



Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 07:30

Athletics

**Men's Hammer - M35**  
**(401) Final**



**Results**

CR	53.93	ARNIEL FERRERA	PHI	SINGAPORE,SIN	2016
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M35035	PARGAT SINGH	IND	50.49	53.71	x	54.20	55.60	54.54	55.60 CR
2	M35032	NARAYANAN SHANMUGAM	IND	37.81	x	38.42	x	38.94	x	38.94
3	M35033	NAVPREET SINGH	IND	x	x	32.80	35.19	34.01	37.27	37.27
4	M35081	NEKLYUDOV VYACHESLAV	KAZ	28.36	28.27	34.40	30.60	30.74	x	34.40
5	M35134	G K JANAKA NISHANTHA	SRI	x	24.24	25.81	x	-	x	25.81
6	M35128	A ASHOKA SANJEEWA	SRI	21.22	21.32	21.14	20.76	21.60	22.74	22.74
7	M35163	WELIWITA VITHANALAGE M.P.	SRI	19.63	19.26	x	x	18.95	20.17	20.17
8	M35118	ARVIND LALWANI	SIN	16.80	18.77	19.26	18.73	16.73	17.37	19.26
9	M35152	DURAIAMY VIJINTH	SRI	x	18.17	x				18.17
10	M35050	SHIV KUMAR DUTT	IND	x	10.65	9.90				10.65
	M35154	HITHTHETIYA LIYANAGE I.S.K.	SRI	x						
	M35058	VIPENDRA SINGH	IND	x						

**Legend**

No: Bib No

CR: Championships Record

Q : Qualify By Right  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ : Disqualified



Sarawak/Negeri Stadium

THU 05 Dec 2019  
Start Time: 07:30

Athletics

## Women's Long Jump - W35 (402) Final



### Results

CR	6.41	MARAESELLA SUNAN	PHI	SINGAPORE,SIN	2016
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result	
1	W35014	PREMILA RAMACHANDRAN	IND	5.26 -0.4	5.22 -0.3	5.36 0.1	5.22 0.6	5.31 0.1	4.88 -0.1	5.36 0.1	
2	W35054	B G S HARSHANI JAYAKANTHA	SRI	x -0.1	5.26 -0.2	x -0.2	x -0.3	5.25 -0.3	5.22 0.1	5.26 -0.2	
3	W35033	SOMAYEH SADAT SHAMS G.	IRI	x 1.0	4.28 0.1	4.50 -0.7	x -0.5	x 0.3	4.30 0.1	4.50 -0.7	
4	W35069	HITIHAMILLAGE MALIKA S.J.	SRI	3.89 0.1	3.94 -0.2	4.17 1.0	4.28 -0.1	x 1.2	3.93 0.1	4.28 -0.1	
5	W35020	SHUBA KOTEBAGILU H.	IND	3.82 -0.1	3.84 1.0	3.98 -0.3	x -0.2	3.86 -0.2	3.76 -0.1	3.98 -0.3	
6	W35021	SUKANYA ACHARYA	IND	3.71 1.0	3.71 1.2	x 0.6	3.60 -0.4	x 0.5	3.76 -0.1	3.76 -0.1	
7	W35035	ADLIN BINTI ADANGKU @ G.	MAS	3.25 -0.1	3.31 1.2	3.42 -0.1	3.31 -0.2	3.18 -0.1	3.59 0.1	3.59 0.1	
8	W35067	CHAMILA KUMUDU KUMARI	SRI	3.44 -1.2	3.19 1.0	3.27 -0.5	3.20 -0.1	3.44 0.1	3.32 0.1	3.44 -0.1	
9	W35007	ASHA TELUGUBANAJIGA G.	IND	2.96 1.0	3.06 0.5	3.05 1.0				3.06 0.5	
10	W35023	SUMITHRA AALLA	IND	x 0.1	2.90 -0.1	x -0.1				2.90 -0.1	
	W35043	LIEW MEI PING @ JESSY	MAS	DNS							
	W35058	J A ISHARA AWANTHI	SRI	DNS							

#### Legend

No: Bib No

GR: Championships Record

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q : Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri Stadium

THU 05 Dec 2019  
Start Time: 07:30

Athletics

Women's Long Jump - W40  
(403) Final



Results

CR	5.23	LERMA EIMIRA GABITO	PHI	SINGAPORE,SIN	2016
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W40066	LI XUELI	CHN	4.21 0.2	4.15 0.3	4.17 0.5	4.38 0.2	4.12 0.4	4.22 0.4	4.38 0.2
2	W40075	WONG HUEI YUEN	SIN	3.92 0.2	x 0.1	4.25 0.6	x 0.2	x 0.5	4.16 0.4	4.25 0.6
3	W40078	J A ARUNI SHIWANTHI J.	SRI	x 0.6	3.93 0.3	4.05 0.5	3.88 0.2	3.86 0.2	3.79 -0.6	4.05 0.5
4	W40060	STELLA BINTI JOHNNY	MAS	x 0.4	x 0.2	3.61 -0.2	x 0.2	x 0.3	x -0.4	3.61 -0.2
5	W40039	SANGITA SINGH	IND	3.08 0.4	3.24 0.4	3.53 0.5	x 0.1	3.21 0.6	3.23 -0.6	3.53 0.5
6	W40021	GAYATHRI PALANISWAMY	IND	3.27 0.4	3.45 0.3	3.08 0.4	3.33 0.2	3.28 0.8	3.30 -0.1	3.45 0.3
7	W40033	NANDA KALLUR	IND	x 0.5	3.13 0.3	3.15 0.6	x 0.2	3.23 0.2	3.16 0.2	3.23 0.2
8	W40069	ROSEJEAN YPARRAGUIRRE	PHI	1.90 0.5	2.37 0.5	2.19 0.3	2.11 0.2	2.07 0.2	2.37 0.3	2.37
9	W40022	INDERJIT KAUR	IND	2.09 0.8	x -0.2	1.99 0.2				2.09 0.8
	W40001	ALINAWATI HAJI ALI A.	BRU	DNS						
	W40006	ANNETTE YEUNG	HKG	DNS						
	W40032	MINA BORAH	IND	DNS						
	W40047	EMRINA	INA	DNS						
	W40055	MAILIN BINTI SALUGIN	MAS	DNS						

Legend

No: Bib No      GR: Championships Record      Q : Qualify By Right      DNS: Did Not Start      DNF : Did Not Finish  
q : Qualify      SB: Season Best      DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M55

(404) Final



THU 05 Dec 2019

Start Time: 08:00

Results

CR	3.35	BUNYAT RUNGRUENG	THI	SINGAPORE,SIN	2016
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Rank	Bib	Name	Country								Result
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1 M55034 LAKHWINDER SINGH IND 3.40 CR

2.00	2.10	2.20	2.30	2.40	2.50	2.60
-	-	-	-	-	-	-
2.70	2.80	2.90	3.00	3.10	3.20	3.30
-	o	-	o	-	o	o
3.40	3.50					
x o	x x x					

2 M55068 KOJI MURAI JPN 3.30

2.00	2.10	2.20	2.30	2.40	2.50	2.60
-	-	-	-	-	-	x o
2.70	2.80	2.90	3.00	3.10	3.20	3.30
o	o	-	o	x o	o	x o
3.40	3.50					
x -	x x					

3 M55132 CHAN CHIN WAH SIN 3.10

2.00	2.10	2.20	2.30	2.40	2.50	2.60
-	-	-	-	-	-	x x o
2.70	2.80	2.90	3.00	3.10	3.20	3.30
-	x o	x o	o	o	x -	x x

4 M55090 GAN CHEE KEONG MAS 2.80

2.00	2.10	2.20	2.30	2.40	2.50	2.60
-	-	-	-	-	-	o
2.70	2.80	2.90				
o	o	x -				

<b>Legend</b>	No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified
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Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M55

(404) Final



THU 05 Dec 2019

Start Time: 08:00

Results

CR	3.35	BUNYAT RUNGRUENG	THI	SINGAPORE,	2016
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Rank	Bib	Name	Country								Result
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5	M55170	WICKRAMASINGHE JAYATH P.	SRI								2.80
				2.00	2.10	2.20	2.30	2.40	2.50	2.60	
				-	-	-	-	o	-	x o	
				2.70	2.80	2.90					
				o	x o	x x x					

6	M55041	PRASADA RAO LINGALA	IND								2.00
				2.00	2.10						
				o	x x x						

	M55076	ARKHIPOV YEVGENIY	KAZ								
				2.00							
				x x x							

	M55082	ABDUL MANAP BIN IBRAHIM	MAS								
				2.00							
				x x -							

<b>Legend</b>				
No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M55

(404) Final



THU 05 Dec 2019

Start Time: 08:00

Results

CR	3.35	BUNYAT RUNGRUENG	THI	SINGAPORE,	2016
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Rank	Bib	Name	Country								Result
	M55145	B P JAYALAL SURaweera	SRI								

2.00							
x x x							

	M55099	JUINtin BIN ALLAP	MAS								
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DNS							

Legend				
No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M60

(405) Final



THU 05 Dec 2019

Start Time: 08:00

Results

CR	3.40	MIYAKE KIYOFUSA	JPN	KITAKAMI,JPN	2014
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Rank	Bib	Name	Country								Result
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1	M60011	WU CHIA SHUN	TPE								<b>2.50</b>
				1.80	1.90	2.00	2.10	2.20	2.30	2.40	
				o	o	o	o	-	-	o	
				2.50	2.60						
				x o	x x x						

2	M60076	ALIUDIN BIN JUMAAT	MAS								<b>2.40</b>
				1.80	1.90	2.00	2.10	2.20	2.30	2.40	
				-	-	-	-	o	x o	o	
				2.50							
				x x x							

