NARUKA	IND		0.00	DNS
	M35044	SACHIN KUMAR TIWARI	IND		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 5000M Track Walk - W45
(337) Final**

WED 04 Dec 2019
Start Time: 10:10



Results

CR	29:47.70	Hasiati Lawole	INA	TAIPEI,TPE	2012
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Rank	Bib	Name	Country	Lane	Result	
1	W45033	LAKSHMAMMA CHINNAPPA	IND		31:30.09	
2	W45056	DESY	INA		33:45.20	
3	W45037	MANDIRA GOGOI ARANDHARA	IND		35:28.99	
4	W45006	HUANG LI LING	TPE		36:20.44	
5	W45059	LEYLA FOOLADI	IRI		37:25.65	
6	W45106	BELI KOPAGE SRIYANI A.	SRI		39:59.43	
7	W45048	SAROJ RANI	IND		41:17.77	
8	W45030	KANMANI SHEELA RANI K.	IND		41:18.10	
9	W45026	GEETHA THANKAMMA	IND		43:33.81	
10	W45043	REKHA SUNILKUMAR	IND		46:40.36	
11	W45036	MAHADEVI SHIDAGOUDA PATIL	IND		47:57.55	
12	W45067	HELLEN BINSON	MAS		48:23.15	
	W45012	BILLIE KWOK	HKG		0.00	DNS
	W45031	KANTI RAWAT	IND		0.00	DNS
	W45091	DURGHAKESHI HOPMAN	SRI		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 5000M Track Walk - W40
(338) Final**



WED 04 Dec 2019
Start Time: 10:10

Results

CR	26:19.92	Gao Hongmiao	CHN	RUGAO,CHN	2017
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Rank	Bib	Name	Country	Lane	Result	
1	W40052	KALIAMAH AP MANIAN	MAS		33:23.70	
2	W40062	TIFFANY SOH BENG CHU	MAS		34:26.69	
3	W40085	T G SAGARIKA WEERARATNE	SRI		36:50.04	
4	W40044	VIBHUTIBEN RAMNIKLAL PATEL	IND		46:51.60	
	W40017	DARISUK KHARWANLANG	IND		0.00	DNS
	W40032	MINA BORAH	IND		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 5000M Track Walk - W35
(339) Final**



WED 04 Dec 2019
Start Time: 10:10

Results

CR	25:17.48	Darwati	INA	KUALALUMPUR,MAS	2010
----	----------	---------	-----	-----------------	------

Rank	Bib	Name	Country	Lane	Result	
1	W35003	ALEXANDRA LO	HKG		26:37.24	
2	W35017	RENU SAHARAWAT	IND		29:01.67	
3	W35047	RACQUELINE MC RAPHAEL	MAS		38:33.42	
4	W35008	CHAITANYA SATHYA KUMAR	IND		40:05.14	
5	W35067	CHAMILA KUMUDU KUMARI	SRI		42:58.72	
6	W35070	LIYANAGE MANEL CHANDRANI	SRI		43:11.44	
7	W35072	JULIANA ANAK EBAT	MAS		43:22.27	
8	W35042	LANNY SHARRONECA JIKUT J.	MAS		50:03.46	
	W35050	TAN WEI YEA	MAS		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 10:50

Athletics

Men's 200M - M35

(340-1) Heat 1



Results

CR	22.90	RAWAT DINESH	IND	BANGALORE,IND	2006
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Wind: 0.3_{m/s}

Rank	Bib	Name	Country	Lane	Result
1	M35054	TUKU SETHY	IND	6	24.92
2	M35084	AMIRRUDDIN BIN ISHAK	MAS	8	25.24
3	M35087	CYRIL BIN MISONG	MAS	5	25.43
4	M35065	AMIR HOSSEIN MORADI	IRI	7	25.88
5	M35127	THURAIRAJA SINGAM	SIN	3	25.98
6	M35139	M I MOHAMED NAZEER	SRI	4	26.21
	M35010	LEE CHI FAI	HKG	1	0.00 DNS
	M35034	ONIL SINGH SAIKHOM	IND	2	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M35

(340-2) Heat 2



WED 04 Dec 2019

Start Time: 10:50

Results

CR	22.90	RAWAT DINESH	IND	BANGALORE,IND	2006
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Wind: 0.7 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M35157	MUNASINGHE DEVAGE C.K.M	SRI	4	23.25	
2	M35121	EDDIE TOH KEE CHONG	SIN	8	23.74	
3	M35019	DEVENDRA UDAN	IND	5	26.35	
4	M35100	MURUGAN AL PERUMAL	MAS	2	27.29	
5	M35053	TOTAN ROY	IND	3	28.21	
	M35067	MAHDI YAZDANI AVAL	IRI	1	0.00	DNS
	M35099	MOHD NOORDHAMIRI BIN M.A.	MAS	6	0.00	DNS
	M35024	JAISAL PREET SINGH	IND	7	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M35

(340-3) Heat 3

WED 04 Dec 2019

Start Time: 10:50



Results

CR	22.90	RAWAT DINESH	IND	BANGALORE,IND	2006
----	-------	--------------	-----	---------------	------

Wind: 0.5 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M35056	VIJAYAKUMAR MOHAN	IND	2	24.05	
2	M35161	WARNAKULASURIYA N.S.F.	SRI	7	25.17	
3	M35014	ARSHIS TAVADIA	IND	5	25.32	
4	M35122	EUGENE TEO KIAN TECK	SIN	6	25.35	
5	M35085	AWANG HERIWAN BIN A.A.	MAS	4	25.84	
	M35102	RAYNER GUANER	MAS	1	0.00	DNS
	M35073	MASATO TSUMAMOTO	JPN	3	0.00	DNS
	M35022	HARINDER SINGH	IND	8	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M35

(340-4) Heat 4

WED 04 Dec 2019

Start Time: 10:50



Results

CR	22.90	RAWAT DINESH	IND	BANGALORE,IND	2006
----	-------	--------------	-----	---------------	------

Wind: 0.1 m/s

Rank	Bib	Name	Country	Lane	Result
1	M35164	JIRAPONG MEKWIAN	THA	8	23.35
2	M35113	CAO KUN	CHN	7	24.91
3	M35140	M J SIRAS AHAMED	SRI	4	25.12
	M35071	DAI OHTSU	JPN	1	0.00 DNS
	M35089	FAIRUZ BIN AMIR PUAD	MAS	2	0.00 DNS
	M35018	CHANDRU BASKARAN	IND	3	0.00 DNS
	M35059	YUVARAJ CHINNASAMY	IND	5	0.00 DNS
	M35063	YOHANES MUSIURAN NEMA	INA	6	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M35

(340-5) Heat 5

WED 04 Dec 2019

Start Time: 10:50



Results

CR	22.90	RAWAT DINESH	IND	BANGALORE,IND	2006
----	-------	--------------	-----	---------------	------

Wind: 0.4 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M35068	MASOUD BAHRAMI	IRI	2	22.89	CR
2	M35131	D N SANJAYA MAYADUNNE	SRI	7	24.75	
3	M35126	RAMESH NAIDU VENGADASEN	SIN	6	25.09	
4	M35023	INDERJEET	IND	1	26.07	
5	M35097	MOHAMAD HAFIZAM BIN S.	MAS	4	26.76	
	M35074	SHINGO AKIMOTO	JPN	3	0.00	DNS
	M35027	MANEKSHAW ANAND	IND	5	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W35

(341-1) Heat 1

WED 04 Dec 2019

Start Time: 11:05



Results

CR	25.92	Erawati Dedeh	INA	SINGAPORE,SIN	2016
----	-------	---------------	-----	---------------	------

Wind: 0.3 m/s

Rank	Bib	Name	Country	Lane	Result
1	W35054	B G S HARSHANI JAYAKANTHA	SRI	2	26.94
2	W35014	PREMILA RAMACHANDRAN	IND	4	27.40
3	W35006	ANJU KUMARI	IND	1	28.27
4	W35049	SHARON KEEZIA L.S. AP S.	MAS	7	30.08
5	W35069	HITIHAMILLAGE MALIKA S.J.	SRI	5	30.98
6	W35046	NURUL IZZAH BINTI ABD K.	MAS	3	32.72
7	W35016	RAKHI SHARMA	IND	8	34.40
8	W35023	SUMITHRA AALLA	IND	6	35.02

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W35

(341-2) Heat 2

WED 04 Dec 2019

Start Time: 11:05



Results

CR	25.92	Erawati Dedeh	INA	SINGAPORE,SIN	2016
----	-------	---------------	-----	---------------	------

Wind: 0.6 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W35034	KAE BAN	JPN	7	29.89	
2	W35021	SUKANYA ACHARYA	IND	3	30.72	
3	W35012	MAITHILI RAHUL AGASTI	IND	5	32.53	
4	W35073	MARTHA NORKIAH ANAK M.	MAS	2	32.98	
5	W35067	CHAMILA KUMUDU KUMARI	SRI	4	34.47	
6	W35048	SABRINA JULVYNDA JOSEPH G.	MAS	8	34.86	
	W35007	ASHA TELUGUBANAJIGA G.	IND	1	0.00	DNS
	W35018	RINKU SARKAR	IND	6	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W60

(342-1) Heat 1

WED 04 Dec 2019

Start Time: 11:15



Results

CR	30.60	Nakamura Noriko	JPN	DALIAN,CHI	2002
----	-------	-----------------	-----	------------	------

Wind: 1.1 m/s

Rank	Bib	Name	Country	Lane	Result
1	W60006	CECILIA TSE	HKG	3	30.65
2	W60050	KHUUKENEE ERDENE	MGL	6	36.42
3	W60046	SAMSIAH @ S. BINTI M.Y.	MAS	5	37.83
4	W60053	GAO XIUZHI	CHN	7	39.22
5	W60013	BHARTI DHANESHWAR	IND	4	46.93

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W60

(342-2) Heat 2

WED 04 Dec 2019

Start Time: 11:15



Results

CR	30.60	Nakamura Noriko	JPN	DALIAN,CHI	2002
----	-------	-----------------	-----	------------	------

Wind: 0.1 m/s

Rank	Bib	Name	Country	Lane	Result
1	W60058	LINDA OH AH KIAW	SIN	4	34.31
2	W60026	SHYAMA DEVI K.	IND	3	37.22
3	W60024	SATWINDER KAUR	IND	6	38.64
4	W60069	MALAI SOMCHAIWONG	THA	7	42.03
	W60061	L NEETHA INDRANI	SRI	5	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M60

(343-1) Heat 1

WED 04 Dec 2019

Start Time: 11:20



Results

CR	25.61	NIIDA TETSUSHI	JPN	TAIPEI,TPE	2012
----	-------	----------------	-----	------------	------

Wind: 0.4 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M60139	VIJITHA SELLAHEWA	SRI	8	28.08	
2	M60088	JAMES JITIMIN BINOL	MAS	2	28.97	
3	M60023	WONG HO YIN	HKG	6	29.82	
	M60055	SULTAN ALI HIRJI DHARANI	IND	3	0.00	DNS
	M60001	BUDIN ANAK MERINGGAI	BRU	4	0.00	DNS
	M60102	THAM SIEW YEN	MAS	5	0.00	DNS
	M60099	RASID BIN BUSU	MAS	7	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 11:20

Athletics

Men's 200M - M60

(343-2) Heat 2



Results

CR	25.61	NIIDA TETSUSHI	JPN	TAIPEI,TPE	2012
----	-------	----------------	-----	------------	------

Wind: 0.9 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M60090	JONIS B JODDOS RAMLAN	MAS	8	29.54	
2	M60143	CHRISTOPHER JOKIN	SRI	5	31.61	
3	M60038	MADHAVJYOTI DEOKI	IND	7	33.14	
4	M60005	CHANG SHUN HO	TPE	3	37.93	
	M60066	MASATO KOBAYASHI	JPN	2	0.00	DNS
	M60082	CHARLIE LEE EN WUI	MAS	4	0.00	DNS
	M60015	ANTON AU	HKG	6	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M60

(343-3) Heat 3

WED 04 Dec 2019

Start Time: 11:20



Results

CR	25.61	NIIDA TETSUSHI	JPN	TAIPEI,TPE	2012
----	-------	----------------	-----	------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result	
1	M60042	MOHANRAJ CHOCKALINGAM	IND	4	28.88	
2	M60095	MATHMOD BIN MOHD ALIDIN	MAS	5	29.82	
	M60097	MOKHTARUDDIN BIN TAJUDDIN	MAS	2	0.00	DNS
	M60018	IP SAI HUNG	HKG	3	0.00	DNS
	M60116	ARNEL LOBOS	PHI	6	0.00	DNS
	M60144	GAMMANPILA INIYAGE D.K.	SRI	7	0.00	DNS
	M60050	RAMESH BABUAH	IND	8	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M60

(343-4) Heat 4

WED 04 Dec 2019

Start Time: 11:20



Results

CR	25.61	NIIDA TETSUSHI	JPN	TAIPEI,TPE	2012
----	-------	----------------	-----	------------	------

Wind: 0.5 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M60065	HISAO SUZUKI	JPN	2	26.72	
2	M60136	R P ANANDA PATHMASIRI	SRI	7	29.43	
3	M60146	SIRIPONG GUMTHIRA	THA	8	29.82	
4	M60084	DAIM GAYAM	MAS	6	31.07	
5	M60089	JEMAAIN BIN TAMBY	MAS	3	33.99	
	M60016	CHAN YEUK YUNG	HKG	4	0.00	DNS
	M60039	MANOHAR RAO THUMULA	IND	5	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W40

(344-1) Heat 1

WED 04 Dec 2019

Start Time: 11:25



Results

CR	27.24	M.A.L.S.Irangani	SRI	SINGAPORE,SIN	2016
----	-------	------------------	-----	---------------	------

Wind: 0.1 m/s

Rank	Bib	Name	Country	Lane	Result
1	W40068	GRACE CACHUELA	PHI	3	30.37
2	W40070	CASSANDRA CHEW	SIN	5	30.61
3	W40011	AMITA KANEGAONKAR	IND	4	31.21
4	W40018	DIEZNY WILSON DSOUZA	IND	6	31.50
5	W40075	WONG HUEI YUEN	SIN	8	31.90
6	W40008	SHIRLEY WONG	HKG	1	32.83
7	W40057	PARIDA BINTI USMAN	MAS	7	33.81
8	W40027	KALPANA SONOWAL GOGOI	IND	2	36.89

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W40

(344-2) Heat 2

WED 04 Dec 2019

Start Time: 11:25



Results

CR	27.24	M.A.L.S.Irangani	SRI	SINGAPORE,SIN	2016
----	-------	------------------	-----	---------------	------

Wind: 1 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W40046	DEDEH ERAWATI	INA	8	30.82	
2	W40074	POH EE LYN	SIN	4	31.84	
3	W40042	SINIMOL KATHULLIL CLEMENT	IND	2	32.72	
4	W40006	ANNETTE YEUNG	HKG	6	32.76	
5	W40026	KAJAL CHETAN TRIVEDI	IND	7	35.50	
6	W40039	SANGITA SINGH	IND	5	35.88	
	W40007	EUTHY CHEUNG	HKG	1	0.00	DNS
	W40059	ROHAYU BINTI SUUT	MAS	3	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium

WED 04 Dec 2019
Start Time: 11:30

Athletics

Men's Long Jump - M60
(345) Final



Results

CR	5.28	YUZAWA YOSHIO	JPN	OKINAWA, JPN	1998
----	------	---------------	-----	--------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M60064	HIDEYUKI IWAOKA	JPN	4.92 -1.1	x -1.0	-	4.72 0.3	5.02 -0.9	4.93 0.2	5.02 -0.9
2	M60040	MOHAMMED FOUZ C.K.	IND	x 0.2	4.44 -0.8	4.76 -1.1	4.36 0.3	4.89 0.2	x -0.2	4.89 0.2
3	M60116	ARNEL LOBOS	PHI	x -0.6	4.13 -0.9	4.38 -0.4	4.53 -0.7	x -0.3	4.58 0.7	4.58 0.7
4	M60010	TU HSIU SHAN	TPE	4.15 -0.7	3.74 -0.9	4.37 -0.6	4.20 -0.4	4.23 -0.5	4.53 0.2	4.53 0.2
5	M60024	ANAND EKKA	IND	x -1.0	x -1.4	4.19 -0.4	3.89 -0.5	4.49 0.7	x -0.6	4.49 0.7
6	M60066	MASATO KOBAYASHI	JPN	4.47 -1.0	x -1.4	-	4.09 -0.6	4.33 0.2	4.44 -0.6	4.47 -1.0
7	M60056	SWAPAN KUMAR SUR	IND	4.30 -1.3	3.66 -1.4	3.14 -1.3	3.72 -1.0	3.90 -0.4	3.95 -0.3	4.30 -1.3
8	M60011	WU CHIA SHUN	TPE	4.11 -1.3	4.21 -0.8	4.14 -0.6	4.12 -0.4	4.15 -0.6	4.28 -0.7	4.28 -0.7
9	M60088	JAMES JITIMIN BINOL	MAS	4.12 0.2	3.75 -1.7	3.86 -0.8				4.12 0.2
10	M60136	R P ANANDA PATHMASIRI	SRI	x -1.2	4.02 -0.5	x -0.9				4.02 -0.5
11	M60081	CHARLES BIN LINGAM @ L.	MAS	3.85 -0.5	x -0.5	3.68 -1.8				3.85 -0.5
12	M60074	AB MALEK BIN TAIB	MAS	3.73 -0.3	3.57 -1.3	-				3.73 -0.3
13	M60038	MADHAVJYOTI DEOKI	IND	3.68 0.3	3.48 -1.0	3.57 -0.9				3.68 0.3
14	M60112	YANG KUI	CHN	x -0.7	3.64 -0.7	3.65 -1.0				3.65 -1.0

Legend

No: Bib No GR: Championships Record Q : Qualify By Right DNS: Did Not Start DNF : Did Not Finish
q : Qualify SB: Season Best DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 11:30

Athletics

Men's Long Jump - M60
(345) Final



Results

CR	5.28	YUZAWA YOSHIO	JPN	OKINAWA,	1998
----	------	---------------	-----	----------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
15	M60102	THAM SIEW YEN	MAS	3.14 -0.4	3.55 -1.7	3.63 -0.4				3.63 -0.4
16	M60142	YALAGAMAGE PEMARATHNE	SRI	3.59 -0.5	3.60 -0.7	3.21 -0.8				3.60 -0.7
17	M60104	ERRIAH SOORIADEV	MRI	3.59 0.2	-	-				3.59 0.2
18	M60083	CHOO WAI KIN	MAS	3.27 -0.8	-	-				3.27 -0.8
19	M60135	K T HILARY FERNANDO	SRI	3.23 -1.3	3.06 -1.1	2.92 -1.0				3.23 -1.3
20	M60101	TAJUL ARIFFIN BIN AWANG M.	MAS	3.20 -0.9	2.94 -1.4	2.74 -0.9				3.20 -0.9
21	M60098	RAIEI BIN MAHIDIN	MAS	x -0.8	3.14 -0.4	2.75 -0.2				3.14 -0.4
22	M60079	ATHNAN BIN ABU SAMAH	MAS	2.35 -1.5	2.48 -0.3	-				2.48 -0.3
	M60001	BUDIN ANAK MERINGGAI	BRU	DNS						
	M60003	PERAMLI BIN DONGLLAH	BRU	DNF						
	M60015	ANTON AU	HKG	DNS						
	M60039	MANOHAR RAO THUMULA	IND	DNS						
	M60084	DAIM GAYAM	MAS	DNS						
	M60096	MOHD ROSLEY A. @ Y.H.L.	MAS	DNF						

Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right
q : Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 11:30

Athletics

Women's Shot Put - W55
(346) Final



Results

CR	11.60	Zhao Shuling	CHN	KITAKAMI,JPN	2014
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W55079	T D M KAMANI PUSHPIKA P.	SRI	6.84	7.50	6.86	7.43	7.93	7.69	7.93
2	W55052	DORATHEA BINTI ANTHONY A.	MAS	7.76	6.95	6.38	6.67	6.50	4.86	7.76
3	W55065	OTGONCHIMEG DOVDON	MGL	7.03	7.24	7.37	7.45	7.53	7.58	7.58
4	W55038	VENKATA PADMAVATI D.	IND	x	7.34	x	7.50	x	7.22	7.50
5	W55045	MARYAM KHAEF	IRI	6.28	6.46	6.97	7.30	7.38	x	7.38
6	W55016	ANGELA DORTHY DE B.	IND	6.93	7.01	5.83	7.03	7.15	7.27	7.27
7	W55026	LIZY PRATHAPA CHANDRAN	IND	x	7.09	7.15	6.86	6.55	7.04	7.15
8	W55070	D V DISNA GEETHANJANEE	SRI	6.52	6.03	5.90	6.19	6.22	5.55	6.52
9	W55084	BENTHARA MAHA K.S.	SRI	5.62	5.43	5.35				5.62
10	W55056	LETCHUMIPRABAH AP R.	MAS	5.56	x	x				5.56
11	W55058	MARIANA W MOLIJUH	MAS	x	x	x				

Legend	No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ : Disqualified
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Sarawak/Negeri
Stadium

Athletics

Women's 200M - W45

(347-1) Heat 1

WED 04 Dec 2019

Start Time: 11:35



Results

CR	27.70	Glory Barnabas	SIN	JAKARTA,INA	1986
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Wind: 0.3 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W45084	VICTORINA CALMA	PHI	7	30.65	
2	W45053	SYAMANTHAKAM M.K.	IND	3	30.78	
3	W45072	MARTA BASA BINTI L. @ L.	MAS	6	31.83	
4	W45107	DEWA NILANTHI D.	SRI	8	32.43	
	W45001	JULIANA HAJI KASSIM	BRU	2	0.00	DNS
	W45099	M N RENUKA RANASINGHE	SRI	4	0.00	DNS
	W45034	LAXMI SWAMI	IND	5	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W45

(347-2) Heat 2

WED 04 Dec 2019

Start Time: 11:35



Results

CR	27.70	Glory Barnabas	SIN	JAKARTA,INA	1986
----	-------	----------------	-----	-------------	------

Wind: 1 m/s

Rank	Bib	Name	Country	Lane	Result
1	W45087	A M SRIYANI DARSHANA K.	SRI	7	30.29
2	W45060	SHAHNAZ GODARZI	IRI	6	30.84
3	W45018	AGATHA INPARAJULA SAM	IND	3	32.04
4	W45114	SUMALEE WONGSAMING	THA	8	32.22
5	W45019	AGNES MARIA DIAS	IND	5	32.69
	W45077	SHALEY ROSEMARY AP I.	MAS	4	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W45

(347-3) Heat 3

WED 04 Dec 2019

Start Time: 11:35



Results

CR	27.70	Glory Barnabas	SIN	JAKARTA,INA	1986
----	-------	----------------	-----	-------------	------

Wind: 0.5 m/s

Rank	Bib	Name	Country	Lane	Result
1	W45113	EVGENIA MAIOCCHI	THA	4	28.99
2	W45015	GLORY YAU	HKG	8	31.00
3	W45039	NEELU ANAND DUBEY	IND	3	31.84
4	W45049	SHAHINA BEGUM	IND	5	34.20
	W45070	LEE OI KIT	MAS	6	0.00 DNS
	W45090	D P APSARA SUJEEWANI	SRI	7	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W45

(347-4) Heat 4

WED 04 Dec 2019

Start Time: 11:35



Results

CR	27.70	Glory Barnabas	SIN	JAKARTA,INA	1986
----	-------	----------------	-----	-------------	------

Wind: 0.1 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W45083	ELENITA PUNELAS	PHI	8	30.56	
2	W45008	LEE YU HSIN	TPE	3	31.35	
3	W45016	JANE YEUNG	HKG	6	32.79	
4	W45044	SAKUNTALA MONDAL	IND	4	33.45	
	W45064	BERNICE LAU KAM MUN	MAS	5	0.00	DNS
	W45105	S M INOKA BANDARA	SRI	7	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M40

(348-1) Heat 1

WED 04 Dec 2019

Start Time: 11:50



Results

CR	22.74	KAIHARA KOZABU	JPN	JAKARTA,INA	1986
----	-------	----------------	-----	-------------	------

Wind: 0.5 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M40147	GAMLATHGE INDIKA	SRI	3	23.68	
2	M40079	KENJI TANAKA	JPN	5	24.58	
3	M40124	AUGUSTINO SO CHINNAPAN	SIN	8	25.15	
4	M40033	MEHERNOSH JAMSHED B.	IND	1	25.33	
5	M40085	TATSURO EDA	JPN	2	26.06	
6	M40029	DURUGAPPA	IND	7	26.47	
	M40094	EDMUND ATTU	MAS	4	0.00	DNS
	M40021	PETER YU	HKG	6	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M40

(348-2) Heat 2

WED 04 Dec 2019

Start Time: 11:50



Results

CR	22.74	KAIHARA KOZABU	JPN	JAKARTA,INA	1986
----	-------	----------------	-----	-------------	------

Wind: 1.4 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M40081	SEIJI SHIMAZAKI	JPN	5	24.08	
2	M40082	SHIGEKI OKADO	JPN	8	24.75	
3	M40103	MOHAMMAD NIZAM BIN H.	MAS	3	28.19	
	M40017	ALDO KRIEL	HKG	1	0.00	DNS
	M40059	SIY AUL HAQUE AYYARIL P.I.	IND	2	0.00	DNS
	M40123	ABDUL RAHIM B RAMAT	SIN	4	0.00	DNS
	M40162	PIYAPONG WONGPIYAKUL	THA	6	0.00	DNS
	M40061	SUNIL SIVADASAN	IND	7	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M40

(348-3) Heat 3

WED 04 Dec 2019

Start Time: 11:50



Results

CR	22.74	KAIHARA KOZABU	JPN	JAKARTA,INA	1986
----	-------	----------------	-----	-------------	------

Wind: 1.5 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M40083	SHINICHI YAMADA	JPN	7	24.74	
2	M40110	SARIMAN BIN SULAIMAN	MAS	8	26.46	
3	M40111	SUBRAMANIAM AL KARAPAYAH	MAS	3	26.63	
	M40019	CHENG LEUNG SHING	HKG	2	0.00	DNS
	M40035	MYILVAGANAN ANDIAPPAN	IND	4	0.00	DNS
	M40132	B D SUSIL PRIYANTHA	SRI	5	0.00	DNS
	M40045	PREM SAGAR	IND	6	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M40

(348-4) Heat 4

WED 04 Dec 2019

Start Time: 11:50



Results

CR	22.74	KAIHARA KOZABU	JPN	JAKARTA,INA	1986
----	-------	----------------	-----	-------------	------

Wind: 1.7 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M40055	SHAFFEER KOLAMBIL P.	IND	7	23.43	
2	M40141	W B YADDESSALE ROHANA	SRI	2	23.78	
3	M40078	KEIICHI YAZAWA	JPN	8	24.54	
4	M40049	RAJESH BARTH RUHARI	IND	3	25.59	
5	M40105	NASARUDIN BIN SUPIAN	MAS	4	26.03	
	M40020	CHRISTOPHER CHAN	HKG	5	0.00	DNS
	M40097	FREDERICK AU	MAS	6	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M40

(348-5) Heat 5

WED 04 Dec 2019

Start Time: 11:50



Results

CR	22.74	KAIHARA KOZABU	JPN	JAKARTA,INA	1986
----	-------	----------------	-----	-------------	------

Wind: 0.8 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M40080	NAOKI KURIMOTO	JPN	2	24.35	
2	M40077	HIROYUKI TSUKAGUCHI	JPN	5	24.85	
3	M40063	SURESH KASINATHAN	IND	6	25.81	
4	M40028	CHIRANJIB SINGMA	IND	4	26.28	
5	M40143	W K B P MAHESH FERNANDO	SRI	8	26.51	
6	M40104	MOHD SHAMSUL BIN BAKRI	MAS	7	33.70	
	M40096	FAZZRUDIN BIN ABDUL RAHMAN	MAS	3	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W70

(349-1) Heat 1

WED 04 Dec 2019

Start Time: 11:50



Results

CR	36.22	Homma Yuriko	JPN	KITAKAMI,JPN	2014
----	-------	--------------	-----	--------------	------

Wind: 0.6 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W70032	K G GUNATHILAKA MENIKE	SRI	8	37.66	
2	W70025	CHEN SUMEI	CHN	5	38.04	
3	W70018	CHIKAKO FUJIKAWA	JPN	4	40.46	
4	W70008	PERPETUA FERNANDES J.	IND	3	48.72	
5	W70028	PETCHAY DO KANDASAMY	SIN	7	51.57	
	W70007	MANJUSRI BANERJEE	IND	6	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019

Start Time: 11:50

Athletics

Women's 200M - W70

(349-2) Heat 2



Results

CR	36.22	Homma Yuriko	JPN	KITAKAMI,JPN	2014
----	-------	--------------	-----	--------------	------

Wind: 0.2 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W70020	ITOE OMORI	JPN	5	44.18	
2	W70027	MA XIUZHEN	CHN	6	45.05	
3	W70030	H M S MALINIE B.	SRI	7	47.49	
4	W70003	BALAMANI S.	IND	3	54.02	
	W70014	MARGARETHA ARITONANG	INA	4	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 12:00

Athletics

Men's Discus Throw - M55

(350) Final



Results

CR	41.84	HSIEN,CHING TU	TPE	TAIPEI,TPE	2012
----	-------	----------------	-----	------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M55013	YAO YI HAN	TPE	37.53	36.93	x	x	34.67	36.14	37.53
2	M55042	PRASHANT KUMAR RAGHAV	IND	29.89	28.89	x	30.84	29.83	32.26	32.26
3	M55123	NERGUIBAATAR T.	MGL	28.11	30.39	x	28.02	29.32	27.73	30.39
4	M55001	AMPUAN MD A.K.A.H.D.	BRU	27.66	x	29.76		x	28.29	29.76
5	M55044	RAJEEVAN KRISHNAN NAIR	IND	x	27.73	27.04	x	x	x	27.73
6	M55121	GANZORIG GOMBODORJ	MGL	26.17	x	25.02	x	x	26.57	26.57
7	M55117	ZAHAR BIN RAHMAN	MAS	23.20	24.68	24.87	x	26.41	25.34	26.41
8	M55064	GHOLAMREZA HEDAYATI	IRI	23.93	x	20.22	24.57	25.57	x	25.57
9	M55109	RAMAWI @ AHMAD BIN PALIL	MAS	20.90	20.49	22.87				22.87
10	M55163	JAYAKODI P.E.U.W.	SRI	x	x	22.72				22.72
11	M55007	KAO CHENG YU	TPE	17.07	20.73	20.76				20.76
12	M55096	JAYARAMAN AL NAGAMUTHU	MAS	19.62	x	x				19.62
13	M55084	AMPALI @ RADI BIN GOHOP	MAS	17.34	x	19.60				19.60
14	M55122	NARANGEREL EVSHINKHUU	MGL	19.20	x	x				19.20
15	M55099	JUINTIN BIN ALLAP	MAS	17.21	x	x				17.21
16	M55106	MOHD RAHIM BIN LUWI	MAS	x						
16	M55140	RAHMAN BIN IBRAHIM	SIN	DNS						
16	M55169	WICKRAMASINGHE A.J.J.	SRI	DNS						
16	M55088	DAVID WILLIAM	MAS	DNS						
16	M55040	PAWAN GULATI	IND	DNS						
16	M55026	BIST VIJAY RAJ SINGH	IND	DNS						
17	M55149	F JERRAD FERNANDO	SRI	DNS						

Legend

No: Bib No

CR: Championships Record

Q : Quality By Right
q: Quality

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's Discus Throw - M55

(350) Final



WED 04 Dec 2019

Start Time: 12:00

Results

CR	41.84	HSIEN,CHING TU	TPE	TAIPEI,	2012
----	-------	----------------	-----	---------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
17	M55143	A G SIRIWARDENA	SRI	DNS						
17	M55085	BASKARAN AL FRANCIS	MAS	DNS						