3	M60082	CHARLIE LEE EN WUI	MAS								<b>2.20</b>
				1.80	1.90	2.00	2.10	2.20	2.30		
				o	o	o	o	o	x x x		

4	M60115	ZOU PENGDE	CHN								<b>1.90</b>
				1.80	1.90	2.00					
				x x o	o	x x x					

<b>Legend</b>				
No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M60

(405) Final



THU 05 Dec 2019

Start Time: 08:00

Results

CR	3.40	MIYAKE KIYOFUSA	JPN	KITAKAMI,	2014
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Rank	Bib	Name	Country								Result
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M60101 TAJUL ARIFFIN BIN AWANG M. MAS

1.80							
x x x							

M60083 CHOO WAI KIN MAS

DNS							

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified





Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M65

(406) Final



THU 05 Dec 2019

Start Time: 08:00

Results

CR	3.00	TAGUCHI HIDEO	JPN	OKINAWA,JPN	1998
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Rank	Bib	Name	Country								Result
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1	M65064	DATUK ABDOL MULO K BIN A.D.	MAS								2.20
				1.80	1.90	2.00	2.10	2.20	2.30		
				o	o	o	x o	o	x x x		

2	M65080	TARMIZI SANDHU	MAS								2.10
				1.80	1.90	2.00	2.10	2.20			
				o	o	o	x x o	x x x			

3	M65009	LEE KUANG SHENG	TPE								1.90
				1.80	1.90	2.00					
				x x o	o	x x x					

4	M65016	TANG KIM FAI	HKG								1.80
				1.80	1.90	2.00					
				o	-	x x x					

<b>Legend</b>				
No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M65

(406) Final



THU 05 Dec 2019

Start Time: 08:00

Results

CR	3.00	TAGUCHI HIDEO	JPN	OKINAWA,	1998
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Rank	Bib	Name	Country								Result
	M65081	UMAN @ YUMAN BIN SIKIN	MAS								

DNS							

<b>Legend</b>				
No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 300M Hurdles - M65

### (408-1) Heat 1

THU 05 Dec 2019

Start Time: 08:15



#### Results

CR	51.09	Fukuyama Hisso	JPN	Okinawa,JPN	1998
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Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M65054	NORIMASA ARAI	JPN	7	51.38
2	M65005	CHENG YIH SHUENN	TPE	3	51.94
	M65103	D J L GAMINI WEERASINGHE	SRI	4	0.00 DNS
	M65040	SHAMSHER SINGH	IND	5	0.00 DNS
	M65074	NG TAT TCHE	MAS	6	0.00 DNS
	M65022	G BABU DEO	IND	8	0.00 DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 300M Hurdles - M65

### (408-2) Heat 2

THU 05 Dec 2019

Start Time: 08:15



#### Results

CR	51.09	Fukuyama Hisso	JPN	Okinawa,JPN	1998
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Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M65021	COSTAO FERNANDES	IND	6	58.78
2	M65024	HARBANS SINGH	IND	4	60.67
3	M65010	WANG MAO HSIANG	TPE	3	60.90
	M65111	HENAYAKE RALALAGE D.	SRI	5	0.00 DNS
	M65084	RENTSENDORJ KHORLOO	MGL	7	0.00 DNS
	M65052	KAZUHIRO YOSHIMOTO	JPN	8	0.00 DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 300M Hurdles - M65

### (408-3) Heat 3

THU 05 Dec 2019

Start Time: 08:15



#### Results

CR	51.09	Fukuyama Hisso	JPN	Okinawa,JPN	1998
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Wind: m/s

Rank	Bib	Name	Country	Lane	Result	
1	M65055	RYUICHI SATO	JPN	5	54.89	
2	M65113	NEEL WICKRAMACHCHI	SRI	7	54.97	
3	M65088	LUO JING	CHN	4	55.63	
4	M65018	ARUN KUMAR SINGH	IND	3	58.36	
	M65015	MAX SIU	HKG	6	0.00	DNS
	M65019	BALAN THIRUVENKATAM	IND	8	0.00	DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 400M Hurdles - M50

### (411-1) Heat 1

THU 05 Dec 2019

Start Time: 08:30



#### Results

CR	1:00.23	IKENO MASAHIRO	JPN	KITAKAMI,JPN	2014
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Wind: m/s

Rank	Bib	Name	Country	Lane	Result	
1	M50137	JASON WONG MUN KONG	SIN	8	68.45	
2	M50025	TONY CHUI	HKG	6	74.54	
3	M50010	WANG SHIH HSUN	TPE	3	84.24	
4	M50073	VASUDEVA ACHARI MANTINA	IND	7	129.89	
	M50065	SADANANDA ALVA	IND	4	0.00	DNS
	M50160	W W CHANDRASIRI PERERA	SRI	5	0.00	DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 400M Hurdles - M50

### (411-2) Heat 2

THU 05 Dec 2019

Start Time: 08:30



#### Results

CR	60.23	IKENO MASAHIRO	JPN	KITAKAMI,JPN	2014
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Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M50157	T G JAYARATHNE	SRI	5	68.63
2	M50090	SATOSHI TAMAOKI	JPN	3	69.36
3	M50034	GONESH GOGOI	IND	4	70.18
4	M50156	S A PATRICK WEERASINGHE	SRI	7	71.53
5	M50067	SANTHOSH KUMAR AVILERI B.	IND	8	75.14
6	M50019	KARO YIU	HKG	6	89.16

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 400M Hurdles - M50

### (411-3) Heat 3

THU 05 Dec 2019

Start Time: 08:30



#### Results

CR	60.23	IKENO MASAHIRO	JPN	KITAKAMI,JPN	2014
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Wind:

m/s

Rank	Bib	Name	Country	Lane	Result
1	M50031	CHENNA KESAVA R.G.	IND	3	72.09
2	M50109	SHAMRY MOHD ALI	MAS	7	76.95
	M50014	CHRIS WONG	HKG	4	0.00 DNS
	M50148	H GEHAN MAN HSIANG DIAS	SRI	5	0.00 DNS
	M50041	LAKHINATH B.	IND	6	0.00 DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified





Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 09:00

Athletics

**Men's Hammer - M40**  
**(413) Final**



**Results**

CR	51.01	MUTO KATSUMI	JPN	SINGAPORE,SIN	1998
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M40002	CHANG YAU YIN	TPE	33.90	x	36.67	x	x	36.85	36.85
2	M40134	G R BANDAR LANKA SILVA	SRI	23.42	27.60	x	30.37	x	x	30.37
3	M40151	KARUNAWANTHA M.A.K.B	SRI	x	x	x	25.75	27.28	x	27.28
4	M40106	NAVIN MOHAN RAJES	MAS	26.07	x	25.67	25.02	x	x	26.07
5	M40101	LEE KIAN FEI	MAS	17.07	16.66	15.52	17.57	17.63	19.04	19.04
6	M40156	SAMARAKOON M.S.J.K.	SRI	13.27	15.98	17.16	16.82	14.66	x	17.16
	M40039	OMBIR SINGH	IND	DNS						
	M40146	ABEYGUNAWARDANA Y.W.K.	SRI	DNS						
	M40043	PARDEEP KUMAR MATHUR	IND	DNS						
	M40038	OM PRAKASH	IND	DNS						

<b>Legend</b>	No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ : Disqualified
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Sarawak/Negeri Stadium

THU 05 Dec 2019  
Start Time: 09:00

Athletics

## Women's Long Jump - W45 (414) Final



### Results

CR	4.68	JULIANA GUMPIL	MAS	KUALALUMPUR,MAS	2010
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W45064	BERNICE LAU KAM MUN	MAS	4.30 -0.2	4.24 -0.8	4.18	4.13 -0.6	x	x -0.2	4.30 -0.2
2	W45071	LIEW SZE KIUUK	MAS	x -0.3	4.23 -0.3	4.06	4.12 -0.1	4.10	4.29 -0.3	4.29 -0.3
3	W45083	ELENITA PUNELAS	PHI	4.26 -0.4	4.20	3.95 -0.2	4.10 0.7	3.84 -0.4	4.04 -0.2	4.26 -0.4
4	W45021	CHRISTY STARINA GNANA ASIR	IND	4.17 -0.4	3.97	4.00 -0.1	4.07 -0.5	4.14	4.12 -0.4	4.17 -0.4
5	W45095	K M THAMARA KUMARI B.	SRI	x	4.13 -0.6	4.17	4.03 -0.4	x -0.2	x -0.3	4.17
6	W45081	XUE SHUJUN	CHN	3.72 -0.2	3.71	3.91 -0.2	3.31 0.6	3.06	-	3.91 -0.2
7	W45039	NEELU ANAND DUBEY	IND	3.83 -0.6	x -0.2	x -0.2	3.46 -0.2	x	x 0.1	3.83 -0.6
8	W45001	JULIANA HAJI KASSIM	BRU	3.29 -0.3	3.71	3.62 -0.1	3.61 -0.6	3.82 -0.6	x -0.4	3.82 -0.6
9	W45017	ADELA EVANGELINE DHANARAJ	IND	3.54 -0.1	x -0.7	3.56 -0.1				3.56 -0.1
10	W45072	MARTA BASA BINTI L. @ L.	MAS	3.53 -0.1	x -0.1	x -0.1				3.53 -0.1
11	W45051	SONOWAL BAKUAH RUPA	IND	3.48 -0.2	3.37 -0.4	3.39 0.1				3.48 -0.2
12	W45054	VASANTHA KUMARI	IND	2.81 -0.1	3.13 -0.3	3.40				3.40
13	W45020	ANITHA DSOUZA	IND	x -0.4	3.18	2.81				3.18

#### Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right  
q : Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri Stadium

THU 05 Dec 2019  
Start Time: 09:00

Athletics

Women's Long Jump - W45  
(414) Final



Results

CR	4.68	JULIANA GUMPIL	MAS	KUALALUMPUR,	2010
----	------	----------------	-----	--------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
14	W45041	PURNIMASHI DEVI P.	IND	x -0.5	2.85 -0.5	2.84				2.85 -0.5
15	W45102	P THAMARA KUMARI PERERA	SRI	2.75 -0.4	x -0.2	2.46				2.75 -0.4
16	W45036	MAHADEVI SHIDAGOUDA PATIL	IND	2.46	2.48	x				2.48
17	W45096	L H NANDAWATHI	SRI	x -0.1	x -0.2	2.45 -0.1				2.45 -0.1
	W45016	JANE YEUNG	HKG	DNS						

Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right  
q : Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 09:00

Athletics

## Women's Long Jump - W65 (415) Final



### Results

CR	3.78	NAKAMURA NORIKO	JPN	BANGKOK,THA	2004
----	------	-----------------	-----	-------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W65013	MARY HILDA DSOUZA	IND	3.18 0.9	3.20 0.8	3.49 0.9	3.14 0.6	2.86 0.1	2.96 1.2	3.49 0.9
2	W65046	K D KANTHI	SRI	3.04 0.6	x 0.8	3.05 1.1	3.06 0.8	x -0.2	2.99 0.6	3.06 0.8
3	W65047	L D RAMYAWATHI JAYALATH	SRI	2.92 0.7	2.67 0.5	2.79 1.0	2.78 0.7	2.85 0.2	2.76 0.2	2.92 0.7
4	W65031	JENTUNIS @ CHRISTINA L.	MAS	2.35 0.8	2.45 1.3	x 0.7	x 0.9	2.41 0.2	2.49 0.6	2.49 0.6
5	W65039	ZHAI YUYUN	CHN	2.13 1.0	2.16 1.2	2.26 1.0	2.38 0.8	x 0.4	2.34 0.2	2.38 0.8
6	W65034	SELAMAH BINTI ABAS	MAS	2.00 0.9	2.13 0.7	2.08 0.7	1.87 0.6	x 0.6	x 0.2	2.13 0.7
7	W65017	RAJAMMA PRAKASAN	IND	x 0.9	x 0.9	x 0.8	x 0.9	1.19 0.4	x 0.9	1.19 0.4

#### Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right  
q : Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 400M Hurdles - M45

### (420-1) Heat 1

THU 05 Dec 2019

Start Time: 09:30



#### Results

CR	59.21	SATO KAZUISHI	JPN	KITAKAMI,JPN	2014
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Wind:

m/s

Rank	Bib	Name	Country	Lane	Result	
1	M45003	CHEN FANG CHENG	TPE	6	66.24	
2	M45177	P G PRADEEP NISHANTHA K.	SRI	4	66.89	
3	M45141	WANG HONGGANG	CHN	8	67.34	
4	M45022	DOMINIC WONG	HKG	2	67.93	
5	M45036	BIKASH KARAR	IND	3	82.39	
	M45033	BALU KUMARASWAMY	IND	5	0.00	DNS
	M45069	RAJIV KUMAR PATHAK	IND	7	0.00	DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 400M Hurdles - M45

### (420-2) Heat 2

THU 05 Dec 2019

Start Time: 09:30



#### Results

CR	59.21	SATO KAZUISHI	JPN	KITAKAMI,JPN	2014
----	-------	---------------	-----	--------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M45011	LI CHAO HSIEN	TPE	2	67.80
2	M45030	ANOKHI LAL VERMA	IND	5	73.60
3	M45054	KALAICHELVAN KABALI	IND	7	81.99
	M45039	CHANDRA PRAKASH	IND	3	0.00 DNS
	M45107	DAUD BIN MOHD JENI	MAS	4	0.00 DNS
	M45157	A L ALAWDEEN BABU	SRI	6	0.00 DNS
	M45143	EDWARD KHO	PHI	8	0.00 DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

Men's 400M Hurdles - M45  
(420-3) Heat 3



THU 05 Dec 2019  
Start Time: 09:30

Results

CR	59.21	SATO KAZUISHI	JPN	KITAKAMI,JPN	2014
----	-------	---------------	-----	--------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M45038	BRINSTON FRANCIS M.	IND	5	66.95
2	M45007	HUANG PEI JUNG	TPE	2	67.47
3	M45050	JADAB MILI	IND	3	105.56
	M45188	RUWAN CHANDANA R.	SRI	4	0.00 DNS
	M45119	NG WAI KIT	MAS	6	0.00 DNS
	M45070	RAM RATAN SINGH	IND	7	0.00 DNS
	M45179	ROSHAN BUDDIKA S.	SRI	8	0.00 DNS

Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 09:45

Athletics

## Men's 300M Hurdles - M75

### (421) Final



#### Results

CR	54.36	Li Yiben	CHN	Kitakami,JPN	2014
----	-------	----------	-----	--------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result	
1	M75004	HSU YUAN CHUNG	TPE	3	58.93	
2	M75016	JACOB MUTTAPPILLIL J.	IND	2	71.99	
3	M75018	LAKSHMAN UPADHYAY	IND	7	93.83	
4	M75015	GURNAM SINGH	IND	5	95.23	
5	M75039	LI YIBEN	CHN	8	114.29	
	M75037	LI ENYU	CHN	1	0.00	DNS
	M75003	OSMAN LAHAB	BRU	4	0.00	DNS
	M75043	SUN ZHIXIAO	CHN	6	0.00	DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified





Sarawak/Negeri  
Stadium

Athletics

## Women's 300M Hurdles - W60

### (422) Final

THU 05 Dec 2019

Start Time: 09:55



#### Results

CR	58.02	Takahasi Rieko	JPN	KualaLumpur,MAS	2010
----	-------	----------------	-----	-----------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	W60056	WANG TIELIU	CHN	7	71.29
2	W60028	SWARNAPRABHA MOHANTY	IND	8	109.18
	W60021	RAJAM GOPI	IND	6	0.00 DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 09:55

Athletics

## Women's 300M Hurdles - W65 (423) Final



### Results

CR	1:02.33	Bi Si Ling	CHN	SINGAPORE,SIN	2010
----	---------	------------	-----	---------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	W65009	GLADYS PAIS	IND	4	81.70
2	W65046	K D KANTHI	SRI	5	84.16
3	W65026	YUMIKO TAMADA	JPN	1	84.39
4	W65037	WANG GUIHUA	CHN	3	90.49
5	W65012	LATHA DEVI KATIKA	IND	2	147.30

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Women's 400M Hurdles - W40

### (424) Final

THU 05 Dec 2019

Start Time: 09:55



### Results

CR	67.33	KUROKAWA YUKO	JPN	KITAKAMI,JPN	2014
----	-------	---------------	-----	--------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	W40092	SAMARATHUNGA V.A.D.I.C.	SRI	6	116.09
2	W40033	NANDA KALLUR	IND	4	126.15
	W40076	D CHANDRAKANTHI A.	SRI	3	0.00 DNS
	W40007	EUTHY CHEUNG	HKG	5	0.00 DNS
	W40037	RENU KATARIA	IND	7	0.00 DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 10:00

Athletics

**Men's Hammer - M45**  
**(425) Final**



**Results**

CR	47.20	JARINA AUSTIN	PHI	OKINAWA,JPN	1998
----	-------	---------------	-----	-------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M45075	SANJEEV KUMAR TOMER	IND	33.77	38.52	x	38.69	x	40.44	40.44
2	M45129	SIEW HANN WEN	MAS	30.97	22.32	28.91	29.45	x	x	30.97
3	M45173	M G P PEIRIS MALALANAYAKE	SRI	x	24.70	24.63	25.87	x	26.51	26.51
4	M45181	W PRABASH MALINDU SILVA	SRI	22.67	22.93	20.69	20.37	x	x	22.93
5	M45112	LIAW FUN MIN	MAS	18.42	19.20	17.84	19.72	19.80	x	19.80
6	M45156	A G KAMAL MADURAPRIYA	SRI	x	x	15.65	17.36	16.59	16.42	17.36
	M45021	DANIEL KUNG	HKG	DNS						
	M45192	GUMPANAT BORIBOON	THA	DNS						
	M45044	DHONDGE SATISH B.	IND	DNS						
	M45186	NAWARATHNA A.P.P.K.K.	SRI	DNS						
	M45043	DAVINDRA SINGH	IND	DNS						
	M45079	VARADA VENKATESHWAR RAO	IND	DNS						

**Legend**

No: Bib No

CR: Championships Record

Q : Qualify By Right  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ : Disqualified



Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 10:00

Athletics

Women's Long Jump - W75  
(426) Final



Results

CR	3.38	KURATSU MIDORI	JPN	KITAKAMI,JPN	2014
----	------	----------------	-----	--------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W75011	SUNEETA DEVI SOUGAIJAM	IND	1.85 1.0	2.01 1.0	2.05 -0.2	2.01 -0.6	2.03 -0.2	1.93 -0.3	2.05 -0.2
2	W75022	BARNABAS GLORY	SIN	1.41 1.4	1.22 -0.2	1.53 -0.7	1.53 -0.4	x -0.9	1.50 -0.9	1.53
3	W75005	BASANTI BISWAS	IND	1.20 -1.0	1.14 1.1	1.30 1.0	1.44 -0.9	1.38 -0.1	1.44 -0.7	1.44
	W75015	SRI HATI WARJATI	INA	DNS						

Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right  
q : Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri Stadium

THU 05 Dec 2019  
Start Time: 10:00

Athletics

**Women's Long Jump - W80  
(427) Final**



**Results**

CR	2.5	P.LIN	TPE	RUGAO,CHN	2017
----	-----	-------	-----	-----------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W80005	NORIKO NAKAMURA	JPN	2.54 1.4	2.60 0.9	2.57 0.6	2.67 -0.2	2.61 0.5	2.59 0.2	2.67 CR -0.2
2	W80001	LIN PAN SHIU YU	TPE	2.58 1.4	-	-	-	-	-	2.58 1.4

<b>Legend</b>				
No: Bib No	GR: Championships Record	Q : Qualify By Right q : Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Women's 400M Hurdles - W35

### (428) Final



THU 05 Dec 2019

Start Time: 10:05

#### Results

CR	63.9	SOO CHONG PENG	MAS	BANGALORE,IND	2000
----	------	----------------	-----	---------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	W35029	FATEMEH MOHAMMADI	IRI		72.44
2	W35032	SARA RAHIMI	IRI		80.00
3	W35073	MARTHA NORKIAH ANAK M.	MAS		83.39
4	W35043	LIEW MEI PING @ JESSY	MAS		99.02
5	W35025	TRIPTI SINGH	IND		103.82
6	W35022	SULOCHANA SANDESH B.	IND		104.86
7	W35026	VIJAYA DODLA	IND		121.84
	W35024	SYAMALA DEVI DOLA	IND		0.00 DQ