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 12:00

Athletics

Men's Discus Throw - M80
(351) Final



Results

CR	28.92	Aso Katsuya	JPN	CHIANGMAI,THA	2008
----	-------	-------------	-----	---------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M80030	TAKENORI MIURA	JPN	18.95	18.99	26.55	25.92	x	26.88	26.88
2	M80047	SAUAY SOONTHORNVIPAT	THA	19.47	22.35	24.40	23.88	24.71	25.74	25.74
3	M80046	PRAYUL NIMSAKORN	THA	x	19.70	x	x	18.78	22.93	22.93
4	M80005	AJMER SINGH	IND	x	21.72	22.34	x	x	x	22.34
5	M80002	PAN AN PING	TPE	x	19.06	21.21	21.28	22.01	21.18	22.01
6	M80016	PURUSHOTHAMAN N.N.	IND	16.69	17.08	x	17.41	x	x	17.41
7	M80045	KITTI MEESRIDECHA	THA	15.34	16.16	16.81	16.52	x	16.62	16.81
8	M80036	XU ZILUN	CHN	x	15.99	15.15	14.07	x	15.10	15.99
9	M80032	BALASINGAM AL ELLAPPAN	MAS	15.24	15.70	x				15.70
10	M80003	LAM CHUN CHUEN	HKG	x	11.78	14.99				14.99
11	M80007	CHINNASWAMY V.S.	IND	x	14.73	14.96				14.96
12	M80006	ANJANI DEV S.V.	IND	14.00	x	14.90				14.90
13	M80015	PAWADAYYA BASALINGAY H.	IND	12.53	x	13.40				13.40
14	M80004	YEUNG CHI KIN	HKG	x	x	9.42				9.42

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's Discus Throw - M85
(352) Final



WED 04 Dec 2019
Start Time: 12:00

Results

CR	22.30	Okazaki Masami	JPN	KUALALUMPUR,MAS	1990
----	-------	----------------	-----	-----------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M85010	LU KEQIANG	CHN	17.91	16.37	19.10				19.10
2	M85002	GURJIWAN SINGH SIDHU	IND	18.07	15.48	17.63				18.07
3	M85007	ALFRED LAJAWA	MAS	14.23	16.80	15.62				16.80
4	M85001	CHANG CHIU	TPE	9.54	10.53	x				10.53

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's Discus Throw - M90

(353) Final

WED 04 Dec 2019

Start Time: 12:00



Results

CR	17.28	JONGINDER SINGH	IND	KUALALUMPUR,MAS	1990
----	-------	-----------------	-----	-----------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M90001	CHEN WEN CHAO	TPE	10.05	10.97	10.63	-	-	-	10.97

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Discus Throw - M95

(354) Final

WED 04 Dec 2019

Start Time: 12:00



Results

CR

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M95001	SRIRAMULU VALLABHAJOSYULA	IND	x	9.00	9.90	9.60	-	-	9.90

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri Stadium

WED 04 Dec 2019
Start Time: 12:00

Athletics

Men's Long Jump - M55
(355) Final



Results

CR	OMINE HIDENORI	JPN	OKINAWA,JPN	1998
----	----------------	-----	-------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M55021	WILLIE KUNG	HKG	x -1.1	x -0.1	5.25 0.1	5.42 -0.4	x -0.1	5.61 -1.0	5.61 -1.0
2	M55002	CAI FU LIANG	TPE	x -0.4	4.29	5.01	5.13 -1.8	5.27 -0.2	5.23 -0.9	5.27 -0.2
3	M55126	HUANG CHENGGUANG	CHN	4.73 -1.1	4.70 -0.1	x	3.42	5.01 -0.3	5.21 -0.1	5.21 -0.1
4	M55034	LAKHWINDER SINGH	IND	4.60 -1.5	4.91 -0.5	x 0.1	x -0.9	5.08 -1.0	x -0.9	5.08 -1.0
5	M55010	SHIH YUNG FU	TPE	x -0.3	x -1.0	4.69 1.0	5.06 -0.8	x -0.2	- 0.2	5.06 -0.8
6	M55151	G M ANIL DE SILVA	SRI	x -1.4	x	4.85	4.94 -1.1	x -0.3	4.88 -0.1	4.94 -1.1
7	M55128	ZHAO JIANMIN	CHN	4.62 0.3	4.75	4.70	4.47 -1.8	3.60 -0.2	4.93 -0.9	4.93 -0.9
8	M55029	FAREEZ ASPI VASANIA	IND	4.82 -0.2	x 0.4	x	x -1.1	4.61 -0.3	4.67 -1.4	4.82 -0.2
9	M55074	TAKASHI SAITO	JPN	x -0.5	x	4.49 -0.1				4.49 -0.1
10	M55147	D M TENSONS	SRI	3.83	4.15 -0.2	4.41				4.41
11	M55170	WICKRAMASINGHE JAYATH P.	SRI	x -0.3	x -1.2	4.34				4.34
12	M55060	SAPTO BUDI HARI W.	INA	4.10 -0.1	4.11 -0.5	4.25 0.3				4.25 0.3
13	M55031	KISHORE CHANDRA R.	IND	4.18 -0.3	4.16 -0.6	4.10 -0.4				4.18 -0.3

Legend				
No: Bib No	GR: Championships Record	Q : Qualify By Right q : Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium

WED 04 Dec 2019
Start Time: 12:00

Athletics

Men's Long Jump - M55 (355) Final



Results

CR	OMINE HIDENORI	JPN	OKINAWA,	1998
----	----------------	-----	----------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
14	M55049	SRIDHARAN MYLAPORI S.	IND	3.87 -0.7	3.86 -0.2	-				3.87 -0.7
15	M55032	KOLAPRATH V.	IND	x	3.86 -0.1	3.70 0.4				3.86 -0.1
16	M55164	JAYASINHA M.N.P.J.	SRI	x -1.4	3.74 -1.5	x				3.74 -1.5
17	M55108	RAHIM BIN SALAMAT	MAS	x -0.9	x	3.70 -0.1				3.70 -0.1
18	M55015	ELVIS LAM	HKG	3.66 -1.0	3.61 -1.7	3.58 -0.2				3.66 -1.0
19	M55052	TAPAS KUMAR PARIA	IND	x -0.9	3.44 -1.1	3.29 -1.4				3.44 -1.1
	M55007	KAO CHENG YU	TPE	DNS						
	M55037	MURALITHARAN MANIYAN	IND	DNS						
	M55050	SUKHDEV SINGH SARAAN	IND	DNS						
	M55053	ULLAL ABDUL REHMAN	IND	DNS						
	M55057	HASYIM RUDIONO	INA	DNS						
	M55069	MASAHIRO MIURA	JPN	DNS						
	M55082	ABDUL MANAP BIN IBRAHIM	MAS	DNS						

Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right
q : Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 12:00

Athletics

Men's Long Jump - M55 (355) Final



Results

CR	OMINE HIDENORI	JPN	OKINAWA,	1998
----	----------------	-----	----------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
	M55083	ALISTER BIN SIANI	MAS	DNS						
	M55094	JAAFAR BIN TIMBANG	MAS	DNS						
	M55097	JAYARAMAN AL RAJA M.	MAS	DNS						
	M55099	JUINTIN BIN ALLAP	MAS	DNS						
	M55107	P MOHAN AL PONNIAH	MAS	DNS						
	M55120	BOLDBAATAR SAMDAN	MGL	DNS						
	M55132	CHAN CHIN WAH	SIN	DNS						
	M55137	MUSTAFA BIN IBRAHIM	SIN	DNS						
	M55165	JAYAWEERA SUNIL	SRI	DNS						
	M55173	NEIL FOUCHER ROBINSON	USA	DNS						

Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right
q : Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's Shot Put - W60

(356) Final

WED 04 Dec 2019

Start Time: 12:00



Results

CR	11.19	WEN LAN	CHN	DALIAN,CHN	2002
----	-------	---------	-----	------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W60055	SUN XUEFANG	CHN	9.49	10.21	9.71	9.17	9.50	9.25	10.21
2	W60052	TUMENJARGAL JAMBAA	MGL	8.92	9.37	8.75	9.29	9.75	9.54	9.75
3	W60068	WEERASINGHE H.D.S.	SRI	8.14	8.22	7.92	8.07	8.45	8.02	8.45
4	W60003	CHEN SHU HUA	TPE	7.46	7.54	7.69	7.75	8.11	8.00	8.11
5	W60034	HIDEKO MAEHARA	JPN	7.09	7.49	7.54	7.49	7.43	7.83	7.83
6	W60064	W G CHAMILA PRIYADARSHANI	SRI	6.63	7.62	6.84	6.89	7.08	7.35	7.62
7	W60009	THERRY WONG	HKG	7.33	7.34	7.50	7.46	7.32	7.15	7.50
8	W60044	PIRIN BINTI BERANGIN	MAS	6.30	6.90	7.04	6.82	6.74	6.22	7.04
9	W60051	MYAGMARSUREN BANZRAGCH	MGL	6.76	6.64	6.59				6.76
10	W60072	NUNTUJPNORN SRIJAD	THA	6.50	6.66	6.53				6.66
11	W60014	CONCEICAO MARTINS E P.	IND	6.25	6.00	6.36				6.36
12	W60012	AUDREY ROVEENA B.E.D.M.	IND	x	6.04	6.11				6.11
13	W60043	NUR AISHAH BINTI ABDULLAH	MAS	6.10	5.85	5.77				6.10
14	W60063	W A PREMALATHA MENIKE	SRI	5.63	6.08	5.87				6.08
15	W60045	PUSHFA AP RAMASAMY	MAS	6.06	6.07	6.07				6.07
16	W60062	R W KUSUMALATHA	SRI	5.82	5.56	5.68				5.82
17	W60025	SEBIKA SINHA	IND	5.22	5.52	5.24				5.52
18	W60016	DE MELO ROSARIA EFFIE	IND	5.38	4.98	4.85				5.38
19	W60070	CHUJIT BOONPANG	THA	4.56	5.13	4.68				5.13
20	W60018	JAMINI DEVI MUTUM	IND	x	3.94	3.76				3.94
21	W60027	SOBANA CHANDRA ALEXANDER	IND							
21	W60047	ALTANTSETSEG AYUSH	MGL							

Legend

No: Bib No

CR: Championships Record

Q : Quality By Right
q: Quality

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's Shot Put - W60

(356) Final



WED 04 Dec 2019

Start Time: 12:00

Results

CR	11.19	WEN LAN	CHN	DALIAN,	2002
----	-------	---------	-----	---------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
21	W60066	RAJAMUNI HEWAGE R.A.	SRI							
21	W60002	MARIAH METUSSIN	BRU							

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W50

(357-1) Heat 1

WED 04 Dec 2019

Start Time: 12:00



Results

CR	28.79	Kaneko Yoko	JPN	KITAKAMI,JPN	2014
----	-------	-------------	-----	--------------	------

Wind: 0.2 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W50060	SACHIE TOMONO	MAS	4	34.25	
2	W50048	MIKAKO KIHARA	JPN	8	35.48	
3	W50089	P H SRIYALATHA	SRI	6	35.50	
4	W50012	CICILIA KINDO	IND	5	38.76	
	W50005	BONNIE LUNG	HKG	2	0.00	DNS
	W50025	PONNAMMA KOCHITHARA V.	IND	3	0.00	DNS
	W50030	ROSHNI GULATI	IND	7	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W50

(357-2) Heat 2

WED 04 Dec 2019

Start Time: 12:00



Results

CR	28.79	Kaneko Yoko	JPN	KITAKAMI,JPN	2014
----	-------	-------------	-----	--------------	------

Wind: 0.2 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W50008	YUEN KAR WAI	HKG	2	31.62	
2	W50040	BUDI NURANI	INA	7	32.14	
3	W50074	PERLA LOBOS	PHI	8	33.63	
4	W50020	MEMCHA DEVI THONGAM	IND	3	33.79	
5	W50044	ASHRAF SADAT SAKHAEIFAR	IRI	5	35.72	
	W50049	LAPTEVA SVETLANA	KAZ	4	0.00	DNS
	W50019	MEENA SINGH	IND	6	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W50

(357-3) Heat 3

WED 04 Dec 2019

Start Time: 12:00



Results

CR	28.79	Kaneko Yoko	JPN	KITAKAMI,JPN	2014
----	-------	-------------	-----	--------------	------

Wind: 0.9 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W50055	ERINE SINUEL	MAS	4	31.39	
2	W50095	W S S D CHRISILA AGNES D.S.	SRI	6	31.74	
3	W50075	ANGELA MOGHE	SIN	8	32.80	
4	W50037	SOBHABATI CHANU L.	IND	5	34.11	
5	W50013	DEEPA SREEDHARAN	IND	3	38.63	
	W50028	RENU SHARMA	IND	7	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M65

(358-1) Heat 1

WED 04 Dec 2019

Start Time: 12:10



Results

CR	26.80	KAWASHIMA TETSUO	JPN	SINGAPORE,SIN	1992
----	-------	------------------	-----	---------------	------

Wind: 1.7 m/s

Rank	Bib	Name	Country	Lane	Result
1	M65055	RYUICHI SATO	JPN	8	28.49
2	M65113	NEEL WICKRAMACHCHI	SRI	5	28.85
3	M65024	HARBANS SINGH	IND	3	30.55
4	M65067	FUNG KONG @ ANTHONY F.A.K.	MAS	2	30.88
5	M65003	HJ AWG TIANG BIN H.M	BRU	6	31.70
6	M65019	BALAN THIRUVENKATAM	IND	7	32.60
	M65090	ZHANG ZHENLIN	CHN	4	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 12:10

Athletics

Men's 200M - M65

(358-2) Heat 2



Results

CR	26.80	KAWASHIMA TETSUO	JPN	SINGAPORE,SIN	1992
----	-------	------------------	-----	---------------	------

Wind: 1.1 m/s

Rank	Bib	Name	Country	Lane	Result
1	M65007	HUANG TZU JUNG	TPE	2	28.68
2	M65085	TSEREN MYAGMAR	MGL	6	31.48
3	M65040	SHAMSHER SINGH	IND	3	33.58
	M65047	MERARI NAINGGOLAN	INA	4	0.00 DNS
	M65054	NORIMASA ARAI	JPN	5	0.00 DNS
	M65087	LI MINGXUN	CHN	7	0.00 DNS
	M65112	KARAWE THANTIRIGE N.P.	SRI	8	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M65

(358-3) Heat 3

WED 04 Dec 2019

Start Time: 12:10



Results

CR	26.80	KAWASHIMA TETSUO	JPN	SINGAPORE,SIN	1992
----	-------	------------------	-----	---------------	------

Wind: 0.1 m/s

Rank	Bib	Name	Country	Lane	Result
1	M65049	SUWANDI	INA	4	29.91
2	M65039	RAVEENDRAN GOPALAN	IND	3	32.48
3	M65017	ABANI KUMAR SINHA	IND	7	40.64
	M65061	ABAT ANAK IMPANG	MAS	5	0.00 DNS
	M65088	LUO JING	CHN	6	0.00 DNS
	M65092	ANG WEE TECK	SIN	8	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 12:10

Athletics

Men's 200M - M65

(358-4) Heat 4



Results

CR	26.80	KAWASHIMA TETSUO	JPN	SINGAPORE,SIN	1992
----	-------	------------------	-----	---------------	------

Wind: 1.1 m/s

Rank	Bib	Name	Country	Lane	Result
1	M65051	FUMIO SASAKI	JPN	3	28.84
2	M65091	ZHU BAONING	CHN	6	29.39
3	M65034	MUTHU KALIAPPAN	IND	8	29.78
4	M65102	ANURA PULIYADDA	SRI	7	30.53
5	M65081	UMAN @ YUMAN BIN SIKIN	MAS	5	32.76
6	M65042	SRINIVASA RAO RAVU	IND	4	38.96

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W55

(359-1) Heat 1

WED 04 Dec 2019

Start Time: 12:15



Results

CR	30.35	Yamamoto Midori	JPN	KUALALUMPUR,MAS	1990
----	-------	-----------------	-----	-----------------	------

Wind: 0.3 m/s

Rank	Bib	Name	Country	Lane	Result
1	W55011	MARGARET HUNG	HKG	3	31.32
2	W55067	SALVE BAYABAN	PHI	4	32.68
3	W55033	SAROJA GRACE JEBAMONI	IND	7	39.61
	W55028	MINOTI SACHIDANAND P.	IND	2	0.00 DNS
	W55013	PANNY WAN	HKG	6	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W55

(359-2) Heat 2

WED 04 Dec 2019

Start Time: 12:15



Results

CR	30.35	Yamamoto Midori	JPN	KUALALUMPUR,MAS	1990
----	-------	-----------------	-----	-----------------	------

Wind: 0.4 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W55048	NAOMI MIYATA	JPN	4	30.74	
2	W55012	PANCY CHU	HKG	5	33.89	
3	W55021	JEMMA JOSEPH	IND	6	37.36	
	W55007	JANINE CANHAM	HKG	3	0.00	DNS
	W55060	MORDIANA SANTHA T.B.A.	MAS	7	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W55

(359-3) Heat 3

WED 04 Dec 2019

Start Time: 12:15



Results

CR	30.35	Yamamoto Midori	JPN	KUALALUMPUR,MAS	1990
----	-------	-----------------	-----	-----------------	------

Wind: -0.1 m/s

Rank	Bib	Name	Country	Lane	Result
1	W55014	STELLA WONG	HKG	3	38.00
2	W55063	THERESLINE ASIRVATHAM	MAS	7	39.18
3	W55009	JUDY SHUM	HKG	5	39.45
4	W55019	DALIMI DUTTA	IND	6	46.68
5	W55043	MONA SIGAR	INA	4	47.96

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W55

(359-4) Heat 4

WED 04 Dec 2019

Start Time: 12:15



Results

CR	30.35	Yamamoto Midori	JPN	KUALALUMPUR,MAS	1990
----	-------	-----------------	-----	-----------------	------

Wind: -0.3 m/s

Rank	Bib	Name	Country	Lane	Result
1	W55071	H RANI CHITHRANI SOYSA	SRI	1	34.12
2	W55075	N F M Y SHERIDA RUPANI	SRI	3	36.52
3	W55074	M E M SEELAWATHIE D.	SRI	2	37.53
4	W55072	H THUSITHA NEELANJANEE	SRI	4	39.11

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M45

(360-1) Heat 1

WED 04 Dec 2019

Start Time: 12:40



Results

CR	23.20	KAIHARA KOZABU	JPN	SINGAPORE,SIN	1992
----	-------	----------------	-----	---------------	------

Wind: 0.5 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M45027	MICK WONG	HKG	5	25.28	
2	M45149	LYE PAK SUN DAVID	SIN	3	26.59	
3	M45060	MOHAN KUMAR	IND	4	28.81	
4	M45037	BOINI RAM BABU	IND	8	36.36	
	M45001	HAJI SHAHRI BIN H.A.	BRU	2	0.00	DNS
	M45158	ASELA BANDARA RATNAYAKE	SRI	6	0.00	DNS
	M45116	LIM GEOK HUA	MAS	7	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M45

(360-2) Heat 2

WED 04 Dec 2019

Start Time: 12:40



Results

CR	23.20	KAIHARA KOZABU	JPN	SINGAPORE,SIN	1992
----	-------	----------------	-----	---------------	------

Wind: 0.1 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M45094	NOBUO SASAME	JPN	6	24.32	
2	M45144	CHIN KHEN THEEN	SIN	5	25.36	
3	M45165	H L NALIN KAPILA	SRI	3	25.76	
4	M45179	ROSHAN BUDDIKA S.	SRI	7	26.55	
5	M45019	AUGUSTIN LAY	HKG	4	27.85	
6	M45036	BIKASH KARAR	IND	8	30.59	
	M45126	RONALD DOMINIC GALLYOT	MAS	2	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M45

(360-3) Heat 3

WED 04 Dec 2019

Start Time: 12:40



Results

CR	23.20	KAIHARA KOZABU	JPN	SINGAPORE,SIN	1992
----	-------	----------------	-----	---------------	------

Wind: 0.8 m/s

Rank	Bib	Name	Country	Lane	Result
1	M45143	EDWARD KHO	PHI	8	25.73
2	M45146	FARIS B ABDUL WAHAB	SIN	7	26.72
3	M45053	JAYAN CHEEROTH V.	IND	2	26.80
4	M45109	JOHARI BIN BUJANG	MAS	4	27.61
5	M45023	EDDIE NGAN	HKG	6	28.37
6	M45066	PREMA KUMAR GUDAPATI	IND	5	33.20
	M45184	DOMBAGAHAWATTHAGE K.K.S.K.D.	SRI	3	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M45

(360-4) Heat 4

WED 04 Dec 2019

Start Time: 12:40



Results

CR	23.20	KAIHARA KOZABU	JPN	SINGAPORE,SIN	1992
----	-------	----------------	-----	---------------	------

Wind: 1 m/s

Rank	Bib	Name	Country	Lane	Result
1	M45162	E M DILIP UDITHA KUMARA	SRI	8	24.65
2	M45015	TSAI YUNG CHUAN	TPE	3	27.14
3	M45151	RADWAN JAAFAR	SIN	4	28.21
	M45067	PURNA CHANDRA SAHOO	IND	2	0.00 DNS
	M45131	SOO CHEE KIAT	MAS	5	0.00 DNS
	M45065	PRABHJOT SINGH	IND	6	0.00 DNS
	M45020	BARTHELEMY CHAN	HKG	7	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M45

(360-5) Heat 5

WED 04 Dec 2019

Start Time: 12:40



Results

CR	23.20	KAIHARA KOZABU	JPN	SINGAPORE,SIN	1992
----	-------	----------------	-----	---------------	------

Wind: 0.8 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M45007	HUANG PEI JUNG	TPE	7	23.65	
2	M45029	ANANTA RAJKONWAR	IND	6	25.27	
3	M45026	IVAN KWAN	HKG	4	25.99	
4	M45154	TAN TAI HONG TOMMY	SIN	2	26.43	
5	M45110	JOHNY VINCENT	MAS	5	27.06	
	M45089	KATSUNORI FUJITA	JPN	3	0.00	DNS
	M45051	JATA SHANKER MISHRA	IND	8	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M45

(360-6) Heat 6

WED 04 Dec 2019

Start Time: 12:40



Results

CR	23.20	KAIHARA KOZABU	JPN	SINGAPORE,SIN	1992
----	-------	----------------	-----	---------------	------

Wind: 0.8 m/s

Rank	Bib	Name	Country	Lane	Result
1	M45092	NARUFUSA KOGA	JPN	8	23.98
2	M45058	MAMMU KALLUM PARAYAN	IND	7	25.12
3	M45062	NAZIR KARAKKUNNUMMAL	IND	3	26.32
	M45028	PETER WAI	HKG	4	0.00 DNS
	M45152	SHARIF SHARIMAN	SIN	5	0.00 DNS
	M45119	NG WAI KIT	MAS	6	0.00 DNF

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M50

(361-1) Heat 1

WED 04 Dec 2019

Start Time: 13:10



Results

CR	24.15	KAIHARA KOZABU	JPN	SEOUL,KOR	1996
----	-------	----------------	-----	-----------	------

Wind: 1.1 m/s

Rank	Bib	Name	Country	Lane	Result
1	M50022	PETER LAM	HKG	3	25.99
2	M50003	CHANG FENG CHIA	TPE	6	26.12
	M50125	SUNIL KUMAR LALWANI	NEP	1	0.00 DNS
	M50148	H GEHAN MAN HSIANG DIAS	SRI	2	0.00 DNS
	M50041	LAKHINATH B.	IND	4	0.00 DNS
	M50152	M D LAKSHMAN G.	SRI	5	0.00 DNS
	M50075	VIRENDER KUMAR	IND	7	0.00 DNS
	M50098	AZMI BIN ABDULLAH	MAS	8	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M50

(361-2) Heat 2

WED 04 Dec 2019

Start Time: 13:10



Results

CR	24.15	KAIHARA KOZABU	JPN	SEOUL,KOR	1996
----	-------	----------------	-----	-----------	------

Wind: 0.5 m/s

Rank	Bib	Name	Country	Lane	Result
1	M50127	WU WENFENG	CHN	1	26.95
2	M50150	K A P NIROSHANA W.	SRI	5	27.66
3	M50161	MATARAMBA KORALAGE T.	SRI	8	28.83
	M50021	MOSES LUI	HKG	2	0.00 DNS
	M50067	SANTHOSH KUMAR AVILERI B.	IND	3	0.00 DNS
	M50099	CHOO THIAM CHOY	MAS	4	0.00 DNS
	M50034	GONESH GOGOI	IND	6	0.00 DNS
	M50076	DJANUAR	INA	7	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M50

(361-3) Heat 3

WED 04 Dec 2019

Start Time: 13:10



Results

CR	24.15	KAIHARA KOZABU	JPN	SEOUL,KOR	1996
----	-------	----------------	-----	-----------	------

Wind: 0.2 m/s

Rank	Bib	Name	Country	Lane	Result
1	M50140	TAN KOK TEE TONY	SIN	6	25.79
2	M50024	TIM LUI	HKG	2	26.96
	M50028	BENEDY VINCENT	IND	3	0.00 DNS
	M50079	OCKBEN SAOR SINAGA	INA	4	0.00 DNS
	M50113	SUPPARAMANIYAM AL R.	MAS	5	0.00 DNS
	M50149	H M SUNIL PREMATHILAKA	SRI	7	0.00 DNS
	M50058	RAM KISAN GHARAT	IND	8	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M50

(361-4) Heat 4

WED 04 Dec 2019

Start Time: 13:10



Results

CR	24.15	KAIHARA KOZABU	JPN	SEOUL,KOR	1996
----	-------	----------------	-----	-----------	------

Wind: 1.1 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M50142	WONG FOONG WEE	SIN	7	25.36	
2	M50145	B IROSH DUMINDA FERNANDO	SRI	8	25.62	
3	M50086	AKIHIRO MISAKA	JPN	2	25.86	
4	M50014	CHRIS WONG	HKG	3	26.55	
5	M50059	RAM KRISHNA PEDAPATI	IND	6	28.28	
	M50065	SADANANDA ALVA	IND	4	0.00	DNS
	M50105	MAULANI BIN DIMAN	MAS	5	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M50

(361-5) Heat 5

WED 04 Dec 2019

Start Time: 13:10



Results

CR	24.15	KAIHARA KOZABU	JPN	SEOUL,KOR	1996
----	-------	----------------	-----	-----------	------

Wind: 1.5 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M50141	TAN YEW YONG	SIN	3	25.80	
2	M50017	JEFFREY LAI	HKG	6	27.28	
3	M50038	HARJINDER SINGH	IND	2	28.39	
4	M50143	A G SARATH CHANDRASIRI	SRI	4	28.60	
5	M50111	SUHAILI BIN SANEH	MAS	8	29.42	
	M50095	BEISEMBAYEV KANAT	KAZ	5	0.00	DNS
	M50064	SADANANDA	IND	7	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 13:30

Athletics

Women's Shot Put - W65
(362) Final



Results

CR	10.63	Kanari Tomoko	JPN	BUNGALORE,IND	2006
----	-------	---------------	-----	---------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W65041	ERLINDA LAVANDIA	PHI	8.01	7.24	7.12	7.17	7.77	7.24	8.01
2	W65036	NARANTSETSEG GALSANDORJ	MGL	7.71	7.37	7.11	7.15	7.03	7.05	7.71
3	W65016	PONNAMMA MULLERA P.	IND	7.31	x	7.10	7.44	7.17	7.66	7.66
4	W65018	RODA KRISHNA	IND	5.36	6.82	5.90	5.56	6.19	6.03	6.82
5	W65052	SIRIPAN JANPRAM	THA	6.72	6.46	5.80	6.62	6.55	5.90	6.72
6	W65035	TAY YU ENG	MAS	6.44	6.26	6.60	x	6.54	6.30	6.60
7	W65044	CHANDRA JAYANTHI YATAWARA	SRI	5.76	6.20	6.03	x	6.05	6.28	6.28
8	W65039	ZHAI YUYUN	CHN	5.98	x	6.20	x	5.96	5.86	6.20
9	W65054	DARUNI KOETMANI	THA	5.38	5.72	5.92				5.92
10	W65055	GUNLAYA KAWPRASERT	THA	x	5.64	5.74				5.74
11	W65015	PARAVATHY K.I.	IND	4.75	5.15	4.93				5.15
12	W65002	WANG HUI YING	TPE	3.96	5.13	4.98				5.13
	W65019	SUKHWINDER KAUR	IND	-	x	-				

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 13:40

Athletics

Men's 200M - M55

(363-1) Heat 1



Results

CR	25.17	MORIA TORU	JPN	KITAKAMI,JPN	2014
----	-------	------------	-----	--------------	------

Wind: 0.5 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M55075	TAKU SUGIURA	JPN	5	26.13	
2	M55170	WICKRAMASINGHE JAYATH P.	SRI	2	29.54	
3	M55009	PAI CHING YUAN	TPE	3	30.14	
4	M55134	LEONG HON CHEONG	SIN	1	30.50	
5	M55124	GOPAL MAHARJAN	NEP	7	31.64	
	M55039	NARESH KUMAR ROLA	IND	4	0.00	DNS
	M55108	RAHIM BIN SALAMAT	MAS	6	0.00	DNS
	M55136	MUSA AMIN	SIN	8	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M55

(363-2) Heat 2

WED 04 Dec 2019

Start Time: 13:40



Results

CR	25.17	MORIA TORU	JPN	KITAKAMI,JPN	2014
----	-------	------------	-----	--------------	------

Wind: 0.4 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M55073	TAKASHI MORIHATA	JPN	4	26.10	
2	M55144	B A SRILAL	SRI	6	27.16	
3	M55056	AGUS DWI RAHARDJO	INA	1	28.48	
4	M55014	ALEX YIP	HKG	2	28.62	
5	M55103	KUNASEGARAN AL MANIVELOO	MAS	7	31.01	
6	M55165	JAYaweera SUNIL	SRI	3	31.18	
	M55141	SU FOOK LUNG PAUL	SIN	5	0.00	DNS
	M55129	JULIO BAYABAN	PHI	8	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M55

(363-3) Heat 3

WED 04 Dec 2019

Start Time: 13:40



Results

CR	25.17	MORIA TORU	JPN	KITAKAMI,JPN	2014
----	-------	------------	-----	--------------	------

Wind: 1 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M55072	SHUNJI AKIYAMA	JPN	8	26.44	
2	M55130	ANG GIN WAH	SIN	5	26.90	
3	M55066	MOHAMMADALI FKOURI	IRI	4	27.06	
4	M55153	H VIJITHA DAHANAYAKE	SRI	3	27.22	
5	M55119	BAYARSAIKHAN GUNCHIN	MGL	1	30.98	
	M55138	OSMAN BIN NADZIM	SIN	2	0.00	DNS
	M55162	GEEGALLAGE SAMAN K.G.	SRI	6	0.00	DNS
	M55016	GERALD CHEUK	HKG	7	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 13:40

Athletics

Men's 200M - M55

(363-4) Heat 4



Results

CR	25.17	MORIA TORU	JPN	KITAKAMI,JPN	2014
----	-------	------------	-----	--------------	------

Wind: 2 m/s

Rank	Bib	Name	Country	Lane	Result
1	M55053	ULLAL ABDUL REHMAN	IND	6	28.10
	M55063	ESHAGH ABBASI GHADI	IRI	2	0.00 DNS
	M55095	JAFFRY B EMPIL	MAS	3	0.00 DNS
	M55131	BRYAN YAP JIN MENG	SIN	4	0.00 DNS
	M55164	JAYASINHA M.N.P.J.	SRI	5	0.00 DNS
	M55135	LIM KIAN LEONG HENRY	SIN	7	0.00 DNS
	M55120	BOLDBAATAR SAMDAN	MGL	8	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W35

(364) Final

WED 04 Dec 2019

Start Time: 14:00



Results

CR	25.92	Erawati Dedeh	INA	SINGAPORE,SIN	2016
----	-------	---------------	-----	---------------	------