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Women's 300M Hurdles - W55

### (429) Final



THU 05 Dec 2019

Start Time: 10:05

#### Results

CR	56.71	Chen Xiu Qin	CHN	Singapore,SIN	2016
----	-------	--------------	-----	---------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result	
1	W55008	JOYCE NG	HKG	5	68.34	
2	W55010	MANDY LEUNG	HKG	7	72.32	
3	W55030	PRATIVA DAS	IND	6	99.72	
4	W55037	USHA RANI VULLI	IND	4	103.08	
5	W55022	KALAVATHI ANUMULA	IND	2	110.16	
	W55013	PANNY WAN	HKG	3	0.00	DNS
	W55028	MINOTI SACHIDANAND P.	IND	8	0.00	DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified





Sarawak/Negeri  
Stadium

Athletics

## Women's 400M Hurdles - W45

### (430) Final



THU 05 Dec 2019

Start Time: 10:15

### Results

CR	80.06	M.MANTHRIRATHNA	SRI	RUGAO,CHN	2017
----	-------	-----------------	-----	-----------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	W45098	M A PRIYADARSHANI M.	SRI		80.75
2	W45015	GLORY YAU	HKG		86.98
3	W45081	XUE SHUJUN	CHN		98.54
4	W45110	VITHANAGE DONA NEETA R.	SRI		129.30
5	W45030	KANMANI SHEELA RANI K.	IND		142.13

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 300M Hurdles - M60

### (431) Final

THU 05 Dec 2019

Start Time: 10:15



#### Results

CR	48.19	SATO YOSHIHARU	JPN	KITAKAMI,JPN	2014
----	-------	----------------	-----	--------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M60011	WU CHIA SHUN	TPE	2	52.81
2	M60129	B RANJITH RUKUNAYAKA	SRI	3	53.69
3	M60047	PRABHAKARAN T.G.	IND	6	57.66
4	M60114	ZHOU ZHIGANG	CHN	4	61.59
5	M60123	LEE CHIA CHYE MICHAEL	SIN	5	64.12

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 10:25

Athletics

## Men's 400M Hurdles - M55

### (432) Final



#### Results

CR	1:04.41	M.GUNASENA	SIN	KUALALUMPUR,MAS	1990
----	---------	------------	-----	-----------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M55073	TAKASHI MORIHATA	JPN		70.35
2	M55017	LAM WAI KIN	HKG		71.17
3	M55054	VEERAN SETHURAMAN	IND		72.80
4	M55056	AGUS DWI RAHARDJO	INA		75.23
5	M55154	HERATH MUDIYANSELAGE S.	SRI		75.57
6	M55087	CHUNG YUN KIONG	MAS		80.76
7	M55168	WICKRAMASEKARA PRIYANTHA	SRI		82.17
8	M55032	KOLAPRATH V.	IND		111.36

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 300M Hurdles - M65

### (433) Final

THU 05 Dec 2019

Start Time: 10:25



#### Results

CR	51.09	Fukuyama Hisso	JPN	Okinawa,JPN	1998
----	-------	----------------	-----	-------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result	
1	M65054	NORIMASA ARAI	JPN	3	50.70	CR
2	M65055	RYUICHI SATO	JPN	5	50.72	
3	M65005	CHENG YIH SHUENN	TPE	4	51.52	
4	M65113	NEEL WICKRAMACHCHI	SRI	6	51.72	
5	M65021	COSTAO FERNANDES	IND	1	55.01	
6	M65088	LUO JING	CHN	7	55.16	
7	M65018	ARUN KUMAR SINGH	IND	8	57.05	
8	M65024	HARBANS SINGH	IND	2	58.48	

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 400M Hurdles - M50

### (434) Final

THU 05 Dec 2019

Start Time: 10:35



#### Results

CR	1:00.23	IKENO MASAHIRO	JPN	KITAKAMI,JPN	2014
----	---------	----------------	-----	--------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M50137	JASON WONG MUN KONG	SIN		64.88
2	M50025	TONY CHUI	HKG		66.65
3	M50157	T G JAYARATHNE	SRI		66.70
4	M50031	CHENNA KESAVA R.G.	IND		68.53
5	M50090	SATOSHI TAMAOKI	JPN		68.70
6	M50034	GONESH GOGOI	IND		70.44
7	M50067	SANTHOSH KUMAR AVILERI B.	IND		75.62
8	M50156	S A PATRICK WEERASINGHE	SRI		75.80

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Women's 300M Hurdles - W50

### (435) Final

THU 05 Dec 2019

Start Time: 10:35



### Results

CR	54.71	Suzuki Miki	JPN	Kitakami,JPN	2014
----	-------	-------------	-----	--------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	W50057	MARGARET BT P. @ N.E.A.	MAS	5	65.17
2	W50037	SOBHABATI CHANU L.	IND	7	70.84
3	W50018	LENA DEVI TAKHELMAYUM	IND	6	90.66
4	W50034	SASIKALA DHAMDAPANI	IND	4	105.62
5	W50015	INDIRA GOWRI	IND	3	117.27

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 400M Hurdles - M35

### (436) Final

THU 05 Dec 2019

Start Time: 10:45



### Results

CR	55.40	H.S.P.SILVA	SRI	SINGAPORE,SIN	2016
----	-------	-------------	-----	---------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M35136	J A NUWAN JAYASUNDARA	SRI		59.39
2	M35056	VIJAYAKUMAR MOHAN	IND		63.64
3	M35159	THILAKARATHNA M.N.P.K.	SRI		65.18
4	M35057	VIKRAM SINGH	IND		66.40
5	M35147	P JANAKA SARATH KUMARA	SRI		66.55
6	M35045	SARBJEET SINGH	IND		72.34
7	M35049	SHAHNAWAZ KALEEMULLAH V.	IND		74.22
	M35050	SHIV KUMAR DUTT	IND		0.00 DQ
	M35012	ADOOR VIJAYAN	IND		0.00 DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 400M Hurdles - M40

### (437) Final

THU 05 Dec 2019

Start Time: 10:55



### Results

CR	58.74	TAJI ONOUE	JPN	SINGAPORE,SIN	2016
----	-------	------------	-----	---------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M40124	AUGUSTINO SO CHINNAPAN	SIN		62.32
2	M40087	YASUNOBU MAKI	JPN		63.44
3	M40050	RAJU RAM JANI	IND		63.48
4	M40027	CHIDAMBARAM C.	IND		66.05
5	M40129	A M C NISHANTHA ATAPATTU	SRI		67.62
6	M40071	YESUDAS CHUNGATH FRANCIS	IND		78.09

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified





Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 10:55

Athletics

## Men's 300M Hurdles - M70

### (438) Final



#### Results

CR	50.99	Higo Hidehiko	JPN	Bangkok,THA	2004
----	-------	---------------	-----	-------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M70064	JIANG TIEJUN	CHN	4	60.16
2	M70069	FELIZARDO JUANIZA	PHI	7	63.04
3	M70083	M V A JAYARATNA	SRI	5	63.62
4	M70062	CHI JINJUN	CHN	6	65.93
5	M70043	GILBERT DIVANCY BIN DALADIN	MAS	3	66.27
6	M70086	SUDERUKKU HENNEDIGE A.	SRI	2	70.58

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri Stadium

THU 05 Dec 2019  
Start Time: 11:00

Athletics

Women's Long Jump - W60  
(439) Final



Results

CR	3.78	NARA TAKAKO	JPN	OKINAWA,JPN	1998
----	------	-------------	-----	-------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W60074	SOMSANGA BOONNOK	THA	3.87 -0.5	3.91 -0.4	4.13	3.76	3.86	x	4.13 CR
2	W60006	CECILIA TSE	HKG	x -0.3	3.54 -0.7	3.29 -0.4	3.67	3.66	3.28	3.67
3	W60007	LAI YIN MEI	HKG	3.18 -0.6	3.63 -0.3	3.63	2.98	3.47	3.53 0.1	3.63
4	W60057	WANG WEI	CHN	3.13 -0.3	3.04 -0.4	3.39 -0.1	3.46	3.58	3.61	3.61
5	W60048	ALTANTSETSEG GOMBOSUREN	MGL	x -0.2	3.25	x	3.12	3.31	3.11 0.1	3.31
6	W60050	KHUUKENEE ERDENE	MGL	3.05 -0.4	x -0.3	x -0.3	3.18 -0.1	x	3.31	3.31
7	W60026	SHYAMA DEVI K.	IND	3.05	3.15 -0.1	3.27 -0.4	2.79	-	-	3.27 -0.4
8	W60059	K A D DARMALATHA G.	SRI	3.16 -0.8	3.10	2.81 -0.3	3.14	-	-	3.16 -0.8
9	W60060	K HEWAGE UDULAWATHIE	SRI	x -0.1	2.72 -0.2	2.76 -0.7				2.76 -0.7
10	W60073	PRAPA CHAYKRONG	THA	2.04 -0.2	x -0.7	2.04 -0.7				2.04
	W60001	HJH MINAH HJ DAMIT	BRU	DNS						
	W60017	INDU KAUSHIK	IND	DNS						
	W60021	RAJAM GOPI	IND	DNS						

Legend				
No: Bib No	GR: Championships Record	Q : Qualify By Right q : Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium

THU 05 Dec 2019  
Start Time: 11:00

Athletics

# Women's Long Jump - W60 (439) Final



## Results

CR	3.78	NARA TAKAKO	JPN	OKINAWA,	1998
----	------	-------------	-----	----------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
	W60024	SATWINDER KAUR	IND	DNS						

<b>Legend</b>				
No: Bib No	GR: Championships Record	Q : Qualify By Right q : Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M45

(440) Final



THU 05 Dec 2019

Start Time: 11:00

Results

CR	4.41	Emerson Obiena	PHI	KUALALUMPUR,MAS	2010
----	------	----------------	-----	-----------------	------

Rank	Bib	Name	Country								Result
------	-----	------	---------	--	--	--	--	--	--	--	--------

1	M45140	WANG HONG	CHN								3.55
				2.30	2.45	2.60	2.75	2.90	3.05	3.15	
				-	-	-	-	-	-	o	
				3.25	3.35	3.45	3.55	3.65	3.75	3.85	
				-	-	-	x o	-	-	x - -	

2	M45016	YANG CHEN CHUNG	TPE								3.35
				2.30	2.45	2.60	2.75	2.90	3.05	3.15	
				o	o	o	o	-	o	o	
				3.25	3.35	3.45					
				o	o	x x x					

3	M45101	ASNI BIN TAHIR	MAS								2.75
				2.30	2.45	2.60	2.75				
				o	o	x o	o				

4	M45062	NAZIR KARAKKUNNUMMAL	IND								2.45
				2.30	2.45	2.60					
				o	x o	x x x					

<b>Legend</b>				
No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M45

(440) Final



THU 05 Dec 2019

Start Time: 11:00

Results

CR	4.41	Emerson Obiena	PHI	KUALALUMPUR,MAS	2010
----	------	----------------	-----	-----------------	------

Rank	Bib	Name	Country								Result
------	-----	------	---------	--	--	--	--	--	--	--	--------

5	M45052	JAYAKUMAR VELUNNY	IND								2.30
---	--------	-------------------	-----	--	--	--	--	--	--	--	------

2.30	2.45						
x x o	x						

M45157	A L ALAWDEEN BABU	SRI
--------	-------------------	-----

2.30							
x x x							

M45034	BIJU LONA K.	IND
--------	--------------	-----

DNS							

M45077	SURAT SINGH	IND
--------	-------------	-----

DNS							

Legend

No: Bib No      CR: Championships Record      Q : Qualify By Right      DNS: Did Not Start      DNF : Did Not Finish  
 q: Qualify      SB: Season Best      DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M45

(440) Final



THU 05 Dec 2019

Start Time: 11:00

Results

CR	4.41	Emerson Obiena	PHI	KUALALUMPUR,MAS	2010
----	------	----------------	-----	-----------------	------

Rank	Bib	Name	Country								Result
	M45112	LIAW FUN MIN	MAS								

DNS							

	M45169	K A SUGATH CHAMIKARA	SRI								
--	--------	----------------------	-----	--	--	--	--	--	--	--	--

DNS							

Legend				
No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M35

(441) Final



THU 05 Dec 2019

Start Time: 11:00

Results

CR	4.40	YANG,MU HUUI	TPE	TAIPEI,TPE	2012
----	------	--------------	-----	------------	------

Rank	Bib	Name	Country								Result
------	-----	------	---------	--	--	--	--	--	--	--	--------

1	M35043	RAVI ALAGIRI	IND	2.60	2.75	2.90						2.75
				x o	o	x x x						

2	M35012	ADOOR VIJAYAN	IND	2.60	2.75	2.90						2.75
				x x o	o	x x x						

3	M35106	ZULEZWAN BIN AB MALIK	MAS	2.60	2.75							2.60
				o	x x x							

	M35057	VIKRAM SINGH	IND	2.60								
				x x x								

<b>Legend</b>				
No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M35

(441) Final



THU 05 Dec 2019

Start Time: 11:00

Results

CR	4.40	YANG,MU HUUI	TPE	TAIPEI,TPE	2012
----	------	--------------	-----	------------	------

Rank	Bib	Name	Country								Result
------	-----	------	---------	--	--	--	--	--	--	--	--------

M35149 S P CHAMINDA SRI

2.60							
x x x							

M35094 LAM SUI HENG MAS

2.60							
DNS							

Legend

No: Bib No      CR: Championships Record      Q : Qualify By Right      DNS: Did Not Start      DNF : Did Not Finish  
 q: Qualify      SB: Season Best      DQ: Disqualified





Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 11:05

Athletics

## Men's 200M Hurdles - M80

### (442) Final



#### Results

CR	42.35	WANG KUEI LIN	TPE	SINGAPORE,SIN	2016
----	-------	---------------	-----	---------------	------

Wind: 0.4 m/s

Rank	Bib	Name	Country	Lane	Result	
1	M80027	KUNIO KURAOKA	JPN	4	40.21	CR
2	M80042	K M KARUNARATNE	SRI	5	56.90	
3	M80018	SUKHBIR SINGH YADAV	IND	3	76.32	

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 11:05

Athletics

## Men's 200M Hurdles - M85

### (443) Final



#### Results

CR	1:06.66	SU PENG XUE	CHN	SINGAPORE,SIN	2016
----	---------	-------------	-----	---------------	------

Wind: 0.4 m/s

Rank	Bib	Name	Country	Lane	Result
1	M85003	HARDEV SINGH	IND	7	53.46 CR
	M85004	MALLAPPA BASAPPA G.	IND	6	0.00 DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's 400M Hurdles - M45

### (444) Final

THU 05 Dec 2019

Start Time: 11:05



#### Results

CR	59.21	SATO KAZUISHI	JPN	KITAKAMI,JPN	2014
----	-------	---------------	-----	--------------	------

Wind: m/s

Rank	Bib	Name	Country	Lane	Result
1	M45007	HUANG PEI JUNG	TPE		60.00
2	M45003	CHEN FANG CHENG	TPE		61.35
3	M45038	BRINSTON FRANCIS M.	IND		61.50
4	M45141	WANG HONGGANG	CHN		67.77
5	M45022	DOMINIC WONG	HKG		68.29
6	M45011	LI CHAO HSIEN	TPE		68.52
7	M45177	P G PRADEEP NISHANTHA K.	SRI		73.56
8	M45030	ANOKHI LAL VERMA	IND		75.53

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 11:15

Athletics

## Women's 200M Hurdles - W70 (445) Final



### Results

CR	48.17	TENG FU EN	CHN	RUGAO,CHN	2017
----	-------	------------	-----	-----------	------

Wind: 0.1 m/s

Rank	Bib	Name	Country	Lane	Result	
1	W70018	CHIKAKO FUJIKAWA	JPN	5	46.14	CR
2	W70020	ITOE OMORI	JPN	7	57.22	
3	W70012	THILAGAVATHY SELVARAJ	IND	4	65.27	
4	W70010	SHEFALI BARDHAN	IND	6	74.03	

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Women's 200M Hurdles - W75

### (446) Final



THU 05 Dec 2019

Start Time: 11:15

#### Results

CR	42.53	Nakamura Noriko	JPN	KITAKAMI,JPN	2014
----	-------	-----------------	-----	--------------	------

Wind: 0.1 m/s

Rank	Bib	Name	Country	Lane	Result
1	W75016	HIROKO MIYAMOTO	JPN	3	49.72

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

Men's Hammer - M50

(447) Final

THU 05 Dec 2019

Start Time: 11:30



### Results

CR	50.79	AGUSTIN JARINA VR	PHI	BANGKOK,THA	2004
----	-------	-------------------	-----	-------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M50169	MUHAMMAD AKRAM KHAN	PAK	34.30	x	x	34.88	34.99	30.82	34.99
2	M50120	KHUUKENDUU ADIYA	MGL	32.59	x	31.00	33.63	x	x	33.63
3	M50159	T MAHESH ABEYRATHNA	SRI	31.60	33.12	32.11	33.30	32.39	31.71	33.30
4	M50055	PRAMOD HARI NAIK	IND	31.23	32.44	31.44	32.22	x	x	32.44
5	M50052	NIMESH DINESHCHANDRA D.	IND	31.73	31.20	31.28	29.66	x	31.30	31.73
6	M50072	UMESH MADIVALLA P.	IND	24.03	28.23	x	28.65	24.00	26.44	28.65
7	M50074	VENKATACHALAPATHY R.	IND	x	21.99	23.62	x	23.99	22.45	23.99
8	M50155	M S DHAMMIKA PERERA	SRI	23.55	19.74	21.56	22.16	23.63	23.01	23.63
9	M50139	REZA FOTHOHI ARDEKANI	SIN	15.71	16.84	17.43				17.43

#### Legend

No: Bib No

CR: Championships Record

Q : Quality By Right  
q: Quality

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ : Disqualified



Sarawak/Negeri Stadium

THU 05 Dec 2019  
Start Time: 12:00

Athletics

Women's Long Jump - W55  
(448) Final



Results

CR	4.37	SOMSANGA BOONNOK	THA	KUALALUMPUR,MAS	2010
----	------	------------------	-----	-----------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result	
1	W55055	JULIANA GUMPIL	MAS	4.43 0.6	4.69 0.5	4.58 0.5	4.49 0.7	4.52 0.7	4.58 0.2	4.69 0.5 CR	
2	W55032	REETH ABRAHAM	IND	3.78 0.4	4.22 1.0	3.80 0.6	4.15 1.5	-	-	4.22 1.0	
3	W55011	MARGARET HUNG	HKG	3.78 0.4	3.88 0.5	3.79 2.0	3.69 0.4	3.63 1.0	3.89 0.4	3.89 0.4	
4	W55033	SAROJA GRACE JEBAMONI	IND	3.37 0.8	3.02 0.7	3.08 0.6	3.13 0.5	3.25 0.5	3.24 0.4	3.37 0.8	
5	W55010	MANDY LEUNG	HKG	3.05 0.7	2.88 0.6	2.82 0.9	3.20 1.3	3.09 0.2	3.33 0.5	3.33 0.5	
6	W55077	S A G BEATRIS AMARASINGHE	SRI	3.05 0.8	2.91 0.9	x 0.8	2.99 0.6	2.70 0.9	x -0.2	3.05 0.8	
7	W55072	H THUSITHA NEELANJANEE	SRI	2.91 -0.2	2.81 0.3	2.91 0.7	2.87 1.3	2.81 1.1	2.88 -0.2	2.91 0.8	
8	W55043	MONA SIGAR	INA	2.30 1.2	2.61 0.4	x 1.9	2.50 0.6	x 0.3	x 0.3	2.61 0.4	
9	W55024	KUMKUM SIROHI	IND	1.77 1.4	2.11 0.4	-				2.11 0.4	
	W55036	SUMITRA SOLANKI	IND	DNS							
	W55042	MEISKE MARGARETHA M.	INA	DNS							
	W55057	MARIA BINTI GASAM	MAS	DNS							
	W55060	MORDIANA SANTHA T.B.A.	MAS	DNS							
	W55063	THERESLINE ASIRVATHAM	MAS	DNS							

Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right  
q : Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

## Women's 2000M Steeplechase - W35 (449) Final



THU 05 Dec 2019  
Start Time: 12:00

### Results

CR	7:37.16	CHRISTABEL MARTES	PHI	SINGAPORE,SIN	2016
----	---------	-------------------	-----	---------------	------

Rank	Bib	Name	Country	Lane	Result
1	W35029	FATEMEH MOHAMMADI	IRI		8:15.63

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified





Sarawak/Negeri Stadium Athletics

## Women's 2000M Steeplechase - W40 (450) Final



THU 05 Dec 2019  
Start Time: 12:00

### Results

CR	8:19.00	GAO HONG MIAO	CHN	RUGAO,CHN	2017
----	---------	---------------	-----	-----------	------

Rank	Bib	Name	Country	Lane	Result
1	W40029	LALITA MADHWAL	IND		8:43.39
2	W40080	NILUKA DE SILVA	SRI		10:19.53
3	W40002	CHEN CHING YI	TPE		10:51.69

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

## Women's 2000M Steeplechase - W50 (451) Final



THU 05 Dec 2019  
Start Time: 12:00

### Results

CR	7:54.11	SUEYOSHI MAKIKO	JPN	KITAKAMI,JPN	2014
----	---------	-----------------	-----	--------------	------

Rank	Bib	Name	Country	Lane	Result
1	W50050	YERDENOVA GULSARA	KAZ		11:21.52
2	W50092	T G VINITHA WINIFRED P.	SRI		12:07.77

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

## Women's 2000M Steeplechase - W55 (452) Final



THU 05 Dec 2019  
Start Time: 12:00

### Results

CR	10:16.35	R.VOYEVODINA	KAZ	RUGAO,CHN	2017
----	----------	--------------	-----	-----------	------

Rank	Bib	Name	Country	Lane	Result	
1	W55050	KOMKOVA LYUBOV	KAZ		8:43.57	CR
2	W55049	GICHYOVA YELENA	KAZ		10:22.17	
3	W55014	STELLA WONG	HKG		10:33.40	
4	W55080	U G VIJITHA KARIYAWASAM	SRI		10:39.91	
5	W55051	ADENAH BINTI LOJUHUN	MAS		10:57.63	
6	W55027	MALA KARMAKAR SIL	IND		14:54.93	
	W55019	DALIMI DUTTA	IND		0.00	DNS

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

Men's Hammer - M60

(453) Final



THU 05 Dec 2019

Start Time: 12:30

### Results

CR	51.37	YAMADA HIROSHI	JPN	BANGKOK,THA	2004
----	-------	----------------	-----	-------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M60053	SUBRAMANIAN THIRAVIA N.	IND	38.40	40.34	41.17	41.74	42.69	41.24	42.69
2	M60106	ERDENECHIMEG NYAMDAAVA	MGL	30.02	33.40	33.95	x	24.26	34.97	34.97
3	M60140	W M ARIYASENA	SRI	30.73	32.59	x	32.23	30.85	33.16	33.16
4	M60110	LIU JIAN	CHN	27.32	30.53	x	x	30.61	31.80	31.80
5	M60025	ANJANI KUMAR OJHA	IND	22.47	24.54	x	x	x	21.53	24.54
6	M60004	CHANG CHAO SHENG	TPE	22.61	24.44	x	x			24.44
7	M60049	RADHAKRISHNA NUNNA	IND	21.65	19.25	20.41	22.10			22.10
8	M60012	YEH MING CHAO	TPE	17.62	18.42	18.26	17.98	19.12	19.06	19.12
9	M60063	SUNARDI	INA	15.30	14.74	14.41				15.30
10	M60068	SHINICHI MATSUMOTO	JPN	14.15	13.79	13.74				14.15

#### Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ : Disqualified



Sarawak/Negeri Stadium

THU 05 Dec 2019  
Start Time: 12:30

Athletics

Women's Long Jump - W70  
(454) Final



Results

CR	3.22	OSADA JUNKO	JPN	TAIPEI,TPE	2012
----	------	-------------	-----	------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W70018	CHIKAKO FUJIKAWA	JPN	2.67 -0.4	x -0.3	2.66 0.1	2.64 -0.3	2.84 1.0	2.73 0.6	2.84 1.0
2	W70036	TOTAGE IRANGANIE F.K.	SRI	2.53 -0.1	x -0.3	2.60 -0.5	2.55 1.2	2.74 -1.0	2.72 0.5	2.74 -1.0
3	W70014	MARGARETHA ARITONANG	INA	2.14 -0.3	2.44 -0.4	2.32 -0.4	2.22 -0.1	2.45 -0.5	2.60 -0.6	2.60 -0.6
4	W70007	MANJUSRI BANERJEE	IND	2.07 -0.3	2.11 -0.1	2.00 -0.2	x -0.6	2.15 0.1	- 0.1	2.15 0.1
5	W70003	BALAMANI S.	IND	x -0.5	2.02 -0.3	x -0.2	2.12 -0.2	2.14 0.1	2.10 1.2	2.14 0.1
6	W70010	SHEFALI BARDHAN	IND	2.02 -0.1	2.06 0.1	1.86 -0.2	1.87 -0.6	1.86 -1.2	x 0.2	2.06 0.1
	W70006	MANAMANI ANANDVEL	IND	DNS						

<b>Legend</b>				
No: Bib No	GR: Championships Record	Q : Qualify By Right q : Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 13:30

Athletics

Men's Hammer - M65

(455) Final



Results

CR	45.51	AJMER SINGH	IND	BANGALORE,IND	2006
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M65035	NAHARSINGH	IND	27.22	x	25.81	29.63	31.57	31.96	31.96
2	M65012	YANG HUAN JUNG	TPE	27.97	30.49	30.08	29.39	x	29.63	30.49
3	M65011	WEI TSUNG YI	TPE	23.61	28.46	x	x	28.64	x	28.64
4	M65075	P NADARAJAH AL M PERIAYAH	MAS	22.75	26.83	x	27.42	x	x	27.42
5	M65023	GURINDERJIT SINGH	IND	20.74	21.03	21.75	22.07	x	x	22.07
6	M65058	KLIMOV SERGEY	KAZ	17.44	19.29	20.66	x	20.37	21.99	21.99
7	M65019	BALAN THIRUVENKATAM	IND	20.78	20.53	21.07	20.24	x	20.03	21.07
8	M65115	CHUMPORN JANTAMANEE	THA	x	x	x	x	12.46	15.03	15.03
9	M65045	VIRENDER PAL SINGH	IND	DNS						

Legend

No: Bib No

CR: Championships Record

Q : Quality By Right  
q: Quality

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ : Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M40

(456) Final



THU 05 Dec 2019

Start Time: 14:00

Results

CR	4.70	EMERSON OBIENA	PHI	BANGALORE,IND	2006
----	------	----------------	-----	---------------	------

Rank	Bib	Name	Country								Result
------	-----	------	---------	--	--	--	--	--	--	--	--------

1	M40030	JIJESH PALLIYATH	IND									<b>4.10</b>
				2.50	2.65	2.80	2.95	3.10	3.25	3.35		
				-	-	-	-	-	-	-		
				3.45	3.55	3.65	3.75	3.85	3.95	4.10		
				-	-	x o	o	o	o	o		
				4.20								
				x x x								

2	M40083	SHINICHI YAMADA	JPN									<b>3.85</b>
				2.50	2.65	2.80	2.95	3.10	3.25	3.35		
				-	-	-	-	-	-	-		
				3.45	3.55	3.65	3.75	3.85	3.95			
				-	-	x o	o	x o	x x x			

3	M40157	SENARATH J.K.S.	SRI									<b>3.10</b>
				2.50	2.65	2.80	2.95	3.10	3.25			
				-	-	o	o	o	x x x			

4	M40068	VELU MURUGESAN	IND									<b>2.95</b>
				2.50	2.65	2.80	2.95	3.10				
				-	x o	o	o	x x x				

<b>Legend</b>	No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified
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Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M40

(456) Final



THU 05 Dec 2019

Start Time: 14:00

Results

CR	4.70	EMERSON OBIENA	PHI	BANGALORE,	2006
----	------	----------------	-----	------------	------

Rank	Bib	Name	Country								Result
------	-----	------	---------	--	--	--	--	--	--	--	--------

5	M40058	SIJAR MANIATH BEERAN	IND								2.50
---	--------	----------------------	-----	--	--	--	--	--	--	--	------

2.50	2.65						
x o	x x x						

M40052	RAMESHBHAI BALUBHAI P.	IND
--------	------------------------	-----

2.50							
x x x							

M40113	TEO CHEN LUNG	MAS
--------	---------------	-----

2.50							
x x x							

M40129	A M C NISHANTHA ATAPATTU	SRI
--------	--------------------------	-----

2.50							
x x x							

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified





Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M40

(456) Final



THU 05 Dec 2019

Start Time: 14:00

Results

CR	4.70	EMERSON OBIENA	PHI	BANGALORE,	2006
----	------	----------------	-----	------------	------

Rank	Bib	Name	Country								Result
	M40006	HSU SHIH HUAN	TPE								

2.50							
DNS							

<b>Legend</b>				
No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M50

(457) Final



THU 05 Dec 2019

Start Time: 14:00

Results

CR	4.05	Emerson Obiena	PHI	SINGAPORE,SIN	2016
----	------	----------------	-----	---------------	------

Rank	Bib	Name	Country								Result
------	-----	------	---------	--	--	--	--	--	--	--	--------