Wind: 0.1 m/s

Rank	Bib	Name	Country	Lane	Result
1	W35014	PREMILA RAMACHANDRAN	IND		26.72
2	W35054	B G S HARSHANI JAYAKANTHA	SRI		26.91
3	W35034	KAE BAN	JPN		27.53
4	W35006	ANJU KUMARI	IND		28.36
5	W35049	SHARON KEEZIA L.S. AP S.	MAS		30.29
6	W35021	SUKANYA ACHARYA	IND		31.62
7	W35069	HITIHAMILLAGE MALIKA S.J.	SRI		31.72
8	W35012	MAITHILI RAHUL AGASTI	IND		33.55

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium

WED 04 Dec 2019
Start Time: 14:00

Athletics

Men's Long Jump - M70
(365) Final



Results

CR	4.77	TANAKA JUJI	JPN	JAKARTA,INA	1994
----	------	-------------	-----	-------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M70033	HIROJI NAMIKI	JPN	x -0.4	3.97 -0.5	x 0.5	4.46 0.6	4.61 0.4	4.54 0.4	4.61 0.4
2	M70067	ZHONG CANHUA	CHN	3.47 0.2	x -0.3	3.75 0.6	3.75 1.1	3.81 1.3	x 0.2	3.81 1.3
3	M70023	PHILIP XAVIER PASCOAL F.	IND	3.18 0.2	3.52 0.2	3.76 0.6	3.55 0.9	x 0.5	x 1.3	3.76 0.6
4	M70064	JIANG TIEJUN	CHN	3.45 0.2	3.44 1.2	3.37 -0.3	3.42 -0.4	3.00 0.6	3.56 -0.7	3.56 -0.7
5	M70001	HAJI ABD RANI B.H.M.	BRU	3.41 0.5	3.29 0.5	x 0.7	3.35 1.0	3.55 1.2	2.62 -0.3	3.55 1.2
6	M70058	VITALIS HERMAN	MAS	3.43 -0.2	x 1.1	2.77 0.2				3.43 -0.2
7	M70003	CHIANG CHING CHI	TPE	3.42 -0.7	3.29 1.6	x -0.3				3.42 -0.7
8	M70020	JOGEN CHANDRA T.	IND	2.67 -0.4	x -0.5	2.58 0.3				2.67 -0.4
	M70006	LIN CHEN JUNG	TPE	DNS						
	M70014	DAVINDER JEET SINGH	IND	DNS						
	M70026	SAMUEL JESHPATHAM	IND	DNS						
	M70073	HAJI ABDUL SALAM	SIN	DNS						
	M70088	CHARNVIT CHIARAVANONT	THA	DNS						

Legend

No: Bib No GR: Championships Record Q : Qualify By Right DNS: Did Not Start DNF : Did Not Finish
q : Qualify SB: Season Best DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W40

(366) Final

WED 04 Dec 2019

Start Time: 14:00



Results

CR	27.24	M.A.L.S.Irangani	SRI	SINGAPORE,SIN	2016
----	-------	------------------	-----	---------------	------

Wind: 1 m/s

Rank	Bib	Name	Country	Lane	Result
1	W40046	DEDEH ERAWATI	INA		27.61
2	W40068	GRACE CACHUELA	PHI		30.12
3	W40070	CASSANDRA CHEW	SIN		30.26
4	W40074	POH EE LYN	SIN		30.68
5	W40075	WONG HUEI YUEN	SIN		30.98
6	W40011	AMITA KANEGAONKAR	IND		31.28
7	W40042	SINIMOL KATHULLIL CLEMENT	IND		33.07
	W40018	DIEZNY WILSON DSOUZA	IND		0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M70

(367-1) Heat 1

WED 04 Dec 2019

Start Time: 14:10



Results

CR	28.54	HAGA KAZUHIRO	JPN	KITAKAMI,JPN	2014
----	-------	---------------	-----	--------------	------

Wind: 0.3 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M70005	LEE TUNG LUNG	TPE	1	31.07	
2	M70032	CHUJI OGAWA	JPN	3	32.60	
2	M70069	FELIZARDO JUANIZA	PHI	8	32.60	
4	M70012	ABDU KAITHAMANNA	IND	2	33.84	
5	M70059	BANZRAGCH DORJ	MGL	7	35.34	
	M70044	GOH FUNG SENG	MAS	4	0.00	DNS
	M70082	G DON SOMADASA	SRI	5	0.00	DNS
	M70088	CHARNVIT CHIARAVANONT	THA	6	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M70

(367-2) Heat 2

WED 04 Dec 2019

Start Time: 14:10



Results

CR	28.54	HAGA KAZUHIRO	JPN	KITAKAMI,JPN	2014
----	-------	---------------	-----	--------------	------

Wind: 0.8 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M70009	WANG PING JEN	TPE	3	29.66	
2	M70019	JEYASEELAN DICKSON	IND	4	31.36	
3	M70089	NARUMIT SMUSENETO	THA	8	33.39	
4	M70066	YANG FUSHENG	CHN	6	33.93	
5	M70070	CHEONG SENG QUEE	SIN	7	34.13	
	M70052	RAMASAMY AL KARRUPAYA	MAS	2	0.00	DNS
	M70055	SYED MOHAMAD BIN SYED M.	MAS	5	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M70

(367-3) Heat 3

WED 04 Dec 2019

Start Time: 14:10



Results

CR	28.54	HAGA KAZUHIRO	JPN	KITAKAMI,JPN	2014
----	-------	---------------	-----	--------------	------

Wind: -0.4 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M70087	CHANAT KHANTHASON	THA	4	32.52	
2	M70030	VELUSAMY KARUPPIAH DEVAR	IND	5	35.50	
3	M70043	GILBERT DIVANCY BIN DALADIN	MAS	3	35.57	
4	M70018	HARBHAJAN SINGH	IND	8	36.37	
	M70078	SHIHAB BARI	SIN	2	0.00	DNS
	M70046	KAMIL BIN BUJANG	MAS	6	0.00	DNS
	M70063	GAO FUDUO	CHN	7	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M70

(367-4) Heat 4

WED 04 Dec 2019

Start Time: 14:10



Results

CR	28.54	HAGA KAZUHIRO	JPN	KITAKAMI,JPN	2014
----	-------	---------------	-----	--------------	------

Wind: 0.5 m/s

Rank	Bib	Name	Country	Lane	Result
1	M70083	M V A JAYARATNA	SRI	7	33.13
2	M70091	THANACHIT SAPPUSIRIWONG	THA	8	34.70
	M70020	JOGEN CHANDRA T.	IND	2	0.00 DNS
	M70037	SHINJI MURAOKA	JPN	3	0.00 DNS
	M70058	VITALIS HERMAN	MAS	4	0.00 DNS
	M70064	JIANG TIEJUN	CHN	5	0.00 DNS
	M70053	SUBRAMANIAN AL SENGUDAN	MAS	6	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W45

(368) Final

WED 04 Dec 2019

Start Time: 14:10



Results

CR	27.72	GLORY BARNABAS	SIN	JAKARTA,INA	1986
----	-------	----------------	-----	-------------	------

Wind: 0.5 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W45113	EVGENIA MAIOCCHI	THA	3	28.41	
2	W45087	A M SRIYANI DARSHANA K.	SRI	4	29.87	
3	W45083	ELENITA PUNELAS	PHI	5	29.96	
4	W45015	GLORY YAU	HKG	2	30.36	
5	W45053	SYAMANTHAKAM M.K.	IND	7	30.62	
6	W45084	VICTORINA CALMA	PHI	6	31.00	
7	W45060	SHAHAZ GODARZI	IRI	8	31.16	
	W45008	LEE YU HSIN	TPE	1	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W50

(369) Final

WED 04 Dec 2019

Start Time: 14:15



Results

CR	28.79	Kaneko Yoko	JPN	KITAKAMI,JPN	2014
----	-------	-------------	-----	--------------	------

Wind: 0.2 m/s

Rank	Bib	Name	Country	Lane	Result
1	W50095	W S S D CHRISILA AGNES D.S.	SRI		31.05
2	W50055	ERINE SINUEL	MAS		31.09
3	W50008	YUEN KAR WAI	HKG		31.48
4	W50040	BUDI NURANI	INA		31.97
5	W50075	ANGELA MOGHE	SIN		33.29
6	W50020	MEMCHA DEVI THONGAM	IND		33.65
	W50037	SOBHABATI CHANU L.	IND		0.00 DNS
	W50074	PERLA LOBOS	PHI		0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W55

(370) Final

WED 04 Dec 2019

Start Time: 14:20



Results

CR	30.35	Yamamoto Midori	JPN	KUALALUMPUR,MAS	1990
----	-------	-----------------	-----	-----------------	------

Wind: 0.8 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W55048	NAOMI MIYATA	JPN	3	28.83	CR
2	W55011	MARGARET HUNG	HKG	4	30.68	
3	W55067	SALVE BAYABAN	PHI	5	32.08	
4	W55012	PANCY CHU	HKG	6	32.79	
5	W55071	H RANI CHITHRANI SOYSA	SRI	7	34.14	
6	W55075	N F M Y SHERIDA RUPANI	SRI	8	36.07	
7	W55074	M E M SEELAWATHIE D.	SRI	1	36.93	
8	W55021	JEMMA JOSEPH	IND	2	37.88	

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 14:25

Athletics

Women's 200M - W60

(371) Final



Results

CR	30.60	Nakamura Noriko	JPN	DAILAN,CHN	2002
----	-------	-----------------	-----	------------	------

Wind: 0.8 m/s

Rank	Bib	Name	Country	Lane	Result
1	W60006	CECILIA TSE	HKG	4	31.32
2	W60058	LINDA OH AH KIAW	SIN	3	34.56
3	W60026	SHYAMA DEVI K.	IND	5	36.84
4	W60050	KHUUKENEE ERDENE	MGL	6	36.95
5	W60046	SAMSIAH @ S. BINTI M.Y.	MAS	8	38.52
6	W60024	SATWINDER KAUR	IND	7	39.39
7	W60053	GAO XIUZH	CHN	1	39.78
8	W60069	MALAI SOMCHAIWONG	THA	2	43.25

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Women's Pole Vault - W40

(372) Final



WED 04 Dec 2019

Start Time: 14:00

Results

CR	2.50	RAJESHWARI EDWARD	IND	TAIPEI,TPE	2012
----	------	-------------------	-----	------------	------

Rank	Bib	Name	Country								Result
------	-----	------	---------	--	--	--	--	--	--	--	--------

1	W40013	ANIMA SONOWAL	IND									1.60
				1.10	1.20	1.30	1.40	1.50	1.60	1.70		
				o	o	o	x o	o	o	x x x		

2	W40021	GAYATHRI PALANISWAMY	IND									1.60
				1.10	1.20	1.30	1.40	1.50	1.60	1.70		
				o	o	o	o	o	x o	x x x		

3	W40066	LI XUELI	CHN									1.10
				1.10	1.20							
				x x o	x x x							

	W40047	EMRINA	INA									
				DNS								

Legend	No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified
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Sarawak/Negeri Stadium

Athletics

Women's Pole Vault - W45

(373) Final



WED 04 Dec 2019

Start Time: 14:00

Results

CR	2	TSUKIYAMA HIROMI	JPN	KITAKAMI,JPN	2014
----	---	------------------	-----	--------------	------

Rank	Bib	Name	Country								Result
------	-----	------	---------	--	--	--	--	--	--	--	--------

1 W45081 XUE SHUJUN CHN **1.70**

1.10	1.20	1.30	1.40	1.50	1.60	1.70
o	x o	x o	x x o	x o	o	o
1.80						
x x x						

2 W45038 MARIEEN VIJAY IND **1.60**

1.10	1.20	1.30	1.40	1.50	1.60	1.70
o	o	x o	o	o	x x o	x x x

Legend

No: Bib No CR: Championships Record Q : Qualify By Right DNS: Did Not Start DNF : Did Not Finish
q: Qualify SB: Season Best DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 14:30

Athletics

Men's Discus Throw - M60
(374) Final



Results

CR	45.51	DU,HUEI WUN	TPE	TAIPEI,TPE	2012
----	-------	-------------	-----	------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M60006	HSIEH CHING TU	TPE	41.67	38.13	x	39.74	44.63	41.13	44.63
2	M60014	YU CHIEN MIN	TPE	34.36	43.39	44.47	x	x	43.39	44.47
3	M60070	YUJI YAMASAKI	JPN	39.62	x	39.63	42.35	x	44.17	44.17
4	M60009	TSAI HUNG CHIH	TPE	38.43	x	39.87	40.30	x	41.70	41.70
5	M60103	BABYLONE CHARLES JEAN	MRI	x	31.54	38.02	39.65	x	x	39.65
6	M60110	LIU JIAN	CHN	35.64	32.44	36.97	38.12	34.09	36.80	38.12
7	M60117	JUAN VILLA JR	PHI	35.42	35.62	32.32	33.76	34.31	30.63	35.62
8	M60053	SUBRAMANIAN THIRAVIA N.	IND	x	x	33.54	x	32.97	33.20	33.54
9	M60140	W M ARIYASENA	SRI	x	x	32.62				32.62
10	M60132	I M RAJIVA WIJETUNGE	SRI	31.95	29.46	31.12				31.95
11	M60106	ERDENECHIMEG NYAMDAAVA	MGL	x	31.16	31.36				31.36
12	M60094	KRISHNASAMY AL KARUPPIAH	MAS	30.63	x	28.35				30.63
13	M60028	ASOKE SARKAR	IND	30.09	28.28	30.14				30.14
14	M60147	SUNAI BOONTHAM	THA	x	x	28.87				28.87
15	M60005	CHANG SHUN HO	TPE	28.63	x	27.07				28.63
16	M60049	RADHAKRISHNA NUNNA	IND	25.40	27.33	26.97				27.33
17	M60100	SANIBAN BIN AMPILAH	MAS	24.22	24.62	24.24				24.62
18	M60112	YANG KUI	CHN	21.58	22.96	24.42				24.42
19	M60068	SHINICHI MATSUMOTO	JPN	14.19	13.53	11.73				14.19
	M60126	A G SUNIL	SRI	DNS						
	M60035	JAI SINGH KALRAMAN	IND	DNS						
	M60051	SANJAI KUMAR SINGH	IND	DNS						
	M60096	MOHD ROSLEY A. @ Y.H.L.	MAS	DNS						
	M60033	DODDI SATYANARAYANA	IND	DNS						

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 14:30

Athletics

Men's Discus Throw - M65
(375) Final



Results

CR	41.31	Yamada Eiichiro	JPN	BUNGALORE,IND	2006
----	-------	-----------------	-----	---------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M65033	MRINAL KANTI ROY	IND	33.15	x	x	x	34.77	35.20	35.20
2	M65082	YAW DOLLY BIN YAW LO KONG	MAS	28.78	30.12	x	27.93	x	33.98	33.98
3	M65080	TARMIZI SANDHU	MAS	33.51	x	29.64	x	33.41	x	33.51
4	M65011	WEI TSUNG YI	TPE	32.77	x	32.92	x	32.75	30.79	32.92
5	M65075	P NADARAJAH AL M PERIAYAH	MAS	29.64	x	31.94	30.73	31.44	32.26	32.26
6	M65041	SRABALJIT SINGH	IND	29.27	26.34	x	30.54	x	30.10	30.54
7	M65107	M CHANDRADASA D.	SRI	28.00	x	28.05	28.20	29.60	28.06	29.60
8	M65028	JOAO FRANCISCO B.F.R.	IND	26.63	27.53	24.83				27.53
9	M65058	KLIMOV SERGEY	KAZ	25.03	25.85	x				25.85
10	M65108	SUNIMAL PERERA R.	SRI	25.01	x	25.63				25.63
11	M65115	CHUMPORN JANTAMANEE	THA	22.13	24.46	25.59				25.59
12	M65066	EDWIN E GOH	MAS	23.32	24.44	x				24.44
13	M65076	PILAH @ ONDOG BIN KISANG	MAS	19.69	22.92	20.14				22.92
14	M65048	SLAMET BUDI HARDJO	INA	20.14	21.83	x				21.83
15	M65072	NARAYAN NAIR AL SUNGONI N.	MAS	21.66	19.57	19.97				21.66
16	M65119	SEWDANEE MAHADEO	MRI	15.14	14.34	x				15.14
17	M65043	SUDARSHAN SHAMANNA Y.	IND	x	x	-				

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's Shot Put - W75

(376) Final



WED 04 Dec 2019

Start Time: 14:30

Results

CR	10.00	T.KANARI	JPN	RUGAO,CHN	2017
----	-------	----------	-----	-----------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W75018	TOMOKO KANARI	JPN	8.99	9.01	9.15	9.10	9.14	9.41	9.41
2	W75014	JUMINAH WIRYO S.	INA	6.57	7.04	6.79	6.81	6.98	5.98	7.04
3	W75010	RAMA KAR	IND	5.47	5.84	5.24	5.45	5.53	5.45	5.84
4	W75001	LEE MEI LIEN	TPE	5.52	5.66	5.78	5.31	5.28	x	5.78
5	W75017	TOMIKO WATANABE	JPN			x	5.41	5.40	5.47	5.47
6	W75005	BASANTI BISWAS	IND	5.06	5.04	x	5.18	5.13	5.23	5.23
7	W75019	HAN BOH DUAH @ J.H.K.H.	MAS	4.81	4.82	5.11	4.89	4.75	5.08	5.11

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's Shot Put - W80

(377) Final

WED 04 Dec 2019

Start Time: 14:30



Results

CR	6.98	YATORI SACHIKO	JPN	TAIPEI,TPE	2012
----	------	----------------	-----	------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W80007	TSERENDOLGOR TUMURBAT	MGL	7.87	8.41	8.58	8.98	9.06	8.99	9.06 CR
2	W80003	MASAKO GEMBA	JPN	7.88	8.49	8.08	8.35	8.77	8.59	8.77
3	W80004	MIYOKO MIYAMAE	JPN	6.18	6.43	6.31	6.05	6.08	6.13	6.43
4	W80008	CHEN ZONGYU	CHN	4.81	4.80	5.11	x	5.38	5.67	5.67

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's Shot Put - W85

(378) Final



WED 04 Dec 2019

Start Time: 14:30

Results

CR	5.50	N.JANTAMANE	THA	RUGAO,CHN	2017
----	------	-------------	-----	-----------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W85002	MARIETJE ELIZABETH R.	INA	3.69	3.71	x	3.67	4.01	2.83	4.01
2	W85001	HARTINI JOKO	INA	3.50	3.73	3.82	3.70	3.83	3.89	3.89

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's Shot Put - W100

(379-1) Final



WED 04 Dec 2019

Start Time: 14:30

Results

CR

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W10001	MAN KAUR	IND	1.78	-	-	2.21	1.95	-	2.21

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's Shot Put - W90

(379-2) Final



WED 04 Dec 2019

Start Time: 14:30

Results

CR

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W90002	NEAW JANTAMANEE	THA	4.39	4.43	4.59	4.45	4.71	4.75	4.75

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 14:30

Athletics

Women's 200M - W65

(380) Final



Results

CR	32.19	Bi Si Ling	CHN	SINGAPORE,SIN	2016
----	-------	------------	-----	---------------	------

Wind: 1.3 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W65050	LAWAN JIRANART	THA	4	36.81	
2	W65013	MARY HILDA DSOUZA	IND	1	36.91	
3	W65016	PONNAMMA MULLERA P.	IND	3	38.22	
4	W65056	SUMOL NUALCHANCHY	THA	8	38.57	
5	W65047	L D RAMYAWATHI JAYALATH	SRI	7	39.11	
6	W65005	WENDY CHOI	HKG	5	43.80	
7	W65048	UDUMULLAGE DONA VISHAKA	SRI	2	46.68	
	W65015	PARAVATHY K.I.	IND	6	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W70

(381) Final

WED 04 Dec 2019

Start Time: 14:35



Results

CR	36.22	Homma Yuriko	JPN	KITAKAMI,JPN	2014
----	-------	--------------	-----	--------------	------

Wind: 0.1 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W70032	K G GUNATHILAKA MENIKE	SRI	3	36.37	
2	W70025	CHEN SUMEI	CHN	4	38.39	
3	W70018	CHIKAKO FUJIKAWA	JPN	5	40.51	
4	W70020	ITOE OMORI	JPN	6	44.01	
5	W70027	MA XIUZHEN	CHN	7	44.32	
6	W70030	H M S MALINIE B.	SRI	8	51.47	
	W70008	PERPETUA FERNANDES J.	IND	1	0.00	DNS
	W70028	PETCHAY DO KANDASAMY	SIN	2	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M75

(382-1) Heat 1

WED 04 Dec 2019

Start Time: 14:40



Results

CR	30.29	LI YIBEN	CHN	KITAKAMI,JPN	2014
----	-------	----------	-----	--------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M75005	HUANG I YANG	TPE	4	35.17
2	M75046	CHUA LIAT KHIANG	SIN	8	35.46
3	M75001	HAJI ARIFFIN BIN ABDULLAH	BRU	3	35.68
4	M75012	APPAIAH M.P.	IND	5	36.88
	M75032	NALLIAH AL RAMASAMY	MAS	6	0.00 DNS
	M75041	QIN BOKUI	CHN	7	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M75

(382-2) Heat 2

WED 04 Dec 2019

Start Time: 14:40



Results

CR	30.29	LI YIBEN	CHN	KITAKAMI,JPN	2014
----	-------	----------	-----	--------------	------

Wind: 0.8 m/s

Rank	Bib	Name	Country	Lane	Result
1	M75004	HSU YUAN CHUNG	TPE	5	32.37
2	M75039	LI YIBEN	CHN	3	32.47
3	M75043	SUN ZHIXIAO	CHN	7	33.41
4	M75029	ISAO KOYAMA	JPN	6	37.15
	M75009	REX WHITTLE	HKG	4	0.00 DNS
	M75053	CHATITHANU NA LAMPANG	THA	8	0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W75

(383) Final

WED 04 Dec 2019

Start Time: 14:40



Results

CR	37.55	Hosokawa Mineko	JPN	TAIPEI,TPE	2012
----	-------	-----------------	-----	------------	------

Wind: 0.9 m/s

Rank	Bib	Name	Country	Lane	Result
1	W75017	TOMIKO WATANABE	JPN	4	42.68
2	W75007	ELSY CHAZHOOR DEVASSY	IND	5	52.89
3	W75008	GRACE ANNA CHIRAMAL	IND	3	55.68

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's 200M - W80

(384) Final

WED 04 Dec 2019

Start Time: 14:45



Results

CR	42.70	Morita Mitsu	JPN	BANGKOK,THA	2004
----	-------	--------------	-----	-------------	------

Wind: 0.2 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W80005	NORIKO NAKAMURA	JPN	5	38.83	CR
2	W80002	ROSNI ABDULLAH	INA	4	53.68	
3	W80010	MALLIKA SATCHITHANANDA	SRI	8	55.16	
4	W80006	ADELINE JOHN UMBUL	MAS	6	57.67	
5	W80009	ZHANG XIFANG	CHN	7	59.71	
	W80004	MIYOKO MIYAMAE	JPN	2	0.00	DNS
	W80001	LIN PAN SHIU YU	TPE	3	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019

Start Time: 14:45

Athletics

Women's 200M - W100

(384A) Final



Results

CR

Wind: 0.2 m/s

Rank	Bib	Name	Country	Lane	Result
1	W10001	MAN KAUR	IND	1	181.61

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Women's 1500M - W35

(385) Final

WED 04 Dec 2019

Start Time: 14:45



Results

CR	4:35.40	Seri Tunaal White	SIN	,SIN	1981
----	---------	-------------------	-----	------	------

Rank	Bib	Name	Country	Lane	Result	
1	W35031	NASRIN PASDAR B.	IRI	5	5:27.87	
2	W35059	K W G INOKA DARSHANI C.	SRI	3	5:51.97	
3	W35065	W J M GEETHANJALI KUMARI	SRI	7	5:55.25	
4	W35074	ANUPAMA SHARMA	IND	9	6:42.44	
5	W35037	AMUTHA AP ARUMUGAM	MAS	6	7:28.90	
6	W35008	CHAITANYA SATHYA KUMAR	IND	4	7:59.13	
7	W35026	VIJAYA DODLA	IND	1	9:23.01	
	W35039	CHRISTY KONG SIEW CHOO	MAS	2	0.00	DNS
	W35053	SHIRLEY CHANDRA	SIN	8	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M35

(386) Final



WED 04 Dec 2019

Start Time: 14:55

Results

CR	22.90	RAWAT DINESH	IND	BANGALORE,IND	2006
----	-------	--------------	-----	---------------	------

Wind: 0.1 m/s

Rank	Bib	Name	Country	Lane	Result
1	M35157	MUNASINGHE DEVAGE C.K.M	SRI		22.59 CR
2	M35068	MASOUD BAHRAMI	IRI		22.84
3	M35164	JIRAPONG MEKWIAN	THA		23.44
4	M35121	EDDIE TOH KEE CHONG	SIN		23.86
5	M35056	VIJAYAKUMAR MOHAN	IND		24.46
6	M35054	TUKU SETHY	IND		24.86
7	M35131	D N SANJAYA MAYADUNNE	SRI		25.36
	M35113	CAO KUN	CHN		0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M40

(387) Final

WED 04 Dec 2019

Start Time: 15:00



Results

CR	22.74	KAIHARA KOZABU	JPN	JAKARTA,INA	1986
----	-------	----------------	-----	-------------	------

Wind: 1.5 m/s

Rank	Bib	Name	Country	Lane	Result
1	M40141	W B YADDESSALE ROHANA	SRI		23.06
2	M40055	SHAFFEER KOLAMBIL P.	IND		23.11
3	M40081	SEIJI SHIMAZAKI	JPN		23.37
4	M40147	GAMLATHGE INDIKA	SRI		23.48
5	M40080	NAOKI KURIMOTO	JPN		24.23
6	M40078	KEIICHI YAZAWA	JPN		24.44
7	M40083	SHINICHI YAMADA	JPN		24.57
8	M40079	KENJI TANAKA	JPN		24.58

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium

WED 04 Dec 2019
Start Time: 15:00

Athletics

Men's Long Jump - M65
(388) Final



Results

CR	5.12	KIRA YUSHIO	JPN	OKINAWA,JPN	1998
----	------	-------------	-----	-------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M65015	MAX SIU	HKG	x -1.0	4.51 -0.4	4.42 0.3	4.03 1.0	4.24 -0.1	4.57 0.0	4.57 0.0
2	M65092	ANG WEE TECK	SIN	4.24 -1.0	4.30 -0.4	x -0.1	4.28 0.3	4.37 0.0	4.45 0.5	4.45 0.5
3	M65044	UPENDRA NATH ROY	IND	4.24 -0.2	x 0.0	x -0.7	4.17 -0.2	x 0.2	4.35 1.9	4.35 1.9
4	M65056	YUTAKA HARAMA	JPN	4.27 -0.3	4.27 -1.1	x -0.4	4.21 0.2	4.11 -1.8	4.32 0.3	4.32 0.3
5	M65050	AHMAD ALI SABERI	IRI	4.10 -0.4	4.26 -0.1	4.17 -0.8	4.13 -0.7	4.07 -1.0	4.18 0.2	4.26 -0.1
6	M65118	RASHPAH SINGH	GBR	4.07 -0.1	3.83 -0.1	x -1.2	3.94 -0.6	3.86 0.0	3.88 -1.2	4.07 -0.1
7	M65027	JAGRAM JAT	IND	3.73 -0.9	4.05 0.0	3.73 0.0	3.58 -0.5	3.97 -0.7	3.84 -1.6	4.05 0.0
8	M65001	VICTOR RAMONETTA	AUS	3.41 -1.1	3.91 -0.6	3.49 0.0	3.59 -0.3	3.56 -1.0	3.65 0.6	3.91 -0.6
9	M65039	RAVEENDRAN GOPALAN	IND	3.78 -1.0	3.33 0.0	3.72 -0.1				3.78 -1.0
10	M65031	MARAPPA VENKATAPPA	IND	3.74 0.2	x -0.8	3.62 -0.6				3.74 0.2
11	M65064	DATUK ABDOL MULO BIN A.D.	MAS	x -0.8	3.74 0.0	x -0.1				3.74 0.0
12	M65004	CHANG YI CHIN	TPE	3.50 -0.5	3.72 -0.2	3.52 -0.1				3.72 -0.2
13	M65073	NARUL BIN ONDAU	MAS	3.55 -0.3	3.64 0.0	3.62 -0.6				3.64 0.0
14	M65009	LEE KUANG SHENG	TPE	3.62 -0.7	3.43 -0.4	3.58 -1.0				3.62 -0.7

Legend

No: Bib No GR: Championships Record Q : Qualify By Right DNS: Did Not Start DNF : Did Not Finish
q : Qualify SB: Season Best DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 15:00

Athletics

Men's Long Jump - M65
(388) Final



Results

CR	5.12	KIRA YUSHIO	JPN	OKINAWA,	1998
----	------	-------------	-----	----------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
15	M65109	T L PREMALAL PERERA	SRI	3.39 -0.6	2.65 -0.2	3.52 -0.1				3.52 -0.1
16	M65003	HJ AWG TIANG BIN H.M	BRU	3.50 -0.9	x -0.2	3.38 -0.8				3.50 -0.9
17	M65025	HUSSAINI LOHAR	IND	2.61 -1.1	2.70 0.4	2.60 -0.2				2.70 0.4
	M65070	MOHD RADIR BIN KASBI	MAS	x -0.6	- 0.0	- 0.0				
	M65081	UMAN @ YUMAN BIN SIKIN	MAS	DNS						
	M65105	HEMASIRI ABEYSEKARA	SRI	DNS						
	M65111	HENAYAKE RALALAGE D.	SRI	DNS						

Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right
q : Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M45

(389) Final



WED 04 Dec 2019

Start Time: 15:05

Results

CR	23.20	KAIHARA KOZABU	JPN	SINGAPORE,SIN	1992
----	-------	----------------	-----	---------------	------

Wind: 0.7 m/s

Rank	Bib	Name	Country	Lane	Result
1	M45092	NARUFUSA KOGA	JPN		23.67
2	M45007	HUANG PEI JUNG	TPE		23.86
3	M45094	NOBUO SASAME	JPN		23.96
4	M45027	MICK WONG	HKG		24.08
5	M45162	E M DILIP UDITHA KUMARA	SRI		24.33
6	M45144	CHIN KHEN THEEN	SIN		25.26
7	M45058	MAMMU KALLUM PARAYAN	IND		25.43
8	M45029	ANANTA RAJKONWAR	IND		25.44

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 1500M - W40
(390) Final**

WED 04 Dec 2019
Start Time: 15:05



Results

CR	4:55.70	Esther Sumah	INA	KUALALUMPUR,MAS	2010
----	---------	--------------	-----	-----------------	------

Rank	Bib	Name	Country	Lane	Result	
1	W40029	LALITA MADHWAL	IND		5:43.13	
2	W40045	ZOJA ZIYA SHAMNADH	IND		6:09.14	
3	W40080	NILUKA DE SILVA	SRI		6:09.16	
4	W40071	CHUA POH CHENG JAYCE	SIN		6:13.55	
5	W40016	CLARISSA MARIA MARGARITA C.	IND		6:16.49	
6	W40019	DIVYA REDDY BOLLAREDDY	IND		6:18.81	
7	W40028	KRUTI KADAKIA	IND		6:34.22	
8	W40010	AMBIKA NANDA	IND		6:35.95	
9	W40003	CHU YU CHI	TPE		7:03.35	
10	W40024	JANKAI V.	IND		7:08.74	
11	W40090	MATHOTA ARACHCHIGE G.K.P.	SRI		7:18.00	
12	W40049	CHOO MEI HUNG	MAS		7:21.07	
13	W40094	DAYANG DIANA BINTI A.I.	MAS		7:22.48	
14	W40025	JUHI TAHILIANI	IND		7:25.49	
	W40043	SUNITA MS	IND		0.00	DNS
	W40050	EMILIA BINTI JAMIL	MAS		0.00	DNS
	W40055	MAILIN BINTI SALUGIN	MAS		0.00	DNS
	W40058	RAZLIZA HANIZA BINTI RAZAK	MAS		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Women's 1500M - W40