1	M50128	EDWARD OBIENA	PHI								<b>3.20</b>
				2.20	2.35	2.50	2.65	2.80	2.95	3.05	
				-	-	o	-	-	-	x o	
				3.20	3.35						
				x o	x x x						

2	M50007	HSU LIEH DER	TPE								<b>2.50</b>
				2.20	2.35	2.50	2.65				
				o	o	x x o	x x x				

3	M50101	JAMES WONG THIEN YIN	MAS								<b>2.15</b>
				2.15	2.20						
				o	x x x						

	M50073	VASUDEVA ACHARI MANTINA	IND								
				2.15	2.20						
				x	x x x						

<b>Legend</b>				
No: Bib No	CR: Championships Record	Q : Qualify By Right q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified



Sarawak/Negeri Stadium

Athletics

Men's Pole Vault - M50

(457) Final



THU 05 Dec 2019

Start Time: 14:00

Results

CR	4.05	Emerson Obiena	PHI	SINGAPORE,SIN	2016
----	------	----------------	-----	---------------	------

Rank	Bib	Name	Country								Result
	M50060	RAMADAS RAMAN	IND								

DNS							

	M50138	NG KEAN MUN	SIN								
--	--------	-------------	-----	--	--	--	--	--	--	--	--

DNS							

Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri Stadium

THU 05 Dec 2019  
Start Time: 14:00

Athletics

## Women's Long Jump - W50 (458) Final



### Results

CR	4.85	JULIANA GUMPIL	MAS	KUALALUMPUR,MAS	2016
----	------	----------------	-----	-----------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	W50095	W S S D CHRISILA AGNES D.S.	SRI	4.17 -0.5	x -0.6	4.35 -0.1	x -0.9	4.19	-	4.35 -0.1
2	W50040	BUDI NURANI	INA	3.48 -1.5	4.12 -1.0	3.59 -0.3	3.98 0.1	3.82 -0.5	3.82 1.0	4.12 -1.0
3	W50049	LAPTEVA SVETLANA	KAZ	4.10 1.0	x -0.1	x 1.2	x -0.2	4.00 1.0	3.61 0.1	4.10 1.0
4	W50062	WONG NGAN LING	MAS	3.35 1.0	3.15 -0.2	3.32 -0.1	3.16 -0.6	3.19 0.7	3.23 1.2	3.35 1.0
5	W50078	TAN KAH ENG KAREN	SIN	3.30 -0.6	3.32 -0.1	2.90 -0.1	3.22 1.0	3.01 -1.0	3.08 -0.7	3.32 -0.1
6	W50013	DEEPA SREEDHARAN	IND	3.22 -0.5	2.89 -0.4	3.03 -1.1	3.05 -0.5	2.91 -0.4	x -1.0	3.22 -0.5
7	W50012	CICILIA KINDO	IND	3.11 -0.6	2.88 -0.7	2.69 -0.2	3.20 -0.6	x -1.0	2.90 -0.5	3.20 -0.6
8	W50060	SACHIE TOMONO	MAS	3.01 -0.1	2.87 -0.4	3.05 -0.3	3.08 -0.1	3.03 -1.1	2.59 -0.2	3.08 -0.1
9	W50058	MARIANI BINTI MANAN	MAS	2.95 -0.6	3.02 -0.4	2.94 -0.4				3.02 -0.4
10	W50066	NARAN LUVSANISH	MGL	3.00 -0.3	x -0.3	2.76 -0.2				3.00 -0.3
11	W50052	AGATHA SANIE	MAS	2.35 -0.6	2.73 -0.6	2.83 -0.8				2.83 -0.8
12	W50018	LENA DEVI TAKHELMAYUM	IND	2.76 -0.2	-	-				2.76 -0.2
13	W50099	THAMMITA ARACHCHIGE C.S.	SRI	2.58 0.1	x -0.5	x -0.2				2.58 0.1

#### Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right  
q : Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri Stadium

THU 05 Dec 2019  
Start Time: 14:00

Athletics

## Women's Long Jump - W50 (458) Final



### Results

CR	4.85	JULIANA GUMPIL	MAS	KUALALUMPUR,	2016
----	------	----------------	-----	--------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
14	W50015	INDIRA GOWRI	IND	x 0.1	2.23 -0.4	2.57 -0.3				2.57 -0.3
	W50030	ROSHNI GULATI	IND	DNS						
	W50057	MARGARET BT P. @ N.E.A.	MAS	DNS						
	W50086	H M MANEL KARUNASINGHE	SRI	DNS						
	W50100	THUYAHANDI JANAKI S.S.	SRI	DNS						

#### Legend

No: Bib No

GR: Championships Record

Q : Qualify By Right  
q : Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Athletics

Women's 2000M Steeplechase - W60  
(459) Final



THU 05 Dec 2019

Start Time: 14:00

Sarawak/Negeri Stadium

Results

CR	10:11.97	WEI RENGQIN	CHN	RUGAO,CHN	2017
----	----------	-------------	-----	-----------	------

Rank	Bib	Name	Country	Lane	Result	
1	W60038	VOYEVODINA RIMA	KAZ		10:28.18	
2	W60015	DAVINDER KAUR TAMBER	IND		10:37.71	
3	W60004	TENG YU LAN	TPE		11:01.07	
4	W60039	ZHYKOVA GALINA	KAZ		11:27.70	
5	W60056	WANG TIELIU	CHN		12:24.82	
6	W60049	GANTUMUR GESERJAV	MGL		12:37.40	
7	W60040	JOUTI @ VIRONICA BINTI ELAU	MAS		12:41.84	
9	W60065	W M CHANDRAKANTHI R.	SRI		0.00	DNF
	W60021	RAJAM GOPI	IND		0.00	DNS

Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

## Women's 2000M Steeplechase - W65 (460) Final



THU 05 Dec 2019  
Start Time: 14:00

### Results

CR	11:48.38	HIWATARI HISAKO	JPN	KITAKAMI,JPN	2014
----	----------	-----------------	-----	--------------	------

Rank	Bib	Name	Country	Lane	Result
1	W65028	MUNTYAN TATYANA	KAZ		13:04.91
2	W65012	LATHA DEVI KATIKA	IND		19:47.43

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Women's 2000M Steeplechase - W70  
(461) Final**



THU 05 Dec 2019  
Start Time: 14:00

**Results**

CR	11:30.84	SUZUKI IKUKO	JPN	KUALALUMPUR,MAS	2010
----	----------	--------------	-----	-----------------	------

Rank	Bib	Name	Country	Lane	Result
1	W70025	CHEN SUMEI	CHN		14:18.51
2	W70026	LI NAIFEN	CHN		14:59.95
3	W70023	AISHAH BINTI N ABU BAKAR	MAS		21:09.38

**Legend**

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified





Sarawak/Negeri Stadium Athletics

Women's 2000M Steeplechase - W45  
(462) Final



THU 05 Dec 2019  
Start Time: 14:30

Results

CR	8:11.17	Lili	CHN	Rugao,CHN	2017
----	---------	------	-----	-----------	------

Rank	Bib	Name	Country	Lane	Result	
1	W45035	MADHU YADAV	IND		9:47.41	
2	W45065	CECELIA MAKSIMON	MAS		9:49.22	
3	W45109	MATHARAGE RUPIKA IRANGANI	SRI		11:04.41	
4	W45110	VITHANAGE DONA NEETA R.	SRI		13:36.69	
5	W45106	BELI KOPAGE SRIYANI A.	SRI		14:06.28	
6	W45043	REKHA SUNILKUMAR	IND		16:05.12	
	W45045	SANDIPA KHOSLA	IND		0.00	DNS
	W45046	SANYUKTA PANDURANG J.	IND		0.00	DNS
	W45050	SNEHAL SANJAY RAJPUT	IND		0.00	DNS
	W45091	DURGHA KESHI HOPMAN	SRI		0.00	DNS

<b>Legend</b>	Q : Qualify	DNS: Did Not Start	DNF : Did Not Finish
CR: Championships Record	q: Qualify	SB: Season Best	DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

Men's Hammer - M55

(463) Final



THU 05 Dec 2019

Start Time: 14:30

Results

CR	42.83	THIRAVIANADAR SUB	IND	SINGAPORE,SIN	2016
----	-------	-------------------	-----	---------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M55116	WONG TEE KUE	MAS	39.44	x	x	37.89	37.83	37.86	39.44
2	M55011	TWU TIAAN GUEN	TPE	x	x	33.77		37.92	x	37.92
3	M55155	JAYAWARDHANA W.	SRI	30.00	29.74	29.45	x	29.00	28.21	30.00
4	M55044	RAJEEVAN KRISHNAN NAIR	IND	x	25.22	x	x	21.14	26.37	26.37
5	M55061	TANU RIADY	INA	x	x	26.26	x	24.06	-	26.26
6	M55121	GANZORIG GOMBODORJ	MGL	21.51	x	x	x	23.96	-	23.96
7	M55042	PRASHANT KUMAR RAGHAV	IND	23.71	23.61	22.97	x	21.14	-	23.71
8	M55096	JAYARAMAN AL NAGAMUTHU	MAS	19.87	19.64	x	19.24	19.04	x	19.87
9	M55117	ZAHAR BIN RAHMAN	MAS	17.73	x	x				17.73
10	M55008	LU YEN CHIEH	TPE	x	15.99	17.12				17.12
	M55106	MOHD RAHIM BIN LUWI	MAS	x	x	x				
11	M55048	SHANMUGAM HOSKOTE C.	IND	DNS						
	M55149	F JERRAD FERNANDO	SRI	DNS						

Legend

No: Bib No

CR: Championships Record

Q : Quality By Right  
q: Quality

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ : Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 2000M Steeplechase - M60  
(464) Final**