(390) Final

WED 04 Dec 2019

Start Time: 15:05



Results

CR	4:55.70	Esther Sumah	INA	KUALALUMPUR,MAS	2010
----	---------	--------------	-----	-----------------	------

Rank	Bib	Name	Country	Lane	Result
	W40089	KOLAMBAGE CHANDIMA S.	SRI	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M50

(391) Final

WED 04 Dec 2019

Start Time: 15:10



Results

CR	24.15	KAIHARA KOZABU	JPN	SEOUL,KOR	1996
----	-------	----------------	-----	-----------	------

Wind: 1.7 m/s

Rank	Bib	Name	Country	Lane	Result
1	M50142	WONG FOONG WEE	SIN		25.04
2	M50140	TAN KOK TEE TONY	SIN		25.38
3	M50022	PETER LAM	HKG		25.74
4	M50145	B IROSH DUMINDA FERNANDO	SRI		25.76
5	M50141	TAN YEW YONG	SIN		25.79
6	M50086	AKIHIRO MISAKA	JPN		25.98
7	M50014	CHRIS WONG	HKG		26.30
8	M50003	CHANG FENG CHIA	TPE		26.64

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 15:15

Athletics

Men's 200M - M55

(392) Final



Results

CR	25.17	MORIA TORU	JPN	KITAKAMI,JPN	2014
----	-------	------------	-----	--------------	------

Wind: 0.6 m/s

Rank	Bib	Name	Country	Lane	Result
1	M55072	SHUNJI AKIYAMA	JPN		25.73
2	M55073	TAKASHI MORIHATA	JPN		25.86
3	M55144	B A SRILAL	SRI		26.96
4	M55130	ANG GIN WAH	SIN		27.03
5	M55066	MOHAMMADALI FKOURI	IRI		27.33
6	M55153	H VIJITHA DAHANAYAKE	SRI		27.34
7	M55053	ULLAL ABDUL REHMAN	IND		27.59
	M55075	TAKU SUGIURA	JPN		0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M60

(393) Final

WED 04 Dec 2019

Start Time: 15:20



Results

CR	25.61	NIIDA TETSUSHI	JPN	TAIPEI,TPE	2012
----	-------	----------------	-----	------------	------

Wind: 1.5 m/s

Rank	Bib	Name	Country	Lane	Result
1	M60065	HISAO SUZUKI	JPN		26.28
2	M60139	VIJITHA SELLAHEWA	SRI		27.84
3	M60042	MOHANRAJ CHOCKALINGAM	IND		28.12
4	M60090	JONIS B JODDOS RAMLAN	MAS		28.22
5	M60088	JAMES JITIMIN BINOL	MAS		29.11
6	M60146	SIRIPONG GUMTHIRA	THA		29.17
7	M60095	MATHMOD BIN MOHD ALIDIN	MAS		29.48
8	M60136	R P ANANDA PATHMASIRI	SRI		29.70

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Women's 1500M - W45

(394) Final

WED 04 Dec 2019

Start Time: 15:20



Results

CR	5:05.55	Esther Sumah	INA	TAIPEI,TPE	2012
----	---------	--------------	-----	------------	------

Rank	Bib	Name	Country	Lane	Result	
1	W45007	LEE HSIAO CHUAN	TPE		5:43.72	
2	W45035	MADHU YADAV	IND		6:09.04	
3	W45065	CECELIA MAKSIMON	MAS		6:15.56	
4	W45063	AUDREY ROSLYN REUTENS	MAS		6:17.95	
5	W45023	FATIMA TRINDADE DE SA	IND		6:50.63	
6	W45004	CHU YU LIN	TPE		6:52.59	
7	W45109	MATHARAGE RUPIKA IRANGANI	SRI		7:03.87	
8	W45085	NORBAIN MUSTAPHA	SIN		7:09.25	
9	W45052	SUBHALAKSHMI EASWARAN	IND		7:18.09	
10	W45037	MANDIRA GOGOI ARANDHARA	IND		7:30.83	
11	W45033	LAKSHMAMMA CHINNAPPA	IND		7:42.37	
12	W45044	SAKUNTALA MONDAL	IND		7:47.17	
13	W45002	CHANG PEN CHEN	TPE		7:55.15	
14	W45026	GEETHA THANKAMMA	IND		8:24.84	
15	W45048	SAROJ RANI	IND		9:38.51	
	W45028	JACQUELINE BABITHA XAVIER	IND		0.00	DNS
	W45045	SANDIPA KHOSLA	IND		0.00	DNS
	W45078	SIM LI WUI	MAS		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Women's 1500M - W45

(394) Final

WED 04 Dec 2019

Start Time: 15:20



Results

CR	5:05.55	Esther Sumah	INA	TAIPEI,TPE	2012
----	---------	--------------	-----	------------	------

Rank	Bib	Name	Country	Lane	Result
	W45079	TAMILSLVE AP PERIASAMY	MAS	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M65

(395) Final

WED 04 Dec 2019

Start Time: 15:25



Results

CR	26.80	KAWASHIMA TETSUO	JPN	SINGAPORE,SIN	1992
----	-------	------------------	-----	---------------	------

Wind: 1.8 m/s

Rank	Bib	Name	Country	Lane	Result
1	M65007	HUANG TZU JUNG	TPE		27.74
2	M65055	RYUICHI SATO	JPN		28.02
3	M65113	NEEL WICKRAMACHCHI	SRI		28.06
4	M65049	SUWANDI	INA		28.28
5	M65051	FUMIO SASAKI	JPN		28.54
6	M65091	ZHU BAONING	CHN		28.87
7	M65102	ANURA PULIYADDA	SRI		30.22
	M65034	MUTHU KALIAPPAN	IND		0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 15:30

Athletics

Men's 200M - M70

(396) Final



Results

CR	28.54	HAGA KAZUHIRO	JPN	KITAKAMI,JPN	2014
----	-------	---------------	-----	--------------	------

Wind: 1.7 m/s

Rank	Bib	Name	Country	Lane	Result
1	M70009	WANG PING JEN	TPE		29.39
2	M70005	LEE TUNG LUNG	TPE		30.51
3	M70019	JEYASEELAN DICKSON	IND		30.90
4	M70087	CHANAT KHANTHASON	THA		31.95
5	M70083	M V A JAYARATNA	SRI		32.68
6	M70032	CHUJI OGAWA	JPN		33.19
7	M70069	FELIZARDO JUANIZA	PHI		33.22
8	M70089	NARUMIT SMUSENETO	THA		33.28

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Women's Shot Put - W70

(397) Final



WED 04 Dec 2019

Start Time: 15:30

Results

CR	9.40	Kanari Tomoko	JPN	TAIPEI,TPE	2012
----	------	---------------	-----	------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W70002	ANITA MARIA FERNANDES R.	IND	6.82	6.50	6.47	6.20	6.30	6.25	6.82
2	W70038	CHALEOSRI CHIMWONG	THA	6.42	6.45	6.44	-	-	-	6.45
3	W70006	MANAMANI ANANDVEL	IND	5.77	5.48	5.68	5.81	5.88	5.65	5.88
4	W70013	JULIA JACOB	INA	5.19	x	5.26	5.43	5.61	5.50	5.61
5	W70005	MALINI MADHAVI	IND	x	5.01	5.05	x	x	5.10	5.10
6	W70015	NINIEK KOESNI R.	INA	4.76	4.66	4.99	4.97	5.04	5.06	5.06
7	W70023	AISHAH BINTI N ABU BAKAR	MAS	4.38	4.45	4.61	4.93	4.30	4.70	4.93
8	W70028	PETCHAY DO KANDASAMY	SIN	x	4.28	3.93	4.08	3.94	4.88	4.88
9	W70031	JANAKI PUSHPAM FERNANDO	SRI	4.23	4.20	4.26	-	-	-	4.26

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M75

(398) Final

WED 04 Dec 2019

Start Time: 15:35



Results

CR	30.29	LI YIBEN	CHN	KITAKAMI,JPN	2014
----	-------	----------	-----	--------------	------

Wind: 0.8 m/s

Rank	Bib	Name	Country	Lane	Result
1	M75004	HSU YUAN CHUNG	TPE		30.81
2	M75043	SUN ZHIXIAO	CHN		32.19
3	M75039	LI YIBEN	CHN		33.82
4	M75046	CHUA LIAT KHIANG	SIN		34.11
5	M75001	HAJI ARIFFIN BIN ABDULLAH	BRU		35.23
6	M75005	HUANG I YANG	TPE		35.66
7	M75029	ISAO KOYAMA	JPN		36.03
	M75012	APPAIAH M.P.	IND		0.00 DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Women's 1500M - W50

(399) Final

WED 04 Dec 2019

Start Time: 15:35



Results

CR	5:06.15	Takahashi Mitsuko	JPN	OKINAWA,JPN	1998
----	---------	-------------------	-----	-------------	------

Rank	Bib	Name	Country	Lane	Result	
1	W50091	PATRICIA DOREEN GOMEZ	SRI		6:33.96	
2	W50036	SMITA PRADEEP SAKPAL	IND		6:53.18	
3	W50016	INDU HARIKUMAR	IND		6:53.26	
4	W50050	YERDENOVA GULSARA	KAZ		6:59.71	
5	W50001	HUSNA BINTI ABDULLAH	BRU		7:14.87	
6	W50022	NALINI KRISHNARAJ	IND		7:24.19	
7	W50033	SARBJIT KAUR	IND		7:54.11	
8	W50038	SUNDARAMBAL V.K.M.K.R.	IND		8:09.38	
	W50021	NAGAJOTHI RADHAKRISHNAN	IND		0.00	DNS
	W50092	T G VINITHA WINIFRED P.	SRI		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 15:40

Athletics

Men's 200M - M85

(3100) Final



Results

CR	34.34	HIROO TANAKA	JPN	RUGAO,CHN	2017
----	-------	--------------	-----	-----------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M85009	RADNAA TSEREN	MGL		33.61 CR
2	M85013	JONG TRIYOTHA	THA		38.34
3	M85007	ALFRED LAJAWA	MAS		38.82
4	M85005	MANICKAM S.S.P.	IND		45.46
5	M85004	MALLAPPA BASAPPA G.	IND		57.62

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's 200M - M80

(3101) Final

WED 04 Dec 2019

Start Time: 15:45



Results

CR	29.94	HIJIYA HISAMITSU	JPN	TAIPEI,TPE	2012
----	-------	------------------	-----	------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result	
1	M80044	CHAAMNONG K.	THA	6	35.43	
2	M80011	GURDEV SINGH	IND	5	36.10	
3	M80021	DARMINTO	INA	3	39.08	
4	M80042	K M KARUNARATNE	SRI	4	40.84	
5	M80019	VAIDYANATHAN R.	IND	8	42.53	
6	M80008	CHITTA RANJAN JAGAN	IND	2	79.67	
	M80023	SOETIKNO HENDRATA	INA	7	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 15:50

Athletics

Men's 200M - M95

(3102) Final



Results

CR	57.36	PENG HUNG LIEN	TPE	TAIPEI,TPE	2012
----	-------	----------------	-----	------------	------

Wind: 0.5 m/s

Rank	Bib	Name	Country	Lane	Result
1	M95002	SAWANG JANPRAM	THA	1	58.62

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 1500M - W55
(3103) Final**

WED 04 Dec 2019
Start Time: 15:50



Results

CR	5:21.24	Nakayama Atsuko	JPN	KITAKAMI,JPN	2014
----	---------	-----------------	-----	--------------	------

Rank	Bib	Name	Country	Lane	Result
1	W55050	KOMKOVA LYUBOV	KAZ		5:33.23
2	W55066	WU YANMIN	CHN		6:11.71
3	W55049	GICHYOVA YELENA	KAZ		6:41.45
4	W55080	U G VIJITHA KARIYAWASAM	SRI		7:42.37
5	W55044	SITI FATIMAH	INA		8:15.65
6	W55015	AMBRAT KALA	IND		10:21.54
	W55014	STELLA WONG	HKG	0.00	DNS
	W55047	HARUMI MASUDA	JPN	0.00	DNS
	W55054	JOANNE FOO KEE MEE	MAS	0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 1500M - M35
(3104) Final**

WED 04 Dec 2019
Start Time: 16:00



Results

CR	4:05.98	SHINDO HIDEKI	JPN	KITAKAMI,JPN	2014
----	---------	---------------	-----	--------------	------

Rank	Bib	Name	Country	Lane	Result
1	M35138	L G SAMANSIRI JAYATHISSA	SRI		4:18.94
2	M35132	E M C P KELUM D.	SRI		4:20.55
3	M35064	ALIREZA BAGHAYIMANESH	IRI		4:24.42
4	M35076	TAKUMA BAN	JPN		4:28.91
5	M35147	P JANAKA SARATH KUMARA	SRI		4:30.04
6	M35103	SARAVANAN AL ELAGAMUROM	MAS		4:33.16
7	M35125	MATHIMARAN SO VELAUTHAM	SIN		4:34.20
8	M35030	NANDA SAHA	IND		4:34.44

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium

WED 04 Dec 2019
Start Time: 16:00

Athletics

Men's Long Jump - M80
(3105) Final



Results

CR	3.97	TANAKA JUJI	JPN	BANGKOK,THA	2004
----	------	-------------	-----	-------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M80027	KUNIO KURAOKA	JPN	x 0.8	3.85 1.4	-	-	-	-	3.85 1.4
2	M80028	MASAHARU ICHISE	JPN	3.36 1.0	3.37 1.4	3.52 2.7	-	-	-	3.52 2.7
3	M80017	SUBRAMANIAN KUNJU NAIR	IND	2.71 1.2	2.86 0.9	3.09 2.7	x 0.9	x 1.2	x 0.3	3.09 2.7
4	M80011	GURDEV SINGH	IND	x 0.9	2.61 1.6	2.76 0.5	2.04 0.5	2.37 0.7	2.34 0.6	2.76 0.5
5	M80010	GURBACHAN SINGH S.	IND	2.72 0.8	x 0.8	2.52 2.0	2.46 0.6	2.52 0.5	2.58 1.2	2.72 0.8
6	M80003	LAM CHUN CHUEN	HKG	2.28 1.3	2.46 1.5	2.53 2.1	2.46 1.1	2.61 0.6	2.51 0.6	2.61 0.6
	M80034	LIU ZHONGYI	CHN	DNS						

Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right
q : Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 16:00

Athletics

Men's Long Jump - M85
(3106) Final



Results

CR	3.86	MORITA MAZUMI	JPN	OKINAWA,JPN	1998
----	------	---------------	-----	-------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M85013	JONG TRIYOTHA	THA	2.67 0.4	2.90 0.4	2.84 0.9	-	-	-	2.90 0.4
2	M85011	LYU MINGPU	CHN	x 0.4	x 0.8	2.04 1.5	-	-	-	2.04 1.5

Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right
q : Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Women's 1500M - W60

(3107) Final

WED 04 Dec 2019

Start Time: 16:10



Results

CR	5:41.60	Kyotani Komae	JPN	KUALALUMPUR,MAS	2010
----	---------	---------------	-----	-----------------	------

Rank	Bib	Name	Country	Lane	Result	
1	W60054	RAO YAQIU	CHN		6:10.85	
2	W60036	KUSUMI MURAKAMI	JPN		6:33.35	
3	W60041	LINDA HO MING LEE	MAS		6:39.06	
4	W60004	TENG YU LAN	TPE		7:00.50	
5	W60038	VOYEVODINA RIMA	KAZ		7:00.58	
6	W60015	DAVINDER KAUR TAMBER	IND		7:03.75	
7	W60019	LATA GULOO ALIMCHANDANI	IND		7:09.58	
8	W60060	K HEWAGE UDULAWATHIE	SRI		7:22.52	
9	W60011	ASHA RAJINI ROBERT	IND		8:02.70	
10	W60049	GANTUMUR GESERJAV	MGL		8:04.27	
11	W60040	JOUTI @ VIRONICA BINTI ELAU	MAS		8:23.15	
12	W60029	THAMBALSHANG DEVI C.	IND		8:35.14	
13	W60062	R W KUSUMALATHA	SRI		9:00.24	
	W60008	SHEILA PURVES	HKG		0.00	DNS
	W60039	ZHYKOVA GALINA	KAZ		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 1500M - M40
(3108) Final**

WED 04 Dec 2019
Start Time: 16:15



Results

CR	4:11.53	IKEDA KAZUO	JPN	TAINAN,TPE	1988
----	---------	-------------	-----	------------	------

Rank	Bib	Name	Country	Lane	Result
1	M40122	RENE HERRERA	PHI		4:14.10
2	M40074	MOHAMMAD BADIEI G.	IRI		4:17.02
3	M40050	RAJU RAM JANI	IND		4:25.14
4	M40088	YASUNORI TAKASUGI	JPN		4:29.13
5	M40135	G SUSANTHA PUSHPAKUMARA	SRI		4:46.39
6	M40145	Y M RUWAN WEERASEKARA	SRI		4:47.81
7	M40012	LIU CHE HUNG	TPE		4:48.31
8	M40116	ARIUNJARGAL DAMAA	MGL		4:51.86

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Women's 1500M - W65

(3109) Final

WED 04 Dec 2019

Start Time: 16:30



Results

CR	6:08.32	Hori Toshiko	JPN	KITAKAMI,JPN	2014
----	---------	--------------	-----	--------------	------

Rank	Bib	Name	Country	Lane	Result	
1	W65040	ZHOU QUANYING	CHN		6:37.50	
2	W65030	HIEW NYUK KYAU @ S.	MAS		8:11.31	
3	W65028	MUNTYAN TATYANA	KAZ		8:13.50	
4	W65042	KATHERINE CHOO MUI KHENG	SIN		9:43.92	
5	W65021	VIJAYA SINHA	IND		10:13.38	
6	W65034	SELAMAH BINTI ABAS	MAS		12:31.74	
7	W65011	INDIRA DEVI VELU	IND		14:03.72	
8	W65022	ROSINTA MEIANNA N.	INA		14:56.52	
	W65032	KIMIH @ FLORENCE BINTI M.	MAS		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 1500M - M45
(3110) Final**

WED 04 Dec 2019
Start Time: 16:40



Results

CR	4:07.20	KONISHI WATARU	JPN	KITAKAMI,JPN	2014
----	---------	----------------	-----	--------------	------

Rank	Bib	Name	Country	Lane	Result
1	M45097	CHIGIDINOV ANDREY	KAZ		4:27.33
2	M45013	LIN TA WEI	TPE		4:35.62
3	M45048	HATHILA S.M.	IND		4:45.81
4	M45178	R SARATH VIDYARATNA	SRI		4:49.75
5	M45076	SUBBIAH SUBRANANIAM	IND		4:50.98
6	M45170	K G A NANDA BANDARA	SRI		5:01.10
7	M45155	THANA RAJAN SO VERASALAM	SIN		5:23.50
8	M45147	KOH LEONG SENG MORRIS	SIN		5:26.22
9	M45055	KRISHNAKUMAR R.	IND		5:28.05
10	M45012	LIANG YUNG FENG	TPE		5:33.24
11	M45176	P A P PRIYANTHA T.	SRI		5:47.42
12	M45006	CHU HSIEN WEI	TPE		5:59.44
13	M45080	ANIM PERMANA USUP	INA		6:15.73
14	M45183	BIYANWILAGE ANTOINE K.P.	SRI		6:38.60

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 1500M - W70
(3111) Final**

WED 04 Dec 2019
Start Time: 16:50



Results

CR	6:37.90	Xu Hua Chen	CHN	KUALALUMPUR,MAS	2010
----	---------	-------------	-----	-----------------	------

Rank	Bib	Name	Country	Lane	Result	
1	W70019	HARUMI AMANO	JPN		6:58.79	
2	W70035	SUWANDA HANNADIGE R.S.	SRI		7:53.09	
3	W70004	LALITHA NATESA IYER	IND		13:04.39	
4	W70009	SARASWATHI PERUMAL	IND		15:45.11	
	W70001	REBECCA LAU	HKG		0.00	DNS
	W70022	MIZUE MATSUDA	JPN		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 1500M - W75
(3112) Final**

WED 04 Dec 2019
Start Time: 16:50



Results

CR	6:42.20	Nakano Yoko	JPN	KITAKAMI,JPN	2014
----	---------	-------------	-----	--------------	------

Rank	Bib	Name	Country	Lane	Result	
1	W75020	SARJEET KAUR	MAS		10:39.59	
2	W75006	BHANUMATI KANJI PATEL	IND		14:45.34	
	W75009	LILY MANECK KHAN	IND		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Women's 1500M - W80

(3113) Final

WED 04 Dec 2019

Start Time: 16:50



Results

CR	7:25.26	Xiufen Liu	CHN	Bangkok,THA	2004
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Rank	Bib	Name	Country	Lane	Result
1	W80011	LUKSANA PRALUBRUKSA	THA		12:48.71

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Men's 1500M - M50

(3114) Final

WED 04 Dec 2019

Start Time: 16:55



Results

CR	4:21.89	Sergey Polikarpov	KAZ	KualaLumpur,MAS	2010
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Rank	Bib	Name	Country	Lane	Result
1	M50045	MOHAMED IDRIS M.R.K.	IND		4:39.47
2	M50115	YUSOP TUNGKOB	MAS		4:45.65
3	M50087	HIDEKAZU TANAKA	JPN		4:47.22
4	M50121	ZAGDAA GOMBO	MGL		4:52.07
5	M50089	NORIMASA TATSUMI	JPN		4:53.42
6	M50132	SIXTO DUCAY	PHI		4:56.68
7	M50030	BIRENDRA PRASAD SAHU	IND		5:01.77
8	M50054	PANCHANANDA GHOSH	IND		5:19.54

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri
Stadium

WED 04 Dec 2019
Start Time: 17:00

Athletics

Men's Discus Throw - M70
(3115) Final



Results

CR	35.94	Yamada Eiichiro	JPN	KUALALUMPUR,MAS	2010
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M70002	CHENG YUNG CHIEN	TPE	28.68	27.07	24.83	28.35	27.72	30.17	30.17
2	M70094	FARID GADELSHIN	UZB	x	x	27.41	29.15	x	25.39	29.15
3	M70045	JIKUT JULIUS BIN KOMUNING	MAS	24.72	21.91	21.91	22.35	28.71	23.38	28.71
4	M70007	LU TUNG WAN	TPE	28.52	27.24	27.04	28.50	28.12	28.42	28.52
5	M70085	S A C R WIJAYAWARDANA J.	SRI	25.41	26.66	21.95	24.45	27.77	x	27.77
6	M70021	KAPOOR SINGH HOODA	IND	x	26.58	27.28	x	27.76	27.47	27.76
7	M70028	THONDAIMAN SUNDARRAJ	IND	24.60	26.24	24.11	x	26.02	23.88	26.24
8	M70015	DESH SEWAK	IND	x	24.36	x	24.16	22.15	25.81	25.81
9	M70006	LIN CHEN JUNG	TPE	23.14	23.57	24.30				24.30
10	M70039	ADAMOV YURIY	KAZ	21.48	x	x				21.48
11	M70017	GURDIAL SINGH	IND	18.95	17.60	17.51				18.95
12	M70041	DOLGUSHIN VIKTOR	KAZ	x	17.05	17.62				17.62
	M70011	JOHN CASEY	HKG	DNS						
	M70022	MOHINDER SINGH RANA	IND	DNS						
	M70014	DAVINDER JEET SINGH	IND	DNS						

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri
Stadium

Athletics

Men's Discus Throw - M75

(3116) Final

WED 04 Dec 2019

Start Time: 17:00



Results

CR	35.55	ASO KATSUYA	JPN	DALIAN,CHN	2002
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M75027	EIICHIRO YAMADA	JPN	x	x	24.17	x	28.99	24.39	28.99
2	M75017	JITEN BHUYAN	IND	18.03	x	x	19.11	14.77	20.97	20.97
3	M75052	NISSANGA CHRISTIN G.E.M.	SRI	19.73	20.38	20.68	20.70	20.36	20.76	20.76
4	M75020	PARGAT SINGH SIDHU	IND	16.31	18.31	20.38	16.73	18.54	18.89	20.38
5	M75022	SATISH CHANDRA SHUKLA	IND	x	x	x	13.76	17.26	16.71	17.26
6	M75026	BADIA ARITONANG	INA	13.81	13.12	13.65	14.40	x	12.80	14.40
7	M75032	NALLIAH AL RAMASAMY	MAS	11.80	11.89	x				11.89
8	M75040	MA ZHAOLONG	CHN	9.27	9.19	x	9.49	10.15	9.24	10.15

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ : Disqualified



Sarawak/Negeri Stadium

WED 04 Dec 2019
Start Time: 17:00

Athletics

**Men's Long Jump - M75
(3117) Final**



Results

CR	4.7	MORITA MAZUMI	JPN	TAINAN,TPE	1988
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M75043	SUN ZHIXIAO	CHN	3.58 -2.0	3.68 -0.7	3.80 -0.2	x -0.2	3.75 0.1	3.75 0.1	3.80 -0.2
2	M75003	OSMAN LAHAB	BRU	3.65 -1.9	3.39 -0.5	3.46 -0.3	3.50 -0.8	3.52 0.4	3.34 0.4	3.65 -1.9
3	M75021	POSALAN AYASAMI AMBALAM	IND	x -1.7	3.40 -1.0	3.44 -1.0	x -0.1	3.32 -0.1	3.41 0.1	3.44 -1.0
4	M75001	HAJI ARIFFIN BIN ABDULLAH	BRU	3.24 -1.7	3.24 -0.9	3.23 -0.9	3.14 -0.2	3.28 -0.2	3.31 0.2	3.31 0.2
5	M75016	JACOB MUTTAPPILLIL J.	IND	x -0.9	3.21 -0.4	3.05 -0.8	2.99 -0.1	x 0.1	3.03 -0.1	3.21 -0.4
6	M75049	SOH CHIN KOON	SIN	2.70 -0.2	2.69 -0.2	2.65 -0.7	2.61 -0.6	2.70 0.1	2.65 0.1	2.70 -0.4
7	M75015	GURNAM SINGH	IND	x -1.5	x -0.3	x 0.1	x 0.3	2.66 0.1	x 0.2	2.66 0.1
	M75006	LEE CHANG HO	TPE	DNS						
	M75018	LAKSHMAN UPADHYAY	IND	DNS						

Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right
q : Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 1500M - M55
(3118) Final**

WED 04 Dec 2019
Start Time: 17:10



Results

CR	4:25.14	SERGEY POLIKARPOV	KAZ	KITAKAMI,JPN	2014
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Rank	Bib	Name	Country	Lane	Result
1	M55070	SATOSHI NAKAMOTO	JPN		4:41.56
2	M55065	KHERADMAND HEIDARI	IRI		5:00.32
3	M55077	BONDAR VIKTOR	KAZ		5:03.53
4	M55067	SAEID MOHAMMADI	IRI		5:11.77
5	M55043	RAJBIR SINGH	IND		5:20.86
6	M55003	CHANG SHIH CHANG	TPE		5:23.75
7	M55006	HUANG JUI SHENG	TPE		5:47.33

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 1500M - M60
(3119) Final**

WED 04 Dec 2019
Start Time: 17:25



Results

CR	4:55.77	EGAWA AKIHIKO	JPN	KITAKAMI,JPN	2014
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Rank	Bib	Name	Country	Lane	Result	
1	M60072	POLIKARPOV SERGEY	KAZ		4:38.07	CR
2	M60019	JACKIE HO	HKG		5:11.87	
3	M60061	NAEK SAGALA	INA		5:12.34	
4	M60111	XU MINGWEI	CHN		5:23.92	
5	M60118	ALDOSSARY MOHAMMED A.	KSA		5:25.82	
6	M60105	DAMDINJAV DORJSUREN	MGL		5:31.59	
7	M60127	A H LIYANAGE NIMAL	SRI		5:34.47	
8	M60093	KANAPATHY AL SUPRAMANIAM	MAS		5:38.57	

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Men's 1500M - M65

(3120) Final

WED 04 Dec 2019

Start Time: 17:45



Results

CR	5:00.35	MIKAWA KAZUO	JPN	KITAKAMI,JPN	2014
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Rank	Bib	Name	Country	Lane	Result	
1	M65077	RAMA KRISHNAN AL MANIKAM	MAS		5:48.15	
2	M65094	CHENG HUA JU MARTIN	SIN		6:27.13	
3	M65078	SAMUTHARAPANDIAN AL S P.	MAS		6:28.07	
4	M65114	PANTHIYE GEDARA SIRISENA	SRI		6:28.89	
5	M65057	KENZHEGEREYEV MAXOT	KAZ		7:01.74	
6	M65032	MOHAMMED ASRAF V.P.	IND		7:25.57	
7	M65065	DUASIP BIN LATONG	MAS		14:36.59	
	M65062	ANNATHAKRISHNAN AL M.	MAS		0.00	DNS
	M65101	YUSOFF KHAN BIN ISMAIL K.	SIN		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Men's 1500M - M70

(3121) Final

WED 04 Dec 2019

Start Time: 17:45



Results

CR	5:28.56	LEE ZING HUWA	CHN	DALIAN,CHN	2002
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Rank	Bib	Name	Country	Lane	Result	
1	M70038	YOSHIO KAJINO	JPN		5:56.21	
2	M70042	KRIVUSHKIN VLADIMIR	KAZ		6:06.82	
3	M70065	LIU FENGYI	CHN		6:39.36	
4	M70029	TUKARAM GUNDA ANUGADE	IND		6:50.22	
5	M70027	SHIVAPPA MAHANTAPPA S.	IND		7:24.68	
6	M70047	LEE KHOON HUI @ LEE K.H.	MAS		7:25.57	
7	M70008	SHIEH JONG HER	TPE		7:30.96	
8	M70060	GIRBAN BIKRAM SHAH	NEP		7:43.26	
	M70010	WU MING TE	TPE		0.00	DNS
	M70030	VELUSAMY KARUPPIAH DEVAR	IND		0.00	DNS
	M70040	BALTABAYEV MARAT	KAZ		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Men's 1500M - M75

(3122) Final

WED 04 Dec 2019

Start Time: 18:05



Results

CR	5:40.00	HATAM AZADIHERTEKEH	IRI	TAIPEI,TPE	2012
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Rank	Bib	Name	Country	Lane	Result	
1	M75037	LI ENYU	CHN		6:20.98	
2	M75042	SUN YUQUAN	CHN		6:26.64	
3	M75014	GOVINDAN VEERAAIAH	IND		6:35.38	
4	M75010	ROSS MILBURN	HKG		6:38.79	
5	M75033	SIDIN BIN WASIM	MAS		7:13.51	
6	M75050	M D RANJAN JAYATILAKA	SRI		7:29.09	
7	M75025	SURESH KUMAR GOGOI	IND		8:20.65	
	M75009	REX WHITTLE	HKG		0.00	DNS
	M75030	YOSHIO MATSUDA	JPN		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

Men's 1500M - M80

(3123) Final

WED 04 Dec 2019
Start Time: 18:05



Results

CR	6:19.86	H.Azadi Hertekeh	IRN	RUGAO,CHN	2017
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Rank	Bib	Name	Country	Lane	Result	
1	M80024	HATAM AZADI HERTEKEH	IRI		7:09.19	
2	M80037	YU JINYUN	CHN		7:40.89	
3	M80029	RYOSUKE TAKAHARA	JPN		7:44.05	
4	M80043	NARASINGHE LEKMLAGE W.N	SRI		10:22.24	
5	M80031	TERUO YAEGASHI	JPN		11:14.38	
6	M80022	MARSAM	INA		13:22.63	
	M80012	JAI DEV SHARMA	IND		0.00	DNS
	M80013	NAMBISESHAN RAMANUJAM	IND		0.00	DNS
	M80014	NARAYAN SAHU	IND		0.00	DNS
	M80025	EIJI HIRABAYASHI	JPN		0.00	DNS

Legend

CR: Championships Record

Q : Qualify
q: Qualify

DNS: Did Not Start
SB: Season Best

DNF : Did Not Finish
DQ: Disqualified