THU 05 Dec 2019  
Start Time: 15:00

**Results**

CR	7:26.60	EGAWA AKIHIKO	JPN	KITAKAMI,JPN	2014
----	---------	---------------	-----	--------------	------

Rank	Bib	Name	Country	Lane	Result	
1	M60071	MAKEYEV VIKTOR	KAZ		8:34.68	
2	M60114	ZHOU ZHIGANG	CHN		8:39.52	
3	M60145	SIDDIHALUGE PIYADASA F.	SRI		8:45.41	
4	M60118	ALDOSSARY MOHAMMED A.	KSA		8:46.90	
5	M60059	CATUR ALI PURNAMA	INA		9:13.70	
6	M60013	YEH WAN TSAI	TPE		9:23.89	
7	M60041	MOHAN SINGH ARYA	IND		9:32.98	
8	M60029	ASWINI KUMAR PANJA	IND		9:36.51	
9	M60128	A S YAPA ABEYWARDENA	SRI		10:40.51	
10	M60135	K T HILARY FERNANDO	SRI		15:03.75	
	M60034	GAJE SINGH CHAUHAN	IND		0.00	DNS
	M60048	PUNETHA KAILASH CHANDRA	IND		0.00	DNS
	M60068	SHINICHI MATSUMOTO	JPN		0.00	DNS
	M60119	AYARU TARAMALINGAM	SIN		0.00	DNS

<b>Legend</b>	Q : Qualify	DNS: Did Not Start	DNF : Did Not Finish
CR: Championships Record	q: Qualify	SB: Season Best	DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 2000M Steeplechase - M65  
(465) Final**

THU 05 Dec 2019  
Start Time: 15:30



**Results**

CR	8:23.14	HIRATSUKA MITSUAKI	JPN	KITAKAMI,JPN	2014
----	---------	--------------------	-----	--------------	------

Rank	Bib	Name	Country	Lane	Result
1	M65077	RAMA KRISHNAN AL MANIKAM	MAS		9:18.29
2	M65114	PANTHIYE GEDARA SIRISENA	SRI		10:19.40
3	M65022	G BABU DEO	IND		11:13.88
4	M65036	PACHAMUTHU MUTHUSAMY	IND		11:14.15
5	M65074	NG TAT TCHE	MAS		11:20.00
6	M65101	YUSOFF KHAN BIN ISMAIL K.	SIN		11:28.97
	M65040	SHAMSHER SINGH	IND	0.00	DNS
	M65057	KENZHEGEREYEV MAXOT	KAZ	0.00	DNS
	M65062	ANNATHAKRISHNAN AL M.	MAS	0.00	DNS
	M65084	RENTSENDORJ KHORLOO	MGL	0.00	DNS

<b>Legend</b>	Q : Qualify	DNS: Did Not Start	DNF : Did Not Finish
CR: Championships Record	q: Qualify	SB: Season Best	DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

## Men's Hammer - M70

### (466) Final

THU 05 Dec 2019

Start Time: 16:00



### Results

CR	45.88	YAMADA HIROSHI	JPN	TAIPEI,TPE	2012
----	-------	----------------	-----	------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M70036	OSAMU TOYAMA	JPN	33.08	32.66	x	x	x	x	33.08
2	M70094	FARID GADELSHIN	UZB	27.52	28.94	x	29.86	31.89	32.27	32.27
3	M70080	A L DAYARATNE	SRI	27.17	31.69	x	31.37	31.56	31.94	31.94
4	M70007	LU TUNG WAN	TPE	26.47	26.33	26.07	26.29	25.26	25.45	26.47
5	M70015	DESH SEWAK	IND	x	x	x	17.15	23.50	x	23.50
6	M70041	DOLGUSHIN VIKTOR	KAZ	x	20.30	x	20.11	x	20.15	20.30
7	M70017	GURDIAL SINGH	IND	19.70	19.19	18.43	19.22	18.01	17.08	19.70

#### Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ : Disqualified



Sarawak/Negeri  
Stadium

Athletics

Men's Hammer - M75

(467) Final

THU 05 Dec 2019

Start Time: 16:00



### Results

CR	40.84	KAWAZOE YOSHIZUMI	JPN	KITAKAMI,JPN	2014
----	-------	-------------------	-----	--------------	------

Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M75028	HIROSHI YAMADA	JPN	36.29	34.08	x	x	38.25	37.54	38.25
2	M75027	EIICHIRO YAMADA	JPN	x	28.12	25.00	x	29.33	x	29.33
3	M75013	EBANESAR J.S.	IND	x	x	22.19	24.33	23.62	-	24.33
4	M75020	PARGAT SINGH SIDHU	IND	20.12	20.32	20.91	19.81	21.59	19.42	21.59
5	M75052	NISSANGA CHRISTIN G.E.M.	SRI	12.79	14.16	12.95	12.16	-	-	14.16

#### Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ : Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 2000M Steeplechase - M70  
(468) Final**

THU 05 Dec 2019  
Start Time: 16:30



**Results**

CR	9:02.83	ICHIKAWA KUNIO	JPN	BANGKOK,THA	2004
----	---------	----------------	-----	-------------	------

Rank	Bib	Name	Country	Lane	Result	
1	M70040	BALTABAYEV MARAT	KAZ		9:52.33	
2	M70068	DENNIS SCOTT	PHI		10:27.56	
3	M70049	MURUGESU AL SINNATHEVAR	MAS		11:56.38	
4	M70043	GILBERT DIVANCY BIN DALADIN	MAS		12:44.73	
5	M70016	GORINTA VIJAYA R.	IND		15:10.70	
	M70008	SHIEH JONG HER	TPE		0.00	DNS
	M70042	KRIVUSHKIN VLADIMIR	KAZ		0.00	DNS

<b>Legend</b>	Q : Qualify	DNS: Did Not Start	DNF : Did Not Finish
CR: Championships Record	q: Qualify	SB: Season Best	DQ: Disqualified



Sarawak/Negeri Stadium Athletics

**Men's 2000M Steeplechase - M75  
(469) Final**

THU 05 Dec 2019  
Start Time: 16:30



**Results**

CR	9:46.29	TAMOI SOICHI	JPN	DALIAN,CHN	2002
----	---------	--------------	-----	------------	------

Rank	Bib	Name	Country	Lane	Result
1	M75042	SUN YUQUAN	CHN		10:21.07
2	M75045	ZHANG XING	CHN		14:58.83
3	M75019	NIRANJAN CHAKRABARTY	IND		20:22.39

<b>Legend</b>	CR: Championships Record	Q : Qualify q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified
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Sarawak/Negeri Stadium Athletics

**Men's 2000M Steeplechase - M80  
(469A) Final**

THU 05 Dec 2019  
Start Time: 16:30



**Results**

CR	10:25.90	TAMOI SOICHI	JPN	BANGKOK,THA	2004
----	----------	--------------	-----	-------------	------

Rank	Bib	Name	Country	Lane	Result	
1	M80029	RYOSUKE TAKAHARA	JPN		11:46.90	
2	M80043	NARASINGHE LEKMLAGE W.N	SRI		14:58.14	
3	M80010	GURBACHAN SINGH S.	IND		16:27.55	
	M80012	JAI DEV SHARMA	IND		0.00	DNS

<b>Legend</b>	CR: Championships Record	Q : Qualify q: Qualify	DNS: Did Not Start SB: Season Best	DNF : Did Not Finish DQ: Disqualified
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Sarawak/Negeri Stadium Athletics

## Men's 2000M Steeplechase - M85 (469B) Final

THU 05 Dec 2019  
Start Time: 16:30



### Results

CR	22:57.66	SANSAR CHAND	IND	KUALAJUMPUR,MAS	2010
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Rank	Bib	Name	Country	Lane	Result	
1	M85003	HARDEV SINGH	IND		16:02.71	CR

#### Legend

CR: Championships Record

Q : Qualify  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ: Disqualified



Sarawak/Negeri  
Stadium

Athletics

Men's Hammer - M85

(470) Final



THU 05 Dec 2019  
Start Time: 17:30

### Results

CR	26.51	G.SIDHU	IND	RUGAO,CHN	2017
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M85010	LU KEQIANG	CHN	25.13	28.51	24.29	x	30.21	31.19	31.19 CR
2	M85002	GURJIWAN SINGH SIDHU	IND	17.10	25.90	26.16	24.35	26.08	26.08	26.16
3	M85001	CHANG CHIU	TPE	x	10.81	15.14	13.38	14.87	x	15.14

#### Legend

No: Bib No

CR: Championships Record

Q : Qualify By Right  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ : Disqualified



Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 17:30

Athletics

**Men's Hammer - M80**  
**(470A) Final**



**Results**

CR	34.04	KONDO HARUKUNI	JPN	SINGAPORE,SIN	2016
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M80005	AJMER SINGH	IND	35.28	x	x	35.41	x	-	35.41 CR
2	M80002	PAN AN PING	TPE	27.65	27.41	27.78	28.32	26.82	28.98	28.98
3	M80046	PRAYUL NIMSAKORN	THA	18.44	16.93	18.67	x	x	x	18.67
4	M80006	ANJANI DEV S.V.	IND	16.97	16.99	17.94	x	16.48	x	17.94
5	M80042	K M KARUNARATNE	SRI	x	14.41	16.97	16.72	x	14.57	16.97
	M80030	TAKENORI MIURA	JPN	DNS						

**Legend**

No: Bib No

CR: Championships Record

Q : Qualify By Right  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ : Disqualified



Sarawak/Negeri  
Stadium

THU 05 Dec 2019  
Start Time: 17:30

Athletics

**Men's Hammer - M90**  
**(471) Final**



**Results**

CR	16.98	ENDO TAKASHI	JPN	KITAKAMI,JPN	2014
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Rank	Bib	Name	Country	1	2	3	4	5	6	Result
1	M90004	PAN PHUTTASEN	THA	16.33	16.54	12.41	17.12	15.94	17.23	17.23 CR
2	M90001	CHEN WEN CHAO	TPE	14.14	13.86	x	15.01	x	13.87	15.01
	M90002	DARSHAN SINGH	IND	DNS						

**Legend**

No: Bib No

CR: Championships Record

Q : Qualify By Right  
q: Qualify

DNS: Did Not Start  
SB: Season Best

DNF : Did Not Finish  
DQ : Disqualified